

The Pikes Peak Pint is a monthly AA-oriented newsletter proudly serving Colorado Springs and its surrounding communities.

Pikes Peak Pint April 2011

AREA MEETING CHANGES, DELETIONS, ADDITIONS

AT NERAASA '94, a large AA service gathering, this exchange took place in an elevator of the hotel that was also housing participants of a Dog Show. Some AAs (whose name tags did not identify the fellowship) were giggling and effervescing as

- THE SATURDAY NIGHT SPEAKER MEETING (open) 10400 Ute Pass Ave. Green Mountain Falls CO.(across from pond), Red Cloud Serenity Club, 3rd Sat. AA/Alanon combined, Last Sat. Birthday meeting is CHANGING TIMES from 7 p.m. to 6 p.m.
- The Eveing Open Meeting Discussion meeting that mets Wednesdays at 6 p.m. is CHANGING ITS NAME to EVENING MEETING-THE PROMISES (open) 10400 Ute Pass Ave. Green Mountain Falls CO.(across from pond), Red Cloud Serenity Club.
- AT THE PEER-STAGE II RECOVERY (Closed, Handicap access) that meets Wednesdays at 6:30 p.m. at 308-I south 8th street is CANCELLED.
- AT THE PEER (open, handicap access) Discussion that meets Fridays at 9:30 p.m. at 308-I S. 8th St. Phone # 633-7337 is CANCELLED.
- The DETOX meeting that meets daily at 8 p.m. is CANCELLED
- THERE IS A SOLUTION (open, handicap access) that meets Wednesdays at noon at 11894 Grand Lawn Cir. (Just east of Powers on Briargate Parkway) The Big White House is CANCELLED.



I'm not alcoholic. I just drink beer.

Joke of The Day Ham on Wry

January 1966

AAs do when they get together.
A bystander (wearing a Dog Show tag) asked, "Say, what convention are you folks with?"
"We're alcoholics," one of the group replied.
"I know!" he said. "But what convention are you with?"
Jim B., Massachusetts

SAVE THE DATE!

The 2011 Longtimers' Dinner will be held on April 9 from 6 to 9 p.m.

> First United Methodist Church 420 N. Nevada Avenue Fellowship Hall in the basement.

See you there!

LOCAL SERVICE OFFICE

Hours: T-F 9 a.m. to 5 p.m., SAT 9am-12pm

Location: 1353 South 8th Street, Suite 209 Colorado Springs, CO 80905

719-573-5020

E-mail: serviceoffice@coloradospringsaa.org Web site: www.coloradospringsaa.org

Contact the Service Office for Intergroup Information or Chair phone numbers.

DISTRICT COMMITTEES

CORRECTIONS Renee J.. - Chair Stephen P. - Vice Chair corrections@coloradospringsaa.org

PUBLIC INFORMATION Beth G. - Chair OPEN - Vice Chair pi@coloradospringsaa.org

CPC (COOPERATION WITH THE PROFESSIONAL COMMUNITY) Larry S. - Chair OPEN - Vice Chair cpc@coloradospringsaa.org

> TREATMENT Mike H. - Chair OPEN - Vice Chair treatment@coloradospringsaa.org

LOCAL SERVICE COMMITTEES

PROGRAM Tomas M. - Chair Megan H. - Vice Chair programs@coloradospringsaa.org

PINT Adrienne A. - Chair Amiee F - Vice Chair pint@coloradospringsaa.org

VOLUNTEER Cissy - Chair Adrienne - Vice Chair programs@coloradospringsaa.org

NIGHTWATCH Dana - Chair Jessica S. - Vice Chair nightwatch@coloradospringsaa.org

WEB SITE Bert B. - Chair Dana E. - Vice Chair webmaster@coloradospringsaa.org

ARCHIVES Frank - Chair Tony G.- Vice Chair archives@coloradospringsaa.org

CONTRIBUTION ADDRESSES*

AREA SERVICE OFFICE Make check or money order payable to: Area Service Office Include Group Name and Number on check.

Send to: Colorado Springs Area Service Office (CSASO) 1353 South 8th Street, Suite 209 Colorado Springs, CO 80905

GENERAL SERVICE OFFICE Make check or money order payable to: General Fund Include Group Name and Number on check.

> Send to: General Service Office (GSO) PO Box 459, Grand Central Station New York, NY 10163

AREA 10 Make check or money order payable to: Area 10 Include Group Name, Number, and District #7 on check.

> Send to: Area 10 Treasurer 12081 West Alameda Parkway #418 Lakewood, CO 80228

DISTRICT Make check or money order payable to: District #7 Include Group Name, Number, and District # on check.

> Send to: District 7 P.O. Box 26252 Colorado Springs, CO 80936-6252

PINK CAN CONTRIBUTIONS Make check or money order payable to: Area 10 Corrections Committee Include Group Name and Number on check.

> Send to: Pink Can Contribution P.O. Box 1949 Carbondale, CO 81623

*Cash accepted in person only, please do not mail.

Please e-mail sobriety anniversaries, announcements, letters to the editor, and e-mail subscription requests to the Pikes Peak Pint before the 20th of each month! pint@coloradospringsaa.org Your Area Service Office and Intergroup would like you to know how <u>very much we appreciate</u> your personal contributions!



In the month of <u>February</u> we received 8 Grateful Giver contributions!

GROUP CONTRIBUTIONS - THANK YOU FOR ALL OF YOUR SUPPORT!!!

\$0.00 \$26.30 \$74.00 \$861.39 \$0.00 \$100.00 \$640.66 \$654.45 \$278.44 \$0.00 \$99.75 \$309.00 \$0.00 \$0.00 \$0.00 \$0.00 \$327.28

\$7.28

\$34.50

\$52.21

\$150.00

\$0.00 \$324.34

\$300.00 \$0.00 \$105.45 \$412.73 \$741.38 \$100.00 \$161.72 \$842.21

\$366.00 \$77.80 \$480.00 \$125.00 \$100.00 \$676.24

\$400.00 \$679.32 \$195.00 \$120.00 \$120.00 \$2,121.98 \$400.00 \$861.55 \$310.00 \$1,007.05 \$90.00 \$400.50 \$400.50 \$791.70 **\$26,425.37**

GROUP NAME (2010-2011)	Yr. to date	February	Little Log Group
Above The Bar Group	\$230.00	robraary	Living Free
After Hours	\$82.40		Living Sober
Apex	\$354.57	\$17.07	M.A.G.
At The Inn			Motherlode
Back to Basics	\$891.09	\$97.00	Natural High
Beacon Light	\$150.00	φ37.00	New Beginners
Big Book Action	\$645.52		New Woman
Big Book Study UPH	\$500.00	\$250.00	Northwesters
Black Forest	\$555.71	φ200.00	Not A Glum Lot
Breath of Life	\$78.00		Oasis Group
Broadmoor	\$159.00	\$50.00	Off The Wall
Brown Baggers	\$100.00	400.00	Outright Mental Defectives
Celebrating Diversity	\$0.00		Pass It On
Central	\$5.00		Pathfinders
Clean Air Group	\$490.00	\$45.00	Penrose Discussion
Clean Slate Noon Meetings (Gratitude)	\$209.68	ψ-0.00	Plug in the Jug
Don't Worry Be Happy	\$209.00		Pre-Dawn Meeting
Down By The Creek	\$0.00		Progress Not Perfection
Downtown Group	\$960.36		Recovery in Action
Drylander's Group	\$102.80		Rule #62
Old North End Study Group	\$259.00		Saturday Early Morning Mtg.
	\$259.00		Security Eye Opener
Easy Does It			
Ellicott Group	\$200.00 \$0.00		Serenity Riders
Eye Opener	\$0.00	¢114.00	Serenity Sisters
1st 164 Pages 4th Dimension	\$187.04	\$114.09	Silver Key Seniors Solutions at 5:30
	\$0.00		Solutions at 5.50
Far North Group			
Fountain of Sobriety	\$0.00	¢07.00	Steel Magnolias
Foxhall Group	\$309.46	\$37.62	Stepping Stones
Freedom From Bondage	\$0.00		Sunday Morning Speaker
Happy, Joyous & Free	\$183.37		Sunday Night Big Book Study (Clean Slate)
Friday Night Live	\$100.00		Sunlight of the Spirit - Women's 12x12 (Monument)
Friday Women's Group	\$897.51		Taking Steps
Gals of Woodland Park	\$0.00		Then and Now
Gift of the Heart	\$0.00		Thursday Mens
Good Ole Boys	\$350.00		Thursday NoonWoodland Park
H.O.W.	\$72.50	\$22.50	Ute Pass Breakfast
Half Pint Group	\$171.00		Veterans for AA
Happy Destiny	\$455.23		Walk the Talk
Happy Hour	\$596.13		Walking on Water
Hilltop AA Meeting	\$0.00		We Are Not Saints
High Noon	\$195.75	\$19.00	Wed. Westside Womens
Hugo Group	\$155.00		Westside Eye Opener
Into Action	\$120.71	\$60.00	Womens Step Study-WP
Keep it Simple	\$0.00		Woodland Park Beginners
Keystone to Recovery	\$188.80		Woodland Park Book Study
Lake George Group	\$55.00		Young People
Last Chance	\$33.84		Totals:

\$956.27

Step 4: Made a searching and fearless moral inventory of ourselves

On the 4th Step Editorial:

Since I cannot speak for anyone else, I'll have to make my experience with the 4th step autobiographical. Before A.A., I tried almost daily to stop drinking. I hated myself constantly. I could not understand why such a wonderful person as I was would do the things I did. I was in a constant state of mental turmoil and misery, and I knew that I could not handle liquor.

On coming into A.A., I had already taken the 1st step, but the 2nd and 3rd steps were discouraging, as I had no faith in a Higher Power. I tried to believe, and would have gladly forced myself to do so, were that possible, because I really wanted to succeed with the A.A. program. However, I skipped over these for the moment, as I was advised to do, and went on to the 4th step. . . .

I tried to make a "searching and fearless moral inventory," and discovered that it was difficult to push my pride and egotism aside sufficiently to get a better view of myself. My first attempt was neither searching nor fearless, but it was a very important start, and I developed and revised it over many months. During this time, I began to see myself as a person who was riddled with resentments, selfishly expecting life to treat me well; a super-sensitive person always inclined to feel hurt about everything that was not to my liking, and intolerant of any opinion differing from my own. I began to see that my thinking was based on fear and vague worries. I saw more. I realized that this very special person I had imagined myself to be could do nothing directly against the power of alcohol. But I began to see how the person I was beginning to understand could outflank old John and attack the cause of the drinking.

For years, I had wanted desperately to do something about my drinking. This, I knew, was impossible. But the 4th step taught me that I could do something about the cause of my drinking. By trying to do something about myself, I found that I did not need to drink. The 4th step showed me what was needed to be done. Without this knowledge, I doubt if sobriety would have been possible for me. The 4th step is just that important.

Richard S. Grapevine February 1945 Vol. 1 No. 9 "We ask him to remove or fear and direct our attention to what he would have us be. At once, we commence to outgrow fear." ~Big Book, pg. 68

Tradition 4: Each group should be autonomous except in matters affecting other groups or A.A. as a whole

Concept 4: At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

CPC/PI COMMITTEES WANT YOU!



Both committees are very busy and always have opportunities for service! Please go to either of their monthly meetings to get involved!

Cooperation with the Professional Community meets the first Saturday of every month at 1:30 p.m. at 7 E. Bijou. Public Information meets the 1st Saturday - 2 p.m. - Penrose Main, 2222 N. Nevada Ave., Volunteer Coordinator Conference Room

STEP UP INTO SERVICE!

The following Service Positions are currently OPEN and NEED to be filled! Please contact the Service Office or come to the next Intergroup Meeting Tuesday November 9th to learn how you can become involved!

INTERGROUP needs a new VICE-TREASURER. Candidate would train for next few months for a year-long commitment. Sobriety requirement two years.

Co - DCM (District Committee Member) Public Information Committee - Vice Chairperson

NIGHTWATCH has OPEN POSITIONS!!! Contact Dana at nightwatch@coloradospringsaa.org

The TREATMENT COMMITTEE NEEDS volunteers! Contact Michael at treatment@coloradospringsaa.org

To submit your group's sober birthdays to The Pint, please e-mail a list of names and the amount of years each person has to: PINT@ COLORADOSPRINGSAA.ORG. Please have birthdays and any other announcements or editorials your group would like to contribute submitted by the 20th of each month to ensure enough time for publishing. Thank you for all of your participation and CONGRATULATIONS to everyone celebrating a MILESTONE OF RECOVERY!

Tuesday New Woman Group	
Jeanni G.	19 years
Linda C.	1 year
Steel Magnolias	
Kim G.	2 years
Oasis Group	
Dan D.	8 years
Security Eye Openers	
Bob M.	23 years
Danielle P.	20 years
Gloria S.	18 years
Ken S.	12 years
Josie P.	2 years

Friday Women's	
Toni L	16 years
Jan H.	15 years
Jan Z.	11 years
Heidi G.	10 years
Sharon A.	6 years
Iris S.	2 years
Robin B.	2 years
Central	
Dave B.	5 years
Toni G.	5 years

AA AT A GLANCE ~ APRIL 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
					1	2 CPC(Downtown) 1:30 p.m. PI (Penrose) 2 p.m.		
3	4	5	6	7	8	9 Treatment Committee 4pm Pikes Perk		
10	11	12 Intergroup Meeting 7pm First United Methodist	13	14	15	16 Corrections 9 a.m. Sacred Heart		
17	18	19	20 Submit Milestones & Letters to the Editor to The Pint	21	22	23		
24	25	26	27	28	29	30		
Central Group's Speaker Meeting, Tuesdays at 8 p.m.								
April April		B. 5 yrs ie A.	April 19 April 26	Lisa B. 14 Yrs Ken S. 12 Yrs				

Monthly Committee Meetings The Board

1353 S. 8th St. - Suite 209 1st Monday - 6:30 p.m. - Service Office

Corrections

2021 W. Pikes Peak Ave. - Room 6 3rd Saturday - 9 a.m - Sacred Heart

CPC

7 East Bijou St. - Room 205 1st Saturday - 1:30 p.m. - Downtown Group

District 7

420 N. Nevada - Room 135 (access Boulder St.)

Intergroup

3rd Tuesday - 7:30 p.m. - First United Methodist Church

Public Information

1st Saturday - 2 p.m. - Penrose Main, 2222 N. Nevada Ave., Volunteer Coordinator Conference Room

Treatment

2nd Saturday - 4 p.m. - Pikes Perk 14 S. Tejon St

AA OUTSIDE OF TOWN

A Love Affair

t is no coincidence that my love affair with AA corrections work and with Mary Anderson (she uses both names...) began on the same day at the Holy Cross Abbey in Canon City in 1998 - it was Friday night of the Area 10 Corrections Conference...

My sponsor was convinced, through his own experience (this really is how it works) that I would be interested in and do well with a commitment to service in corrections work, so he took me with him to the Big Show. As we entered the meeting hall, I immediately noticed a tiny little gal with short grey hair and a t-shirt reading "Serve or Die" or some similar euphemism. That lady, of course, was Mary. Somehow, I knew I was in the right place, and I've been involved with Corrections service ever since...

Through that sponsor, and through Mary, who last month retired from the Department of Corrections, where for years she worked helping AA's through the system so they could carry the message behind the walls, I learned what real commitment means, and how a service commitment can do so much more than enhance a program of recovery. Mary taught me about "keeping a job" as she stayed with DOC and Addiction Recovery Programs for north of 18 years. She and Georgia Greenmeier (she uses both names too!) showed me that two "mature" women thought nothing of driving 80 miles to (for over a decade) to sponsor a prison meeting when they committed to do it. And I think of the lame excuses I've used for not showing up...

The program surely is one of one alcoholic talking to another. In my case, and in my recovery, so often, it has been one alcoholic showing this alcoholic how to do it with class, with dignity and consistency and with love. I've learned those things and so much more from my friend, Mary. And I thank her for all she has done.

Mike Jones Golden, CO

Into the Trenches

n 2003 I tried to get sober. I went to rehab, went to meetings every day and got a sponsor. I thought AA didn't work.

Then in 2008 everything changed. The AA General Service Office helped me start a meeting in jail.

Tom M., Greg C. and Mike M. started coming to my facility. They would walk people though the first 164 pages of the Big Book. Like a light bulb coming on, I got it. I could go to meetings, but what would I do with my other 23 hours a day?

So at rehab, or at the doctors my parents sent me to, I couldn't relate. I don't think they ever needed to be restored to sanity. They hadn't thrown up blood. They hadn't almost had their child fall out a window when they were passed out, or promised never to drink again and be bombed five hours later. They hadn't gotten drunk and been and been with a girl who was off-limits, or messed up a friend's wedding.

But these cats came into the trenches and walked people like me through the Big Book; through the Steps. I wanted what they had. I could see they had been where I had been. They had done those crazy things and were well. I did Step Three on the floor holding other dudes' hands. I did Four and Five in jail--and over 1,000 resentments were gone. I am doings amends through the mail. I meditate. I help others, and I do Step Ten every day.

I've been sober 17 months, and I don't think about dying any more. I love life. Thanks to AA, I am finally free in my head.

Randy H. S. Burlington, Vt. Grapevine, June 2010

Send Us Your Letters!

We want to hear your stories, testimonials, experience, strength and hope!

Send your comments to pint@coloradospringsaa.org