



# THE PIKES PEAK PINT

August 2019

A newsletter for the Pikes Peak Region of Alcoholics

## Generations of Tough Love

Hi, my name is Kurt and I am an alcoholic. My sobriety date is May 24th, 1994 and I am what they call a gutter variety drunk. I spent my final two years drinking homeless, hopeless and helpless. I had family in the program who did their best to help but I could never put more than 30 days together. About 1992 my mother's sponsor at the time told her if she did one more thing for me, she would have to find a new sponsor. That was when tough love with army boots started and I know today that it saved my life. Many years later I would have to use that tough love on my own son. Today in my family we can claim 152 years of continuous sobriety between 7 family members. We do not mix our programs. That keeps us healthier!

On May 24, 1994, my journey began at a place called Cider House in Norwalk, California. Yep, you guessed it, the place where they filmed One Flew Over the Cuckoo's Nest. Coincidence or fate? In those days it was a social model detox, which meant no meds, shake and shout detox! I made my final surrender that night, saying out loud, "Dear God if this is all life has to offer, take me now! But if you have something better, I am willing to do anything to learn how to live...sober!" I came to the next morning struck sober! It CAN happen; it happened to me.

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*See Tough Love, page 3*

GENERATIONS

# HAPPY BIRTHDAY!

## Walk the Talk

Peggy S.	8/16/1996
Lori C.	8/08/2015
Amy S.	8/12/2007
Tony	8/11/2017
Gina	8/14/2017

## Happy Heathens

Sherry J.	34 years
Mike K.	35 years

## New Woman Group

Karen S.	32 years
Linda C.	34 years
Rhonda	6 years
Sharon H.	1 year

## Serenity Riders

Cody R.	8/01/2017
Dave M.	8/25/2015
Kevin F.	8/23/2004
Kevin M.	8/28/1988
Amy S.	8/15/2007
April S.	8/25/2015
Jessie V.	8/10/2016
Liz B.	8/04/2018
Cindy M.	8/23/2011
CC	8/13/1980
Kimo	8/28/1991
Mary	8/15/1994
Rose R.	8/09/1982
Tripod	8/18/1993

## Steel Magnolias

Jane B.	41 years
Kelly C.	26 years
Michelle M.	34 years
Pamela S.	34 years
Susan H.	34 years

While at Cider House, I got counseling and meetings. I took to the program like a fish that had been out of the water for too long. I was home at last! I did not need to have all the answers. I learned how to listen and actually hear. I took directions. I took action. I trusted God, cleaned house and worked with others. All the while, my life improved.

Fast forward two and a half years and 12 real steps, boy meets girl on AA campus. One year later, we got married, blended our families, and moved to Colorado. All the while, trusting in God, working with others, going to meetings, working and going to school. One year after moving here my mom passed away leaving a huge hole in our family. With the help of the program, we all made it to the other side of grief. Today I live as if she is still with me every day. It helps. Oh, and that tough love she used on me...I had to use

on my own son. Today he has 10 years sober and is happy, joyous and free. Tough love saved him as well.

Here are just some of the things I have been fortunate to learn while in the program. The first three steps are: I can't, God can, I need to let Him. The "Oldtimers" told me there were only two things I HAD to accept; 1. There is a God and I am not it. 2. I will be a drunk until the day I die. The three things I do that enable me to keep my seat in recovery are trust in God, clean house and work with others. Today I have a life beyond my wildest dreams thanks to God and the program of Alcoholics Anonymous!

-Kurt



*This month's  
"Pint Piece"  
for your  
personal reflection...*

*"She finally realized that when she enjoyed her drinking, she couldn't control it, and when she controlled it, she couldn't enjoy it."*

*-Alcoholics Anonymous,  
page 328; Chapter 7  
"Crossing the River of  
Denial"*

# Gifts

Each day in Alcoholics Anonymous is more of a gift from God than the day before! My gratitude towards the AA program and way of life that the program has to offer hasn't always been easy. I imagine I'll have days ahead that I revert to old thinking, such as, "I don't want to be here"; "I can do this without the meetings/program."

However, I have proven to myself over and over that I CAN'T.

Today, the softer and easier way for me is to work the 12 steps, go to meetings, tell my sponsor everything, and work with others. It's overwhelming to think of doing all these things at the same time, so I don't. I take each day, each step, and each opportunity to work with others separately. This makes it manageable and doesn't seem impossible or the feeling as if I'm not doing enough.

By continuing to work the steps, applying the traditions and concepts, and staying close to the fellowship of AA is the only way I know to ensure I live a spiritual life and stay sober. I am naturally a self-absorbed, selfish person who only thinks of himself rather than having God in the forefront of my mind and looking for ways to be of service. But when I'm doing what the people in AA are doing, it's a little easier to work the program and get out of myself. By the grace of God, the longer I stick around, the more I'm able to stay out of mind and be useful to the still suffering alcoholic. I'm not sure when I started believing that my primary purpose is to help the still suffering alcoholic as opposed to just staying sober. Regardless, I feel very grateful that today I'm in the middle of AA not just to stay sober, but to keep God in my life and help others.

Scott B.



*Better Together*

# STEP 8:

Made a list of all persons we had harmed, and became willing to make amends to them all.



## CONCEPT 8:

The trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of overall policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and consistently active services, the relation of all the trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities.

## TRADITION 8:

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

## TRADITION 8 CHECKLIST:

- ◆ Is my own behavior accurately described by the traditions? If not, what needs changing?
- ◆ When I chafe about any particular Tradition, do I realize how it affects others?
- ◆ Do I sometimes try to get some reward— even if not money— for my personal AA efforts?
- ◆ Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
- ◆ Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
- ◆ In my AA life, have I any experiences which illustrate the wisdom of this Tradition?
- ◆ Have I paid enough attention to the book *Twelve Steps and Twelve Traditions— How It Developed*?

# Announcements



## New Meetings & Changes



Meeting Guide

Looking for a meeting fast?

The meeting guide goes with you! The app that helps people get and stay sober is available FREE to anyone! Just go to the app store and search for “meeting guide.” Download this app and find a meeting near you at various times of day!

**Take Note on the following changes and NEW meetings!**

“The North 40”

Sunrise Church

2655 Briargate Blvd. Rooms 206-206

**TUESDAYS at 6:00 pm**

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2 New Big Book Study Meetings:

1. Central Group (Open)

309 Hancock Avenue

\*west side of Memorial Park

**TUESDAYS at 8:15 pm**

2. “No Rules, Just Suggestions”

Area Service Office

1353 S. 8th Street Suite 209

\*enter on road next to Geronimo Sports

**MONDAYS thru FRIDAYS at 6:00 am**

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“The Step House Meeting”

1910 N. Chestnut St.

\*garage behind the house

**Wednesdays at 6:00 pm**

Walk the Talk

\*Mon, Wed, Fri meetings at 12:00 are **OPEN**

\*Saturday meetings at 7:00 am are **OPEN**

## Have a question for the Intergroup Board?

Chairperson	Jeremiah
Vice Chairperson	Melissa
Registrar	Ashley
Treasurer	Joe
Vice Treasurer	Scott
Member at Large	Bev
Secretary	Sarah

Email: [board@coloradospringsaa.org](mailto:board@coloradospringsaa.org)

## Walk the Talk Speakers:

Aug. 3rd: Charles B.

Aug. 10th: John C.

Aug. 17th: Andrew B.  
“Jackson”

Aug. 24th: Amy S.

Aug. 31st: Kimo H.

## \*Reminder\*

If you have a meeting change, a new post to advertise, sobriety celebrations from your home group, or ANY other announcements you would like to see printed in the Pint, please send an email with all of the information to [pint@coloradospringsaa.org](mailto:pint@coloradospringsaa.org) **PRIOR TO THE 17th OF EACH MONTH!**

## LOCAL SERVICE OFFICE

Open: Tuesday - Friday 9 a.m. to 5 p.m.

Closed: Saturday - Monday  
1353 South 8th Street, Suite 209  
Colorado Springs, CO 80905  
719.573.5020

Email: [serviceoffice@coloradospringsaa.org](mailto:serviceoffice@coloradospringsaa.org)  
Web: [www.coloradospringsaa.org](http://www.coloradospringsaa.org)

## JOIN A COMMITTEE MEETING!

### BRIDGING THE GAP:

7:00 pm, 4th Tuesday of the month, Area Service Office  
1353 South 8th Street, Suite 209, Colorado Springs

### PIKES PEAK PINT:

5:30 pm, 3rd Thursday of the month, Area Service Office,  
1353 South 8th Street, Suite 209, Colorado Springs,

### CORRECTIONS:

9 a.m., 3<sup>rd</sup> Saturday of the month Sacred Heart Parish Room  
10, southeast corner of 21<sup>st</sup> & Colorado Ave.

### PI (PUBLIC INFORMATION):

1 p.m., 4<sup>th</sup> Saturday of the month  
Sand Creek Library, 1821 S. Academy Blvd.  
large study room. This group meets with CPC.

### CPC (PROFESSIONAL COMMUNITY):

1 p.m., 4<sup>th</sup> Saturday of the month  
Sand Creek Library, 1821 S. Academy Blvd.  
large study room. This group meets with PI.

### PROGRAMS:

6 p.m., 4<sup>th</sup> Thursday of the month, Colorado Springs Area  
Service Office, 1353 S. 8th St., Suite 209.

### NIGHTWATCH:

7 p.m., 1<sup>st</sup> Tuesday of the month  
Sacred Heart Parish, 21<sup>st</sup> and Pikes Peak Ave.  
Room 10, following the New Beginners' meeting

### DISTRICT 7:

7 p.m., 3<sup>rd</sup> Tuesday of the month  
First United Methodist Church,  
420 N. Nevada, Room 135 (Boulder Street access)

# WHERE TO SEND CONTRIBUTIONS

Please include your group name and group number on the check

### ~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs  
Area Service Office  
1353 South 8<sup>th</sup> St., Suite 209  
Colorado Springs, CO 80905

### ~ GENERAL SERVICE OFFICE ~

Payable to: GSO  
P.O. Box 459/Grand Central Station  
New York, NY 10163

### ~ AREA 10 ~

Payable to: Area 10 Treasurer  
12081 W. Alameda Parkway, #418  
Lakewood, CO 80228

### ~ DISTRICT 7 ~

Payable to: District 7,  
P.O. Box 26252,  
Colorado Springs, CO 80936

### ~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee  
P.O. Box 40368,  
Denver, CO 80204

• **CASH ACCEPTED IN PERSON ONLY** •

## How much did *YOU* spend on a drink?

*Please help others*

Consider throwing \$2 into the basket when it comes around. Also, once a year, donate \$1 for each year of sobriety to the General Service Office, the Area Service Office, or both. It costs money to spread the hope of a new life worth living through AA.

Please see [coloradospringsaa.org](http://coloradospringsaa.org)

## Group Contributions April 1 – July 30, 2019

<b>GROUP NAME 2019-2020</b>	<b>Fiscal Yr. to date</b>	<b>April</b>	<b>May</b>	<b>June</b>	<b>July</b>
A Common Solution	\$79.88		\$79.88		
12 Steps From The Morgue	\$100.00		\$100.00		
164 Group	\$205.00		\$205.00		
Apex	\$140.70			\$140.70	
Back to Basics	\$600.02	\$167.21	\$138.26	\$159.89	\$134.66
Big Book Action	\$350.00				\$350.00
Central	\$50.00			\$50.00	
Don't Worry Be Happy	\$519.41				\$519.41
Downtown Group	\$1,134.00		\$693.00		\$441.00
Easy Does It	\$145.56		\$145.56		
Ellicott Group	\$390.00		\$390.00		
Friday Night Live	\$50.00		\$50.00		
Friday Women's Group	\$148.00		\$148.00		
Good Ole Boys	\$50.00	\$50.00			
Happy Destiny	\$134.51		\$134.51		
Happy Heathens	\$229.75	\$116.50		\$56.25	\$57.00
High Nooners	\$75.00				\$75.00
H.O.W.	\$44.00		\$44.00		
Into Action Group	\$399.00				\$399.00
Keystone to Recovery	\$150.00		\$150.00		
Little Log Church Group	\$70.00	\$70.00			
Living Sober South	\$93.86			\$93.86	
M.A.G.	\$154.00	\$154.00			
New Beginners	\$250.76		\$250.76		
New Woman	\$320.41	\$180.08			\$140.33
No Rules Just Suggestions	\$58.89				\$58.89
Northwesters	\$300.00			\$300.00	
Off The Wall	\$40.65			\$40.65	
One Day at a Time	\$25.20	\$25.20			
Pre-Dawn Group	\$300.00		\$300.00		
Recovery in Action	\$422.00	\$422.00			
Saturday Early Morning Mtg.	\$152.40				\$152.40
Serenity Hour	\$200.00	\$75.00	\$50.00	\$25.00	\$50.00
Sober Sisters	\$86.66			\$42.92	\$43.74
Sought Through Prayer & Meditation	\$72.87			\$72.87	
Steel Magnolias	\$118.90	\$118.90			
Sunlight of the Spirit	\$135.00			\$135.00	
There is a Solution	\$15.00			\$15.00	
Thursday Noon Group	\$51.75				\$51.75
Thursday Men's Group	\$1,260.00	\$260.00			\$1,000.00
Turning Point	\$40.00				\$40.00
Ute Pass Breakfast Group	\$75.00	\$37.00			\$38.00
Veterans for AA	\$75.00		\$25.00	\$25.00	\$25.00
Walk the Talk	\$1,700.00	\$425.00	\$425.00	\$425.00	\$425.00
We Are Not Saints	\$744.56	\$191.35			\$553.21
Woodland Park Thursday Noon	\$45.00	\$45.00			
Woodland Park Book Study	\$326.57	\$141.00			\$185.57
Young People	\$199.19		\$199.19		
<b>Monthly Totals:</b>		<b>\$2,478.24</b>	<b>\$3,528.16</b>	<b>\$1,582.14</b>	<b>\$4,739.96</b>
<b>YTD Total of All Groups</b>	<b>\$12,328.50</b>				





**AUGUST 3<sup>RD</sup>**  
**11AM - 2PM**

# **SERVICE OFFICE BBQ!**

## **Support Your Local Service Office:**

An event to help support our local service office and enrich our spiritual awareness with one another. As a collective fellowship, we want this resource to stick around and the fellowship to grow. Feel free to bring family and newcomers to this event. The intergroup board members will provide the dogs and patties but we greatly encourage those who attend to bring a side dish to enjoy.

**3<sup>rd</sup> Annual AA  
Service Office BBQ**

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**All literature 10% off  
ONLY the day of the  
BBQ!**

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**You know you need a  
new Big Book!**

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**Remember to be a  
grateful giver-if even  
just for today-  
Remember to give to  
your Service Office.**

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**The Service Office  
will provide wieners  
and burgers. Please  
bring a side dish if  
you can.**

## **THE SERVICE OFFICE**

1353 S. 8th St. Colorado Springs,  
CO 80905

<http://www.coloradospringsaa.org/>

Attention All Big Book Lovers!!!

Don't miss out on Food and Fellowship!!!!

Come join us @ The First Baptist Church located @ 317 East Kiowa Street on September 11th, 2019

Grace Primary Purpose Group will be having its second annual potluck and a speaker. We are very happy that Katie P. out of Austin Tx, will be our speaker for the event!!! So please join us at 5:00 for a potluck and the speaker will begin at 6:30. Bring a dish and come join us in fellowship and food. It'll be a fun event for all!

# Happy Destiny's Anniversary Speaker Meeting & Pot Luck



Join us on Aug 5<sup>th</sup> at 5:30 for dinner followed  
by our guest speaker Susan L. to celebrate our  
Anniversary at Beth-El Mennonite Church  
4625 Ranch Dr



# Volunteer Opportunities

Service Office Two-Hour

Volunteer Opportunities:



**TUESDAY: 1st and 3rd Tuesdays from 3—5 PM**

**TUESDAYS: 1—3 PM effective July 23**

**THURSDAYS from 11 a.m.—1 p.m.**

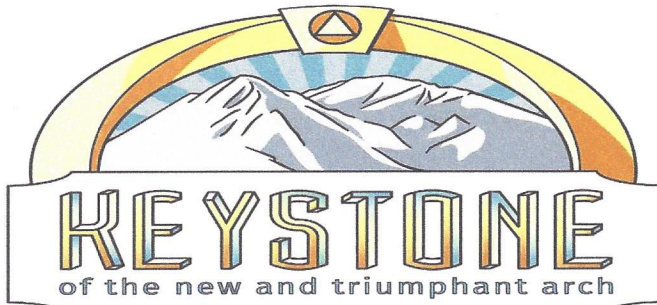
**THURSDAYS from 3-5 PM effective August 1**

**Call the ASO at 719-573-5020 or**

**Email: [serviceoffice@coloradospringsaa.org](mailto:serviceoffice@coloradospringsaa.org)**



# Area 10 – 2019 State Convention – Keystone, CO



## AUGUST 30<sup>th</sup>, 31<sup>st</sup> & SEPTEMBER 1<sup>st</sup> IN KEYSTONE, CO

### WHAT IS IT?

#### 2019 State Convention

The convention is the annual social event for Area 10.

Come for a weekend of speakers, meetings, workshops, food, dancing, and fellowship with AA's from all around the state. It's an experience that should not be missed!

### WHEN IS IT?

#### Aug 30, 31 & Sept 1 2019

Area 10's Convention traditionally happens on the Labor Day weekend.

The festivities start at 3 o'clock on Friday and don't stop until noon on Sunday. Remember to reserve your condos early because they will fill up fast!

### WHERE IS IT?

Keystone Resort and Conference Center

Book online: <http://www.convention.coloradoaa.org>

Keystone Lodge & Spa: **\$125 / night**

Inn at Keystone: **\$115 / night**

Conference Village Studio: **\$125 / night**

Conference Village 1 Bdrm.: **\$149 / night**

Conference Village 2 Bdrm.: **\$189 / night**

Conference Village 3 Bdrm.: **\$289 / night**

River Run 1 Bdrm.: **\$149 / night**

River Run 2 Bdrm.: **\$189 / night**

Gateway Efficiency: **\$125 / night**

Reservations: **1.800.258.0437**

Mention: **CC3ARE**

Group rate deadline: **8/5/2019**

**633 Tennis Club Rd.,  
Dillion, CO. 80435**

Registering early helps the convention committee and saves you money! Online registration is easy and secure. If you have any questions, please contact Stewart R. at [stewartmariea@msn.com](mailto:stewartmariea@msn.com) or call 303.880.0011

PRE-REGISTER WITH YOUR CREDIT CARD AT [convention.coloradoaa.org](http://convention.coloradoaa.org)

### OR REGISTER BY MAIL

#### Attendee Info

NAME

NAME ON BADGE

HOME GROUP

CITY/TOWN

PHONE NUMBER

EMAIL ADDRESS

I'd like to volunteer! Please contact me.

#### Registration Options

Pre-registering saves \$5, until 8/29/19

AA ADMISSION  
 AL-ANON ADMISSION  
 ALATEEN ADMISSION } **\$35**

BOTTOMLESS COFFEE + \$20

DESSERT SOCIAL (FRI NIGHT) + \$12

AL-ANON LUNCHEON (SAT) + \$42

BANQUET DINNER (SAT) + \$53

Entertainment/Dance fee waived

EXTRAS PACKAGE DEAL +\$115

Save 10% with total "extras" package

SPONSOR AN ATTENDEE \$

Donate to a member who can't afford to go.

TOTAL ENCLOSED \$

#### Payment Info

Detach & mail this form with check.  
No cash. One form per attendee.

Make checks out to:  
**Area 10 StateConvention**  
and mail to  
**PO Box 852**  
**Littleton, CO 80160**

Registration must be postmarked by  
8/29/19 to receive reduced  
pre-registration price.

To register with credit card visit  
[convention.coloradoaa.org](http://convention.coloradoaa.org)

Do you have any "accessibility" needs?  
If so, please list here:

Contact Stewart with registration questions  
at [stewartmariea@msn.com](mailto:stewartmariea@msn.com) or **303.880.0011**

Presented by Area 10 Alcoholics Anonymous in  
cooperation with Area 5 Al-Anon Family Groups.