

May 2021

THE PIKES PEAK PINT

A Newsletter for the Pikes Peak Region of Alcoholics Anonymous

Please remember the Area Service Office is open only
because of your continued financial support.

Our Primary purpose is to stay sober and help other alcoholics achieve sobriety.

Contributions can be made on the homepage of our CSASO website: www.coloradospringsaa.org or mailed or dropped off at the Area Service Office located at 1353 S 8th Street Suite 209, Colorado Springs, CO 80905

Or feel free to call the office and we can take your contributions over the telephone and charge manually whatever amount you wish to your debit or credit card. This option is available Tuesday—Fridays 9 a.m.—5 p.m.

A contribution was made to the Area Service Office in memory of Connie A. by the New Woman Group following her passing in April. Connie A. had almost 38 years of sobriety and was one of the original founders of the New Woman Group that meets on Tuesdays.

Tradition Five

Each Group has but one primary purpose to carry the message to the alcoholic who still suffers.

This tradition is a guidepost for everything we do as a group and as individuals in our journey of sobriety. This can be challenging in early sobriety as we are so wrapped up in our own problems and the challenge of staying sober we frequently have no cycles to think about how we are impacting others but a meeting can be an opportunity to step back, be safe and recognize that we may have more sobriety than the newest member in the meeting. With that awareness we can share how we have been able to resist the obsession to drink for at least some time. This is also a mile marker for mature members, it is easy to get wrapped up in our daily lives, our problems, our victories instead of focusing on helping the alcoholic who still suffers. This is the tried and true mechanism for getting us out of our heads or focusing on ourselves. In the early days the realization that working with others and being of service to alcoholics in need was a fundamental keystone on which personal and fellowship success was based. This is also a great touch-point as we do service work and a way to eliminate politics and personalities from the group which helps newcomers and mature members feel safe in our groups.

Greg G.

Step Five

"Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

When I was told that I would be expected to admit to another human being the exact nature of my wrongs I wasn't intimidated in the slightest. I always loved sharing my war stories, no matter how foul. I imagined me sitting with my sponsor laughing about my greatest societal failures over coffee. Once I came to see what the inventory process looked like, the fear of a fifth step settled in quickly. I saw my never-ending list of character defects and shortcomings over and over again – I started to understand just how little self-love, self-worth, and self-respect I had. I couldn't believe that I would be expected to share these thoughts and feelings with another person. I grew up in a very emotionally reserved household – we didn't talk about things. I never shared my low vision of myself with anyone. I played God for so long that I believed everyone else held me to that same high standard.

As I was working on my fourth step inventory, my willingness to believe in a Higher Power dwindled over time. I called my sponsor one evening with what I believed to be a well thought out monologue on why I believed I didn't need to stick with the "God idea". He laughed at me and let me know that it was time to finish my inventory. We sat down for my fifth step that week. It was terribly awkward at first, but those feelings went away quickly. When I finished reading my life story, I returned home and took an hour to reflect as instructed. My life changed that day. That was the first day I looked myself in the eyes without being overwhelmed with guilt, shame, and self-hatred. My belief in a Higher Power was solidified – I had no doubts anymore.

A.D.



Concept V for World Service

Throughout our world service structure, a traditional "Right of Appeal" ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.

It is the responsibility of the chairperson, in every group, intergroup, area, district, state and national arena to make sure the minority has a second and even a third opportunity to present its views. Bill W. wrote that "On an issue of grave importance, the minority has the actual duty of presenting its views." The well heard minority, therefore, is our chief protection against an uninformed, misinformed, hasty or angry majority. Everything about AA asks us to set

aside selfish motives, dig deeper, take stock, take responsibility for ourselves and our affects on others.

This concept reminds us to watch for tyranny in our actions and opinions. As trusted servants in our home group, area and state we are responsible to listen and advocate for the minority voice. They are often the voice of calm and reason. They are presenting the facts as they see them, and isn't this a great to see the issue with a new pair of glasses.

STARTING FRESH

If you're in a bad place in your life AA is your chance at a fresh start.

Whether you're struggling with alcohol, drugs, depression, grief, or loneliness. Whatever it may be it is easy to revert to hopelessness. To fall into the black hole of self-pity, to let the depth of your darkness absorb the entirety of your being.

Words of wisdom can be powerful but even more so when they are combined with the inspiration derived from real stories of people who have been there. Stories of despair and hardship, from the protagonist who turned their life around and find themselves accomplishing extraordinary things, are inspiring.

The conditions that led me down this dark path of alcoholism started with: Anxiety, Depression, Dementia, Open heart surgery, being crushed by a bulldozer, Grief from the death of my wife of 33 years, and just life in general.

All of these items if taken one at a time probably could have been dealt with more productively. However, I choose the easy way out by turning to the bottle. Alcohol became my mistress. I couldn't survive without her. Alcohol had quickly become my new best friend. I had already lost so much. Alcohol was always there she never talked back, there was no nagging just that wonderful feeling to ibid just a little bit more. What a fantastic romance. My seductress, Alcohol was on my mind twenty-four seven. I would wake up to inventory my supply, then jump in my truck and drive thirty miles one way to the nearest liquor store.

It was the greatest liquor store I had ever been in. It felt just like walking into the bar on the sitcom Cheers. Everybody knew your name and would call it out as you walked in the door. Most times I didn't even have to walk over to the wine display because one of those scantily clad beautiful girls that always seemed to be missing a few teeth would grab my order and sashay over to the counter eager to take my money with their voluptuous bosoms on display. So at ten-thirty in the morning I would get in my truck with the equivalent of one gallon of Merlot. Empty my water bottle open the first bottle of wine and fill my water bottle.

Then drive the thirty miles home drinking all the way. I wasn't an alcoholic. I was just merely drowning my sorrows. I still managed to feed the horses, gather the eggs, build fences, take care of my grandkids, etc. All with a glass full of wine in my hand. Digging post holes was a little difficult because I had to set the glass down

for a few minutes but it was never far.

One of the good things about always having that bottle was I got to take numerous breaks because I always needed a refill.

But the grief continued to get worse. I was quickly becoming an asshole to anyone and everyone around me. I knew I was an alcoholic by then and even considered going to AA. There was only one problem the nearest AA meeting was Thirty-Five miles away one way at 6:00 Pm and it was in a church. Now mind you I could drive 30 miles every morning to the liquor store but I'll be damned if I'm going to drive 35 miles to get sober let alone the fact that I would have to step over the threshold of a church. God would surely strike me dead with a bolt of lightning. I honestly did not want to give up drinking. I had a new love in my life and to give her up I knew the devastating effects of grief and despair would quickly fill that void.

I was effectively digging a deep dark hole that eventually I couldn't get out of. So I decided I needed a change of scenery. I moved from Louisiana to Colorado. The only problem was that damn hole followed me here and I was still stuck at the bottom. One evening while three sheets to the wind I was drunk texting with some woman that I barely knew. Trying to coax her into coming over to the house to party. Little did I know she actually lived in Canada and was happily married. Still, that didn't deter me from offering to buy her a plane ticket. After a few more words were said and some of them not very nice she called me an ALCOHOLIC. That was the first time anybody else had said that to me. I sat there in stunned silence chugging the last of a gallon of wine and thought to myself she's right. I am an alcoholic and I need to do something about it. This was on July 27, 2020. On July 28, 2020, I walked or possibly staggered my way into an AA meeting. And I haven't missed a day since. My life has been turned around and I am very grateful. The grief of losing alcohol quickly went away. The grief of losing my wife is slowly going away. I no longer have to drown my sorrows because of her death. The depression is slowly lifting and I will probably have to remain on medication for the depression and dementia, and the pain of being crushed but I no longer have to consume alcohol or other mind-altering substances to deal with those problems. So, chart your path from despair to fulfillment. Take a very close look at what's not working in your life. Befriend the parts of you that are suffering. Dedicate yourself to something wholeheartedly. And then watch yourself morph into the next version of your being.

Tom C.

Happy A.A. Birthday!

New Woman Group

Michelle G.	8 years
Marykatherine M.	39 years
Lori S.	19 years
Danielle D.	1 year

Steel Magnolias:

Jojo	2 years
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Friday Women's:

Renee	3 years
Candace	7 years
Emily R.	12 years
Michele	5 years
Nicole R.	13 years
Annikki H.	32 years

Walk The Talk

Robyn H.	1983
Joanna	2019
Bunny	2014
James R.	1982
Ben C.	2017
Linda G.	2019
Chris P.	2020
Moe	1989
Noah	2001
Chris H.	2020
John F.	2013
Karen L.	2006
Cathy J.	2014
Michelle A.	2018
Helen	2020

Serenity Riders

Karlie W.	2004
Leah R.	1976
Trisha A.	2009

Please send your groups birthdays to: pint@coloradospringsaa.org

LOCAL SERVICE OFFICE

Open: Tuesday - Friday 9 a.m. to 5 p.m.

Closed: Saturday - Monday
1353 South 8th Street, Suite 209

Consider JOINING A COMMITTEE MEETING!

Only Committees with times are meeting

BRIDGING THE GAP

PIKES PEAK PINT

CORRECTIONS

4th Saturday @ 10:00 a.m.
Area Service Office

PI (PUBLIC INFORMATION)

CPC

Cooperation w/Professional Community
3rd Saturday @ 3:30 p.m.
Area Service Office

PROGRAMS

NIGHTWATCH

DISTRICT 7

WHERE TO SEND CONTRIBUTIONS

Please include your group name and group number on the check

~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs
Area Service Office
1353 South 8th St., Suite 209
Colorado Springs, CO 80905

~ GENERAL SERVICE OFFICE ~

Payable to: GSO
P.O. Box 459/Grand Central Station
New York, NY 10163

~ AREA 10 ~

Payable to: Area 10 Treasurer
12081 W. Alameda Parkway, #418
Lakewood, CO 80228

~ DISTRICT 7 ~

Payable to: District 7,
P.O. Box 26252,
Colorado Springs, CO 80936

~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee
P.O. Box 40368,
Denver, CO 80204

How much did YOU spend on a drink?

Please help others.....

Consider putting \$2 in a jar/cup/basket each time you log onto a Zoom Meeting. Then consider splitting the money accumulated and give 1/2 to your group when they begin meeting again, and 1/2 to your Service Office.

Contribute Here
coloradospringsaa.org

Colorado Springs Area Intergroup Charter

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Article I Definitions

Intergroup

Intergroup, hereinafter referred to as CS Intergroup, is a service organization formed by the AA groups of the greater Colorado Springs area and consists of:

- One representative from each group, which signified its desire to join by registering with the Intergroup Registrar.
- Intergroup Officers; and
- Service Committees Chairpersons.

The Area Service Office

The Area Service Office is a legal entity. Its full legal name is The Corporate Body of the Colorado Springs Area Service Office. Herein referred to as the ASO, the Area Service Office is a 501c (3) non-profit organization.

The ASO is established by CS Intergroup to handle financial matters and to serve as the local AA communications center. The ASO is staffed by a paid Manager, other paid staff as required, and volunteers.

AA Groups

Any two or three alcoholics gathered for sobriety may call themselves an AA group, provided that, as a group, they have no other affiliation. AA groups generally exist outside prescribed meeting hours, ready to provide Twelve-Step help when needed. It is suggested that AA groups register with the General Service Office as well as with their local offices: area; district; and ASO.

AA Meetings

Some AA members hold meetings that differ from the common understanding of a group. These members simply gather at a set time and place for a meeting, perhaps for convenience or other special situations. Meetings are regular gatherings of alcoholics for the purpose of staying sober.

AA meetings are not registered with GSO or ASO and do not have a vote on business matters for either entity.

Article II CS Intergroup

Purpose and Principles

The purpose of CS Intergroup is to support local groups of Alcoholics Anonymous to carry the message to the alcoholic who still suffers. CS Intergroup is responsible to the groups it serves. In turn, the groups offer financial contributions to the ASO and GSO and provide a volunteer base for Twelfth-Step work. In the course of its deliberations, CS Intergroup shall be guided by the Twelve Traditions, the Twelve Concepts, and the AA Service Manual.

Functions

1. CS Intergroup shall encourage and foster participation by local AA groups, meetings and individuals in service activities, social programs, and financing.
2. One of the principal responsibilities of CS Intergroup is to establish Service Committees to help AA carry the message. The GSO offers backup support in the form of literature, films, videos, and workbooks for each committee. These service committees are of two types: Standing service committees, which correspond to committees established under the General Service Conference structure; and Local service committees as needed.
3. CS Intergroup shall maintain, supervise, and support an ASO which coordinates activities common to local groups, acts as an information clearing house, and serves as a point of contact with the general public. As part of the services provided, the ASO shall:
 - a. Publish a schedule of local meetings.
 - b. Assist in the preparation and publication of a monthly newsletter.
 - c. Make alcoholism-related materials available for sale to the public.
 - d. Maintain the CS Intergroup website.
4. CS Intergroup shall elect a slate of officers.
5. CS Intergroup shall approve appointments of committee chairpersons and vice-chairpersons and review committee reports at monthly CS Intergroup meetings.
6. CS Intergroup shall approve the annual budget before each fiscal year begins. The fiscal year runs from April 1 through March 31.
7. CS Intergroup shall review and act upon proposed amendments to this Charter.

Membership

1. Any local AA group may be a member of CS Intergroup. It is suggested that groups register with the CS Intergroup Registrar – providing the name of the group, the place and time of meetings, and the name, phone number, and e-mail address of a contact person and alternate.
2. CS Intergroup representatives are selected by their respective groups. It is suggested that a representative be an active member of the group she/he represents and have at least one year of continuous sobriety at the time of selection. The suggested term of service is one year.

Meetings

1. Regular meetings of CS Intergroup will be held monthly at a firmly established time and place.
2. The regular meeting in March of each year shall be designated the Annual Meeting, at which time officers are elected for the next fiscal year. Special meetings of CS Intergroup may be convened by the chairperson or by a majority of the other officers if the need arises. The CS Intergroup Secretary or the ASO Manager is responsible for notifying members at least one week in advance of the special meeting date.

Voting

1. Each group representative to CS Intergroup shall have one vote. No representative may vote on behalf of more than one group. CS Intergroup officers, committee chairpersons, and the ASO Manager shall not have a vote. If an officer, Chairperson or ASO Manager also represents a group, she/he is entitled to one vote for that group. If the alternate group representative is standing in for the principle, he/she may exercise that group's vote.
2. Following discussion of an issue, an initial vote by show of hands will be taken. Minority opinion will then be heard, and the issue taken to a second vote which determines the outcome. A simple majority decides, unless otherwise stated in this Charter.
3. Elections will be conducted according to the Third Legacy procedure outlined in the AA Service Manual. Candidates must be present at the time of the election.
4. In the event that there is only one candidate for any position, she/he must receive affirmative votes cast by written ballot from two-thirds of the voting members present in order to be elected.
5. On all matters requiring a vote, quorum shall consist of 12 CS Intergroup representatives.

Recall

1. CS Intergroup may remove any officer from the duties of office for just cause, as determined by CS Intergroup.
2. Recall procedure may be initiated by any CS Intergroup member or officer by making a motion for consideration by CS Intergroup. Such motion must be supported by a clear presentation of cause. If the motion to recall is approved by a simple majority, recall will be placed on the agenda for the following CS Intergroup meeting and member groups will be notified by their CS Intergroup representative. The recall vote shall be by written or electronic polling and shall require a two-thirds majority vote of the members present and eligible to vote.
3. The approved recall is effective *immediately*.

Article III Officers

1. To carry out its responsibilities, CS Intergroup will elect eight officers, as follows:

a. **Chairperson**, whose duties include: presides at monthly CS Intergroup meetings and CS Intergroup Board meetings; appoints Service Committee chairpersons and the Third Legacy Chairperson, these appointments to be ratified by the body of intergroup representatives, and oversees Committee activities; oversees the functioning of the ASO; supervises the ASO Manager; evaluates performance of the ASO Manager as stipulated in the Personnel Policy Handbook (which was adopted by the Board Oct. 5, 2020 and is available for review at the Area Service Office); calls for interim elections as required; maintains liaison with local District Committee Members (DCMs); and attends District 7 meetings.

Suggested Requirements: At least 6 years sobriety; business experience with leadership and management skills; and good people skills.

b. **Vice-Chairperson**, whose duties include assists the Chairperson in the duties described above; assumes the duties of the Chairperson if she/he is unable to serve; and performs such other duties as the Chairperson may direct.

Suggested Requirements: At least 5 years sobriety; business experience with leadership and management skills; and good people skills.

c. **Secretary**, whose duties include takes roll call at monthly CS Intergroup meetings and records attendance. On the basis of the roll call, declares whether or not there is a quorum; prepares written minutes of CS Intergroup meetings and makes a copy of the minutes available in a timely manner; provides a copy of the minutes to the ASO for distribution and for the archives; and takes minutes of CS Intergroup Board meetings; and makes a copy of the minutes available to the Board and ASO Manager.

Suggested Requirements: At least 3 years sobriety; the ability to transcribe a recording of a meeting; ability to produce accurate minutes of the meeting in a timely manner.

d. **Treasurer**, whose duties include: prepares the proposed Annual Budget in consultation with CS Intergroup Officers; presents proposed Annual Budget to CS Intergroup at the December meeting, and sees it through the approval process at the February meeting; presents monthly financial statements at the regular meetings of CS Intergroup; prepares payroll; delegates the preparation of annual income tax return and oversees this process; oversees a CPA's quarterly review of the finances; monitors expenditures for programs in accordance with the approved budget; delegates the preparation and payment of monthly Electronic Federal Tax Payment System (EFTPS) to pay federal taxes; and delegates the preparation of the quarterly reports and oversees this process for:

- i. state, county and city sales tax.
- ii. unemployment tax.
- iii. state and federal payroll withholding; and
- iv. worker's compensation insurance.

Suggested Requirements: At least 5 years sobriety; familiarity with bookkeeping, accounting, and budgets; fluency in QuickBooks and Microsoft Excel; Must have a computer and be familiar with Microsoft Word.

e. **Vice Treasurer**, whose duties include assists the Treasurer in the duties described above; and assumes the duties of the Treasurer if he/she is unable to serve.

Suggested Requirements: At least 4 years sobriety; familiarity with bookkeeping, accounting, and budgets; fluency in QuickBooks and Microsoft Excel; Must have a computer and be familiar with Microsoft Word.

f. **Registrar**, whose duties include: compiles and/or maintains a current file of CS Intergroup member groups, including the name of group, time and place of meetings, and name, phone number, and e-mail address of CS Intergroup representative or contact person and alternate; coordinates efforts to contact new groups and provide information about CS Intergroup; encourages groups to join CS Intergroup and select a representative; and prepares and distributes packets of information for new CS Intergroup representatives. Information packets will include the most recent version of the CS Intergroup Charter.

Suggested Requirements: At least 3 years sobriety; familiarity with Microsoft Excel and Word; must keep accurate records; and must have a computer.

g. **Member-at-Large**, whose duties include literature coordinator to carry out purchasing and pricing as directed by the CS Intergroup officers; works in coordination with the ASO Manager and volunteers as needed to maintain adequate stock; conducts the required quarterly inventory, keep inventory records up to date, and assure timely orders; and carries out other responsibilities as directed by the CS Intergroup Chairperson.

Suggested Requirements: At least 3 years sobriety.

h. **Third Legacy Chair**, whose duties include: maintaining that board operations remain consistent and follow the Charter; conducts and facilitates CS Intergroup elections. This position has a voice in matters, but no vote. The term is three years.

Suggested Requirements: At least 18 years sobriety; should have served as a CS Intergroup board member at one time; should have experience with CS Intergroup committees; should have served at the district level as a DCM or Alternate DCM (District Committee Member)

2. CS Intergroup Officers oversee CS Intergroup programs and activities, with the detailed work completed by volunteer committees. Collectively, CS Intergroup officers will serve as the board of directors responsible for the administration of The Corporate Body of the Colorado Springs Area Service Office.
3. CS Intergroup Officers shall meet monthly, during the week prior to the regular CS Intergroup meeting, to review pending matters and prepare the agenda for the upcoming meeting. Five members shall constitute a quorum.
4. Using contributions, it is suggested a prudent reserve be maintained of no less than 6 months, with the goal of being fully funded at 13 months.
5. Except for decisions upon matters of policy, finance or AA Traditions liable to affect the Colorado Springs area AA groups, the officers shall have freedom of action in the routine conduct of the business affairs of the ASO.
6. The term of the Chairperson is two years; the term of office for all other offices is one fiscal year (April 1 through March 31). Elections for officers shall be conducted at the Annual Meeting of CS Intergroup in March. CS Intergroup members will be reminded at the January meeting of the pending election.

7. To honor the AA spirit of rotation, CS Intergroup members may serve a maximum of two consecutive terms in any given office and a maximum of four consecutive years as an CS Intergroup Officer in any capacity. A member is eligible to serve again as an officer after one year.
8. If a board member serves 180 days or more in one office withing a given fiscal year, she/he shall be considered to have served a term. Service of less than 180 days within a fiscal year shall not be counted as a term.

Article IV Nominations for CS Intergroup Officers

1. It is strongly recommended that there be a slate of at least two nominees for each vacancy.
2. CS Intergroup representatives and officers are responsible for identifying candidates who are willing and eligible to stand for election as a CS Intergroup officer and for encouraging them to do so. Currently serving representatives and committee chairpersons are also urged to take this opportunity for further service. It is recommended that all who stand have a minimum of 2 years of continuous sobriety.
3. Names of nominees should be submitted to the chairperson of CS Intergroup in time to be announced at the February meeting. Candidates may also stand for a position or be nominated from the floor at the March meeting.

Article V Interim Vacancies

1. Interim vacancies in the offices of Chairperson and Treasurer will be filled automatically by the Vice-Chairperson and Vice Treasurer respectively for the balance of the term.
2. All other interim vacancies will be filled by special election. The election will be held at the regular CS Intergroup meeting one month following the meeting at which the interim vacancy is announced. Groups will be advised of the pending election by their CS Intergroup representatives, the newsletter, and the website prior to the date of the election.
3. If no candidate has been proposed, CS Intergroup may leave that post vacant until the annual meeting.
 - a. Or the Chairperson may postpone the election until the following month.
 - b. Or may appoint a person to fill the interim vacancy for the remainder of the term.
 - c. Such authority shall be granted by a simple majority vote of those present. (See Concept Three – Right of Decision).

Article VI Finance

1. There are no dues or fees in Alcoholics Anonymous. The activities of CS Intergroup and the ASO shall be financed **solely** through the voluntary contributions of member groups and individuals, the sale of literature and affiliated products, and by occasional projects or events.
2. Under the direction of the Treasurer, the officers will present a proposed yearly operating budget to CS Intergroup at the December meeting. The proposed budget shall be discussed with the respective groups and voted on at the February meeting.
3. All funds will be maintained in accounts of insured financial institutions. Expenditures will be by check (requiring two authorized signatures) or by debit card. Check-signing authorization is delegated to the CS Intergroup Chairperson, Treasurer, and Vice Treasurer. The ASO Manager and other employees are not authorized to sign checks.
4. Current reports on income and expenditures will be presented by the Treasurer at regular monthly meetings of CS Intergroup.

Article VII Literature

1. The CS Intergroup will determine the policy for the purchase and sale of alcoholism-related literature and materials. The Member-at-Large will serve as literature coordinator.
2. Responsibility for day-to-day sales of literature and materials rests with the ASO Manager, in cooperation with the Member-at-Large.
3. Inventory of these materials should include literature and materials published by Alcoholics Anonymous World Services and Grapevine, Inc.
4. In addition, the Service Office will continue to stock other items such as: Sobriety medallions (chips); meditation books; and other recovery items.

Article VIII Service Committees

1. Chairpersons of Service Committees shall be appointed by the CS Intergroup Chairperson and approved by a simple majority of the voting members present. Two years of continuous sobriety is recommended as a qualification. Service Committee Chairpersons will be appointed for one year and may serve a maximum of two terms in succession. For purposes of continuity and to utilize their in-service training, it is desirable for the Vice Chair to succeed to Chairmanship when the incumbent rotates out.
2. If a Service Committee Chairperson serves 180 days or more in one office within a given fiscal year, he/she shall be considered to have served one term. Service of less than 180 days within a fiscal year shall not be counted as a term.
3. For the Service Committees that deal directly with the public or are of a technical nature (Webmaster), the Committee Chairperson will appoint a Vice-Chairperson to be ratified by CS Intergroup.
4. Service Committee members may volunteer and/or be selected by the Committee chairs. Committee Chairpersons shall present monthly oral reports at regular CS Intergroup meetings.

LOCAL SERVICE COMMITTEES

Committee chairs have the ASO as a resource for administrative support.

1. **Programs**: Organizes and manages the social activities of CS Intergroup such as: Alcothon; Founders' Day; Annual Picnic; and Longtimers' Dinner.
2. **Nightwatch**: Organizes and coordinates a network of volunteers to answer phones and coordinate 12-Step calls after business hours and on weekends.
3. **The Pikes Peak Pint newsletter**: CS Intergroup publishes the Pint, the monthly newsletter of the Pikes Peak Region. The editor and volunteers produce the Pint. The CS Intergroup Board determines the editorial policy of *The Pint*, which follows:
 - a. The CS Intergroup Board of Directors are responsible for newsletter content and ensuring that the editorial policy is followed.
 - b. The newsletter shall be guided by the spirit of the Twelve Traditions of Alcoholics Anonymous.
 - c. Items submitted for publication may be edited for clarity, content, and appropriateness.
 - d. AA-related items may be published as they relate to the fellowship and to the extent that they are consistent with our primary purpose.
 - e. Articles are not intended to be statements of AA policy, nor does publication of any Article imply endorsement by CS Intergroup or AA as a whole; and
 - f. Announcements of a general interest to the fellowship are presented not as an endorsement of the *Pikes Peak Pint*.
4. **Volunteers**: The Volunteer Coordinator recruits and helps train volunteers to assist in the daily operation of the Area Service Office under the supervision of its manager.
5. **Special Needs**: Identifies and supports meetings that provide for the needs of AA members with disabilities and encourages AA members to visit those who are hospitalized or ill at home.
6. **Website**: Is responsible for the content of the site but not necessarily the development and maintenance of its technical aspects. The Website committee is not required to have this technical expertise, it may have in place a technical adviser to develop and implement

technical, structural updates. The Website technical adviser may be a member of the fellowship or not. The Chairperson, with the committee members, is responsible for:

- b. Making every effort to keep the site as technically simple as possible.
 - c. Obtaining approval from the Board of Directors for proposed significant updates in content or design.
 - d. Ensuring that the Area Service Office pays the hosting company/ISP on time as per contract.
 - e. Ensuring that the *coloradospringsAA.org* domain name is renewed, and registration is paid by the Area Service Office.
 - f. Ensuring the content information is current, i.e., performing regular meeting schedule updates, local events, etc.
 - g. Ensuring that all email links in the site are kept current and pointing to the correct chairperson's contact information.
4. **Archives**: To conduct a working Archives Program under the guidelines of the GSO Archives workbook.
5. **Bridging the Gap**: (BTG) is an AA program to help people leaving correctional or treatment facilities become acquainted with AA and attend AA meetings to get and remain sober after they are released. It is the responsibility of the BTG Committee to create and maintain a current Bridger list as well as ensure that those on the list are trained how to be a Bridger. The Committee chairperson will:
- a. Appoint both a Treatment liaison and Correction liaison who will attend their respective committee meetings to maintain cooperation with District 7 committees.
 - b. Update the Bridgers list every 6 months.
 - c. Keep the ASO current with Bridgers' list.
 - d. Host two Bridger training workshops a year; and
 - e. Coordinate with District 7 committees to do BTG presentations within facilities.
 - f. It is suggested that Placement Coordinators be appointed to maintain positive relationships with facilities.

Article IX Website Editorial Policy

Guidance for website content and policy is provided by the GSO on <http://www.AA.org> and suggests we follow the Twelve Traditions and the group conscience. The editorial philosophy for the Colorado Springs Area website is based on that guidance, the Twelve Traditions and the Twelve Concepts for the Website <http://www.ColoradoSpringsAA.org>

1. It is Colorado Springs Area Website editorial policy that:
 - a. The site will not contain links to any other site unless it is approved by GSO. For example, the GSO or Grapevine sites already link to it.
 - b. Names, phone numbers or street addresses of fellowship members will not be posted on the site.
 - c. The website will post only AA and CS Intergroup activities.
 - d. No AA trademarks will be used on the site unless approved by GSO/Grapevine.
 - e. Copyright credit will be given to GSO/Grapevine as appropriate; and
 - f. The site will not be used for personal purposes.
2. The Webmaster may make updates to the site to keep it current, but substantial updates in design or content must be approved by the CS Intergroup Board of Directors. “Substantial” is meant to include updates in overall website design, major additions, or deletions of web pages, etc.
3. Site content will not be a statement of AA policy or AA as a whole. The content is provided solely by CS Intergroup. The CS Intergroup Board is ultimately responsible for website content and ensuring that the Website Editorial Policy is followed.

Article X Dissolution

1. If for any reason CS Intergroup must file for dissolution of The Corporate Body of the Colorado Springs Area Service Office, appropriate counsel (legal and/or CPA) may be retained to oversee payment of debts and liabilities, and fulfillment of obligations as an Internal Revenue Code 501(c)(3) entity.
2. All assets remaining after payment of liabilities should be converted to cash and donated to a body within the General Service Structure of Alcoholics Anonymous.

Article XI Amendments

1. Amendments to the Charter

a. Any member of CS Intergroup may propose an Amendment to this Charter. Proposed amendments shall be submitted in writing to the Chairperson with a copy to the Secretary. Proposed changes (additions and/or deletions) shall be written into the particular paragraph, and the entire paragraph rewritten to reflect the desired change.

b. Upon receipt of the proposal, the Chairperson shall include it in the agenda for the upcoming meeting. The author of the proposed amendment shall present it to CS Intergroup for consideration. If affirmed by a simple majority of voting members present, the proposed amendment will be submitted to member groups for their consideration.

c. The vote on such proposals will take place at the CS Intergroup meeting approximately 60 days following the meeting at which it is determined to submit the proposal to the group conscience.

d. Notice of the proposed amendment will be published on the website and in the newsletter for two consecutive issues prior to the vote. Notice will include the text of the proposed amendment and the date on which the vote will be taken.

e. Amendment of this Charter requires approval, via written ballot, by two-thirds of the voting Intergroup members present at the time the vote is called.

2. Amendments to Appendices

a. The Appendices which accompany this Charter supplement or clarify points included in the main body of the document. Because they cover information, which may be revised or updated periodically, a simpler amendment process will apply, as follows:

- Any member of CS Intergroup may propose an amendment to an Appendix. The proposed amendment should be presented in writing at a regular meeting for inclusion by the Chairman in the agenda for the next monthly meeting.
- The proposed amendment will become effective if affirmed by a simple majority of voting members present when the vote is taken.

b. This Charter supersedes all previous CS Intergroup Procedure Guides and Charters.

Article XII Charter History

Original	June 10, 1997	<ul style="list-style-type: none"> • Original Charter signed by Chairperson Mel Davis
Amendment 1	Sept. 9, 1997	<ul style="list-style-type: none"> • Editorial Policy for Pikes Peak Pint
Amendment 2	May 9, 2000	<ul style="list-style-type: none"> • Amendment to Appendix 1 to give Service Office Manager a vote on Board and at Intergroup
Amendment 3: Charter Articles	June 10, 2003	<ul style="list-style-type: none"> • Intergroup Officer Term Clarified • Quorum Clarified • Service Committee Vice-Chairperson positions created
Amendment 4: Charter Appendices	June 10, 2003	<ul style="list-style-type: none"> • Website Service Committee Created • Editorial Policy for Website Added • Calendar Deleted • Guide for Intergroup Reps Deleted • Duties of Intergroup Officers and Service Office Manger updated
Amendment 5: Modify Article X1.2 and 3	Dec. 14, 2010	<ul style="list-style-type: none"> • Define terms for committee chairs
Amendment 6: Appendix III	July 9, 2019	<ul style="list-style-type: none"> • Addition of Bridge the Gap Committee to Service Committees
Charter Revision and Rewrite	May 11, 2021	<ul style="list-style-type: none"> • Review and rewrite of the entire charter. Incorporation of previous amendments, changes, and deletions.

Article XIII Charter Changes and Deletion History

Section	Description / Comment	Date Approved by Intergroup
Appendix I.4	Modification of duties of Treasurer	April 11, 2006
Appendix III.6	Modification of requirements and duties of Website committee	August 8, 2006
Appendix III.7	To add Archives to Local Service Committees	August 14, 2007
Appendix VI.2	Change website policy on fliers and personal information	December 11, 2007
Article XI.2&3	Modify .2 and add .3 to define term for committee chairs	December 14, 2010
Appendix III	Addition of Bridge the Gap to Local Service Committees	July 9, 2019
Charter Revision and Rewrite	Review and rewrite of the entire charter. incorporation of previous amendments, changes, and deletions.	February XX, 2021

Article XIV Authorization

The CS Intergroup Chairperson signature signifies the approval date by the body of CS Intergroup.

CS Intergroup Chairperson

Date