

# ~The Pikes Peak Pint~



JULY  
TWENTY  
FOURTEEN

## *A Newsletter for the Pikes Peak Region of Alcoholics Anonymous*

### ~EDITOR'S NOTE~

#### Love in Sobriety

The July issue of the Pint is all about "Love in Sobriety" which is quite an expansive topic; however, we will keep it simple. The several shares that follow touch on three kinds of love (I'm sure there is a lot more out there, some legal even, but let's do keep it simple): Love of fellows (human), Love of family (spiritual – your Mom cannot stop loving you!) and Love of a higher power (divine).

When we were using we struggled with our personal relations, stretched our family's love almost to the breaking point and wondered why, if we had a higher power, he left us. In sobriety, we do the work and start to uncover, discover and discard. We come to rely on a power greater than ourselves. We become open to giving and receiving love.

Our lives begin to reflect the gifts that love brings. We find that when affection and trust are combined in an equal measure and when our reliance is on a higher power - our human relationships are not such a struggle. We also find that divine love, or the love that our source has for us, was always present. We were just looking in all the wrong places! When you are with the source there is only love.

SUBMISSIONS for The Pikes Peak Pint including all articles, stories, announcements and flyers along with questions, comments and constructive criticism are always welcomed at [pint@coloradospringsaa.org](mailto:pint@coloradospringsaa.org). You will receive a prompt reply and appropriate consideration for publication. Please note that submissions for publication must be made by the 20<sup>th</sup> of the month prior to the month desired for publication in order to be considered.

#### SUGGESTED PINT TOPICS BY THE MONTH

*Always Accepting Shares on Your Strength, Hope and Experience!*

**AUGUST:** Saying goodbye in sobriety. To sponsors, friends or loved ones.

**SEPTEMBER:** 'Amending' your ways. Ninth step experiences and promises.

**OCTOBER:** Spirituality. How did you come to it and how do you maintain?

**NOVEMBER:** Sober Holidays. Joy or Sadness?

**DECEMBER:** Service, Service, Service. How are you carrying the message?

## NEW HOURS

#### Local Service Office

Hours: M-F 9 a.m. to 5 p.m.

#### CLOSED WEEKENDS

Location: 1353 South 8th Street, Suite 209

Colorado Springs, CO 80905

719-573-5020

E-mail: [serviceoffice@coloradospringsaa.org](mailto:serviceoffice@coloradospringsaa.org)

Web site: [www.coloradospringsaa.org](http://www.coloradospringsaa.org)

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### ***Making Amends & Repairing Damage ... Human Love***

I've been in the rooms in Colorado Springs for a bit over seven years now. With the help of my higher power (God) and my AA companions in this journey I've had many changes in the way I see others and myself. I've found I judge less because I've learned that when I judge others I'm making their issues about me, my dissatisfaction with the way they run their lives, which is not my business. I've learned that being critical is also self-serving, trying to make things go my way; but when I let go of these character faults I carry less stress and am a better friend to others. The rooms are a place to serve. Serve those that have experience in sobriety by supporting them and supporting new members by expressing the hope AA offers if this "simple path" is followed.

Recently, with friends, my wife began talking about my drinking days which I've never heard her do before. She talked about the fears and anxiety I caused in my driving, my being well sloshed and trying to get my motorcycle out of the driveway as she stood before me, gripping my handlebars. She told funny stories about my attempts to disguise my drinking and laughed about my manipulative efforts to be near a watering hole most times of the day.

Listening to her discuss my drinking showed she's beginning to trust again. Feeling free to express with me next to her I thought illustrated a milestone in repairing the damage I'd done for many years.

Although we make our amends, ask forgiveness and walk away feeling we've done what was needed and required by our program, those we've hurt, while forgiving, carry the painful reminders of our drinking days and skeptically watch our journey before releasing the pain. I'm very grateful for our program and my God for guiding me on this path of recovery. I'm grateful to all those in the rooms for their support and experience and hope I'm as much support in their lives as they have been in mine. I'm grateful for a life companion that has suffered through the struggle with me and continues on our journey together.

Tom S

### ***The Bracelet ...Spiritual Love***

The cheap, childish dollar store bracelet hung from my mirror, a sad reminder of my drunken younger sister. She always remembers birthdays and Christmas with the most bizarre gifts from the Dollar store. Everyone gets them, nobody wants them. The presents are all just a sad reminder. Most of them, all of them except this bracelet, have ended up in the garbage or the Goodwill box. I'm not quite sure why I've kept this particular one. Its plastic strings with tacky little shiny hearts and stars. Something a 3 year old might treasure.

I haven't seen my sister in over 5 years and have no desire to see her. Sisters, best buds, playmates, now strangers. The only thing we have in common is our small New England family and the same last name. No one wants her anymore but none of us can let her go. None of us except my older sister. She is the smart one. Smart might not be the best word for it. Wise? Alanon savvy? Live and let live. Let go and let God. It's the letting go that's so hard.

Maybe we haven't heard from her in 3 weeks because she finally got a job and is too busy to call. Maybe she's dead. No, the police would've called. They've called in the past to let us know she's in ICU or in the emergency room or in jail. They most certainly would've called if she were dead.

So why keep the junky bracelet? Because, as a 3 year old she would've loved it. I've got a picture of her at about 3 years old. Her short hair was pulled back in tiny pigtails. She is wearing pearls and a black and white checkered dress. She always liked to dress up, play grownup. A sad, lonely, aged, ivy league, once beauty queen who now gets her jollies by out-shopping herself at the Dollar store. Enough to break your heart, my mom says.

No one knows why she started to drink. Hell, we all try it sooner or later. Some younger, some older, some for fun and some for survival. At first I didn't want to drink because I thought beer would make me fat. So, at high school parties I'd mix diet 7-up with beer. The first time I ever drank was on the 4<sup>th</sup> of July, 1976. The 200<sup>th</sup> celebration of this great nation of ours. My best friend and I snuck a beer from the cases of available beer and *continued on page 3*

continued from page 2

split it. At first we thought we'd make screw drivers. It was the only real drink either of us knew how to make. Vodka and orange juice. Easy. Well, there was no orange juice so we used Tang. It was so bad, so, so bad. The vodka, not the Tang. So while my parents and their party guests were down the road playing tennis, we stole a beer. Quick, here, have some, quick. We split our first beer, it was great. My hands and face felt all tingly and we couldn't stop laughing. Everything in the world was funny and tingly.

Thirty years later.. I hate beer. I hate the smell, the commercials, and the liquor aisle in the grocery store. I hate seeing people drunk, in person or on TV or in the movies. It makes me sick. I wonder what it tastes like after not having any for over 19 years. I do miss the tingly sensation in my head and laughing my head off at everything. Sometimes I want that escape so badly, other times it's a fleeting thought. All I really know is that if I did drink one I could very well, more than likely, end up like a sad, lonely, aged, ivy league, once beauty queen who now gets her jollies by out-shopping herself at the Dollar store.

Leslie T.

"The Good Book says God is Life, and you and I are alive. So God is that which I am, and God is that which you are." Chuck C.

**Relationships ... Human Love**

The idea of writing about relationships is kind of daunting. I mean, it has everything to do with everything in recovery. The first thing apparent to me about this subject when I got sober was that I really wanted a relationship. Not romantically speaking, but to be a friend again, a son again, a brother again.

Not knowing how to do this, the first honest relationship I built was with my first sponsor. Meeting with him regularly and starting to apply the principles of the program, as outlined in the step work out of the big book, my perspective started to change. With my family friends co workers, the world at large.

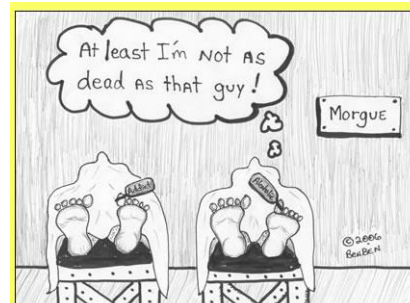
So AA has taught me, is teaching me, countless ways to show up and be helpful in the relationships in my life. I don't always behave the way our way of life teaches me to, but God willing, I'll remain teachable and continue to grow in effectiveness and understanding

Dustin

**YELLOW ALERT FRIENDS:** *The Intergroup Board has two opportunities for service! The **Programs Committee** is in need of a **Chair** and a **Vice-Chair**! Do not let this opportunity pass you by as this is your chance to hone your leadership skills! If you would like to step up to the plate or have any suggestions for someone who would be perfect for this leadership role, please contact the Intergroup Board Chair at [chair@coloradospringsaa.org](mailto:chair@coloradospringsaa.org).*

**SPECIAL NEEDS COMMITTEE NEEDS YOU!**

ALL AROUND THE COLORADO SPRINGS AREA, WE HAVE MEMBERS WHO NEED OUR HELP! WE ARE LOOKING FOR VOLUNTEERS TO BE AVAILABLE TO BRING MEETINGS TO THOSE WHO ARE NON-AMBULATORY OR HOME BOUND. PLEASE SIGN UP BELOW IF YOU WOULD LIKE TO HELP!  
PLEASE CONTACT  
[specialneeds@coloradospringsaa.org](mailto:specialneeds@coloradospringsaa.org)  
LET'S CARRY THE MESSAGE TO THOSE WHO MAY NOT BE ABLE TO ATTEND TRADITIONAL MEETINGS! JOIN THE COMMITTEE AND MAKE A DIFFERENCE!



Not as dead

<http://recoverycartoons.com>

## **MY ROMANTIC STORY.. Divine Love**

What can I say; I have the biggest crush on my God! A power that relieves my obsession to drink and is a source of strength, guidance, and humor, that can solve ALL if my problems AND I can live with??!!! Well yes please!

I would love to be able to say that I was born, lived saintly and walked hand in hand with my God on moonlit beaches, BUT the truth is God always knew me, it took me being broken, tired, scared, and finally powerless to meet Him/Her. It was that brokenness at the hands of self will, powered by alcohol that led me to AA and the 12 Steps, 12 Traditions, and 12 Concepts.

My heart and soul have always ached for this undying, passionate, all forgiving love and I used to try to find it in people, places, and things, but at the very edge of working my first step, I began to have the ache quieted. It felt still and less annoying and driving as usual. As I continued to work the steps that ache slipped away and was replaced by a BIG, BEAUTIFUL, presence that touched every piece of me and all at once I was fulfilled in every way, AND I KNEW IT! I'd never really known a love like this before, and yet here it was. A love so close and intimate that I can literally feel love pour into me. I can also feel God roll His/her eyes at me too. LOL! IN FACT, it was coming to know this power that moved my heart to show others how they could find it as well. This power taught me to love, and still teaches me.

Because of a power greater than myself and the fellowship of AA, I am capable of being a loving mother, friend, employee, and woman (I am working on Ladylike, but not there yet)!

I laugh often because I'm such a Crush-Bug (means I get crushes all the time) and My God knows that about me and my heart, so He/She romanced me all

the way through the steps and it changed my heart and saved my life. To this day, I still write love notes to a power greater than myself and I gotta tell ya, it keeps the intimacy and honesty alive!

With a still mind and a humble heart, I can honestly say that meeting my Creator has been my all time favorite romance/freedom story. Through God, I found LOVE in sobriety!

XOXO

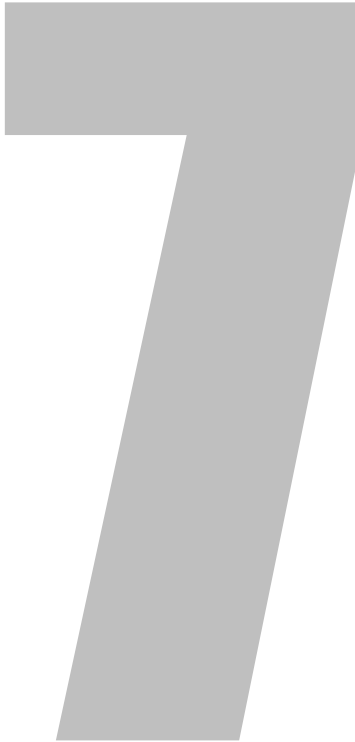
Stormie

**Submit an article!**

The Pint is always looking for articles, so please email anything you have to [pint@coloradospringsaa.org](mailto:pint@coloradospringsaa.org). "There are no requirements" for writing articles. They can be anything from a couple of lines to several paragraphs and can be on any topic relating to AA. Here are some ideas for articles:

- Explain why a certain slogan or saying in AA is your favorite or your most hated.
- How did you come to choose your home group? How did you choose your sponsor – or did they choose you?
- Tell us about your higher power. Was it a flash of light or a subtle change in your awareness.
- What has the program given you?
- Tell us about the service work you've done and how it enhanced your recovery.
- Write about your group's history and any difficulties it has had to surmount along the way.
- Is it your anniversary month? Write an article about your recovery.
- Are you a slipper that has since "gotten it?" How did you "get it?"
- What was the easiest Step for you? The hardest? Why?

**Concept 7:** The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.



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### Step 7:

Humbly asked Him to remove our shortcomings

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### Tradition 7:

Every A. A. group ought to be fully self-supporting, declining outside contributions.

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## TRADITIONS CHECKLIST

### Tradition Seven

1. Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't afford it yet? How generous was I when tanked in a barroom?
2. Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?
3. If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA groups in hospitals and prisons?
4. Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?
5. Is a group treasurer's report unimportant AA business? How does the treasurer feel about it?
6. How important in my recovery is the feeling of self-respect, rather than the feeling of being always under obligation for charity received?



**MEETINGS ADDITIONS – DELETIONS – CHANGES**

**Central Dirty Nine-Thirty CANCEL** (open) on Monday at 9:30 p.m. at 309 South Hancock, west side of Memorial Park.  
**Hilltop AA Meeting CANCEL** (open, discussion) on Tuesday at 7:00 p.m. at 700 N. A Street, Cripple Creek, ¼ miles SE of H.S.  
**A Common Solution ADD** (closed, discussion) on Friday at 6:00 p.m. at 315 Lake Ave., Broadmoor Community Church.  
**Men’s AA Comcor ADD** (open) on Tuesday at 7:30 p.m. at 3615 Roberts Road.  
**Living Sober Group CANCEL** (open) on Thursday at 10:00 a.m. at The Cancer Center at Penrose, 2222 N. Nevada.  
**In Between Meeting ADD** (open, handicap access, book/discussion) on Tuesday and Thursday at 9:30 a.m. at Clean Slate, 1769 S. 8<sup>th</sup> Street Bldg P.



**~ JULY BIRTHDAY MILESTONES ~**

FRIDAY WOMENS		TUESDAY NEW WOMEN	
Maxine C.	22 yrs.	Donna B.	28 yrs.
Katy C.	29 yrs.	Renee	7 yrs.
Yvette W.	23 yrs.	Jane C.	21 yrs.
Connie Sue	25 yrs.	Wendi P.	4 yrs.
Nancy T.	30 yrs.	Gail J.	3 yrs.
Liz R.	5 yrs.	Kim D.	3 yrs.
Sonja H.	4 yrs.	Olivia F.	2 yrs.
Jessie G.	3 yrs.	Marilyn T.	24 yrs.
Diane H.	20 yrs.	Denise J.	35 yrs.
<b>HAPPY HOUR</b>		Karen T.	19 yrs.
Cliff S.	4 yrs.	<b>STEEL MAGNOLIAS</b>	
Cathy T.	8 yrs.	Sharon S.	20 yrs.
Carol H.	19 yrs.	Kathy T.	18 yrs.
Mark H.	10 yrs.	<b>SOLUTIONS AT NOON</b>	
Gary L.	6 yrs.	<b>JUNE</b>	
Ralph	7 yrs.	Richard L.	1 yr.
Greg C.	13 yrs.	Kelly C.	12 yrs.
Cathy W.	8 yrs.	<b>JULY</b>	
Mike H.	7 yrs.	Bill W.	4 yrs.
Jessica S.	6 yrs.	Eric A.	10 yrs.
<b>THURSDAY BIG BOOK STUDY</b>		John M.	1 yr.
Scott K.	25 yrs.	Melinda K.	16 yrs.
Linda K.	25 yrs.	Mike H.	9 yrs.
<b>JULY TOTAL 528 YRS</b>		Patrick W.	5 yrs.

**~ SHOUT OUT ~**

**FOUNTAIN OF SOBRIETY**

6:30 p.m. Saturday  
 331 Main St, Room 3  
 Fountain, CO

**BIG BOOK STUDY**

6:00 P.M. Tuesday  
 301 E. Iowa  
 Fountain, CO

In the month of May the  
 Service Office received  
**8 Grateful Giver Contributions,**  
 &  
**1 Birthday contribution!!**

Thank You!!  
 We appreciate  
 your  
 support!



# NIGHTWATCH COMMITTEE MEETING



The Purpose of Nightwatch

### TRADITION FIVE

Each Group Has But One Primary Purpose- To Carry Its Message To The Alcoholic Who Still Suffers

### NIGHTWATCH COMMITTEE MEETING

The 1<sup>st</sup> Tuesday Of Every Month At 7PM,  
We Meet At Sacred Heart Parish  
2021 West Pikes Peak Ave  
Room 10 \*upstairs\*  
(corner of 21<sup>st</sup> street and Pikes Peak)



#### Contact Info:

Service Office 24hr Hotline (719) 573-5020

[www.coloradospringsaa.org](http://www.coloradospringsaa.org)

1353 S. 8<sup>th</sup> Street, Suite 209

Colorado Springs, CO 80905

GINA S. (719) 502-1154

[www.nightwatch@coloradospringsaa.org](mailto:www.nightwatch@coloradospringsaa.org)

THE ONLY REQUIREMENTS ARE 6 MONTHS CONTINUOUS  
SOBRIETY AND A 1 YEAR COMMITMENT OF SERVICE

#### • CONTRIBUTION ADDRESSES •

##### ~ AREA SERVICE OFFICE ~

Colorado Springs Area Service Office  
1353 South 8<sup>th</sup> St., Suite 209  
Colorado Springs, CO 80905

(Include group name and number on check)

##### ~ GENERAL SERVICE OFFICE ~

P.O. Box 459 - Grand Central Station  
New York, NY 10163

(Include group name and number on check)

##### ~ AREA 10 ~

Area 10 Treasurer  
12081 West Alameda Parkway #418  
Lakewood, CO 80228

(Include group name, number and District 7 on check)

##### ~ DISTRICT 7 ~

District 7  
P.O. Box 26252  
Colorado Springs, CO 80936

(Include group name, number and district 7 on check)

##### ~ PINK CAN CONTRIBUTIONS ~

Pink Can Contributions  
P.O. Box 40368  
Denver, CO 80204

(Make checks payable to Area 10 Corrections Committee)

(Include group name and number on check)

#### • CASH ACCEPTED IN PERSON ONLY •

#### • COMMITTEE INFORMATION •

##### Public Information:

Committee Meeting: 1<sup>st</sup> Saturday, 2:00 p.m., 1<sup>st</sup> floor Penrose Main Hospital, 2222 N. Nevada in Volunteer Coordinator Conference Room.

##### Cooperation with the Professional Community:

Committee Meeting: 5:30 p.m., 2<sup>nd</sup> Sunday of the month at the Downtown Group, 210 N. Corona St.

##### District 7:

Committee Meeting: 7:30 pm, 3<sup>rd</sup> Tuesday of the month at 420 N. Nevada, First United Methodist Church Room 135 (Boulder St. Access)

##### Treatment:

Committee Meeting: 12-1 pm, 2<sup>nd</sup> Saturday of the month, at Penrose Hospital Volunteer Conference Room, 2222 N. Nevada.

##### Nightwatch:

Night Owls Committee Meetings: 7:00 p.m., 1<sup>st</sup> Tuesday of the month at Sacred Heart Parish, 21<sup>st</sup> and Pikes Peak Room 10 - Following the New Beginners meeting.

##### Archives:

Archive Committee Meetings: 6:00 p.m., 1<sup>st</sup> Monday of the month at Sacred Heart Parish, 21<sup>st</sup> and Pikes Peak Room 10.

##### Special Needs:

Committee Meetings: 1:00 p.m., last Saturday of the month at 309 S. Hancock Ave.

##### Corrections:

Committee Meetings: 9:00 a.m., third Saturday of the month at Sacred Heart Parrish School, Rm 6, 2201 W. Pikes Peak.

**For more committee information including intergroup committees please go to [coloradospringsaa.org](http://coloradospringsaa.org)**

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The Pikes Peak Pint by email!

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Send subscription requests to

[pint@coloradospringsaa.org](mailto:pint@coloradospringsaa.org)

**DO IT TODAY!**

**or you can get a copy for only \$1.00 at the Area Service Office**

GROUP NAME (2014-2015)	Fiscal Yr. to date	May	GROUP NAME (2014-2015)	Fiscal Yr. to date	May
Above the Bar Group	\$0.00		Northwesters	\$150.00	\$150.00
Apex	\$0.00		Oasis Group	\$0.00	
Back to Basics	\$99.00	\$99.00	Off The Wall	\$0.00	
Beacon Light Group			Old North End Study Group	\$0.00	
Big Book Action	\$35.00		Pre-Dawn Meeting	\$0.00	
Big Book Study UPH	\$300.00	\$300.00	Primary Purpose		
Black Forest	\$100.00		Primary Purpose Men's Group	\$0.00	
Broadmoor	\$0.00		Progress Not Perfection	\$86.23	\$29.50
Brown Baggers	\$0.00		Recovery in Action	\$0.00	
Central	\$0.00		Saturday Early Morning Mtg.	\$90.00	
Clean Air Group	\$0.00		Security Eye Opener	\$0.00	
Don't Worry Be Happy	\$80.00	\$80.00	Serenity Hour	\$75.00	\$50.00
Down By The Creek	\$0.00		Serenity Riders	\$0.00	
Downtown Group	\$316.25	\$316.25	Serenity Sisters	\$109.00	\$69.00
Drylander's Group	\$0.00		Solutions at Noon	\$63.95	\$16.18
Easy Does It	\$0.00		Sought Through Prayer & Meditation	\$35.00	\$9.50
Ellicott Group	\$0.00		Steel Magnolias	\$37.50	
Eye Opener	\$0.00		Stepping Stones	\$0.00	
First Forty	\$0.00		Sunday Morning Speaker	\$0.00	
Foxhall Group	\$0.00		Sunday Night Big Book Study (Clean Slate)	\$0.00	
Friday Night Live	\$500.00		Sunlight of the Spirit - Women's 12x12 (Monument)	\$0.00	
Friday Women's Group	\$0.00		Taking Steps	\$0.00	
Good Ole Boys	\$0.00		The Doctor's Opinion	\$0.00	
Happy Destiny	\$116.16		The Garage Meeting	\$63.00	
Happy Heathens	\$150.00	\$150.00	The Sober Jokers	\$0.00	
Happy Hour	\$72.00	\$72.00	Then and Now	\$0.00	
Happy, Joyous & Free	\$120.00		Thursday Mens	\$550.00	\$550.00
High Noon	\$22.00		Thursday Noon--Woodland Park	\$0.00	
H.O.W.	\$0.00		Treating The Illness	\$71.50	
Into Action	\$0.00		Turning Point	\$0.00	
Keystone to Recovery	\$0.00		Ute Pass Breakfast Group	\$120.00	
Lake George Group	\$0.00		Veterans for AA	\$0.00	
Little Log Church Group			Walk the Talk	\$850.00	\$425.00
Living Free	\$50.00		Walking on Water	\$0.00	
Living Sober	\$0.00		We Are Not Saints	\$0.00	
Living Sober South	\$35.00	\$8.50	Wed. Westside Womens	\$0.00	
Meditation Group			Westside Eye Opener	\$0.00	
M.A.G.	\$150.50		Women of Grace		
Natural High	\$0.00		Woodland Park Beginners	\$0.00	
New Beginners	\$106.00		Woodland Park Book Study	\$0.00	
New Woman	\$143.28		Woodland Park Women's Step Study		
			Young People	\$213.44	
			Totals:	\$4,909.81	\$2,324.93





"I am responsible. When anyone, anywhere, reaches out for help,  
I want the hand of AA always to be there. And for that: I am responsible."



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### AA Nightwatch, What's It All About

As many know, Nightwatch is the committee of Colorado Springs AA that takes calls when the service office is closed. This is roughly 680 hours per month in which a volunteer has one 4-6 hour shift per week when calls are forwarded to their home or mobile phone.

A Nightwatch volunteer doesn't go to the Service Office to take these calls. The Service Office has a call forwarding system that sends calls to the person on shift automatically. A volunteer can resume their daily activity as long as they're able to take calls and assist callers. If a volunteer is unable to take their shift, calls can be taken by a backup volunteer for their shift.

Each volunteer is provided area phone numbers for the services callers may require including hospitals, Detox, help lines, support agencies and other 12 step programs and AA 12 step volunteers are willing to take calls that may be more time consuming or beyond the experience of the shift volunteer. Each volunteer for Nightwatch has a list of meetings by area and type so callers can be guided to the meeting that will best fit their needs. Monthly Nightwatch meetings keep volunteers up to date and training is done as needed during these meetings.

Most new volunteers are very nervous on their first few shifts. There is a natural fear of not knowing what to expect or that they may get a serious or emergency call, however, 80% of our calls are for meeting locations and AA information. After experiencing a few shifts, volunteers relax and look forward to their shift.

There are times when a caller does have a serious issue or may be very drunk or angry, and at times callers can get abusive. During our meetings we discuss these calls and brainstorm the best way to handle these situations. We share our experiences so others on the committee can learn from these calls and better serve callers.

Who should be a Nightwatch volunteer? volunteers for backup are always needed and as volunteers rotate out of a shift, opportunities are created for new shift volunteers.

Volunteers taking a shift must have 1 year sobriety, any AA with 6 months or more is welcome to join the committee and take part in our meetings becoming part of the group conscience. They will be able to have an available shift when they have 1 year sobriety.

A Nightwatch volunteer must have a sense of service and commitment to taking a position for one year. Most come to Nightwatch fearful they will not know how to respond to a caller and soon find that our callers are just like us and our experience helps them. The fear and apprehensions subside and the satisfaction of helping others as the Big Book states soon takes over.

Would you like more information, email [Nightwatch@coloradospringsaa.org](mailto:Nightwatch@coloradospringsaa.org)  
We truly believe 'We are responsible'



**NIGHTOWLS!**  
**..ROCK..**

Get in the  
trenches with us!



New Service Office Hours!  
Open **Monday – Friday** 9:00 am to 5:00 pm  
Effective July 1<sup>st</sup>, 2014



Happy Destiny A&A   
6 Year Anniversary Celebration!



Monday July 7, 2014

Come join us for a night of  
great food, celebration, and fun!

Pot Luck @ 6PM 

~Please bring a dish to share :-]  
~ Happy Destiny will be supplying the meat!

Speaker Meeting @ 7:30PM

~ FRITZ from Denver will be speaking

Location: Beth-El Mennonite Church  
4625 Ranch Dr, Colorado Springs CO 80918

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# 2014 Colorado State Convention

Presented by Area 10 Alcoholics Anonymous in cooperation with Area 5 Al-Anon Family Groups  
Two Rivers Convention Center, Grand Junction, Colorado – August 29, 30 and 31, 2014

WELCOME TO  
COLORADO AA

Activities & Events are based on "Our Common Welfare – Singleness of Purpose"

Friday Evening Speaker  
Saturday Al-Anon Speaker and Luncheon  
Saturday Evening Speakers, Banquet & Dance  
Sunday Morning Speaker  
Workshops, Continuous Meetings and Videos

AA Speakers

Jim E., former Chairman GSO Board, El Dorado Hills, CA  
Kent C., Sandusky, OH  
David H., Past Delegate Panel 47, Parker, CO  
Holly P., Lake Charles, LA

Al-Anon Speakers

Susie B., Brindisi, Italy  
Debbe P., Abilene, TX



For Preliminary Program and Updated Information  
Go online: [www.coloradoaa.org](http://www.coloradoaa.org)  
Questions?

AA

Lew E, Convention Chair 970-778-8878, [convention@coloradoaa.org](mailto:convention@coloradoaa.org)  
John M, PI Chair, 970-243-8589, [johnmgi@gmail.com](mailto:johnmgi@gmail.com)  
Marilyn F, Reg Chair, 970-243-7645, [A10ConvReg@gmail.com](mailto:A10ConvReg@gmail.com)

Al-Anon

Kelly W, Convention Chair, [2014StateChair@al-anon-co.org](mailto:2014StateChair@al-anon-co.org)  
Michelle M, Co-Chair, [Panel35@al-anon-co.org](mailto:Panel35@al-anon-co.org)

GROUP RATE CODE FOR ALL 3 HOTELS: AREA 10 STATE CONVENTION. Reserve by 8/15/2014.

Hampton Inn	Fairfield Inn & Suites	Springhill Suites
205 Main St, GJ, CO 81501	225 Main St, GJ, CO 81501	236 Main St, GJ, CO 81501
Ph: 970-243-3222 or 800-426-7866	Ph: 970-242-2525 or 800-228-2800	Ph: 970-424-5777 or 888-287-9400
<a href="http://www.grandjunction.hamptoninn.com">www.grandjunction.hamptoninn.com</a>	<a href="http://www.marriott.com/GJTFI">www.marriott.com/GJTFI</a>	<a href="http://www.marriott.com/GJTSH">www.marriott.com/GJTSH</a>
Group Rate: \$109.95	Group Rate: \$109.95	Group Rate: \$119.95

Register online at [www.coloradoaa.org](http://www.coloradoaa.org) or complete the form below and mail to (make checks payable to "Area 10 State Convention"):  
2014 Area 10 State Convention, PO Box 324, Grand Junction, CO 80502. One form per person.

Pre-Registration	\$25	On-Site Registration	\$30
<input type="checkbox"/> AA		<input type="checkbox"/> Al-Anon	<input type="checkbox"/> Other
<input type="checkbox"/> Friday Night Dessert Social \$10			
<input type="checkbox"/> Saturday Al-Anon Luncheon \$30			
<input type="checkbox"/> Saturday Night Banquet \$45			
<input type="checkbox"/> Saturday Night Dance \$5 (Included if Registration is postmarked by 8/15/2014)			
<input type="checkbox"/> Bottomless Coffee Mug \$15			
<input type="checkbox"/> Discounted Package Price \$100 (Total Savings of \$25.00 for Registration postmarked by 8/15/2014)			
<input type="checkbox"/> Optional Donation	\$	_____	
Total Enclosed	\$	_____	

Member Registration Information:	
Name on Badge:	_____
Name:	_____
Address:	_____
City:	_____ State: _____
Zip Code:	_____ Phone: ( ) _____
Email:	_____
<input type="checkbox"/> I want to volunteer	
Special Needs:	<input type="checkbox"/> Sign language interpreter
	<input type="checkbox"/> Other (specify): _____

Credit Card Information: VISA/MC #:	_____	Expiration Date:	_____
Cardholder Name:	_____	Billing Zip Code:	_____ Security Code: _____
Cardholder Signature:	_____	Date:	_____
On-site registration will be open from 3:00 PM-9:00 PM Friday, August 29, 2014 and at 8:00 AM Saturday, August 30, 2014.			