

# ~The Pikes Peak Pint~



## APRIL TWENTY FOURTEEN

#### A Newsletter for the Pikes Peak Region of Alcoholics Anonymous

#### ~EDITOR'S NOTE~

April in AA circles at the Intergroup level means change of leadership. This last Intergroup meeting saw the duly gathered intergroup representatives go through the bylaw outlined duty of voting for the people who would serve as officers of the Intergroup and the service office. The election process, how things happened, to me, was a regular miracle of AA. The position was announced and the nominations for that position were made known to the representatives. That's the "regular" part of the process. The position of secretary, for example, was explained and nominations were announced or taken from the floor. So far, so good. But the "miracle" part of the whole thing is that the voting went on without a hitch, without a battle, without so much as a peep of dissent. Maybe it's my upbringing. I tend to think of fights breaking out easily. Get so many people in a room, concerned about an important event, and things will come to a boil in no time. At least loud words will be exchanged. Things could be thrown. Physical altercations are not far behind. Healing has happened in my life.

Just because two people were up for a position and only one could win... it is more thought of that only one can serve. It's not about pitting one against another or one side against another. In my healing I am beginning to get used to the way we do things in AA. Ok. So I've heard of overly loud gatherings of AA folks discussing what brand of coffee should be served. I have heard of people walking away from a discussion of whether to be a group versus a meeting swearing they will never come back

SUBMISSIONS for The Pikes Peak Pint including all articles, stories, announcements and flyers along with questions, comments and constructive criticism are always welcomed at pint@coloradospringsaa.org.

You will receive a prompt reply and appropriate consideration for publication. Please note that submissions for publication must be made by the  $20^{\text{th}}$  of the month prior to the month desired for publication in order to be considered.

But in my healing I am experiencing in AA gatherings deciding important issues in a somewhat disordered fashion but not by any means in a mean way. One position is finally voted in greater numbers and both sides walk away friends. Maybe AA ways of working are actually healing me.

It amazes me when things go well. I guess what I mean to say that because of AA I can get used to things going well and be surprised when there are stutters in the process. It is a new way of thinking to say things went well without being surprised. It is a new way of thinking that one representative is seen as more qualified than another instead of one side beat the other. These are good thought for me. I imagine it is for other folks, too.

Say, as far as leadership changing, I am stepping down as editor and Vicki is stepping up as Chair of the PINT and will become the editor. Vicki has been working diligently as the type setter this past year. Because I don't seem to be able to keep up with new technology, I have called her type setter for lack of a better word. She has done the layout, arranging articles, adding birthdays and celebrations, putting in announcements, all the time with a happy countenance, and a sense of humor that is contagious and disarming. I hope to stay buddies and maybe even become friends. I wish us all well as Vicki takes over and enjoys herself as editor of the PINT. Let us all support her with articles that go in the PINT; write good of someone you know in the program, tell of a meeting that means so much to you, tell us how you stay sober. Let me thank you all for supporting Vicki and me as we worked on the PINT this past year. Thank you for forgiving a rocky beginning as I tried to figure out what to do. Thank you for sending me on my way. Go Vicki! And God bless!

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A Long Timer Comes a Long Way... an interview by Leslie W.

I come from a long line of alcoholics. We grew up in a farm community in northern Indiana. There was alcohol around, but I never saw my parents as alcoholic — I never saw them drinking, even though they did. But there was Bill. My mother's cousin married Bill, a "real" alcoholic. He got sober in Chicago, but he went to Toledo for work and he got drunk again. His wife stayed at our house on her way to get him; that was in the 1950s, and they took him to Akron, where he really did the whole AA thing.

When I went away to college and to a much bigger city, I felt very much the country bumpkin. However, when I was a freshmen, I fell in with a diverse group of classmates and when one of them decided that we all needed to try this alcohol thing out, I was all in for that! That was 1965. Our favorite (ugh!) drink was gin or rum mixed with orange soda. It was awful but convenient and I just kept drinking. I kept drinking the stuff because I felt like I finally really fit. I was no longer a country bumpkin! Booze made that feeling of belonging come to me immediately. However, I started doing things I knew were not safe. For example, there was an open air limestone mining pit nearby, filled with water, and like in the movie, I went there with a date and decided to do a swan dive into the pit. I had no idea what was in the pit, or how deep it was, and luckily about halfway down I realized the swan dive was not a good idea - I was a lifeguard -- so I twirled and hit the bottom feet first. But I continued to do many things I knew were not safe.

After college, I married, and my husband was in the military. There was a lot of drinking in the military, so things really spiraled down for me. We eventually divorced, and I was on my own in Denver. I was holding down a respectable job even though I was drinking more and more. My pattern was to drink on Thursday night and sober up on Sunday, and I drank "home alone." Then at work one day, a colleague came up to me and told me that I really should stay home when I was reeking of alcohol. I knew I hadn't had a drink on Sunday or Monday, but it still smelled. I backed off for a time and I started getting my first MA degree, but of course, it didn't last. I began to feel I would never finish my degree. I was so ashamed, so utterly depressed. I was fully in that place of

incomprehensible demoralization. It was so in my face that I couldn't go on like I was, and I knew medicine and psychology had no solution for me, because I had worked in mental health for a while. I believed I just had to end my life. I got a plan together, but I couldn't do it right away because I had to find a place for my cats. The night I figured out my plan, I went to bed very relieved. I prayed and said, "Ok, God, I know what I am doing. If you have a different plan, you had better do it now." I woke up in the morning, and my first thought was: "I have to call Alcoholics Anonymous." I believe that a seed was planted way back, because of Bill, or maybe it got planted that night in my dreams. It was definitely because of something bigger than me.

I called AA. I was twelve-stepped that day. I really don't remember much of what we talked about; I know someone was supposed to come by to take me to a meeting that evening and I was supposed to not drink in the meantime. I went to that first meeting and cried the whole time. It was highly embarrassing for me, but I GOT it! I knew immediately I had to get a higher power, because I sure was powerless. That was September of 1978. My first sponsor got me squared away with meetings and the steps, and I got into meditation, and she made sure I got my Fourth Step done. (Note on 4<sup>th</sup> step: It is essential. Just make the effort and peel that onion. The more you peel, the more is there. Just do it. And relax, because you are going to do it again and again.) She took me around, to a lot of places where she spoke, and she set me up to speak! I think they do that on purpose.

I found one of the first, if not the very first, women's meetings in Denver. The women's meeting was very important to me, because I always felt a lot of shame when I cried. At that women's meeting, we went around the table, and everyone got to speak. I passed for about two months. I would sit there silently tearing up with all that shame, and sorrow, and sadness. My emotions had been so shut down. I simply had to go through that, and I could in that meeting because it was so safe, it was all women. I personally could never have done that in a meeting with men present.

About my higher power and turning it over. I have always known that what I call God is there. When I was three years old, I had a sort of spiritual awakening. I was separated from *Continued on Page 3* ...

#### ... Interview Continued from Page 2

my family, sent to live with my aunt and uncle because of illness in my immediate family. One day in the car, I was silently crying because the separation was devastating. All of a sudden I heard this voice in my head, and I saw this image in the sky, and I believe it was God saying, "You will never be alone." In a way, it was easier for me as a child to trust this higher power God thing than most of the people around me.

Making a decision, though, to turn my life and my will over was very hard. I had a struggle: Did I believe? Yes!!! But, did I trust? Well, I had to see about that. It used to really irritate the heck out of me when people would quote that part in the Big Book about faith and electricity, saying, see, it is like a higher power, and it is going to work. I would sit there and think, "There is no guarantee. Lots of things can be broken in there." In the end, it simply came to going forward and stepping off the cliff. "God either is, or is not -- yes or no!" But getting there, it was not like the electricity, like a light bulb going on -- it was something I had to grow into, it took me time to trust. I would look around in a meeting and realize that slowly, I was trusting. I realized the people around me in the program were not lying to me because I knew what they were saying was real. I just took the action, but I also had to grow into it. I did that by acting "as if" and by doing what they told me to do. I found that you have to be willing to do what you need to do for the program to work. So if someone tells you to push a peanut with your nose down Colfax [the longest continuous commercial street in the United States], you do it.

My life got busy, with work and school and 90 meetings in 90 days. After that I would go to at least three, and usually four meetings a week, for a very long time. I got into service, as treasurer of a group, and chairing a meeting, but not at the level, for example, of a GSR.

Things sometimes just happen, and if we are truly present and there for others, we can have an impact that perhaps we will never even know about.

I remember when I first felt joy again. It was regarding an individual who got sober. I had seen this man in our group come in and talk about different things. I watched him go through all those things we go through, and it was so apparent he GOT it! My joy was about seeing him, a newbie, and all of the growth he had gone through that first year. I

could see the transformation in him. I believe it is true that sometimes we can see it in others, but not always in ourselves. I have also found joy through service, through others. By seeing those changes, that happiness in others, I begin to see the happiness in my own life, to recognize it, to recognize the changes I make.

At about somewhere between 17 and 19 years of sobriety, I stopped attending meetings. I was in a relationship with someone who felt strongly that after you were sober for a certain time; you didn't need to go to meetings anymore. You shouldn't need it. I gave in for two years. Needless to say, my thinking got out of whack, and that relationship ended, and I went back to meetings. I did not drink but I would urge anybody to not do that, both for your sobriety and for your relationships. I lost all serenity and irritability and isolation set in. I was hard to be around and did not want to be around anybody.

The promises do come. Good things have happened to me, things I never even thought of. I did grow up seeing women taking their power; doing things as women was important in that era. So in college, I dared to decide that I would indeed become the director of an occupational therapy program. Then, when I retired, I realized in sobriety I had done so much more that what I had considered my "career" goal. I was given so much more than I ever imagined having. I even got a second masters!

Finally, I suggest to everyone to read your coins. On the back: *To thine own self be true*. At the beginning, you must be selfish. You have nothing without sobriety! Even if you are going to work and school and doing *anything* else, meetings must come first. Accept that it is not all going to be perfect, and just keep pushing that peanut down Colfax, or for all of us here, down Colorado Avenue! Kay

"I kept drinking the stuff because I felt like I finally really fit. I was no longer a country bumpkin!"

"Service comes in so many ways, in so many forms; sometimes we don't even have a clue we are being of service."

"Finally, I suggest to everyone to read your coins. On the back: *To thine own self be true.*"

## Experience, Strength and Hope - Staying Sober Through the Hard Times

Writing for the Pint has been a blessing, thank you for allowing me to be of service. My experience is vast, strength is given on a daily basis and my hope has not diminished over the last month. I had a wonderful childhood, loving parents and grandparents, I was not abused, minimal trauma. I excelled in school, cheerleading, sports, boyfriends, lots of friends, but I never felt like I fit in and was always striving for that feeling of belonging. My drinking started as an occasional happy hour with the girls, but I was different. My friends would have a "ladies drink" and go on home, my night would end with many double vodkas and I would wake up in the morning not knowing where I was. I considered this normal – didn't everyone wake up with a stranger? I met my husband and he taught me how to drink in the morning to stop the shakes, what a pair we made! The drinking and using became worse and worse. In between having three children, dealing drugs, being a 24-7 drunk, my husband died of an overdose. I am certain you are thinking, THAT was her rock bottom!! I am sure many of you can relate, I was one heck of a sturdy, tough, and invincible active alcoholic, no-one could hurt me, nothing bothered me, my attitude was "bring it on". I continued to use and drink for several years after my husband died, three DUIs, multiple jail sentences, temporarily lost my children to foster care, ended up in rehab, tried to work the program of alcoholic anonymous, and continued to struggle.

My higher power brought me to my first meeting - Walk The Talk - in April of 2008. I met my wonderful sponsor that day, began to work the steps, attend meetings on a regular basis and reach out. I had been trying to work the program for many years with no success. My heart, life and recovery changed on April 29, 2008. In sobriety I have experienced the loss of my father, several close friends and my 18 yearold son. Because of the program and fellowship of Alcoholics Anonymous, working the 12 steps, service work, my loving sponsor and the love of my God, I have stayed sober through the most heart breaking loss of a lifetime. My son passed away 2/15/14 of this disease and I am so grateful to **be an alcoholic in recovery**. I say the Serenity Prayer at least 100 times a day, get my sad butt to meetings and share my heart with other alcoholics who understand me. I am a proud and grateful member of Alcoholics Anonymous and wouldn't have it any other way. AA saved my life and continues to save my life on a daily basis. robyn

#### Submit an article!

The Pint is always looking for articles, so please email anything you have to <a href="mailto:pint@coloradospringsaa.org">pint@coloradospringsaa.org</a>. "There are no requirements" for writing articles. They can be anything from a couple of lines to several paragraphs and can be on any topic relating to AA. Here are some ideas for articles:

- Explain why a certain slogan or saying in AA is your favorite or your least favorite.
- How did you come to choose your home group? How did you choose your sponsor – or did they choose you?
- Tell us about your higher power. Was it a flash of light or a subtle change in your awareness?
- What has the program given you?
- Tell us about the service work you've done and how it enhanced your recovery.
- Write about your group's history and any difficulties it has had to surmount along the way.
- Is it your anniversary month? Write an article about your recovery.
- Are you a slipper that has since "gotten it?" How did you "get it?"
- What was the easiest Step for you? The hardest? Why?



"I have stayed sober through the most heart breaking loss of a lifetime. My son passed away 2/15/14 of this disease and I am so grateful to be an alcoholic in recovery."

**Concept 4:** At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.



#### Step 4:

Made a searching and fearless moral inventory of ourselves.

#### **Tradition 4:**

Each group should be autonomous except in matters affecting other groups or A. A. as a whole.

#### TRADITIONS CHECKLIST

#### **Tradition Four**

- 1) Do I insist that there are only a few right ways of doing things in AA?
- 2) Does my group always consider the welfare of the rest of AA? Of nearby groups? Of loners in Alaska? Of internationalists miles from port? Of a group in Rome or El Salvador?
- 3) Do I put down other members' behavior when it is different from mine, or do I learn from it?
- 4) Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship?
- 5) Am I willing to help a newcomer go to any lengths – his lengths, not mine – to stay sober? Do I share my knowledge of AA tools with other members who may not have heard of them?

#### **HEARD AT A MEETING:**

"Step inside of a hoola hoop. Look around you. You only have control of what is inside that hoola hoop!"

#### **MEETINGS ADDITIONS - DELETIONS - CHANGES**

**Walk the Talk NEW** (open, handicap access) Beginner Meeting following GSO suggested format and guidelines on Sunday at 12:30 p.m., 5635 N. Academy Blvd.

**Beginners' Study Group NEW** (open, handicap access) Literature Based Discussion on Friday at 7:30 P.M., Ute Pass Cultural Center, 210 E. Midland Ave., Woodland Park.

**Walk the Talk CHANGE** (open, handicap access) <u>Big Book Discussion</u> on Tuesday at 7:00 a.m, 5635 N. Academy Blvd to (open, handicap access) <u>Living Sober</u> on Tuesday at 7:00 a.m., 5635 N. Academy Blvd.

**Grupo Amor y Servicio CHANGE** (Espanola) on Saturday at 11:30 a.m. at 1715 Monterey Rd., Suite 215 to <u>Grupo Hispano</u> (Espanola) on Saturday at 11:30 a.m. at 1715 Monterey Rd., <u>Suite 182</u>.

**The Doctor's Opinion CHANGE** (open) on Tuesday at 7:00 p.m., St. Francis Medical Center, Conference Room #5, 6001 Woodmen Rd to (open) on Tuesday at 6:00 p.m., St. Francis Medical Center, Conference Room #5, 6001 Woodmen Rd. **The First 164 Pages – Big Book Study CHANGE** (open, handicap access) on Thursday at 7:00 p.m., 308 South 8<sup>th</sup> Street, Suite I to (open, handicap access) on Thursday at 6:45 p.m., 309 S. Hancock Ave., West side of Memorial Park. **Stages Group CANCEL** (closed) on Saturday at 5:00 p.m., 514 N. Cascade at St. Vrain, Hearthstone Inn B&B, parking in rear.

• Please Note: 4<sup>th</sup> Dimension Group changed their name to 4<sup>th</sup> Dimension Rocketeers.

# Birthdays of the Month

~ APRIL BIRTHDAY MILESTONES ~								
HAPPY HOUR			NEW WOMAN GROUP					
Natalie R.	4	yrs.	Jeanni G.	22	yrs.			
Jessica A.	1	yr.	Linda C.	4	yrs.			
Michael M.	2	yrs.	Lidia Z.	4	yrs.			
Veronica	6	yrs.	Ashley C.	2	yrs.			
Robin A.	28	yrs.	Alicia W.	1	yr.			
Nate B.	3	yrs.	FRIDAY WOMEN'S					
Rachel N.	10	yrs.	Jan Z.	4	yrs.			
OASIS			Jan H.	18	yrs.			
Dave B.	8	yrs.	Heidi G.	3	yrs.			
Dan D.	11	yrs.	Toni L.	19	yrs.			
Mike R.	5	yrs.	Robin B.	5	yrs.			
Amiee	6	yrs.	SOLUTIONS AT NOON					
Patrick	3	yrs.	Sandy S.	26	yrs.			
APRIL = 235 YRS			Dan D.	11	yrs.			
			Monica B.	2	yrs.			

## 2014 Colorado AA Corrections Conference

"Freedom is a State of Mind" April 11-13, 2014

#### Antler's Hilton, Colorado Springs

Register Today!

Checks can be made payable to: Area 10

Corrections Conference

Registration fee: \$15.00

To register, please fill out this form and return it along with a check to:

2014 Area 10 Corrections Conference, PO Box 40368, Denver, CO 80204

Name:

Address:

Telephone: \_\_\_\_\_
Email: \_\_\_\_
Name you would like on your badge:

I am attending the Dessert Social: Yes/No Donation: \_\_\_\_\_
Total Enclosed:

"Heard at a Meeting" wants to hear from you! Do you have a favorite saying you heard in a meeting that helped you or another? Did you go to an AA retreat or function that changed something in you for the better? What made an impact on you? Submit your stuff to the Pint through the website: <a href="www.coloradospringsaa.org">www.coloradospringsaa.org</a> or email to the Pint at pint@pint@coloradospringsaa.org.





## NIGHTWATCH COMMITTEE MEETING



The Purpose of Nightwatch

#### TRADITION FIVE

Each Group Has But One Primary Purpose-To Carry Its Message To The Alcoholic Who Still Suffers

#### NIGHTWATCH COMMITTEE MEETING

The 1 Tuesday Of Every Month At 7PM,
We Meet At Sacred Heart Parish
2021 West Pikes Peak Ave
Room 10 \*upstairs\*

(corner of 21" street and Pikes Peak)

#### Contact Info:

Service Office 24hr Hotline (719) 573-5020

#### www.coloradospringsaa.org

1353 S. 8<sup>th</sup> Street, Suite 209 Colorado Springs, CO 80905 GINA S. (719) 502-1154





## THE ONLY REQUIREMENTS ARE 6 MONTHS CONTINUOUS SOBRIETY AND A 1 YEAR COMITTMENT OF SERVICE

#### • CONTRIBUTION ADDRESSES •

#### ~ AREA SERVICE OFFICE ~

Colorado Springs Area Service Office 1353 South 8<sup>th</sup> St., Suite 209 Colorado Springs, CO 80905 (Include group name and number on check)

#### ~ GENERAL SERVICE OFFICE ~

P.O. Box 459 - Grand Central Station New York, NY 10163

(Include group name and number on check)

#### $^{\sim}$ AREA 10 $^{\sim}$

Area 10 Treasurer

12081 West Alameda Parkway #418 Lakewood, CO 80228

(Include group name, number and District 7 on check)

#### $\sim$ DISTRICT 7 $\sim$

District 7

P.O. Box 26252

Colorado Springs, CO 80936

(Include group name, number and district 7 on check)

#### ~ PINK CAN CONTRIBUTIONS ~

Pink Can Contributions

P.O. Box 40368

Denver, CO 80204

(Make checks payable to Area 10 Corrections Committee) (Include group name and number on check)

#### CASH ACCEPTED IN PERSON ONLY

#### • COMMITTEE INFORMATION •

#### **Public Information:**

Committee Meeting: 1<sup>st</sup> Saturday, 2:00 p.m., 1<sup>st</sup> floor Penrose Main Hospital, 2222 N. Nevada in Volunteer Coordinator Conference Room.

**Cooperation with the Professional Community:** Committee Meeting: 5:30 p.m., 2<sup>nd</sup> Sunday of the month at the Downtown Group, 210 N. Corona St.

Committee Meeting: 7:30 pm, 3<sup>rd</sup> Tuesday of the month at 420 N. Nevada, First United Methodist Church Room 135 (Boulder St. Access)

#### **Treatment:**

Committee Meeting: 12-1 pm, 2<sup>nd</sup> Saturday of the month, at Penrose Hospital Volunteer Conference Room, 2222 N. Nevada.

#### Nightwatch:

Night Owls Committee Meetings: 7:00 p.m., 1<sup>st</sup> Tuesday of the month at Sacred Heart Parish, 21<sup>st</sup> and Pikes Peak Room 10 - Following the New Beginners meeting.

#### Archives:

Archive Committee Meetings: 6:00 p.m., 1<sup>st</sup>
Monday of the month at Sacred Heart Parish, 21<sup>st</sup>
and Pikes Peak Room 10.

#### **Special Needs:**

Committee Meetings: 1:00 p.m., last Saturday of the month at 309 S. Hancock Ave.

For more committee information including intergroup committees please go to coloradospringsaa.org

#### Local Service Office

Hours: Tuesday-Friday 9 a.m. to 6 p.m.
SAT.-SUN.-MON: CLOSED
Location: 1353 South 8th Street, Suite 209
Contact the Service Office for intergroup Information
Colorado Springs, CO 80905
719-573-5020

E-Mail: service office@coloradospringsaa.org Web site: www.coloradospringsaa.org

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GROUP NAME (2013-2014)	Fiscal Yr. to date	February	GROUP NAME (2013-2014)	Fiscal Yr. to date	February
Above the Bar Group	\$222.35		Northwesters	\$550.00	\$100.00
Apex	\$321.00	\$85.87	Oasis Group	\$150.00	
Back to Basics	\$284.56	\$111.50	Off The Wall	\$185.59	
Beacon Light Group	\$150.00		Old North End Study Group	\$105.50	
Big Book Action	\$392.28		Pre-Dawn Meeting	\$0.00	
Big Book Study UPH	\$301.00		Primary Purpose	\$226.01	\$51.01
Black Forest	\$390.03		Primary Purpose - Men's	\$50.00	\$50.00
Broadmoor	\$0.00		Progress Not Perfection	\$400.03	\$36.50
Brown Baggers	\$150.00		Recovery in Action	\$544.16	
Central	\$69.46		Saturday Early Morning Mtg.	\$224.40	
Clean Air Group	\$253.45		Security Eye Opener	\$84.72	
Don't Worry Be Happy	\$637.42	\$60.00	Serenity Hour	\$397.00	\$50.00
Down By The Creek	\$0.00		Serenity Riders	\$436.89	
Downtown Group	\$3,351.30		Serenity Sisters	\$263.85	
Drylander's Group	\$99.00	\$45.00	Solutions at Noon	\$394.43	\$17.93
Easy Does It	\$268.50		Sought Through Prayer & Meditation	\$85.50	\$11.50
Ellicott Group	\$201.00		Steel Magnolias	\$277.96	
Eye Opener	\$0.00		Stepping Stones	\$310.65	
First Forty	\$35.00		Sunday Morning Speaker	\$1,061.28	
Foxhall Group	\$113.25		Sunday Night Big Book Study (Clean Slate)	\$0.00	
Friday Night Live	\$350.00		Sunlight of the Spirit - Women's 12x12 (Monument)	\$518.50	
Friday Women's Group	\$690.16	\$150.00	Taking Steps	\$41.25	
Good Ole Boys	\$200.00	\$100.00	The Doctor's Opinion	\$300.00	\$200.00
H.O.W.	\$221.44		The Garage Meeting	\$42.76	
Happy Destiny	\$353.01		The Sober Jokers	\$200.00	
Happy Heathens	\$454.50		Then and Now	\$246.06	
Happy Hour	\$120.00		Thursday Mens	\$800.00	
Happy, Joyous & Free	\$298.00		Thursday NoonWoodland Park	\$100.00	
High Noon	\$289.00	\$32.00	Turning Point	\$120.00	
Into Action	\$480.00		Ute Pass Breakfast Group	\$165.00	
Keystone to Recovery	\$75.00		Veterans for AA	\$50.00	
Lake George Group	\$300.25	\$85.25	Walk the Talk	\$5,293.71	\$340.00
Little Log Church Group	\$100.00		Walking on Water	\$100.00	
Living Free	\$138.85		We Are Not Saints	\$1,324.07	\$357.36
Living Sober	\$0.00		Westside Eye Opener	\$0.00	
Living Sober South	\$231.18	\$15.50	Women of Grace	\$314.68	
M.A.G.	\$489.36		Woodland Park Beginners	\$56.59	
Meditation Group	\$50.00		Woodland Park Book Study	\$529.60	
Natural High	\$57.00		Woodland Park Women's Step Study	\$138.00	
New Beginners	\$687.50		Young People	\$1,230.56	
New Woman	\$679.25		Totals:	\$30,822.85	\$1,899.42



G Н Т W C Н N I G Н Т O W L N E W

As the secretary of NightWatch I am responsible for taking notes and minutes at each month's committee meeting. Often our agenda runs smooth, despite how feisty of a group we can be. The seriousness of what each NightOwls service means to them is always present. We have become more than just committee members, we are a family.

Tonight, as I wrote out information on the new meetings, and other agenda items Nate began to share about a caller, a very drunk caller that told Nate he was having a hard time breathing then asked Nate to come and pick him up and take him to the hospital. Nate went on about how he explained he is not a doctor. He told the caller they needed to call 911 so an ambulance could come and get them to the hospital right away. (I must admit that I was half listening to Nate while getting caught up on the pervious items discussed). Rod started sharing about a seriously drunk individual and how he and two other men went on a 12 Step call. Tom was next to share about a caller and how he ended up calling 911. Over the next several minutes I started to realize they were all talking about the same person. I stopped writing notes and listened to a story unfold that gave me goose bumps then and again now as I do my best to recount how several NightOwls and other alcoholics came together over a weeks' worth of time to help another alcoholic in need. An account of how NightWatch can really be in the trenches of AA when we answer our phone and find on the other side an alcoholic drunk, fearful and in a very dark place. Nate had been the first one to talk to John Doe during his Tuesday shift where he started out asking for help for a ride and once Nate explained to John Doe he needed to call 911 right away, John Doe, drunk to oblivion, got outraged and nasty towards Nate. This is where a nearly week long dangerous binge seems to have started. Tom was the next NightOwl to get a call from John Doe during his Thursday shift. Tom shared how when he got off the phone with John Doe he was left with an overwhelming and serious feeling of what if I am the last person that talks to this man" so Tom called 911 and gave the dispatcher the" only information he had; a phone number. Nate shared he had been talking during the whole time with John Doe's wife and even his boss, they were calling him direct and laying out a pretty serious situation maybe even life or death. It wasn't until John Doe called the Service Office and spoke to Marc that it lead to Rod, Marc and Scott making a 12 Step visit to John Doe's hotel room. NightWatch and the connections across this amazing network of service positions showed the ability for sober alcoholics to pull together and get an alcoholic to the hospital for help. Rod shared about the bottles of alcohol and other items lying around the room when they showed up. They talked to John Doe about going to detox and getting rid of the alcohol. When Rod went ahead and started getting rid of the alcohol John Doe got really angry and began to verbally assault them, cursed at them repeatedly and then instructed they needed to leave. On the way down to the hotel lobby Rod, Marc and Scott had talked about and decided they needed to call the police nonemergency number, so they did and explained over the phone what had taken place with John Doe. A few minutes after ending the call the ambulance and police were in the hotel parking lot. Rod, Marc and Scott went to the restaurant next door and saw John Doe being brought out strapped to a gurney put into the ambulance to head to detox.

Over close to seven days, several calls into the AA hotline and five sober alcoholics the hand of AA reached out to John Doe when he picked up the phone and called.



Get in the trenches with us! We know you will not want to miss it. Frequent contact with newcomers and with each other is the bright spot of our lives. (BB pg. 89)

be a... NIGHTOWL!

#### ~ SHOUT OUT ~

**FOUNTAIN OF SOBRIETY** 

6:30 p.m. Saturday 331 Main St, Room 3 Fountain. CO

S

**BIG BOOK STUDY** 

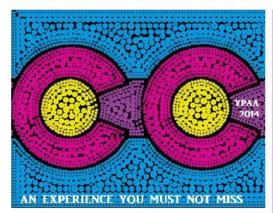
6:00 p.m. Tuesday 301 E. Iowa Fountain, CO In the month of February the Service Office received **6** Grateful Giver contributions, **2** Birthday contributions & **3** personal contributions!!

Thank You!!

We appreciate

Your support!

#### COLORADO CONFERENCE OF YOUNG PEOPLE IN ALCOHOLICS ANONYMOUS



# **CCYPAA**MAY 30-JUNE 1, 2014

COMPLETE THIS FORM BELOW AND MAIL IT TO CCYPAA PO BOX 61013 COLORADO SPRINGS, CO 80960

NAME: NAME ON BADGE:

ADDRESS:

CITY/STATE/ZIP:

PHONE: EMAIL:

SOBRIETY DATE: / / GENDER

MEMBER OF: AA ALANON ALATEEN

SPECIAL NEEDS:

PRE-REGISTRATION- MAIL \$25 CHECK PAYABLE TO CCYPAA
OR PAYPAL: CCYPAA2014@GMAIL.COM

#### **FEAR FACTOR**

**POOL PARTY** 

WATER BALLOON FIGHT

SPEAKER MEETINGS

PANELS

#### **HOTEL ELEGANTE**

2886 S CIRCLE DR COLORADO SPRINGS 719-576-5900

\$99 per night

FOR MORE INFO ccypaa2014@gmail.com www.CCYPAA.com

A.A. was founded on the premise that it would be self-supported through member contributions.

For the past 50 years, contributing a single dollar has been almost a tradition.

1960 228

2000 1 20



Today's dollar has only 16 cents of the purchasing power of a 1960's dollar.



Acknowledging these economic facts, (keep in mind what your last drink cost you (2))

Why not responsibly compensate BY CONTRIBUTING

2 BUCKS FOR 2014!

For those who can't afford it, the important thing is to keep coming back.

This flyer is unofficial and has not been published by the General Service Office



for the

# Longtimers' Dinner

Planning Committee

Join us at Walk the Talk
(Across from Woodley's Furniture)
Tuesdays 6:45-7:45pm

Questions? Call the Service Office at 575-5020, or amail us at programs@coloradospringsaa.org

### Save the Date!

for our annual

## Longtimers' Dinner Saturday, May 17

4:30-7:30pm First United Methodist Church 420 N. Nevada Ave., Fellowship Hall

Questions? Call the Service Office at 573-5020, or email us at programs@coloradospringsaa.org