

October 2022

The Pikes Peak Pint



YOUR FEEDBACK IS NEEDED!!

- **How Can the Area Service Office Do a Better Job of Serving the AA Community?**
- **What is currently being done that needs to be improved?**
- **What can the Area Service Office stop doing?**

Stop by and welcome new Office Manager Steve V. and Assistant Office Manager Becky H.

Please send all feedback to: serviceoffice@coloradospringsaa.org

The Gig Was up

I remember clear as day the first time I drank alcohol; I was 12. I made plans to spend the night at my best friend's house. Her parents were "cool". They would allow us to drink under the supervision of her older sister and her boyfriend (only 16 at the time). So there I was.....in the cool basement of my best friend's house on a hot summer night. The four of us sat and drank. No epic party, no amazing plans, no real purpose except to simply get drunk. And we did. I didn't understand it at the time, but today I know that that night I experienced the phenomenon of craving. One by one everyone went to bed....they all at some point abruptly stopped drinking. I didn't understand. Why didn't they want to stay up and finish what we had started? Looking at the 2 inches of booze left in the bottle made my skin crawl.....I had to have more. That night was the beginning of an alcoholic torture I'd endure for the next 16 years.

I continued to have these little sleepovers at my friend's house for the next few years. But by age 16 I started to drift away from friends and family. I HAD to have booze and surrounded myself with a crowd that supported that. As time went on, the steady progress of my illness was punctuated by life threatening and utterly humiliating situations. I wanted to stop, but I just couldn't on my own. So what was my bottom?

Fast forward to age 28. My grandma was on her death bed in the same house she raised me in. It was agony to watch her slip away. And it was equally agonizing to not have a drink to warm and comfort me. I couldn't stop the obsession to drink....I had to have it. My grandma passed and another spree began. The fact that I showed up to her burial site with liquor on my breath was absolutely humiliating. My spree would continue for another two weeks. Thanks to a loving family friend, I was introduced to the fellowship of Alcoholics Anonymous.

Not being fully convinced I was an alcoholic I attended an AI Anon meeting where I admitted that I couldn't stop drinking but promptly blamed it on

those around me who also drank. The kind woman in that meeting asked if I had ever attended an AA meeting. I was shocked! “ME!.....an alcoholic!”. But I knew.....the gig was up.

I attended my first AA meeting. With each share I became more convinced I was alcoholic. So I made a beginning. I got a sponsor who took me through the steps, found a home group, got into action on being of service, continued to take the suggestions given by my fellows and found a conscious contact with my higher power. Today I am so grateful to be freed from the awful obsession to drink.

-Elyssa

(2019 October Pint)

The Pint

Publishes current news, articles and information about Alcoholics Anonymous.

Send us your articles and letters sharing your experience, strength and hope to:

The Pint Editor

c/o ASO

1353 S. 8th Street #209

Colo Spgs, CO 80905

Or by email:

www.pint@coloradospringsaa.org

Send your/your group's sobriety birthdays to pint@coloradospringsaa.org

A.A. Anniversaries

We Are Not Saints

Nadine H.	4 Years
Sandy D.	40 Years

New Beginners

Andy S.	31 Years
Karen U.	18 Years

High Noon

Doug L.	28 Years
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Step 10:

Continued to take personal inventory and when we were wrong promptly admitted it.

Tradition 10:

Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

Tradition 10 CHECKLIST:

- Do I ever give the impression that there really IS an “AA opinion” on Antabuse? On Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state government? Legalizing marijuana? Vitamins? Al-Anon? Alateen?
- Can I honestly share my own personal experience concerning any of those without giving the impression I am giving “AA opinion”?
- What in AA history gave rise to our Tenth Tradition?
- Have I had a similar experience in my own AA life?
- What would AA be without this Tradition? Where would I be?
- Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
- How can I manifest the spirit of this Tradition in my personal life outside of AA? Inside of AA?

Concept 10

Every service responsibility should be matched by an equal service authority– the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.

Intergroup News...

- Steve E. has stepped in as Intergroup Vice-Treasurer (term ends 3.31.2023)
- Patsy P. has stepped in as Intergroup's Member-at-Large (ends 3.31.2023)
- Daywatch needs a volunteer for Tuesdays, 2-5 pm (contact Service Office for more information)
- Doug L. and Archives in action - stop by Service Office October 22 to learn more
- Nightwatch reported 45 calls taken for the month of September
- District 7 announced upcoming Winter and Voting Assembly to be held in Greenwich, CO., November 4-6

- District 7 announced upcoming elections for DCMs (2) and select officer positions - November 15, 2022

OPPORTUNITY FOR SERVICE - NEW MEETING!

Looking for volunteers to lead a meeting once a month at Crossroads Detox, Saturdays @ 2pm

Contact Bill M. for information

LOCAL SERVICE OFFICE

Open: Tuesday - Friday 10 a.m. - 2 p.m.

Closed: Saturday - Monday

1353 South 8th Street, Suite 209

Colorado Springs, CO 80905

719.573.5020

Email: serviceoffice@coloradospringsaa.org

Web: www.coloradospringsaa.org

JOIN A COMMITTEE MEETING!

PIKES PEAK PINT

Chair: Amy M.

Please send your and/or your group's sobriety birthdays and any other news to pint@coloradospringsaa.org

CORRECTIONS

Chair: Nik W.

Meets monthly on the 4th Saturday, 10am
Area Service Office

PI (PUBLIC INFORMATION)

Chair: Nate G.

Meets monthly on the 2nd Saturday, 2:30pm
Pikes Peak Library 21C, 1175 Chapel Hills Dr.

CPC (Cooperation with the Professional Community)

Chair: Krista

Meets monthly on the 3rd Sunday, 3:30pm
Area Service Office

TREATMENT & BRIDGING THE GAP

Chair: Julie L.

Meets monthly on the 2nd Saturday, 9am
Pikes Perk, 5965 N. Academy Blvd.

PROGRAMS

Chair: Christy W.

Watch for more information and needs

NIGHTWATCH

Chair: Christy W.

Contact the Area Service Office for more information
serviceoffice@coloradospringsaa.org or 719-573-5020

WHERE TO SEND CONTRIBUTIONS

Please include your group name and group number on the check

~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs
Area Service Office

1353 South 8th St., Suite 209

Colorado Springs, CO 80905

~ GENERAL SERVICE OFFICE ~

Payable to: GSO

P.O. Box 459/Grand Central Station
New York, NY 10163

~ AREA 10 ~

Payable to: Area 10 Treasurer
12081 W. Alameda Parkway, #418
Lakewood, CO 80228

~ DISTRICT 7 ~

Payable to: District 7,
P.O. Box 26252,

Colorado Springs, CO 80936

~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee
P.O. Box 40368,
Denver, CO 80204

"We support our central office, our area committee, and our General Service Office.

If it were not for those entities, many new people would never discover the miracles of A.A."

Reprinted from *Self-Support: Where Money and Spirituality Mix*, p.5, with permission of A.A. World Services, Inc.

**Contribute at
coloradospringsaa.org**

2023 Colorado State Convention

Presented by Area 10 Alcoholics Anonymous in cooperation with
Area 5 Al-Anon Family Groups

Island Grove Regional Park, Greeley, Colorado - September 1st, 2nd, and 3rd, 2023

WELCOME TO
COLORADO AA

Speakers & Events:

Friday Evening Speaker: TBA
Friday Evening: Ice Cream Social
Saturday Al-Anon Luncheon: Speaker TBA
Saturday Evening: Banquet Dinner
Saturday Evening Al-Anon Speaker: TBA
Saturday Evening AA Speaker: TBA

Workshops, Continuous Meetings, and Videos in
English & Spanish

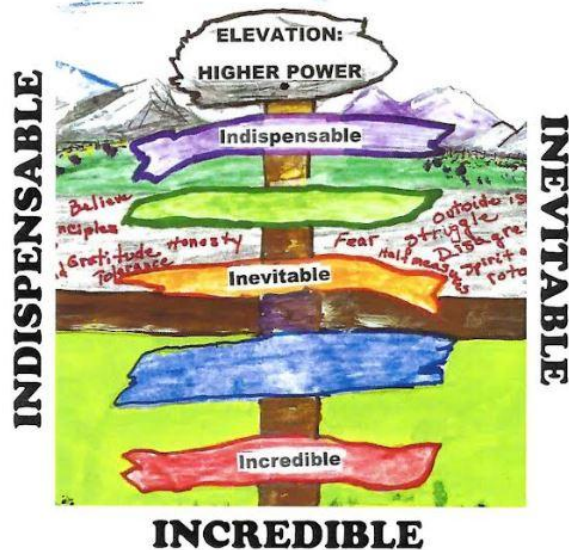
PLEASE JOIN US!

The convention runs from 3 p.m. Friday to 12 p.m.
Sunday

For Preliminary Program and Updated Information
Go Online: https://www.coloradoaa.org/convention_info/
Or

Email Registration Chair at 23Convention@gmail.com

THE TURNING POINT:



Island Grove Regional Park
421 N. 15th Ave., Greeley, CO 80631
Enter on Southwest side of facility

Lodging: TBA
Questions: Gina M. (970)215-2260 – 23Convention@gmail.com

Register online at <https://www.convention.coloradoaa.org>.

or complete the form below and MAKE CHECKS PAYABLE TO: 2023 State Convention

Mail To: 2023 Colorado Convention, 2519 Shields St., Suite 1K #172 Fort Collins, CO 80526. *One person per form, please.*

AA Al-Anon/Alateen Other

- Registration \$30.00 After 8/18/23 \$35.00
 - Friday Evening Ice Cream Social \$10.00
 - Saturday Al-Anon Luncheon \$25.00
 - Saturday Evening Banquet Dinner \$40.00
 - Dance \$5.00
 - Bottomless Coffee Mug \$15.00
 - Discounted Package Price \$115.00 (Total Savings of \$10.00 for Registration postmarked by 8/18/23)
 - Scholarship \$ _____
- Total Enclosed \$ _____

Member Registration Information:

Name on _____
Badge _____
Home Group _____
Name _____
Address _____
City _____ State _____
Zip Code _____ Phone (____) _____
Email _____

I'd like to volunteer!

For "Special Needs" consideration, please e-mail Gina M.
at 23Convention@gmail.com

(every effort will be made to accommodate special requests).

On-site registration will be open from 3 p.m.—9 p.m. Friday, September 1, 2023, and at 8 a.m., Saturday, September 2, 2023



2022 WINTER ASSEMBLY

NOVEMBER 4-6, 2022

Hosted by District 24

Double Tree by Hilton – Greenwood Village
7801 E Orchard Rd, Greenwood Village, CO 80111

ROOM RATE \$99
BOOK BY 10/16/22

BOOK ONLINE OR BY
CALLING 303-779-
6161

LUNCH BUFFET
\$20/PERSON

ICE CREAM SOCIAL
\$14/PERSON

CONTACT PERSON
JESSICA K.
404-519-2927