



Pikes Peak Pint

February

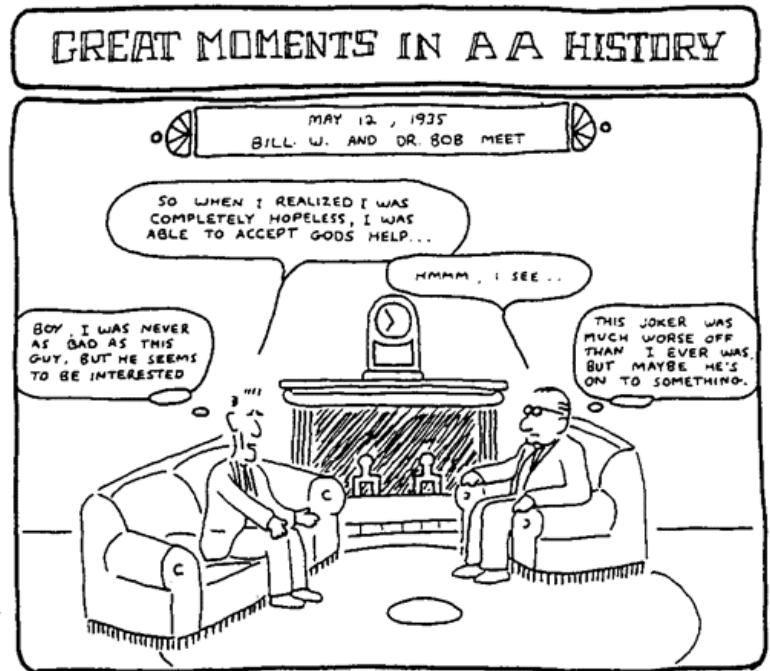
2011



The Pikes Peak Pint is a monthly AA-oriented newsletter proudly serving Colorado Springs and its surrounding communities.

AREA MEETING CHANGES, DELETIONS, ADDITIONS

- CENTRAL GROUP TUESDAY WOMEN'S MEETING (open, handicap access) 2011 E. LaSalle, (located in the Park Plaza bldg. at DePaul and LaSalle) is **CHANGING** it's meeting time from 5:30 p.m. to 6:30 p.m..
- The CENTRAL GROUP DAILY REFLECTIONS that meets Tuesdays at 9 a.m. is **CANCELLED**.
- The OASIS GROUP (closed) Big Book Study meets Mondays at 7p.m. at Unity Church of the Rockies, 1945 Mesa Rd. (Mesa & 19th Street) **ENCOURAGES** NEWCOMERS to attend.
- SOLUTIONS @ 5:30 (closed) meets Tuesdays and is a **MEDITATION** meeting at 1515 N. Cascade Ave.
- SERENITY HOUR (closed, handicap access) is a **NEW** meeting Tuesdays at 12 p.m. 1st Presbyterian Church, 219 E. Bijou, Room #003.
- CAME TO BELIEVE GROUP Big Book Study (open, handicap access, child care) is **located** at 3945 N. Academy Door J&K, SE Corner Austin Bluffs & Academy Next to Harmony Bowl.
- CENTRAL GROUP (open, handicap access, discussion) Friday at 5:30 p.m. is **changing** from a Living Sober discussion to open discussion meeting at 2011 E. LaSalle (located in the Park Plaza bldg. at DePaul and LaSalle).
- The RED CLOUD SERENITY CLUB meetings have **MOVED** to 10400 Ute Pass Avenue, Green Mountain Falls, (Across from the pond).
- The FELLOWSHIP HALL meetings have **MOVED** to 3425 Unit I Van Teylingen Drive, west of Academy between Rebecca Lane and Carefree Circle North.



Love IT? Hate IT?

Have something to SAY about IT?

Please e-mail sobriety anniversaries, announcements, letters to the editor, and e-mail subscription requests to the Pikes Peak Pint before the 20th of each month!

pint@coloradospringsaa.org

LOCAL SERVICE OFFICE

Hours: T-F 9 a.m. to 5 p.m., SAT 9am-12pm

Location: 1353 South 8th Street, Suite 209
Colorado Springs, CO 80905

719-573-5020

Email: serviceoffice@coloradospringsaa.org
Web site: www.coloradospringsaa.org

Contact the Service Office for Intergroup Information or Chair phone numbers.

DISTRICT COMMITTEES

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Stephen P. - Vice Chair
corrections@coloradospringsaa.org

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OPEN - Vice Chair
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OPEN - Vice Chair
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CONTRIBUTION ADDRESSES*

AREA SERVICE OFFICE
Make check or money order payable to:
Area Service Office
Include Group Name and Number on check.

Send to:
Colorado Springs Area Service Office (CSASO)
1353 South 8th Street, Suite 209
Colorado Springs, CO 80905

GENERAL SERVICE OFFICE
Make check or money order payable to: General Fund
Include Group Name and Number on check.

Send to:
General Service Office (GSO)
PO Box 459, Grand Central Station
New York, NY 10163

AREA 10
Make check or money order payable to: Area 10
Include Group Name, Number, and District #7 on check.

Send to:
Area 10 Treasurer
12081 West Alameda Parkway #418
Lakewood, CO 80228

DISTRICT
Make check or money order payable to: District #7
Include Group Name, Number, and District # on check.

Send to:
District 7
PO Box 26252
Colorado Springs, CO 80936-6252

PINK CAN CONTRIBUTIONS
Make check or money order payable to:
Area 10 Corrections Committee
Include Group Name and Number on check.

Send to:
Pink Can Contributions
PO Box 1307
Englewood, CO 80150

**Cash accepted in person only, please do not mail.*

Your Area Service Office and Intergroup would like you know how very much we appreciate your personal contributions!



Thank you!

In the month of December
we received
8 Grateful Giver contributions
and **4** Personal contributions!

YOU'RE AWESOME!!!!



As of January 14th,
Gratitude Month
has had **28** Groups contributing
for a total of
\$3527.78!!

UPCOMING ELECTIONS in MARCH

ELECTIONS for INTERGROUP OFFICERS will be held at the INTERGROUP MEETING, March 8, 2011. All of the positions listed below will be voted on. CANDIDATES MUST BE PRESENT. It is recommended that those who stand have a minimum of two years continuous sobriety. Term of office is one year, April 1 through March 31.

NOMINATION FOR INTERGROUP BOARD MEMBERS

(please submit by February 28, 2011)

I hereby nominate _____ for the trusted servant position of:

- | | | |
|--------------|------------------|---|
| (Circle one) | Chairperson | One year term |
| | Vice-Chairperson | One year term (two year commitment)
First year as Vice-Chair, then preferably rotates into position of Chairperson. |
| | Secretary | One year term |
| | Treasurer | One year term |
| | Vice-Treasurer | One year term (two year commitment)
First year as Vice-Treasurer then preferably rotates into position of Treasurer. |
| | Registrar | One year term |
| | Member at Large | One year term |

GROUP CONTRIBUTIONS - THANK YOU FOR ALL OF YOUR SUPPORT!!!

GROUP NAME (2010-2011)	Yr. to date	December	GROUP NAME (2010-2011)	Yr. to date	December
Above The Bar Group	\$230.00	\$230.00	Living Free	\$26.30	\$26.30
After Hours	\$82.40		Living Sober	\$74.00	
Apex	\$337.50	\$70.50	M.A.G.	\$674.86	
Back to Basics	\$704.59	\$55.91	Motherlode	\$0.00	
Beacon Light	\$150.00		Natural High	\$0.00	
Big Book Action	\$645.52	\$80.25	New Beginners	\$524.88	\$55.24
Big Book Study UPH	\$250.00		New Woman	\$532.27	
Black Forest	\$405.04		Northwesters	\$278.44	
Breath of Life	\$78.00		Not A Glum Lot	\$0.00	
Broadmoor	\$109.00		Oasis Group	\$99.75	\$69.75
Brown Baggers	\$100.00		Off The Wall	\$309.00	
Celebrating Diversity	\$0.00		Outright Mental Defectives	\$0.00	
Central	\$5.00		Pass It On	\$0.00	
Clean Air Group	\$445.00	\$200.00	Pathfinders	\$0.00	
Clean Slate Noon Meetings (Gratitude)	\$209.68		Penrose Discussion	\$0.00	
Don't Worry Be Happy	\$128.40		Plug in the Jug	\$170.00	
Down By The Creek	\$0.00		Pre-Dawn Meeting	\$0.00	
Downtown Group	\$960.36	\$312.58	Progress Not Perfection	\$172.33	
Drylander's Group	\$47.10		Recovery in Action	\$300.00	\$150.00
Old North End Study Group	\$259.00	\$194.50	Rule #62	\$0.00	
Easy Does It	\$350.00	\$100.00	Saturday Early Morning Mtg.	\$0.00	
Ellicott Group	\$200.00		Security Eye Opener	\$105.45	\$105.45
Eye Opener	\$0.00		Serenity Riders	\$412.73	
1st 164 Pages	\$72.95		Serenity Sisters	\$741.38	\$93.03
4th Dimension	\$0.00		Silver Key Seniors	\$75.00	
Far North Group	\$0.00		Solutions at 5:30	\$161.72	\$47.72
Fountain of Sobriety	\$0.00		Solutions at Noon	\$699.34	\$243.41
Foxhall Group	\$271.84		Steel Magnolias	\$307.50	\$86.00
Freedom From Bondage	\$0.00		Stepping Stones	\$27.80	
Happy, Joyous & Free	\$183.37	\$123.37	Sunday Morning Speaker	\$480.00	
Friday Night Live	\$100.00		Sunday Night Big Book Study (Clean Slate)	\$125.00	\$30.00
Friday Women's Group	\$897.51		Taking Steps	\$526.24	\$126.24
Gals of Woodland Park	\$0.00		Then and Now	\$150.00	
Gift of the Heart	\$0.00		Thursday Mens	\$379.32	\$29.32
Good Ole Boys	\$350.00		Thursday Noon--Woodland Park	\$145.00	\$50.00
H.O.W.	\$50.00		Ute Pass Breakfast	\$60.00	
Half Pint Group	\$171.00		Veterans for AA	\$100.00	
Happy Destiny	\$445.23	\$120.00	Walk the Talk	\$2,121.98	\$681.98
Happy Hour	\$596.13	\$266.13	Walking on Water	\$400.00	
Hilltop AA Meeting	\$0.00		We Are Not Saints	\$861.55	\$204.35
High Noon	\$152.75		Wed. Westside Womens	\$310.00	\$310.00
Hugo Group	\$155.00	\$35.00	Westside Eye Opener	\$1,007.05	\$340.78
Into Action	\$42.71	\$42.71	Womens Step Study-WP	\$90.00	
Keep it Simple	\$0.00		Woodland Park Beginners	\$60.00	
Keystone to Recovery	\$188.80		Woodland Park Book Study	\$400.50	
Lake George Group	\$55.00		Young People	\$791.70	\$391.70
Last Chance	\$33.84	\$33.84	Totals:	\$23,163.81	\$4,906.06
Little Log Group	\$0.00				

CPC/PI COMMITTEES WANT YOU!



Both committees are very busy and always have opportunities for service! Please go to either of their monthly meetings to get involved!

Cooperation with the Professional Community meets the first Saturday of every month at 1:30 p.m. at 7 E. Bijou. Public Information meets the 3rd Wednesday of every month at 6pm on the 5th floor of St. Francis Hospital.

STEP UP INTO SERVICE!

The following Service Positions are currently OPEN and NEED to be filled! Please contact the Service Office or come to the next Intergroup Meeting Tuesday November 9th to learn how you can become involved!

INTERGROUP needs a new VICE-TREASURER. Candidate would train for next few months for a year-long commitment. Sobriety requirement two years.

Co - DCM (District Committee Member)
Public Information Committee - Vice Chairperson

NIGHTWATCH has OPEN POSITIONS!!!
Contact Dana at nightwatch@coloradospringsaa.org

The TREATMENT COMMITTEE NEEDS volunteers!
Contact Michael at treatment@coloradospringsaa.org

To submit your group's sober birthdays to The Pint, please email a list of names and the amount of years each person has to: PINT@COLORADOSPRINGSAA.ORG. Please have birthdays and any other announcements or editorials your group would like to contribute submitted by the 20th of each month to ensure enough time for publishing. Thank you for all of your participation and CONGRATULATIONS to everyone celebrating a MILESTONE OF RECOVERY!

Steel Magnolias	
Dana R.	14 years
Karen Mc G	21 years
Cynthia P.	19 years
Tuesday New Woman Group	
Caren L.	5 years
Toni M.	2 years
* Ellen K. celebrated 25 years last month and the Pint incorrectly printed 5 years. Congratulations on 25 years, Ellen!!	
Friday Women's Group	
Lynn E.	1 year
Barb B.	1 year
Happy Hour	
December 2010	
Nalene	2 yrs

Happy Hour (continued)	
Andrea	2 yr
Bruce	1 yrs
Courtney	3 yrs
Jason	1 yrs
January 2011	
Bert B.	2 yrs.
Chris S.	6
Daniel G.	12
Dayna	18
Dolores N.	22
Gary D	2
Heather	1
Lauri	23
Paul G.	22

AA AT A GLANCE ~ FEBRUARY 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5 CPC(Downtown) 1:30 p.m. PI (Penrose) 2 p.m.
6	7	8 Intergroup Meeting 7pm First United Methodist	9	10	11	12 Treatment Committee 4pm Pikes Perk
13	14	15	16	17	18	19 Corrections 9 a.m. Sacred Heart
20	21	22	23	24 Submit Milestones & Letters to the Editor to The Pint	25	26
27	28	Central Group's Speaker Meeting, Tuesdays at 8 p.m. Feb 1 Mike A. 9 years Feb 15 Pete B. 22 years Feb 8 Lisa B. 14 years Feb 22 William J. 14 years				

Monthly Committee Meetings

The Board

1353 S. 8th St. - Suite 209

1st Monday - 6:30 p.m. - Service Office

Corrections

2021 W. Pikes Peak Ave. - Room 6

3rd Saturday - 9:00am - Sacred Heart

CPC

7 East Bijou St. - Room 205

1st Saturday - 1:30pm - Downtown Group

District 7

420 N. Nevada - Room 135 (access Boulder St.)

Intergroup

3rd Tuesday - 7:30 pm - First United Methodist Church

Public Information

1st Saturday - 2 p.m. - Penrose Main, 2222 N. Nevada Ave., Volunteer Coordinator Conference Room

Treatment

2nd Saturday - 4pm - Pikes Perk

14 S. Tejon St

Step 2: Came to believe that a power greater than ourselves could restore us to sanity.

When we came into AA, they asked us to believe in a higher power, for that is the first step towards spiritual growth. Many exclaimed, "I don't believe in a higher power!" Ah!--but you do and I'll show you why. Your very presence at your first AA meeting confirms the fact that you do believe in a higher power, whether you care to admit it or not. For you have come to realize that John Barleycorn has you under his thumb; you can't whip him alone, therefore you seek someone else, namely, the AA group, in the hope that they may remedy your malady.

Right there, brother, you have shown that you can't lick it alone and seek the power of that group. You have admitted right there and then that the group has a power greater than yourself and that's all you need to send you down the path to spiritual living. However, do not sit in a dark room expecting lights to shine, bells to ring, the earth to tremble, bells to ring again with an angel coming down to announce, "This is your spiritual awakening." No, let's handle this thing intelligently, not fanatically. The best explanation of a spiritual awakening is to be found in Twelve Steps and Twelve Traditions, and I'll quote verbatim: "When a man or woman has a spiritual awakening, the most

important meaning of it is that he has now become able to do, feel, and believe that which he could not do before on his own unaided strength and resource alone. He has been granted a gift that amounts to a new state of consciousness and being... He finds himself in possession of a degree of honesty, tolerance, unselfishness, peace of mind, and love of which he had thought himself quite incapable. What he has received is a free gift, and yet usually, at least in some small part he has made himself ready to receive it."

The reader may ask: "How do I get this Spiritual Awakening? Will it last?" The answer is, if you try honestly to practice to the best of your ability the twelve suggested steps supplemented with a little praying, you'll receive it and keep it as long as you wish. Hundreds of us are doing it, why can't you? Remember, it isn't what you say when you're down on your knees. . .it's what you do when up on your feet that counts.

R. L. G.
Bangor, Washington
Condensed from a 1954 Grapevine Article

STEP STUDY IN PRINT

The first time I took step 3 my sponsor told me to hang on to my seat, I was in for the ride of my life. And true enough, several months later my life had changed more drastically than I could ever imagine. But now a couple years later I consider the 3rd step not only the beginning of my journey, I see it as the only way I'm able to continue it. Without that vital part of my life, I seem not only to go nowhere, but backwards faster than seemingly possible.

-Aimee F.

What do you do to remember the 3rd step and keep it a part of your day-to-day living?

Send us your thoughts on next month's step and we will print it here. Please send to pint@coloradospringsaa.org by the 20th of the month.

Tradition 2: For our group purpose, there is but one ultimate authority - a loving God as He may express Himself in our group conscience.

Concept 2: The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs.

Meeting Speak

While meetings of Alcoholics Anonymous were never meant to be “group therapy”, attending a good meeting can definitely be therapeutic. In our meetings we are advised to “share in a general way what we were like, what happened and what we are like now.” (Alcoholics Anonymous pg 58)

Sometimes it is hard saying what we used to be like without including background information that may seem very dramatic and important to us but will not communicate to others because of a lack of shared experience. What does communicate is the effect that our drinking had on us and on the ones we love and others we come in contact with.

A mentor of mine said, “We in AA are all different but the disease in us is the same.” Most of us would qualify for any VH-1 Documentary. We started out drinking with our buddies in the garage. We got good at it. We became professional. Our drinking caused hideous disaster, the band broke up. We went to rehab. We got back together for the acoustic reunion tour on MTV. The acoustic tour is us and all our former drinking friends, the ones who survived attending meetings together.

Speaking of rehab, more than ever before, our society is accepting and understanding about our disease. We can’t turn on the T.V. without hearing about what Britney or the mean girl is doing in his or her most recent stint at Betty Ford or Sierra Tucson. I think this is generally good for us to have a more accepting society, more accepting that we have a disease and that it is treatable.

That is good. What may not be so good is mixing treatment i.e. group therapy with AA meeting attendance. This may occur as a result of our rehab counselors fashioning treatment plans with goals that include “going to 90 in 90” “getting a home group” “getting a sponsor” etc.

This happens of course because so many good rehab

counselors are in recovery and the ones who aren’t, nonetheless know how to help people get sober. Getting sober by the way is an absolute requirement for good therapy to happen.

Therapy is important; (See Alcoholics Anonymous The Doctor’s opinion, pages 26 and 27, 73 and especially 155) there is a time and place for it; just not in the meetings of Alcoholics Anonymous.

So what to share? Most of us have used group time for a sounding board, to dump, to howl at the moon or to try out our craziness just to hear how it sounds out loud. We will always be doing this and it is part of the process of our recovery.

*Therapy is important...
There is a time and place for
it; just not in the meetings of
Alcoholics Anonymous.*

However, as heard at a meeting, “Am I sharing the mess or am I sharing the message?” I think I first heard that from downtown Don C. and I’m sure he heard it from some other recovering alcoholic philosopher. Pretty good idea huh? If you are interested in real philosophy check out history professor Ernst

Kurtz book Not God: A History of Alcoholics Anonymous. Dr. Kurtz, while not one of us, is indeed a friend of AA.

His book is full of interesting facts about our beautiful fellowship and he talks about how we get better as a result of our participation in meetings, trusting God, cleaning house and helping others.

He reminds us that our (His)story’s disclose in a general way, what we were like, what happened and what we are like now. Our personal histories are useful in helping other.

As my sponsor Bill W. says, “I can always be a good example of what not to do.” We also share how we have been cured from this seemingly incurable state of mind, body and soul.

And that can be very therapeutic.

*Your comments are welcome. E-mail me at
dennis.a.82585@gmail.com*