



~THE PIKES PEAK PINT~

Pray and Get Out of the Way!

“Every day is a day when we must carry the vision of God's will into all of our activities. "How can I best serve Thee-Thy will (not mine) be done." These are thoughts which must go with us constantly. We can exercise our will power along this line all we wish. It is the proper use of the will.” pg 85—*Alcoholics Anonymous*

For me, every step in sobriety has been about learning to surrender my will, get out of the way, and to let God have His way. When I consider the day ahead, it's not necessarily about my plans to make that deposit at the bank and wash the car. More accurately, I consider my plan to “seek and do God's will” at the bank...and at the carwash, etc.; I consider my plans to accept what happens and surrender my will to God, wherever I end up going and whatever I end up doing today.

Constant prayer is the only way that I have found to consistently engage in the surrender process. With a lot of practice, prayer can become a working part of the mind. When it is working, every task, every breath, every thought, every moment becomes a prayer. Over and over again, I can release my thoughts, my anxiety, my fear, and my will and focus on His plan for me today.

As I improve at living my life in prayer, I get to really experience every moment, in the moment. The “new freedom” and “new happiness” that are promised are the fruits of living in the moment. And living in the moment is the substance of spiritual experience.

Time and again, I realize that some “astonishingly difficult” problem has worked itself out while I was distracted with living in the moment. These miracles are the basis of my faith today and they motivate me to try harder tomorrow.

HAPPY BIRTHDAY

HAPPY DESTINY:

Alicia S.	11/19/2012
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FOXHALL:

Sammantha M.	11/04/2013
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NEW WOMAN:

Robin S.	7 years
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Judy	1 year
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EASY DOES IT:

Aaron H.	11/19/2008
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James G.	11/09/2011
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Lou C.	11/08/2008
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Michael S.	11/20/2012
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Mike & Joie	11/28/1996
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Pat K.	11/05/1998
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Red	11/27/2010
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Rune	11/04/2012
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Steve M.	11/13/2011
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Tracy T.	11/16/1986
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STEEL MAGNOLIAS:

Anne M.	10 Years
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FRIDAY WOMEN'S:

Phyllis C.	11/18/1970
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Gretchen	11/11/1976
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Nancy B.	11/11/1990
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Stacey	11/05/2010
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Sandi B.	11/05/2014
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WE ARE NOT SAINTS:

Adrienne M.	7 years
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Alberto C.	10 years
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Bill H.	24 years
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Brent B.	1 year
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Brian M.	17 years
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CONCEPT 11:

While the trustees hold final responsibility for A.A.'s world service administration, they should always have the assistance of the best possible standing committees, corporate service directors, executives, staffs and consultants. Therefore, the composition of these underlying committees and service boards, the personal qualifications of their members, the manner of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives, staffs and consultants, together with a proper basis for the financial compensation of these special workers, will always be matters for serious care and concern.

11

TRADITION 11 CHECKLIST:

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

1. Do I sometimes promote AA so fanatically that I make it seem unattractive?
2. Am I always careful to keep the confidences reposed in me as an AA member?
3. Am I careful about throwing AA names around—even within the Fellowship?
4. Am I ashamed of being a recovered, or recovering, alcoholic?
5. What would AA be like if we were not guided by the ideas in Tradition Eleven? Where would I be?
6. Is my AA sobriety attractive enough that a sick drunk would want such a quality for himself?

STEP 11:

Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

PEACE

“I have thought a lot more about peace when I have not had it, than when I have.”

Janet Lee—*Every Good Thing*

I have learned much about my peace as the years of sobriety have passed. I struggle with remembering, and choosing, that my peace is not the peace of the outside world. Practicing surrender, practicing inventory, practicing joy, and practicing sorrow, practicing the disciplines of the Steps, all this practicing on a daily basis bring me internal peace.

When I take the actions as guided by the Big Book, I am allowed peace.

Sobriety has been a long, bumpy road. I did not want to be Sober; I did not want to Give Up My Reward at the end of the day when my children were in bed. Drinking was what I did—what you did—and I did not learn for years about the true source of my peace. You taught me! You taught me to be a wife, a mother, a daughter, and a FRIEND! I truly did not know how to “do” any of these things! I drowned daily in anger and fear. Getting sober was, for some time, unmanageable by me. I really worked to understand the Big Book, the Steps, and what you were saying in meetings. Years of living my way with no access to my Higher Power had hurt me. I was damaged, I was broken.

I have learned that I cannot feel peace in resentment and blaming others. Today I hear and feel anger and resentment and choose to respond in Principle. I have learned to pause, to listen, to ask for help, to trust one step at a time, one day at a time. Today I can be of service.

Throughout the past two years, I have learned that BIG changes in my life mean that I will never experience anything the same again. I have learned to find peace in these big changes, whether I think these changes are “good” or “bad.” Principles change my perception, Higher Power allows me to change my attitude.

I have learned that acceptance of this moment, by me, is the only possible moment for me to move forward. My actions, my response to life’s moments cannot be responses dressed up as excuses.

I am grateful. In times of confusion I can move forward. My memories of peace and sorrow, joy in your faces, and your love - give me peace.

GROUP CONTRIBUTIONS

GROUP NAME (2016-2017)	YTD	SEPT.	GROUP NAME (2016-2017)	YTD	SEPT.
A Common Solution	\$62.73		Northwesters	\$231.49	
Above the Bar Group			Off The Wall	\$63.43	
Apex	\$131.65		Old North End Study Group	\$95.68	
Back to Basics	\$509.01	\$117.37	One Six Four	\$85.00	\$55.00
Beacon Light Group	\$100.00		Pre-Dawn Meeting		
Big Book Action	\$300.00		Primary Purpose		
Big Book Study UPH	\$250.00	\$250.00	Progress Not Perfection	\$102.38	\$22.13
Black Forest	\$341.42		Recovery in Action	\$293.50	
Broadmoor			Recovery, Unity, Service Group		
Brown Baggers			Saturday Early Morning Mtg.	\$304.40	
Central	\$10.00	\$10.00	Security Eye Opener	\$125.00	
Clean Air Group	\$80.00		Serenity Hour	\$375.00	\$50.00
Don't Worry Be Happy	\$90.99	\$22.82	Serenity Riders	\$188.80	
Down By The Creek			Serenity Sisters	\$126.46	
Downtown Group	\$2,121.53	\$1,120.01	Sober Sisters	\$58.45	
Drylander's Group	\$23.25	\$23.25	Solutions at Noon		
Easy Does It			Sought Through Prayer & Meditation	\$188.15	\$59.75
Ellicott Group			Steel Magnolias	\$131.76	
4th Dimension Rocketeers	\$50.00		Stepping Stones		
Foxhall Group	\$499.87	\$249.87	Sunday Morning Speaker	\$745.00	
Freedom From Bondage			Sunlight of the Spirit - Women's 12x12	\$300.00	
Friday Night Live	\$107.50	\$107.50	Taking Steps	\$376.62	
Friday Women's Group			The Doctor's Opinion	\$100.00	
Good Ole Boys	\$100.00		The Garage Meeting	\$149.20	\$20.20
Happy Destiny	\$87.76		Then and Now	\$60.00	
Happy Heathens			Thursday Men's Group	\$340.00	
Happy Hour			Thursday Noon--Woodland Park	\$72.00	
Happy, Joyous & Free			Traditions Only	\$92.00	
High Noon	\$80.00		Treating The Illness		
H.O.W.	\$300.00		Turning Point		
Into Action	\$420.00	\$180.00	Ute Pass Breakfast Group		
Keystone to Recovery	\$100.00	\$100.00	Veterans for AA		
Lake George Group			Walk the Talk	\$900.00	\$425.00
Little Log Church Group	\$237.00		Walking on Water	\$60.00	
Living Free	\$57.00		We Are Not Saints	\$2,214.17	\$861.72
Living Sober South	\$241.70	\$72.00	Westside Eye Opener		
M.A.G.	\$367.97		Women of Grace	\$95.00	
Meditation Group	\$234.00		Woodland Park Beginners		
Natural High			Woodland Park Book Study	\$157.33	
New Beginners	\$351.24	\$145.85	Woodland Park Women's Step Study	\$84.00	
New Woman	\$318.84		Young People		
Totals:				\$15,688.28	\$3,892.47

10th Step INVENTORY

Complete this inventory at the end of any day, especially if you don't feel right.
If you run out of space in any box, continue on other side.

Was I...	
RESENTFUL? Of who? 	SELFISH? How?
DISHONEST? How? 	FEARFUL? Of what?
Am I obsessing about anything? 	Am I keeping any secrets?
Did I cause any harm? Do I owe any apologies? 	Was I kind and loving toward all? What could I have done better?
SOBER ACTIONS CHECKLIST <input type="checkbox"/> Did I go to a meeting? <input type="checkbox"/> Did I pray? <input type="checkbox"/> Did I call my sponsor? <input type="checkbox"/> Did I call another alcoholic? <input type="checkbox"/> Did I help anyone? <input type="checkbox"/> Did I do service? <input type="checkbox"/> Did I meditate? <input type="checkbox"/> Did I fellowship? <input type="checkbox"/> Did I read any literature?	TO-DO LIST <i>I will discuss my secrets with:</i> <i>I will apologize to:</i> <i>I will pray for relief from my obsessions and for guidance in my future actions.</i>



ANNOUNCEMENTS

MEETING CANCELLATIONS:

Tuesday Downtown Women's
5:30pm Tuesday
210 N Corona
(Behind McDonalds on Wahsatch)
Cancelled

The Way Out
7:00 Thursday, Open Big Book
2322 N Union
Cancelled

In the month of **SEPTEMBER**
the Service Office received
2 Grateful Giver contributions,
2 Personal contributions,
and
2 Birthday contributions!

Thank You!

MEETING CHANGE:

Security Eye Opener
(open discussion)
10:00am Sunday
4715 Clearview Drive, 80911
Breakfast optional (served by VFW 8:30-10:00am).
**Moving from Knights of Columbus Hall
(Marquette & Main) to Clearview Drive on
December 1st!**

DO YOU HAVE A SUBMISSION FOR THE PINT?

*Articles
Cartoons
Event Fliers
Jokes
Poems
Birthdays
Even feedback*

NEW MEETING:

Fountain Group
6:00pm Wednesday
(open, handicap accessible)
705 Aspen Drive, 80911
Located inside Widefield Community Library.

PLEASE SEND SUBMISSIONS TO:
pint@coloradospringsaa.org

*Target 300 or 600 words for articles (+/-)
.pdf or .doc formats preferred*

You are
Cordially Invited
to Attend the
2016 Gratitude Dinner

*Hosted For the First Time In Collaboration
By: Colorado Springs Intergroup & Colorado
Springs Al-Anon Group*

November 12th from 3pm to 6pm

at Odd Fellows Hall

Suggested Contributions



Full Pasta Bar
with Several
Different Sauces
to Choose From!

As Well As Salad, Garlic
Bread and Desert.



There will be an A.A. and
Al-Anon Speaker during
the dinner.

575 S Union Blvd, Colorado Springs, CO 80910

For Any Questions Ask Your Intergroup Rep or email
programs@coloradospringsaa.org

Looking to be of Service? Call Kevin M. (719) 424-2333 or
Text/Call Molly E. (719) 482-6790

HEY.!?!

ALL YOU'Z DRUNKS OUT THERE.!

I just wanted to remind you that *YOUR* Area Service Office sells books! THAT'S RIGHT FOLKS, BOOKS!!

Imagine that!! ...and, that's not all...

For *YOUR* convenience they also stock medallions, stickers, pamphlets and (...wait for it...) **BOOKMARKS! WOW!!**

Did you know that if you buy five or more Big Books you'd get a discount.? Yup, it's true...

Not only that, if you buy five or more select books, you'll get the same break. (call or come by for details)

So, why support the big corporate machine? You can keep your money working for YOU right here in YOUR backyard. By purchasing your books 'n stuff locally you help keep Nightwatch answering phones, you help Programs organize events and most importantly, you help keep the Service Office doors open to help the alcoholic that still suffers. Now, isn't that what we're all about?

Colorado Springs Area Service Office

1353 South 8th Street, Suite 209,
Colorado Springs, CO 80905
~ (719) 573-5020 ~

Monday-Friday 9 a.m. to 5 p.m.
Closed: Saturday and Sunday



LOCAL SERVICE OFFICE

Hours: Monday-Friday 9 a.m. to 5 p.m.
SAT.-SUN.: CLOSED

Location: 1353 South 8th Street, Suite 209
Colorado Springs, CO 80905

Contact the Service Office
719-573-5020

E-mail: serviceoffice@coloradospringsaa.org

COMMITTEE MEETINGS

ARCHIVES:

NO MEETINGS SCHEDULED
VOLUNTEERS NEEDED

PUBLIC INFORMATION:

2:00pm, 1st Saturday of the month
1st floor Penrose Main Hospital
2222 N. Nevada

in Volunteer Coordinator Conference Room

C.P.C.:

(Cooperation with the Professional Community)

Second Sunday of the month
Conference Call:

Dial 641-715-0700 Access Code 740427

District 7:

7:00pm, 3rd Tuesday of the month
First United Methodist Church
420 N. Nevada, Room 135 (Boulder St. Access)

TREATMENT:

12pm, 2nd Saturday of the month
Penrose Hospital Volunteer Conference Room
2222 N. Nevada.

SPECIAL NEEDS:

NO MEETINGS SCHEDULED
VOLUNTEERS NEEDED

NIGHTWATCH:

7:00pm, 1st Tuesday of the month
Sacred Heart Parish
21st and Pikes Peak
Room 10 - Following the New Beginners meeting

For more committee information,
please go to coloradospringsaa.org

CONTRIBUTION ADDRESSES

~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs Area Service Office
1353 South 8th St., Suite 209
Colorado Springs, CO 80905
(Include group name and number on check)

~ GENERAL SERVICE OFFICE ~

Payable to: GSO
P.O. Box 459 - Grand Central Station
New York, NY 10163
(Include group name and number on check)

~ AREA 10 ~

Payable to: Area 10 Treasurer
12081 West Alameda Parkway #418
Lakewood, CO 80228
(Include group name, number
and District 7 on check)

~ DISTRICT 7 ~

Payable to: District 7
P.O. Box 26252
Colorado Springs, CO 80936
(Include group name, number
and district 7 on check)

~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee
P.O. Box 40368
Denver, CO 80204
(Include group name and number on check)

• CASH ACCEPTED IN PERSON ONLY •

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pint@coloradospringsaa.org

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at the Area Service Office