



# Pikes Peak Pint

## January

### 2011



The Pikes Peak Pint is a monthly AA-oriented newsletter proudly serving Colorado Springs and its surrounding communities.

## AREA MEETING CHANGES, DELETIONS, ADDITIONS

- The LINCOLN COUNTY MEETING at 415 4th Avenue in Hugo Thursdays at 7 p.m. has been **cancelled**.
- The RED CLOUD SERENITY CLUB meetings are **moving** to 10400 Ute Pass Avenue, Green Mountain Falls, (Across from the pond). Meetings include: The EVENING OPEN DISCUSSION MEETING, Sunday-Friday at 6 p.m., the NOON OPEN DISCUSSION MEETING that meets everyday, the SATURDAY NIGHT SPEAKER MEETING at 7 p.m., the SATURDAY MORNING MEN'S MEETING (open) at 10 a.m.
- The AZTEC AA PLAIN INSANE IN THE BRAIN meeting at 7 p.m. Tuesdays is **changing its name** to A VISION FOR US. It meets at 1921 E. Platte Avenue.
- The CAME TO BELIEVE GROUP BIG BOOK STUDY (Open, Handicapped, Childcare) that meets Saturdays at 7 p.m. is **moving** to 3945 N. Academy Blvd.
- The PI COMMITTEE MEETING is **changing times and locations**, It will now meet the Saturday of each month at 2 p.m. at Penrose Main Hospital, 2222 N. Nevada Avenue in the Volunteer Coordinator Conference Room on the first floor.
- The YOUNG PEOPLE'S GROUP (Open, Handicapped) that meets Mondays & Wednesdays at 8 p.m. and Saturdays at 6:30 p.m. at First Methodist Church, 124 N. Nevada Ave, Room #134 is now **offering childcare**.
- The FELLOWSHIP HALL meetings are **moving** to 3424 Unit 1 Van Teylingen Drive, west of Academy between Rebecca Lane and Carefree Circle North. Meetings include: WOMEN'S BEGINNER, Thursdays, 4:30 p.m.; FELLOWSHIP HALL SPEAKER'S MEETING, Fridays, 6 p.m.; NOT A GLUM LOT (Open Big Book Study), Thursdays, 6 p.m.; MEN'S MEETING (Closed, Discussion), Sundays, 6:30 p.m.; LAST CHANCE (Open, Topic Meeting), Tuesdays, 8 p.m.; IT'S YOUR CALL NEWCOMER MEETING, Tuesdays, 6 p.m.; FELLOWSHIP HALL MEETING (Open) Mondays, 8 p.m.; FELLOWSHIP HALL MEETING, Monday-Saturday, 12 p.m.; FELLOWSHIP HALL MEETING (Open), Sundays, 12:30 p.m.; DAILY REPRIEVE (Open, Children welcome, discussion), Wednesdays, 2 p.m.; 4TH DIMENSION GROUP (Open), Sundays, 9 a.m.



"Try it. It's an excellent table wine."

Love IT? Hate IT?

Have something to SAY about IT?

Please e-mail sobriety anniversaries, announcements, letters to the editor, and e-mail subscription requests to the Pikes Peak Pint before the 20th of each month!

[pint@coloradospringsaa.org](mailto:pint@coloradospringsaa.org)

## LOCAL SERVICE OFFICE

Hours: T-F 9 a.m. to 5 p.m., SAT 9am-12pm

Location: 1353 South 8th Street, Suite 209  
Colorado Springs, CO 80905

719-573-5020

Email: [serviceoffice@coloradospringsaa.org](mailto:serviceoffice@coloradospringsaa.org)  
Web site: [www.coloradospringsaa.org](http://www.coloradospringsaa.org)

Contact the Service Office for Intergroup Information or Chair phone numbers.

## DISTRICT COMMITTEES

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CORRECTIONS  
Renee J. - Chair  
Stephen P. - Vice Chair  
corrections@coloradospringsaa.org

PUBLIC INFORMATION  
Beth G. - Chair  
OPEN - Vice Chair  
pi@coloradospringsaa.org

CPC  
(COOPERATION WITH THE PROFESSIONAL COMMUNITY)  
Larry S. - Chair  
OPEN - Vice Chair  
cpc@coloradospringsaa.org

TREATMENT  
Mike H. - Chair  
OPEN - Vice Chair  
treatment@coloradospringsaa.org

## LOCAL SERVICE COMMITTEES

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PROGRAM  
Tomas M. - Chair  
Megan H. - Vice Chair  
programs@coloradospringsaa.org

PINT  
Amiee F. - Chair  
Adrienne A. - Vice Chair  
pint@coloradospringsaa.org

VOLUNTEER  
Cissy - Chair  
Adrienne - Vice Chair  
programs@coloradospringsaa.org

NIGHTWATCH  
Dana - Chair  
Jessica S. - Vice Chair  
nightwatch@coloradospringsaa.org

WEB SITE  
Bert B. - Chair  
Dana E. - Vice Chair  
webmaster@coloradospringsaa.org

ARCHIVES  
Frank - Chair  
OPEN - Vice Chair  
archives@coloradospringsaa.org

## CONTRIBUTION ADDRESSES\*

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AREA SERVICE OFFICE  
Make check or money order payable to:  
Area Service Office  
Include Group Name and Number on check.

Send to:  
Colorado Springs Area Service Office (CSASO)  
1353 South 8th Street, Suite 209  
Colorado Springs, CO 80905

GENERAL SERVICE OFFICE  
Make check or money order payable to: General Fund  
Include Group Name and Number on check.

Send to:  
General Service Office (GSO)  
PO Box 459, Grand Central Station  
New York, NY 10163

AREA 10  
Make check or money order payable to: Area 10  
Include Group Name, Number, and District #7 on check.

Send to:  
Area 10 Treasurer  
12081 West Alameda Parkway #418  
Lakewood, CO 80228

DISTRICT  
Make check or money order payable to: District #7  
Include Group Name, Number, and District # on check.

Send to:  
Colorado Springs Area Service Office (CSASO)  
1353 South 8th Street, Suite 209  
Colorado Springs, CO 80905

PINK CAN CONTRIBUTIONS  
Make check or money order payable to:  
Area 10 Corrections Committee  
Include Group Name and Number on check.

Send to:  
Pink Can Contributions  
PO Box 1307  
Englewood, CO 80150

*\*Cash accepted in person only, please do not mail.*

*Your Area Service Office and Intergroup would like you know how very much we appreciate your personal contributions!*



**Thank you!**

In the month of November  
we received

**9** Grateful Giver contributions  
and **4** Personal contributions and **1**  
Birthday contribution!!!

*YOU ARE AWESOME!!!!*



So Far (as of Dec. 16<sup>th</sup>), Gratitude  
Month

has had **27** Groups contributing  
for a total of

**\$3370.78!!**

## GROUP CONTRIBUTIONS - THANK YOU FOR ALL OF YOUR SUPPORT!!!

GROUP NAME (2010-2011)	Yr. to date	November	Living Free	\$0.00	
Above The Bar Group	\$0.00		GROUP NAME (2010-2011)	Yr. to date	November
After Hours	\$82.40	\$82.40	Living Sober	\$74.00	\$74.00
Apex	\$267.00		M.A.G.	\$674.86	\$54.86
Back to Basics	\$648.68	\$209.86	Motherlode	\$0.00	
Beacon Light	\$150.00		Natural High	\$0.00	
Big Book Action	\$565.27	\$141.36	New Beginners	\$469.64	
Big Book Study UPH	\$250.00		New Woman	\$532.27	\$231.03
Black Forest	\$405.04		Northwesters	\$278.44	\$155.94
Breath of Life	\$78.00		Not A Glum Lot	\$0.00	
Broadmoor	\$109.00	\$109.00	Oasis Group	\$30.00	
Brown Baggers	\$100.00		Off The Wall	\$309.00	
Celebrating Diversity	\$0.00		Outright Mental Defectives	\$0.00	
Central	\$5.00		Pass It On	\$0.00	
Clean Air Group	\$245.00		Pathfinders	\$0.00	
Don't Worry Be Happy	\$128.40		Penrose Discussion	\$0.00	
Downtown Group	\$0.00		Plug in the Jug	\$170.00	
Drylander's Group	\$647.78		Pre-Dawn Meeting	\$0.00	
Easy Breathing Group	\$47.10		Progress Not Perfection	\$172.33	
Easy Does It	\$64.50		Recovery in Action	\$150.00	
Ellicott Group	\$250.00		Rule #62	\$0.00	
End of the Road	\$200.00		Saturday Early Morning Mtg.	\$0.00	
Eye Opener	\$0.00		Security Eye Opener	\$0.00	
1st 164 Pages	\$72.95		Serenity Riders	\$412.73	
4th Dimension	\$0.00		Serenity Sisters	\$648.35	
Far North Group	\$0.00		Silver Key Seniors	\$75.00	\$25.00
Fountain of Sobriety	\$0.00		Solutions at 5:30	\$114.00	
Foxhall Group	\$271.84		Solutions at Noon	\$455.93	\$60.32
Freedom From Bondage	\$0.00		Steel Magnolias	\$221.50	
Friday Night 12 x 12	\$60.00		Stepping Stones	\$27.80	
Friday Night Live	\$100.00		Sunday Morning Speaker	\$480.00	\$480.00
Friday Women's Group	\$897.51	\$284.51	Sunday Night Big Book Study (Clean Slate)	\$95.00	
Gals of Woodland Park	\$0.00		Taking Steps	\$400.00	
Gift of the Heart	\$0.00		Then and Now	\$150.00	
Good Ole Boys	\$350.00		Thursday Mens	\$350.00	
H.O.W.	\$50.00		Thursday Noon--Woodland Park	\$95.00	
Half Pint Group	\$171.00		Ute Pass Breakfast	\$60.00	\$60.00
Happy Destiny	\$325.23		Veterans for AA	\$100.00	
Happy Hour	\$330.00		Walk the Talk	\$1,440.00	\$240.00
Hilltop AA Meeting	\$0.00		Walking on Water	\$400.00	
High Noon	\$152.75	\$16.00	We Are Not Saints	\$657.20	\$360.00
Hugo Group	\$120.00	\$120.00	Wed. Westside Womens	\$0.00	
Into Action	\$0.00		Westside Eye Opener	\$666.27	
Keep it Simple	\$0.00		Womens Step Study-WP	\$90.00	
Keystone to Recovery	\$188.80		Woodland Park Beginners	\$60.00	
Lake George Group	\$55.00		Woodland Park Book Study	\$400.50	\$200.00
Last Chance	\$0.00		Young People	\$400.00	
Little Log Group	\$0.00		Totals:	\$18,257.75	\$3,113.96

CPC/PI COMMITTEES WANT YOU!



Both committees are very busy and always have opportunities for service! Please go to either of their monthly meetings to get involved!

Cooperation with the Professional Community meets the first Saturday of every month at 1:30 p.m. at 7 E. Bijou. Public Information meets the 3rd Wednesday of every month at 6pm on the 5th floor of St. Francis Hospital.

STEP UP INTO SERVICE!

The following Service Positions are currently OPEN and NEED to be filled! Please contact the Service Office or come to the next Intergroup Meeting Tuesday November 9th to learn how you can become involved!

INTERGROUP needs a new VICE-TREASURER. Candidate would train for next few months for a year-long commitment. Sobriety requirement two years.

Co - DCM (District Committee Member)  
Public Information Committee - Vice Chairperson

NIGHTWATCH has OPEN POSITIONS!!!  
Contact Dana at [nightwatch@coloradospringsaa.org](mailto:nightwatch@coloradospringsaa.org)

The TREATMENT COMMITTEE NEEDS volunteers!  
Contact Michael at [treatment@coloradospringsaa.org](mailto:treatment@coloradospringsaa.org)

To submit your group's sober birthdays to The Pint, please email a list of names and the amount of years each person has to: [PINT@COLORADOSPRINGSAA.ORG](mailto:PINT@COLORADOSPRINGSAA.ORG). Please have birthdays and any other announcements or editorials your group would like to contribute submitted by the 20th of each month to ensure enough time for publishing. Thank you for all of your participation and CONGRATULATIONS to everyone celebrating a MILESTONE OF RECOVERY!

<b>Steel Magnolias, December</b>	
Cora J.	8 years
Jeanne S.	19 years
Steel Magnolias, January:	
Pat H.	9 years
<b>Tuesday New Woman Group</b>	
Sharon W.	11 years
Cathy P.	20 years
Ellen K.	5 years
Maile	2 years
Shelley D.	2 years
<b>Security Eye-Opener</b>	
Tom G.	42 years

<b>Friday Women's Group</b>	
Dolores N.	22 years
Stacy W.	8 years
Pat. H.	9 years
Sharon W.	11 years
Marti B.	26 years
Mary Ann S.	2 years
June S.	
Lori B.	
Molly W.	5 years
Susan U.	2 years
Maile	
Anne M.	2 years



# AA AT A GLANCE ~ JANUARY 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>HAPPY NEW YEAR!</b>						1 CPC(Downtown) 1:30 p.m. PI (Penrose) 2 p.m.
2	3	4	5	6	7	8 Treatment Committee 4pm Pikes Perk
9	10	11 Intergroup Meeting 7pm First United Methodist	12	13	14	15 Corrections 9 a.m. Sacred Heart
16	17	18	19	20 Submit Milestones & Letters to the Editor to The Pint	21	22
23	24	25	26	27	28	29
30	31	<b>Central Group's Speaker Meeting, Tuesdays at 8 p.m.</b> January 4      Chad 7 Years                      January 11      Lisa B. 13 Years January 18      Norm 6 Years                              January 25      Romana C 19 Years				

## Monthly Committee Meetings

### **The Board**

1353 S. 8th St. - Suite 106  
1st Monday - 6:30 p.m. - Service Office

### **Corrections**

2021 W. Pikes Peak Ave. - Room 6  
3rd Saturday - 9:00am - Sacred Heart

### **CPC**

7 East Bijou St. - Room 205  
1st Saturday - 1:30pm - Downtown Group

## **District 7**

420 N. Nevada - Room 135 (access Boulder St.)  
Intergroup  
3rd Tuesday - 7:30 pm - First United Methodist Church

### **Public Information**

1st Saturday - 2 p.m. - Penrose Main, 2222 N. Nevada  
Ave., Volunteer Coordinator Conference Room

### **Treatment**

2nd Saturday - 4pm - Pikes Perk  
14 S. Tejon St

# Step 1: We admitted that we were powerless over alcohol — that our lives had become unmanageable

## *On the 1st Step*

The first of the 12 steps in the creed or philosophy of Alcoholics Anonymous is, “We admitted that we were powerless over alcohol—that our lives had become unmanageable.” By such an admission any alcoholic, provided he is sincere, has achieved his first success on the road to well-being.

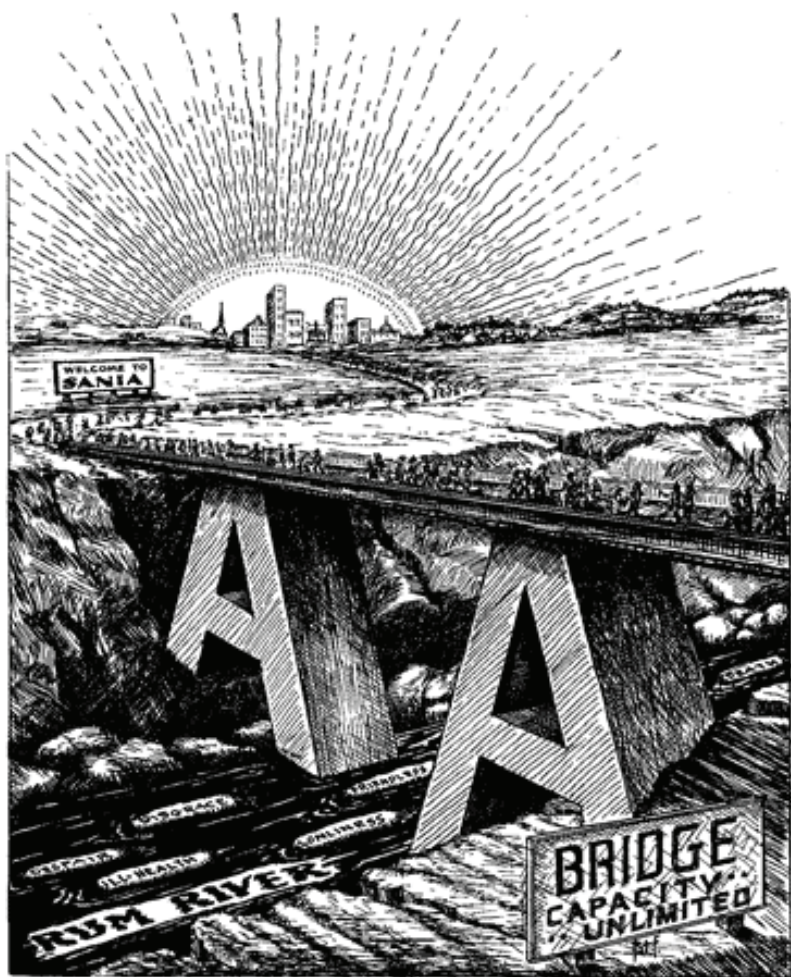
Such an admission is usually very difficult for the alcoholic to make. The very nature of his disease makes him shun the knowledge of his inability to cope with the problems of everyday life. Hence his desire for something that will rapidly create whatever he thinks he lacks as an individual. With a few drinks under his belt he can fashion the most wonderful dreams about himself. These dreams can become his real characteristics—but only when he recognizes that he must dominate alcohol rather than have alcohol dominate him.

The sincerity with which the newcomer takes the first step is the gauge by which his recovery through A.A. can be measured.

Over the years the alcoholic develops a three-dimensional ability at picture building, which is a kind way of saying that alcoholics are adept liars. So that by really taking the first step—admitting freely and without reservation that he is an alcoholic—a person starts to build a new pattern of thought. The whole, at last, is fabricated from truth rather than wishful thinking or fantasy.

“Ye shall know the truth—and the truth shall make you free” applies certainly to the first step in this program—for truth, to the alcoholic, is simply admitting to himself that he can’t handle alcohol, and because of this his life is unmanageable. To those who accept this first step the other eleven follow in the natural course of events—as the scope of the teachings of A.A. become realized and some small rewards have been received.

John B., 1944



*Tradition 1:* Our common welfare should come first; personal recovery depends upon A.A. unity.

*Concept 1:* Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.



# AA OUTSIDE OF TOWN

Dear fellow AA members,

First of all I would like to wish you Merry Christmas! My thoughts are with you this holiday season. I want to thank you for all the tools you have given me over the last few years, learning how to be grateful is probably the most powerful tool you have given me.

Living here is all dust and exhaust, weapons and armor, darkness and cold. I could think of a million things to complain about, distressed by all the luxuries I do not have, but that would not benefit me at all. I instead keep my focus on all that I do have the best I can. Grateful for the internet even if it is slow, grateful for the food even if my options are limited and often flavorless, grateful for the buddies in my section even if they get on my nerves because I am around them all the time, grateful for a gym even though it is dark and crowded, grateful for the care packages I receive from friends and loved ones back home, grateful for a good cup of coffee even though it's not star bucks, grateful for the opportunity and privilege of serving you and the people of the United States.

My only regret is that my rank and position prevent me from being more directly involved with the people and helping where I can. I have lived all my life in freedom and relative comfort in America, I believe it is absolutely worth it to give up a year of my life to be an infinitely small part of making a difference in a world that has been wrecked and ravaged by war for hundreds of years. It can be dangerous here and the hours of boredom are only broken by moments of terror and excitement. I take it one day at a time and I am unafraid. I know that the power behind me is greater than the problems before me. My determination is greater than my quit.

For a long time I had thought my problem was alcohol and if I could only quit drinking I would be ok. After I was in recovery for awhile I learned that my problem never was alcohol, my problem was being sober. I could get by when I was drinking but when I stopped day by day I would get crazier and crazier until in desperation I would seek out any drink that I could find. When I was young I figured out that if there was conflict or difficulty in my life I could just drink and at once I felt a sense of ease and comfort. Over the years all these conflicts built up

on my conscience until eventually I couldn't go a few hours sober without echoes of nightmares consuming my thoughts. I could NEVER stay sober on my own, I had to have people who understood what it was like around me that I could share with and together we faced my demons and we faced my fears and I found a strength through a group of people and a higher power that helped me to face the wreckage of my past.

If there are any newcomers here today I imagine this has been a pretty rough year for you, welcome to Alcoholics Anonymous. I would like to share a quote I heard in a movie recently. "It is never to late to be who you want to be, start whenever you like. You can change or stay the same there are no rules to this thing. We can make the best of it or the worst of it, I hope you

make the best of it. I hope ya see things that startle you, I hope you feel things you've never felt before, I hope you meet people with a different point of view. I hope you live a life you're proud of and if you don't I hope you find the courage to start all over again."

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*-Bill W.*

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When I got to AA I didn't really plan on staying sober, my life was a mess and I was in a lot of pain. I

was alone and I was afraid although I would never admit it. Honestly I still am afraid. I know there are people listening to this right now who are scared to death inside and I want to speak to you specifically, keep coming back. Meet some of the people, help out around the club a little, and listen to what people have to share and most of all please don't leave before the miracles happens.

To everyone else that's been around awhile, if you know someone in a nursing home.. go visit them. If there's a member you haven't seen for awhile give them a call. If you know someone in prison write them a letter. I will always need AA more than AA needs me. What you do between the serenity prayer and the Lords prayer will never be as important as what you do between the Lords prayer and the Serenity Prayer. Today think not of what AA can do for you, but instead think of what you can do for AA.

Yours in Service,  
Anonymous member serving in Afghanistan  
United States Army