

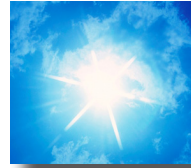


The Pikes Peak Pint is a monthly AA-oriented newsletter proudly serving Colorado Springs and its surrounding communities.

Pikes Peak Pint

September

2011



AREA MEETING CHANGES, DELETIONS, ADDITIONS

- **THE KNUCKLEHEADS** (Open) is a new meeting that meets Sundays at 9:30 a.m. at Clean Slate, 1769 South 8th St. Building P.
- **THE CENTRAL GROUP CANDLELIGHT MEETING** (Open, handicapped access) is starting again Friday nights at 11 p.m. at 2011 E. La Salle (located in the Park Plaza bldg. at DePaul and LaSalle).
- **THE DOWNTOWN BIG BOOK STUDY/DISCUSSION (CLOSED)** that meets Thursdays at 7 p.m. is switching its format from an open meeting to a closed meeting; it meets at 7 E. Bijou Rm. 205 (enter and exit through rear of building.)
- **THE LIVING SOBER (CLOSED)** meets Sundays at 1 p.m. at 7 E. Bijou Rm. 205 (enter and exit through rear of building.)
- **4TH DIMENSION GROUP (OPEN, HANDICAP ACCESS)** that meets Wednesdays at 6 p.m. is **CHANGING** it's name to **PRIMARY PURPOSE** and it's format to a **CLOSED, MEN'S STAG**; it meets at 3425 Unit I Van Teylingen Dr, west of Academy between Rebecca Lane and Carefree Circle North.
- **THE LIVING SOBER SOUTH GROUP** (open,) Living Sober Book study that meets Thursdays at 10 a.m. at 1769 S. 8th Street, Bldg. P. Clean Slate is **MOVING OCT. 6** to Peak View Church of God, 401 W. Bijou St. (Spruce and Bijou).



The Grapevine online, www.aagrapevine.org, started a new feature asking readers to suggest the caption for cartoons. What Caption would you suggest?

See last month's winner on page 8!

LOCAL SERVICE OFFICE

Hours: T-F 9 a.m. to 5 p.m.,
SAT 9 a.m. to 12 p.m.

Location: 1353 South 8th Street, Suite 209
Colorado Springs, CO 80905
719-573-5020

E-mail: serviceoffice@coloradospringsaa.org
Web site: www.coloradospringsaa.org

Contact the Service Office for Intergroup Information or Chair phone numbers.

Showing Up

Just 59 days have come and gone since I made the decision to stop drinking and bawled, tail between my legs, my way to my first AA meeting. It's safe to say my sobriety is still in its infancy, and while my emotions often read like a sine wave from hour to hour, I must be gracious enough with myself to admit to some profound positive shifts in my thinking and ability to cope. These I owe to the miraculous rooms of AA, the wise people who fill them, and a higher power with whom I'm still getting acquainted.

I sat recently for a whole day in the ER with my mother looking for answers regarding several persistent and disconcerting symptoms she's been having. Cancer has devastated our family and remains an ominous spectre to obsess over in this alcoholic's mind. It features prominently in the 'fears' column of my step 4 inventory, and yet given my mother's symptoms is a very real possibility. Frightening indeed.

Continued on Page 8

DISTRICT COMMITTEES

CORRECTIONS
Renee J.. - Chair
Stephen P. - Vice Chair
corrections@coloradospringsaa.org

PUBLIC INFORMATION
Beth G. - Chair
OPEN - Vice Chair
pi@coloradospringsaa.org

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(COOPERATION WITH THE PROFESSIONAL COMMUNITY)
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OPEN - Vice Chair
cpc@coloradospringsaa.org

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OPEN - Vice Chair
treatment@coloradospringsaa.org

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OPEN - Vice Chair
programs@coloradospringsaa.org

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OPEN - Vice Chair
pint@coloradospringsaa.org

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David U. - Vice Chair
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nightwatch@coloradospringsaa.org

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OPEN - Vice Chair
webmaster@coloradospringsaa.org

ARCHIVES
Tony G. - Chair
Rory S. - Vice Chair
archives@coloradospringsaa.org

CONTRIBUTION ADDRESSES*

AREA SERVICE OFFICE
Make check or money order payable to:
Area Service Office
Include Group Name and Number on check.

Send to:
Colorado Springs Area Service Office (CSASO)
1353 South 8th Street, Suite 209
Colorado Springs, CO 80905

GENERAL SERVICE OFFICE
Make check or money order payable to: General Fund
Include Group Name and Number on check.

Send to:
General Service Office (GSO)
PO Box 459, Grand Central Station
New York, NY 10163

AREA 10
Make check or money order payable to: Area 10
Include Group Name, Number, and District #7 on check.

Send to:
Area 10 Treasurer
12081 West Alameda Parkway #418
Lakewood, CO 80228

DISTRICT
Make check or money order payable to: District #7
Include Group Name, Number, and District # on check.

Send to:
District 7
P.O. Box 26252
Colorado Springs, CO 80936-6252

PINK CAN CONTRIBUTIONS
Make check or money order payable to:
Area 10 Corrections Committee
Include Group Name and Number on check.

Send to:
Pink Can Contribution
P.O. Box 1949
Carbondale, CO 81623

**Cash accepted in person only, please do not mail.*

Please e-mail sobriety anniversaries,
announcements, letters to the editor, and e-mail
subscription requests to the Pikes Peak Pint before the
20th of each month!
pint@coloradospringsaa.org

Your Area Service Office and Intergroup would like you to know how very much we appreciate your personal contributions!



In the month of July
we received
4 Grateful Giver contributions,
1 Personal contribution &
1 Birthday contribution!

GROUP CONTRIBUTIONS - THANK YOU FOR ALL OF YOUR SUPPORT!!!

GROUP NAME (2011-2012)	Yr. to date	July
Above The Bar Group	\$0.00	
After Hours	\$0.00	
Apex	\$90.00	
At The Inn	\$0.00	
Back to Basics	\$177.77	\$88.00
Beacon Light	\$0.00	
Big Book Action	\$206.38	\$206.38
Big Book Study UPH	\$250.00	
Black Forest	\$254.91	\$131.41
Breath of Life	\$0.00	
Broadmoor	\$50.00	
Brown Baggers	\$0.00	
Celebrating Diversity	\$0.00	
Central	\$0.00	
Clean Air Group	\$0.00	
Don't Worry Be Happy	\$106.80	\$106.80
Down By The Creek	\$45.00	
Downtown Group	\$0.00	
Drylander's Group	\$32.46	\$32.46
Easy Does It	\$125.00	
Ellicott Group	\$100.00	\$100.00
Eye Opener	\$0.00	
1st 164 Pages	\$0.00	
4th Dimension	\$0.00	
Far North Group	\$0.00	
1515 Meditation Group	\$40.80	
Fountain of Sobriety	\$0.00	
Foxhall Group	\$68.62	
Freedom From Bondage	\$0.00	
Friday Night Live	\$150.00	
Friday Women's Group	\$0.00	
Gals of Woodland Park	\$0.00	
Garage Meeting	\$60.00	
Gift of the Heart	\$0.00	
Good Ole Boys	\$150.00	
Happy Destiny	\$294.40	
Happy Heathens	\$0.00	
Happy, Joyous & Free	\$0.00	
Half Pint Group	\$117.00	
Happy Hour	\$86.50	
Hilltop AA Meeting	\$0.00	
High Noon	\$91.00	\$48.00
H.O.W.	\$0.00	
Hugo Group	\$0.00	
Into Action	\$210.00	\$90.00
Keep it Simple	\$0.00	
Keystone to Recovery	\$100.00	
Lake George Group	\$0.00	
Last Chance	\$0.00	
Little Log Group	\$0.00	

Living Free	\$103.63	
Living Sober	\$150.00	
M.A.G.	\$301.70	
Motherlode	\$0.00	
Natural High	\$0.00	
New Beginners	\$195.13	\$120.40
New Woman	\$112.38	
Northwesters	\$260.00	
Not A Glum Lot	\$0.00	
Oasis Group	\$144.99	\$34.00
Off The Wall	\$99.97	
Old North End Study Group	\$131.50	\$131.50
Outright Mental Defectives	\$0.00	
Pass It On	\$0.00	
Passed The Bar	\$0.00	
Pathfinders	\$0.00	
Penrose Discussion	\$0.00	
Plug in the Jug	\$200.00	\$200.00
Pre-Dawn Meeting	\$0.00	
Progress Not Perfection	\$115.19	\$34.50
Recovery in Action	\$126.87	\$38.01
Rule #62	\$0.00	
Saturday Early Morning Mtg.	\$147.00	
Security Eye Opener	\$0.00	
Serenity Hour	\$65.00	\$15.00
Serenity Riders	\$299.14	
Serenity Sisters	\$0.00	
Silver Key Seniors	\$50.00	
Solutions at Noon	\$191.92	\$85.46
Steel Magnolias	\$79.50	\$54.00
Stepping Stones	\$0.00	
Sunday Morning Speaker	\$420.00	
Sunday Night Big Book Study (Clean Slate)	\$0.00	
Sunlight of the Spirit - Women's 12x12 (Monument)	\$0.00	
Taking Steps	\$200.00	
The Doctor's Opinion	\$0.00	
Then and Now	\$0.00	
Thursday Mens	\$400.00	
Thursday Noon--Woodland Park	\$50.00	\$50.00
Ute Pass Breakfast	\$0.00	
Veterans for AA	\$100.00	
Walk the Talk	\$600.00	\$240.00
Walking on Water	\$100.00	
We Are Not Saints	\$438.60	
Wed. Westside Womens	\$0.00	
Westside Eye Opener	\$215.66	\$177.66
Womens Step Study-WP	\$0.00	
Woodland Park Beginners	\$60.00	
Woodland Park Book Study	\$150.00	
Young People	\$680.00	\$345.00
Totals:	\$8,994.82	\$2,328.58

Step 9 : Made direct amends to such people wherever possible, except when to do so would injure them or others.

Amends are more than apologies

Addiction creates moral wreckage. People who become addicted to alcohol or other drugs might lie, cheat, or steal in order to get and use their chemical of choice. Often what's left behind is a trail of shattered relationships. In this situation, apologies won't do. Alcoholics Anonymous calls for amends instead. These are mentioned specifically in Steps Eight and Nine of Alcoholics Anonymous:

Step Eight: Made a list of all persons we had harmed, and became willing to make amends to them all.

Step Nine: Made direct amends to such people wherever possible, except when to do so would injure them or others.

Amends are first of all an attempt at restitution. Instead of making apologies, this is "making right the wrongs." "An amend has to do with restoring justice as much as possible," says John MacDougall, D.Min., director of Spiritual Guidance for Hazelden Adult Services in Center City. "The idea is to restore in a direct

way that which we have broken or damaged--or to make restoration in a symbolic way if we can't do it directly."

MacDougall offers a simple example: "Say that I borrowed 20 dollars from you and never paid you back. If I go up to you and say, 'Gee, I'm sorry I borrowed your 20 dollars and spent it on drugs,' that would be an apology. Making amends is giving your money back."

Whether our amends are direct or indirect, our aim is avoiding further harm to people. This calls for great sensitivity and guidance from a sponsor.

"The best amends are to make restoration wherever it's possible and then to live differently so that we're not accumulating fresh insults," MacDougall says. "Sometimes the damage can't be repaired in a single action. A lot of amends can only be accomplished through continued right living each day."

Doug T.

Published in The Voice, Summer 2007

Tradition 9: A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

Concept 9: Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.



CPC/PI COMMITTEES WANT YOU!



Both committees are very busy and always have opportunities for service! Please go to either of their monthly meetings to get involved!

Cooperation with the Professional Community meets the first Saturday of every month at 1:30 p.m. at 7 E. Bijou. Public Information meets the 1st Saturday - 2 p.m. - Penrose Main, 2222 N. Nevada Ave., Volunteer Coordinator Conference Room

STEP UP INTO SERVICE!

The following Service Positions are currently OPEN and NEED to be filled! Please contact the Service Office or come to the next Intergroup Meeting Tuesday November 9th to learn how you can become involved!

Co - DCM (District Committee Member)
Public Information Committee - Vice Chairperson

NIGHTWATCH has OPEN POSITIONS!!!
Contact Bob at nightwatch@coloradospringsaa.org

The TREATMENT COMMITTEE NEEDS volunteers!
Contact Michael at treatment@coloradospringsaa.org

To submit your group's sober birthdays to The Pint, please e-mail a list of names and the amount of years each person has to: PINT@COLORADOSPRINGSAA.ORG. Please have birthdays and any other announcements or editorials your group would like to contribute submitted by the 20th of each month to ensure enough time for publishing. Thank you for all of your participation and CONGRATULATIONS to everyone celebrating a MILESTONE OF RECOVERY!

Walk the Talk	
Phil A.	12 yrs.
Barbara O.	32 yrs.
Margot B.	3 yrs.
Gerry W.	0 yrs.
Dan R.	20 yrs.
Val F.	1 yr.
Bernice	4 yrs.
Sandy B.	32 yrs.
Stacey D.	4 yrs.
Barbara W.	26 yrs.
Carolyn P.	18 yrs.
Aaron	4 yrs.
Annie M.	7 yrs.
Greg C.	7 yrs.

Walk the Talk cont.	
Tony R.	3 yrs.
Dawn D.	8 yrs.
Tom H.	8 yrs.
Solutions at Noon	
Linda M.	8 years
Eric C.	3 years
Eddie	11 years
Linda O.	2 years
Linda M.	8 years
Linda W.	8 years
Liz S.	1 year
Steel Magnolias	
Kay H.	33 years
Rhonda J.	2 years

Tuesday New Woman	
Valerie J.	15 years
Kathy S.	11 year
Sally L.	6 years
Leigh T.	6 years
Friday Women's	
Ruth H.	26 years
Amy L.	3 years
Mary O.	3 years
Kelsey C.	3 years
Calleen	3 years
Theresa	3 years
Happy Hour	
Michael H.	4 years
Beth G.	24 years

HAPPY BIRTHDAY!

AA AT A GLANCE ~ SEPTEMBER 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 CPC(Downtown) 1:30 p.m. PI (Penrose) 2 p.m.
4	5	6	7	8	9 Colorado AA State Convention Sept. 9-11	10 Treatment Committee 1 pm Penrose
11	12	13 Intergroup Meeting 7pm First United Methodist	14	15	16	17 Corrections 9 a.m. Sacred Heart
18	19	20	21 Submit Milestones & Letters to the Editor to The Pint	22	23	24
25	26	27	28	29	30	

Monthly Committee Meetings

The Board

1353 S. 8th St. - Suite 209
1st Monday - 6:30 p.m. - Service Office

Corrections

2021 W. Pikes Peak Ave. - Room 6
3rd Saturday - 9 a.m - Sacred Heart

CPC

7 East Bijou St. - Room 205
1st Saturday - 1:30 p.m. - Downtown Group

District 7

3rd Tuesday - 7:30 p.m. - First United Methodist Church,
420 N. Nevada - Room 135 (access Boulder St.)

Intergroup

2nd Tuesday - 7 p.m. - First United Methodist Church,
420 N. Nevada - Room 135 (access Boulder St.)

Public Information

1st Saturday - 2 p.m. - Penrose Main, 2222 N. Nevada
Ave., Volunteer Coordinator Conference Room

Treatment

2nd Saturday - 12 to 1 p.m. - Penrose Main, 2222 N.
Nevada

Meeting in Print

Life happens...so does death...

I got word just before eight last night that an old friend I grew up with is no longer with us. It's being said that he passed due to congestive heart failure but I know in my heart it was isolation, pills and alcohol. Chris was a good guy and as good a friend anyone could ask for but like all of us he had many demons. It seems the demons won one...

I have been through the whole gambit of emotion and have come to one conclusion. For me Chris's life and passing proves once and for all that we must hang together lest we die alone...

Thanks for listening,

Rod Q.
Colorado Springs, WTT

Last month's winning caption from Colorado Springs fellowship:



*"Honest Honey...
Thish iz only my SHECOND rink!"*

~ Rod Q., Colorado Springs, WTT

From Page 1

Sixty days ago even the whispered *potential* of a cancer diagnosis would have sent me into a cuticle-gnawing, panic-inducing tearful frenzy. This would, of course, be followed shortly by a wicked bender, and a Guinness-book-worthy hangover, complete with my own personal pity party on the unfairness of life. All of this would have left me virtually useless in the situation.

Instead, I was able to pray to a hodge podge higher power of whom I still have only the vaguest conception for the grace and courage to deal with whatever outcome we faced, sans booze. I found myself utilizing the tools given so freely to me in AA to be aware and present for my mother — still mired in fear and uncertainty — but comforted by the knowledge that I didn't need to drink no matter the verdict.

We're still waiting for answers, but in the meantime I'm staying sober, and surrendering to the process.

Kimberly H.
Colorado Springs, Living Free