



~THE PIKES PEAK PINT~

The “Big A” and the “Big C”

I have alcoholism and had cancer.

I discovered my alcoholism and recovery many years ago. I was self diagnosed. There is no cure but I have a daily reprieve based on my spiritual condition. My treatment is a choice between drinking or doing a few things recommended by AA. They are: 1) Rely on my higher power, 2) Examine my conscience, and 3) Connect with my fellow alcoholics.

I also monitor my attitudes, pray, and meditate. Sometimes alcoholism tells me I'm not sick, don't have the disease and don't need to go to meetings. I know better. It's all in my mind and it sickens my spirit and body.

I was diagnosed with Stage 2 Breast Cancer a year ago. There was a cure for me. I am currently cancer free. My doctors treated me. I showed up for appointments and they gave me chemo, surgery and radiation. The cancer was not in my mind and I did not debate whether I had it. It was written in black and white. I do not work on my treatment for cancer every day except to take an anti-cancer pill.

There was plenty of support for me when family and friends found out I had cancer. Not with alcoholism; I was told to not drink so much and that I had some moral character flaw. I was killing myself. Why couldn't I just stop? I drove people away. And I had a total disregard for the value of my life.

Thankfully, I was in AA before the cancer. I have the best support group around. How can I measure the love and support I received from AA and how it affected my good outcome from cancer? I know it helped tremendously. What I have learned is a good attitude and trust in God always help no matter what I am going through.

I gladly say goodbye to breast cancer but alcoholism is a part of me that lives on. Recovery from alcoholism gave me life—a new life full gratitude, love, and peace.

BETTY A.

HAPPY BIRTHDAY

NEW WOMAN:	
Sharon W.	17 Years
Cathy P.	26 Years
Ellen K.	31 Years
Maile	11 Years
Kerry Ann	3 Years
Heather H.	3 Years
Cathy C.	6 Years
WALK THE TALK:	
Steve	01/01/12
Mica	01/01/06
Mike	01/12/07
Jim N.	01/17/80
Tina N.	01/17/80
Arlene	01/01/09
Carolyn D.	01/26/09
Ray S.	01/05/96
Marsha	01/29/91
Joe P.	01/23/05
Steph	01/19/14
Scott K.	01/13/12
Chris W	01/04/09
Steve P.	01/05/11
Andy C.	01/21/89
Frank B.	01/16/16
Mariah Jo	01/18/16
Lauri	01/01/88
Eric W.	01/10/92

FOXHALL:	
Drew D.	01/07/2007

STEEL MAGNOLIAS:	
Joan L	4 Years

EASY DOES IT:	
Benny M.	01/01/90
Mark H.	01/01/95
Scott W.	01/01/14
Chris H.	01/01/13
David B.	01/03/10
Doc	01/04/09
Mars	01/04/12
Lynda H.	01/05/97
Lawrence P.	01/07/82
Aaron D.	01/10/15
Mike F.	01/10/13
Carla R.	01/14/13
Lea M.	01/15/05
Codi S.	01/20/15
Harry G.	01/28/13

WE ARE NOT SAINTS:	
Carolyn D.	01/26/19
Craig W.	01/28/10
Drew I.	01/30/99
Ryan M.	01/06/14
Scott K.	01/13/12

FRIDAY WOMEN'S:	
Dolores	01/01/89
Sharon W.	01/01/00
Molly W.	01/02/06
Marti B.	01/07/85
Maile L.	01/09/06
Beth L.	01/10/81
Joan L.	01/05/13

DOWNTOWN GROUP:	
Barrett	01/01/15
Bill M.	01/01/01
Jeff O.	01/01/12
Linda P.	01/01/13
Steve F.	01/02/15
Pat H.	01/05/02
Christopher K.	01/05/16
Mary M.	01/08/80
Christina S.	01/12/13
James V.	01/16/11
Andrea B.	01/16/14
Patrick T.	01/17/93
Lisa B.	01/17/93
Jodie B.	01/19/15
James C.	01/22/14
Jessica B.	01/23/13
Deb M.	01/25/10
Brendan L.	01/25/16
Frank G.	01/26/??
Jeff M.	01/27/14
Harry G.	01/28/13
Brian R.	01/29/09
Will H.	01/18/16
Scott R.	01/04/16

STEP 1:

We admitted we were powerless over alcohol — that our lives had become unmanageable.

1

TRADITION 1 CHECKLIST:

1. Am I in my group a healing, mending, integrating person, or am I divisive? What about gossip and taking other members' inventories?
2. Am I a peacemaker? Or do I, with pious preludes such as "just for the sake of discussion," plunge into argument?
3. Am I gentle with those who rub me the wrong way, or am I abrasive?
4. Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
5. Do I put down some AA activities as if I were superior for not participating in this or that aspect of AA?
6. Am I informed about AA as a whole? Do I support, in every way I can, AA as a whole, or just the parts I understand and approve of?
7. Am I as considerate of AA members as I want them to be of me?
8. Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?
9. Do I go to enough AA meetings or read enough AA literature to really keep in touch?
10. Do I share with AA all of me, the bad and the good, accepting as well as giving the help of fellowship?

TRADITION 1:

Our common welfare should come first; personal recovery depends upon AA unity.

CONCEPT 1:

Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

The Basics

My name is Jared, I am an alcoholic. My sobriety date is June 1, 2015.

The last year and a half of my life has kind of been fantastically crazy. Let's just get down to business; this is the how and why of it: The last twenty years of my life revolved around me, myself and I. Believing that I was an eleventh-dimensional being, controlling time and space, my self will ran riot. Playing this delusional role made me into a very sick individual (physically, mentally and spiritually). My life had completely collapsed. There was nothing left except a scared little boy that didn't know how to live.

Being very familiar with institutions, I checked myself into a sober house...again. My A.A. sponsor started me on a steady diet of F. F. T.:

- 1) Go to meetings
- 2) Talk to sponsor
- 3) STUDY the book / work steps
- 4) Pray morning and night
- 5) Be of service / fellowship

For the last year and a half, I've practiced this (the basics) to the best of my willingness each day.

The results of taking these directions are pretty amazing. My wife and children invited me back into their home. I've been employed for the last year. The bills are getting paid and some of my serenity has returned. A higher power has come into my life, as promised, and I get to pray for His guidance in my eleventh-step every morning. I'm starting to understand how to live on life's terms very slowly.

Anyways, Thanks for letting me share.

JARED, ALCOHOLIC

12 Signs of a Spiritual Awakening:

1. An increased tendency to let things happen rather than make them happen.
2. Frequent attacks of smiling.
3. Feelings of being connected with others and nature.
4. Frequent overwhelming episodes of appreciation.
5. A tendency to think and act spontaneously rather than from fears based on past experience.
6. An unmistakable ability to enjoy each moment.
7. A loss of ability to worry.
8. A loss of interest in conflict.
9. A loss of interest in interpreting the actions of others.
10. A loss of interest in judging & criticizing others.
11. A loss of interest in judging & criticizing myself.
12. Gaining the ability to love without expecting anything in return.

Meetings

Through going to meetings and listening, and occasionally speaking, through doing Twelfth Step work, whereby in helping others you are both the teacher and the student, by making many wonderful A.A. friends, I have been taught all the things in life that are worth having.

c. 1976 AAWS
Alcoholics Anonymous, (3rd Edition), p. 416

GROUP CONTRIBUTIONS

GROUP NAME (2016-2017)	YTD	OCTOBER	GROUP NAME (2016-2017)	YTD	OCTOBER
A Common Solution	\$62.73	\$0.00	Northwesters	\$621.89	\$390.40
Above the Bar Group	\$0.00	\$0.00	Off The Wall	\$102.67	\$0.00
Apex	\$340.04	\$0.00	Old North End Study Group	\$95.68	\$0.00
Back to Basics	\$719.93	\$113.85	One Six Four	\$85.00	\$0.00
Beacon Light Group	\$100.00	\$0.00	Pre-Dawn Meeting	\$68.00	\$35.00
Big Book Action	\$776.77	\$0.00	Primary Purpose	\$0.00	\$0.00
Big Book Study UPH	\$250.00	\$0.00	Progress Not Perfection	\$112.38	\$10.00
Black Forest	\$570.99	\$0.00	Recovery in Action	\$430.00	\$0.00
Broadmoor	\$73.10	\$73.10	Recovery, Unity, Service Group	\$140.00	\$140.00
Brown Baggers	\$0.00	\$0.00	Saturday Early Morning Mtg.	\$536.40	\$112.00
Central	\$20.00	\$10.00	Security Eye Opener	\$191.00	\$66.00
Clean Air Group	\$80.00	\$0.00	Serenity Hour	\$475.00	\$50.00
Don't Worry Be Happy	\$301.38	\$210.39	Serenity Riders	\$188.80	\$0.00
Down By The Creek	\$0.00	\$0.00	Serenity Sisters	\$126.46	\$0.00
Downtown Group	\$2,121.53	\$0.00	Sober Sisters	\$102.13	\$0.00
Drylander's Group	\$23.25	\$0.00	Solutions at Noon	\$0.00	\$0.00
Easy Does It	\$0.00	\$0.00	Sought Through Prayer & Meditation	\$208.40	\$20.25
Ellicott Group	\$340.00	\$340.00	Steel Magnolias	\$259.79	\$128.03
4th Dimension Rocketeers	\$50.00	\$0.00	Stepping Stones	\$0.00	\$0.00
Foxhall Group	\$499.87	\$0.00	Sunday Morning Speaker	\$1,202.00	\$457.00
Freedom From Bondage	\$0.00	\$0.00	Sunlight of the Spirit - (Monument)	\$300.00	\$0.00
Friday Night Live	\$107.50	\$0.00	Taking Steps	\$376.62	\$0.00
Friday Women's Group	\$376.00	\$151.00	The Doctor's Opinion	\$100.00	\$0.00
Good Ole Boys	\$200.00	\$0.00	The Garage Meeting	\$258.80	\$85.00
Happy Destiny	\$87.76	\$0.00	Then and Now	\$60.00	\$0.00
Happy Heathens	\$250.00	\$250.00	Thursday Men's Group	\$545.71	\$205.71
Happy Hour	\$0.00	\$0.00	Thursday Noon--Woodland Park	\$114.00	\$42.00
Happy, Joyous & Free	\$0.00	\$0.00	Traditions Only	\$92.00	\$0.00
High Noon	\$140.00	\$0.00	Treating The Illness	\$175.45	\$0.00
H.O.W.	\$300.00	\$0.00	Turning Point	\$0.00	\$0.00
Into Action	\$420.00	\$0.00	Ute Pass Breakfast Group	\$0.00	\$0.00
Keystone to Recovery	\$100.00	\$0.00	Veterans for AA	\$0.00	\$0.00
Lake George Group	\$0.00	\$0.00	Walk the Talk	\$1,750.00	\$0.00
Little Log Church Group	\$237.00	\$0.00	Walking on Water	\$120.00	\$60.00
Living Free	\$57.00	\$0.00	We Are Not Saints	\$2,486.87	\$272.70
Living Sober South	\$281.00	\$39.30	Westside Eye Opener	\$0.00	\$0.00
M.A.G.	\$658.01	\$290.04	Women of Grace	\$201.00	\$106.00
Meditation Group	\$234.00	\$0.00	Woodland Park Beginners	\$0.00	\$0.00
Natural High	\$0.00	\$0.00	Woodland Park Book Study	\$157.33	\$0.00
New Beginners	\$351.24	\$0.00	Woodland Park Women's Step Study	\$84.00	\$0.00
New Woman	\$647.72	\$173.35	Young People	\$667.98	\$0.00
			Totals:	\$23,212.18	\$3,831.12

10th Step INVENTORY

Complete this inventory at the end of any day, especially if you don't feel right.
If you run out of space in any box, continue on other side.

Was I...	
RESENTFUL? Of who?	SELFISH? How?
DISHONEST? How?	FEARFUL? Of what?
Am I obsessing about anything?	Am I keeping any secrets?
Did I cause any harm? Do I owe any apologies?	Was I kind and loving toward all? What could I have done better?
SOBER ACTIONS CHECKLIST	TO-DO LIST
<input type="checkbox"/> Did I go to a meeting? <input type="checkbox"/> Did I pray? <input type="checkbox"/> Did I call my sponsor? <input type="checkbox"/> Did I call another alcoholic? <input type="checkbox"/> Did I help anyone? <input type="checkbox"/> Did I do service? <input type="checkbox"/> Did I meditate? <input type="checkbox"/> Did I fellowship? <input type="checkbox"/> Did I read any literature?	<i>I will discuss my secrets with:</i>
	<i>I will apologize to:</i>
	<i>I will pray for relief from my obsessions and for guidance in my future actions.</i>



An Afternoon of AA Speakers

from the Greater Colorado Springs Region

Please join us Sunday, January 29, 2017 from 1:00 - 5:00 PM

at the Clarion Hotel and Conference Center, 2nd Floor, 314 W. Bijou St.,

for 3 local AA speakers from the Colorado Springs area sharing experience, strength, and hope with one another.

This is an AA event. Any profits will be given to ASO, District 7 or GSO.

The Speakers will be drawn from a pool after the start of the year and will speak at 1:15, 2:30, and 3:45.

The event is Free,

unlimited coffee will be available for \$2

and there will be a potluck,

so those who are so led are encouraged to share some love.

If there are questions or nominations for speakers to be added into the pool,

In the month of **NOVEMBER**
the Service Office received
4 Grateful Giver contributions,
1 Personal contributions,
and
1 Birthday contributions!

Thank You!

DO YOU HAVE A SUBMISSION FOR THE PINT?

*Articles
Cartoons
Event Fliers
Jokes
Poems
Birthdays
Even feedback*

PLEASE SEND SUBMISSIONS TO:
pint@coloradospringsaa.org

.pdf or .doc formats preferred

MEETING CANCELLATIONS:

Progress Not Perfection

(Open, Women's)
10:00am Saturday
Peakview Church of God
401 W. Bijou St., 80905

Cancelled

MEETING CHANGES:

C.P.C.

(Cooperation with the Professional Community)

1:00pm, 3rd Saturday of the month
Sand Creek Library
1821 S. Academy Blvd., 80916
(large study room).

**Was a conference call on the 2nd Sunday
of each month.**

Above the Bar Group

(Open, Discussion)
7:00pm, Monday
Little Chapel of the Hills
69 Co Rd. 5 (next to the funeral home)
Divide, CO 80814
(North on CR5 from Hwy)

Was above McGinty's Pub in Divide.

Grupo Amor y Servicio

(Open, Spanish Speaking)
7:00pm Daily
902 N. Circle Dr., Suite #202, 80909

Was @ 1715 Monterey Rd.

Grupo Amor y Servicio

(Open, Spanish Speaking)
11:30am Saturday
902 N. Circle Dr., Suite #202, 80909

Was Grupo Hispano @ 1715 Monterey Rd.

You Are Awesome!!!!



GRATITUDE MONTH
As of December 14th,
20 Groups have
contributed for a total
of
\$2020.24!!

NEW MEETING:

Sober Sunrise

(Open, Discussion)
6:00am, Monday-Friday
5965 N. Academy Blvd., #203, 80918
(Meeting room inside Pikes Perk).

HEY.!?!

ALL YOU'Z DRUNKS OUT THERE.!

I just wanted to remind you that *YOUR* Area Service Office sells books! **THAT'S RIGHT FOLKS, BOOKS!!**

Imagine that!! *...and, that's not all...*

For *YOUR* convenience they also stock medallions, stickers, pamphlets and (...wait for it...) **BOOKMARKS! WOW!!**

Did you know that if you buy five or more Big Books you'd get a discount.? Yup, it's true...

Not only that, if you buy five or more select books, you'll get the same break. (call or come by for details)

So, why support the big corporate machine? You can keep your money working for YOU right here in YOUR backyard. By purchasing your books 'n stuff locally you help keep Nightwatch answering phones, you help Programs organize events and most importantly, you help keep the Service Office doors open to help the alcoholic that still suffers. Now, isn't that what we're all about?

**Colorado Springs
Area Service Office**

1353 South 8th Street, Suite 209,
Colorado Springs, CO 80905
~ (719) 573-5020 ~

**Monday-Friday 9 a.m. to 5 p.m.
Closed: Saturday and Sunday**



AREA 10 MINI-MEETING

Saturday January 14th, 2017

First United Methodist Church

Fellowship Hall (Basement Level)

420 N. Nevada, Colorado Springs

***Parking & building entrance are on the north side of the church*

Hosted by District 7

11:30-1 Potluck (please bring a dish to share!)

1-3:30 Mini Meeting

This is an informal gathering to introduce the new Area Officers and newly appointed Area Standing Committee Chairs. We will also have a few items of discussion to help set the agenda for the Spring Assembly. Everyone is welcome to attend!

Please feel free to call or email with any questions:

Beth P. areachair@coloradoaa.org 719-337-9569

**Tired of riding *on* the fellowship and want to get inside?
Sponsor pestering you to do some service work?**

**Want to get involved but just don't know what to do?
Then jump right in and start answering the phone!**

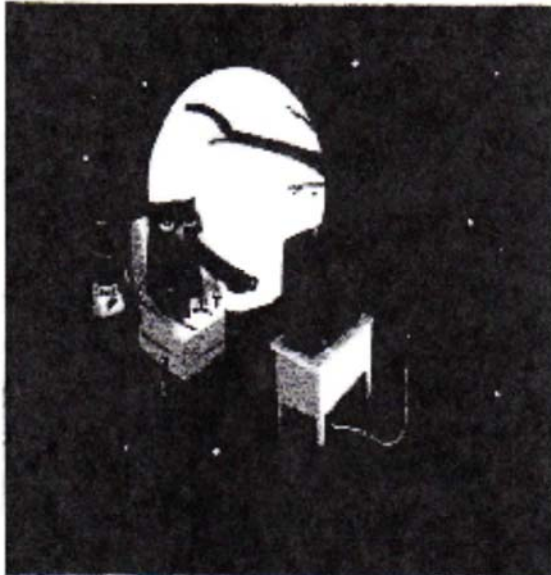
**That's right ladies and gentlemen,
NIGHTWATCH needs YOU!**



**Nightwatch is one of the most rewarding service positions
available.**

**Thanks to the spirit of rotation we all get a chance
to do a little service that has a HUGE impact.**

**You might make a new friend or run into an old one. You
could even save a life simply by answering the phone!**



**For more information
please contact the
Nightwatch Chair at
719-538-6017**

**OR E-Mail
nightwatch@coloradospringsaa.org**

**Or contact the
Area Service Office
at 719-573-5020**

LOCAL SERVICE OFFICE

Hours: Monday-Friday 9 a.m. to 5 p.m.
SAT.-SUN.: CLOSED

Location: 1353 South 8th Street, Suite 209
Colorado Springs, CO 80905

Contact the Service Office
719-573-5020

E-mail: serviceoffice@coloradospringsaa.org

COMMITTEE MEETINGS

ARCHIVES:

NO MEETINGS SCHEDULED
VOLUNTEERS NEEDED

PUBLIC INFORMATION:

2:00pm, 1st Saturday of the month
1st floor Penrose Main Hospital
2222 N. Nevada

in Volunteer Coordinator Conference Room

C.P.C.:

(Cooperation with the Professional Community)
1:00pm, 3rd Saturday of the month
Sand Creek Library
1821 S. Academy Blvd. (large study room).

District 7:

7:00pm, 3rd Tuesday of the month
First United Methodist Church
420 N. Nevada, Room 135 (Boulder St. Access)

TREATMENT:

12pm, 2nd Saturday of the month
Penrose Hospital Volunteer Conference Room
2222 N. Nevada.

SPECIAL NEEDS:

NO MEETINGS SCHEDULED
VOLUNTEERS NEEDED

NIGHTWATCH:

7:00pm, 1st Tuesday of the month
Sacred Heart Parish
21st and Pikes Peak
Room 10 - Following the New Beginners meeting

For more committee information,
please go to coloradospringsaa.org

CONTRIBUTION ADDRESSES

~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs Area Service Office
1353 South 8th St., Suite 209
Colorado Springs, CO 80905
(Include group name and number on check)

~ GENERAL SERVICE OFFICE ~

Payable to: GSO
P.O. Box 459 - Grand Central Station
New York, NY 10163
(Include group name and number on check)

~ AREA 10 ~

Payable to: Area 10 Treasurer
12081 West Alameda Parkway #418
Lakewood, CO 80228
(Include group name, number
and District 7 on check)

~ DISTRICT 7 ~

Payable to: District 7
P.O. Box 26252
Colorado Springs, CO 80936
(Include group name, number
and district 7 on check)

~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee
P.O. Box 40368
Denver, CO 80204
(Include group name and number on check)

• CASH ACCEPTED IN PERSON ONLY •

[Sign up to receive](#)

The Pikes Peak Pint by email!

• Read, enjoy, and send a copy to all your friends •

Send subscription requests to

pint@coloradospringsaa.org

DO IT TODAY!

or you can get a copy for only \$1.00
at the Area Service Office