~The Pikes Peak Pint~



JUNE TWENTY FOURTEEN

A Newsletter for the Pikes Peak Region of Alcoholics Anonymous

~EDITOR'S NOTE~

Trudge the Road of Happy Destiny

As alcoholics, we all got to experience hell first hand. As individuals, each of our experiences was unique; however, all had at least one thing in common — loneliness and despair. We were all so sick in mind, body and spirit that we could not, on our own, escape from hell. Some of us tried to stop drinking and were successful for a period of time. However, a different kind of despair awaits the alcoholic that just stops drinking. "They are restless, irritable and discontented, unless they can again experience the sense of ease and comfort which comes at once by taking a few drinks..." 'The Doctor's Opinion.' And the drink will come to fill that discontent.

The Fellowship of Alcoholics Anonymous SUGGESTS that if you sincerely work its spiritual program of recovery (the steps), you will be delivered into a new dimension of existence – a life filled with purpose and blessed with amazing promises. These steps serve as guideposts for the

SUBMISSIONS for The Pikes Peak Pint including all articles, stories, announcements and flyers along with questions, comments and constructive criticism are always welcomed at pint@coloradospringsaa.org. You will receive a prompt reply and appropriate consideration for publication. Please note that submissions for publication must be made by the 20th of the month prior to the month desired for publication in order to be considered.

successful navigation of recovery and of life, putting you smack dab on the one road out of hell – the road we call "Happy Destiny." As you "trudge" remember that it's not the destination but the journey that matters most; so, don't despair if you are only at the starting line. You've started and you aren't alone for "We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny. May God bless you and keep ..." BB pg 164. Where are you at in your journey? Read what some of our fellowship have to share of their experiences along the "Road." Vicki C.

SUGGESTED PINT TOPICS BY THE MONTH

Always Accepting Shares on Your Strength, Hope and Experience!

JULY: Sober Love. Did you find love while using the 12 steps as a guide to living?

AUGUST: Saying goodbye in sobriety. To sponsors, friends or loved

SEPTEMBER: 'Amending' your ways. Ninth step experiences and promises.

OCTOBER: Spirituality. How did you come to it and how do you maintain?

NOVEMBER: Sober Holidays. Joy or Sadness?

DECEMBER: Service, Service. How are you carrying the

message?

Submissions 2-4 Tradition- page 5 Milestones – pages 6 Committee Stuff - page 7 Group Contributions – page 8 Events – page 9-10

TRUDGING THE ...

From the first time I got drunk at 13 or 14, I loved alcohol. Booze fixed all my loneliness and all my feelings of being different from other people. Booze quieted the voices in my head. Alcohol was my solution. My problem was finding enough of it.

Within a few years of my first drunk, I started dating a girl whose father was severely alcoholic. I spent as much time as I could at her house, both because I was crazy about her, and because I had ready access to booze when I was there. "The Old Man," as we called him, always enjoyed having company while he drank himself into oblivion, and I was happy to oblige. It was a match made in heaven. I remember getting drunk at his house when I was 16, and thinking, "I can sure see how someone could become an alcoholic." It felt that good.

I married that girl, and watched as her father drank himself to death one day at a time.

I joined the military at age 19. By sheer exercise of will, I graduated from Explosive Ordnance Disposal School. EOD personnel have the exciting, sometimes deadly, job of disarming unexploded bombs.

Booze was always present when I was in the military. I was drunk a lot during EOD School. Once I was assigned to my first duty station, I was drunk nearly every night: blackout drunk, puking all over my bed. It was embarrassing to be told the next day what I had done the night before, and to have no memory of it. It was also a very bad idea to be drunk or hung over when disarming bombs, but that didn't slow down my drinking. Fortunately, no one was injured or killed by my alcoholism during this part of my life.

After my enlistment, I went back to college. Again I was able to power myself through by willpower. I was a good student. I finished my education in between the cracks of my drinking. After school was done and I was in the civilian workaday world, my drinking accelerated. It took more and more alcohol to get the desired effect. I was drunk every night, and hung over every morning, but I kept my wits sufficiently about me that I didn't get fired from my job.

A fellow at my church was very open about his alcoholism and his membership in AA. One morning I mentioned to him that my drinking was creating some problems in my life, and I thought I should at least dip my toe in whatever AA had to offer. He whisked me out the door, and I was at my first meeting in 15 minutes or so. We went to three meetings that day. For the next thirteen years I did not take a drink.

For a few years, I attended a lot of meetings, got a sponsor, and worked many of the steps. After my sponsor moved

away, I did not seek out a new one. I tried to stay sober with meetings alone. Soon I drifted away from the meetings too. I managed to stay dry until my five kids were pretty much grown.

Finally the day came when I decided I could drink again. My mental blank spot had lain in wait for over a decade.

For the next fifteen years, I was more or less continually drunk or hung over. At first I was drunk nearly every night. Later I started getting drunk at lunch, and stayed that way until I passed out at night. On

DICTIONARY CORNER

Definitions limited to the meanings of words as they are used in The "Big Book" of Alcoholics Anonymous.

Trudge: move oneself slowly along; walk with a purpose; walk or march steadily, usually with difficulty.

The Goose Hung High: To have a goose to 'hang high' in preparation for eating during this 'Depression era' was a sign of having good fortune or wealth.

weekends, and occasional weekdays, I was often drunk by the time the sun came up.

Everything was falling apart in my life. My finances were a wreck. My job was suffering badly. I was driving drunk. I was stressed out, on antidepressants, and couldn't sleep without medication. (I completely ignored the drug warnings: DO NOT TAKE WITH ALCOHOL). I applied for a new life insurance policy (I knew I was dying), but the company refused to cover me because the liver enzyme test showed the truth of my mortal condition.

Still I drank.

Then my wife – the girl I had been dating since high school – had a sudden medical condition that terrified her. She came to me in a panic because she felt like she was suffocating. I was too drunk to be able to help her, so she had to drive herself to the emergency room. It turned out she was fine, thank God, but I was mortified. I was such a drunkard that I could not even help my wife.

Continued on Page 3

And still I drank.

I thought I might as well be dead. My willpower, which had helped me accomplish so many things in life, was useless against the first drink. Once that first drink was in my system, God alone knew when I would stop.

Out of deathly desperation, I got online and found some AA meetings.

About three months ago, I walked into my first AA meeting after fifteen years of being back out. I was a few minutes early to the meeting, and I told an old-timer that I had been out "doing research," a phrase I had heard used to describe relapses many years before. His response was something like, "That's BS. Has it ever occurred to you that maybe you're just powerless over alcohol?" (I've cleaned up his language a bit for our family audience.)

The meeting began. The old-timer I had talked to happened to be the chair of the meeting that evening. The meeting was about working the steps, exactly the way described in the Big Book. It was about the insanity that precedes the first drink. It was about a Higher Power that wants me to be happy, joyous and free. I knew I was home.

Today I'm coming up on three months sober. During this time I have been loved back into the fellowship. I'm working the steps with my sponsor. From time to time now, I feel the Sunlight of the Spirit penetrating the armor of my ego. I want a lot more of that, and I know that if I am fearless and thorough in working the steps, it will come. That's what the Big Book promises me. For now, I am so grateful to be sober, and to be trudging the road of happy destiny once again.

Paul L.

And we keep on trudging...

ROAD OF ...

Trudging the road of happy destiny is one of those phrases that I wanted to stay away from. I learned later that it had some sort of spiritual meaning that became clearer.

I, at one point in sobriety, believed when they said in the Big Book "...as you trudge the Road of Happy Destiny" that they were talking about the brutal, endless effort of life without alcohol would be. Think of the feeling 3/4 way up a 7.5 mile hike up a 14er peak in Colorado - you're tired, sore, hating every step, wishing you were in better shape, not noticing the gorgeous surroundings, and just wishing it were over. My definition and meaning of the word trudge was basically strenuous actions I did not want to do in life.

I have been able to see the phrase "...as you trudge the Road of Happy Destiny" in a whole different light. I'm simply to make progress toward a spirit-led life.

So, today my life is about "trudging". I find myself fighting myself in the struggle to "improve" myself - eat better, get more exercise, make more money - pick anything to look at and I'm struggling.

The answer to the struggle is to stop struggling and ask God for the grace to do what's next. So far, God's been faithful. I still struggle but have a trust and faith in God that allows the process of trudging the road to really become a happy destiny.

My prayer, for today is that I can be the best I can be, that I learn what there is to learn and that God will find use and purpose for me that I may not see for myself as long as I allow Him to do so.

Keep on trudging...

Bryan K.

Local Service Office

Hours: Tuesday-Friday 9 a.m. to 6 p.m.
SAT.-SUN.-MON: CLOSED
Location: 1353 South 8th Street, Suite 209
Contact the Service Office for intergroup Information
Colorado Springs, CO 80905
719-573-5020
E-Mail: service office@coloradospringsaa.org

Web site: www.coloradospringsaa.org

HAPPY DESTINY.

Webster defines trudge as 'to walk slowly and heavily because you are tired or working very hard'. Another definition uses the term 'to walk or march steadily and usually laboriously'. This was accurate for me in the beginning. I was walking slowly, and I was tired. My disease had just beaten me into submission, and then I walked into the rooms and was advised to get right to work. This was a huge challenge for me; I wanted to rest for a minute. Honestly I think I wanted to sit and stew in the mess I had made for myself for a while longer. That took a different kind of energy, and I was used to throwing pity parties, I was good at it!

Once I finally started being willing, the work was very hard, it went slowly, and often felt like I wasn't really getting anywhere. This feeling lasted for a while during multiple trips in and out of the rooms. Until I finally reached my bottom, I was trudging out there too. And although I knew the program meant hard work and rigorous honesty, I knew I didn't have any answers left of my own.

Coming back into the rooms with total willingness made all the difference for me. The more I work my program the more the second definition seems more appropriate. Marching steadily was much more realistic for this alcoholic. One of the women in my circle defines trudging as walking with purpose. That's how I see my walk in the program today. Are there times where I'm tired, and the whole ordeal seems laborious. Sure. That's life. Life is hard with or without a program, personally I can't imagine living without my program today. I have women who trudge the road with me. They pick me up when I fall. When I'm dragging my feet, they help me along the way until its safe for me to walk on my own again. I'm blessed to be able to do the same for them.

You know my life isn't at all what *I wanted*. I lost custody of my child during this journey, and although I still have a relationship with her and hopefully will have her with me again one day, some days it takes every spiritual tool I have just to step out of the shame I feel around that situation, and get out of bed and get through the day. Those are the days I feel like my journey is hardest. That's when I'm trudging. I know I have to steadily

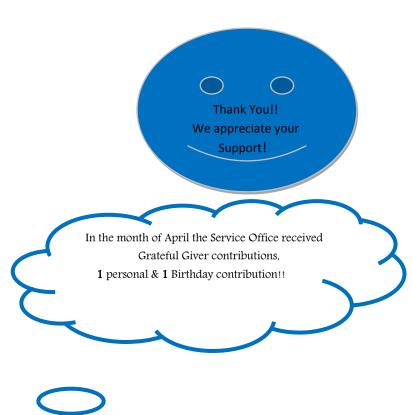
march with purpose.

For me the most important factor around this concept is pacing myself. It's so cliché, but it really is one day at a time. In the morning I say my prayers and praying for the 24 hours ahead. It has been something I continue to work on. Today, right this very second, I'm not walking slowly, and thank God I am no longer walking heavily. I have a solution, it works, and it gives me a design for living my life in a way that makes me of service to those around me. I am thankful to the rooms, and the people in them who have shown me how to be steady in my walk.

-Jessica F.

Submit an article!

The Pint is always looking for articles, so please email anything you have to pint@coloradospringsaa.org. "There are no requirements" for writing articles. They can be anything from a couple of lines to several paragraphs and can be on any topic relating to AA.



Concept 6: The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.



Step 6:

Were entirely ready to have God remove all these defects of character.

Tradition 6:

An A. A. group ought never endorse, finance or lend the A. A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

TRADITIONS CHECKLIST

Tradition Six

- 1) Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?
- 2) Is it good for a group to lease a small building?
- 3) Are all the officers and members of our local club for AAs familiar with "Guidelines on Clubs" (which is available free from GSO)?
- 4) Should the secretary of our group serve on the mayor's advisory committee on alcoholism?
- 5) Some alcoholics will stay around AA only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities?

HEARD AT A MEETING:

"Surrender isn't losing the battle, surrender just means you are moving over to the winning side."

MEETINGS ADDITIONS - DELETIONS - CHANGES

Women's AA ComCor CANCEL (open) on Tuesday at 7:30 p.m. at 3615 Roberts Road. **First Forty Group CANCEL** (open, handicap access) on Saturday at 7:00 p.m. at 1110 East Fillmore (behind Wendy's on Fillmore & Virginia)



~ JUNE BIRTHDAY MILESTONES ~							
FRIDAY WOMENS			TUESDAY NEW WOMEN				
Kathy A	13	yrs.	Connie A.	31	yrs.		
Tricia A.	18	yrs.	Harriet O.	7	yrs.		
Alysa S.	7	yrs.	Ellen C.	2	yrs.		
Cathie S	26	yrs.	Susan T.	3	yrs.		
Julie D.	3	yrs.	Shari A.	14	yrs.		
Patty H.	20	yrs.	Stephanie S. 1				
Sonja	4	yrs.	HAPPY HOUR				
Connnie W.	13	yrs.	Kelly C.	12	yrs.		
Jessie	3	yrs.	Steve R.	12	yrs.		
Kelly C.	12	yrs.	HAPPY HOUR (MAY)				
Georgia B.	35	yrs.	Dana E.	6	yrs.		
Adrienne	2	yrs.	Carol J.	15	yrs.		
WALK THE TALK			Kathy I.	6	yrs.		
Patty H	20	yrs.					
Stephanie	23	yr.					
Kelly G	1	yr.					
Ken	1	yr.	CELEB	RA]	LE		
Bob C.	24	yrs.	your mileston	es! JUN	E =		
Craig	17	yrs.	396 Y				
Kris K.	7	yrs.					
Burner	42	yrs.					
Katherine	23	yrs.	D. 1. 1.11. //				

Permission to Post: http://recoverycartoons.com

~ SHOUT OUT ~

FOUNTAIN OF SOBRIETY

6:30 p.m. Saturday 331 Main St, Room 3 Fountain, CO

BIG BOOK STUDY

6:00 P.M. Tuesday 301 E. Iowa Fountain, CO



"Heard at a Meeting" wants to hear from you! Do you have a favorite saying you heard in a meeting that helped you or someone else? Did you go to an AA retreat that changed you for the better? Submit your share to the Pint website: www.coloradospringsaa.org or email to the Pint at pint@coloradospringsaa.org.



NIGHTWATCH COMMITTEE MEETING



The Purpose of Nightwatch

TRADITION FIVE

Each Group Has But One Primary Purpose- To Carry Its Message To The Alcoholic Who Still Suffers

NIGHTWATCH COMMITTEE MEETING

The 1 Tuesday Of Every Month At 7PM,
We Meet At Sacred Heart Parish
2021 West Pikes Peak Ave
Room 10 *upstairs*

(corner of 21 street and Pikes Peak)

Contact Info:

Service Office 24hr Hotline (719) 573-5020

www.coloradospringsaa.org

1353 S. 8th Street, Suite 209 Colorado Springs, CO 80905 GINA S. (719) 502-1154

NightWatch Committee Chair



THE ONLY REQUIREMENTS ARE 6 MONTHS CONTINUOUS SOBRIETY AND A 1 YEAR COMITTMENT OF SERVICE

• CONTRIBUTION ADDRESSES • ~ AREA SERVICE OFFICE ~

Colorado Springs Area Service Office 1353 South 8th St., Suite 209 Colorado Springs, CO 80905 (Include group name and number on check)

~ GENERAL SERVICE OFFICE ~

P.O. Box 459 - Grand Central Station New York, NY 10163

(Include group name and number on check)

$^{\sim}$ AREA 10 $^{\sim}$

Area 10 Treasurer 12081 West Alameda Parkway #418 Lakewood, CO 80228

(Include group name, number and District 7 on check)

~ DISTRICT 7 ~

District 7

P.O. Box 26252

Colorado Springs, CO 80936

(Include group name, number and district 7 on check)

~ PINK CAN CONTRIBUTIONS ~

Pink Can Contributions P.O. Box 40368

Denver, CO 80204

(Make checks payable to Area 10 Corrections Committee) (Include group name and number on check)

• CASH ACCEPTED IN PERSON ONLY •

COMMITTEE INFORMATION

Public Information:

Committee Meeting: 1st Saturday, 2:00 p.m., 1st floor Penrose Main Hospital, 2222 N. Nevada in Volunteer Coordinator Conference Room.

Cooperation with the Professional Community: Committee Meeting: 5:30 p.m., 2nd Sunday of the month at the Downtown Group, 210 N. Corona St. **District 7:**

Committee Meeting: 7:30 pm, 3rd Tuesday of the month at 420 N. Nevada, First United Methodist Church Room 135 (Boulder St. Access)

Treatment:

Committee Meeting: 12-1 pm, 2nd Saturday of the month, at Penrose Hospital Volunteer Conference Room, 2222 N. Nevada.

Nightwatch:

Night Owls Committee Meetings: $7:00 \text{ p.m., } 1^{\text{st}}$ Tuesday of the month at Sacred Heart Parish, 21^{st} and Pikes Peak Room 10 - Following the New Beginners meeting.

Archives:

Archive Committee Meetings: 6:00 p.m., 1st
Monday of the month at Sacred Heart Parish, 21st
and Pikes Peak Room 10.

Special Needs:

Committee Meetings: 1:00 p.m., last Saturday of the month at 309 S. Hancock Ave.

Corrections:

Committee Meetings: 9:00 a.m., third Saturday of the month at Sacred Heart Parrish School, Rm 6, 2201 W. Pikes Peak.

For more committee information including intergroup committees please go to coloradospringsaa.org

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GROUP CONTRIBUTIONS

		1,001 0	DIVINIBOTIONS		
GROUP NAME (2014- 2015)	Fiscal Yr. to date	April	GROUP NAME (2014-2015)	Fiscal Yr. to date	April
Above the Bar Group	\$0.00		Northwesters	\$0.00	
Apex	\$0.00		Oasis Group	\$0.00	
Back to Basics	\$0.00		Off The Wall	\$0.00	
Beacon Light Group			Old North End Study Group	\$0.00	
Big Book Action	\$35.00	\$35.00	Pre-Dawn Meeting	\$0.00	
Big Book Study UPH	\$0.00		Primary Purpose		
Black Forest	\$100.00	\$100.00	Primary Purpose Men's Group	\$0.00	
Broadmoor	\$0.00		Progress Not Perfection	\$56.73	\$56.73
Brown Baggers	\$0.00		Recovery in Action	\$0.00	
Central	\$0.00		Saturday Early Morning Mtg.	\$90.00	\$90.00
Clean Air Group	\$0.00		Security Eye Opener	\$0.00	
Don't Worry Be Happy	\$0.00		Serenity Hour	\$25.00	\$25.00
Down By The Creek	\$0.00		Serenity Riders	\$0.00	
Downtown Group	\$0.00		Serenity Sisters	\$40.00	\$40.00
Drylander's Group	\$0.00		Solutions at Noon	\$47.77	\$47.77
Face Base II	#0.00		Sought Through Prayer &	#05.50	#05.50
Easy Does It	\$0.00		Meditation	\$25.50	\$25.50
Ellicott Group	\$0.00		Steel Magnolias	\$37.50	\$37.50
Eye Opener	\$0.00		Stepping Stones	\$0.00	
First Forty	\$0.00		Sunday Morning Speaker Sunday Night Big Book Study	\$0.00	
Foxhall Group	\$0.00		(Clean Slate)	\$0.00	
Friday Night Live	\$500.00	\$500.00	Sunlight of the Spirit - Women's 12x12 (Monument)	\$0.00	
Friday Women's Group	\$0.00		Taking Steps	\$0.00	
Good Ole Boys	\$0.00		The Doctor's Opinion	\$0.00	
Happy Destiny	\$116.16	\$116.16	The Garage Meeting	\$63.00	\$63.00
Happy Heathens	\$0.00		The Sober Jokers	\$0.00	
Happy Hour	\$0.00		Then and Now	\$0.00	
Happy, Joyous & Free	\$120.00	\$120.00	Thursday Mens	\$0.00	
High Noon	\$22.00	\$22.00	Thursday NoonWoodland Park	\$0.00	
H.O.W.	\$0.00		Treating The Illness	\$71.50	\$71.50
Into Action	\$0.00		Turning Point	\$0.00	
Keystone to Recovery	\$0.00		Ute Pass Breakfast Group	\$120.00	\$120.00
Lake George Group	\$0.00		Veterans for AA	\$0.00	
Little Log Church Group			Walk the Talk	\$425.00	\$425.00
Living Free	\$50.00	\$50.00	Walking on Water	\$0.00	
Living Sober	\$0.00		We Are Not Saints	\$0.00	
Living Sober South	\$26.50	\$26.50	Wed. Westside Womens	\$0.00	
Meditation Group			Westside Eye Opener	\$0.00	
M.A.G.	\$150.50	\$150.50	Women of Grace		
	Ψ100.00			•	i
Natural High	\$0.00		Woodland Park Beginners	\$0.00	
Natural High New Beginners	·	\$106.00	Woodland Park Beginners Woodland Park Book Study	\$0.00 \$0.00	
	\$0.00	\$106.00 \$143.28	<u> </u>	·	
New Beginners	\$0.00 \$106.00		Woodland Park Book Study Woodland Park Women's Step	·	\$213.44

2014 Colorado State Convention

Presented by Area 10 Alcoholics Anonymous in cooperation with Area 5 Al-Anon Family Groups Two Rivers Convention Center, Grand Junction, Colorado – August 29, 30 and 31, 2014



Activities & Events are based on "Our Common Welfare

— Singleness of Purpose*

Friday Evening Speaker Saturday Al-Anon Speaker and Luncheon Saturday Evening Speakers, Banquet & Dance Sunday Morning Speaker Workshops, Continuous Meetings and Videos

AA Speakers

Jim E., former Chairman GSO Board, El Dorado Hills, CA Kent C., Sandusky, OH David H., Past Delegate Panel 47, Parker, CO Holly P., Lake Charles, LA

Al-Anon Speakers

Group Rate: \$109.95

Susie B., Brindisi, Italy Debbe P., Abilene, TX



For Preliminary Program and Updated Information Go online: www.coloradoaa.org

Questions?

<u> AA</u>

Lew E, Convention Chair 970-778-8878, convention@coloradoaa.org
John M, Pl Chair, 970-243-8589, johnmgj@gmail.com
Marilyn F, Reg Chair, 970-243-7645, A10ConvReg@gmail.com
Al-Anon

Kelly W, Convention Chair, 2014StateChair@al-anon-co.org Michelle M, Co-Chair, Panel35@al-anon-co.org

Group Rate: \$119.95

GROUP RATE CODE FOR ALL 3 HOTELS: AREA 10 STATE CONVENTION. Reserve by 8/15/2014. Hampton Inn Fairfield Inn & Suites Springhill Suites 205 Main St, GJ, CO 81501 225 Main St, GJ, CO 81501 236 Main St, GJ, CO 81501 Ph: 970-243-3222 or 800-426-7866 Ph: 970-242-2525 or 800-228-2800 Ph: 970-424-5777 or 888-287-9400 www.grandjunction.hamptoninn.com www.marriott.com/GJTFI www.marriott.com/GJTSH

Group Rate: \$109.95

Register online at www.coloradoaa.org or complete the form below and mail to (make checks payable to "Area 10 State Convention"):
2014 Area 10 State Convention, PO Box 324, Grand Junction, CO 80502. One form per person.

Pre-Registration	\$25	On-Site Registration \$	30	Member Re	gistratio	n Information:		
□ AA	☐ Al-Anon	□ Other		Name on Ba	idge:			
☐ Friday Night Desse	rt Social \$10			Name:				
☐ Saturday Al-Anon L	uncheon \$30			Address:				
☐ Saturday Night Banquet \$45				City: State:				
☐ Saturday Night Dance \$5 (Included if Registration is				Zip Code:		Pho	one: ()	
postmarked by 8/1	5/2014)			Email:				
□ Bottomless Coffee	Mug \$15			_				
☐ Discounted Package Price \$100 (Total Savings of \$25.00 for					□ I want to volunteer			
Registration postm	arked by 8/15/	2014)						
□ Optional Donation	\$			Special Need	ds:	☐ Sign language	e interpreter	
Total Enclosed	\$					☐ Other (specif	fy):	
Credit Card Informatio	n: VISA/MC#:					Expiration D	Date:	
Cardholder Name:				Billing Zip	p Code:		Security Co	ode:
Cardholder Signature:							Date:	
On-site registration wi	ll be open from	3:00 PM-9:00 PM Frid	ay, August 2	9, 2014 and	at 8:00 /	AM Saturday, Au	igust 30, 2014	



Colorado Springs Intergroup Presents....

our annual

Founders' Day © Picnic

Saturday, June 7

1 1:30-2:30pm, Speakers at 1pm
Bear Creek Park
Pavillions 465 - same as last year
(On the east side of 21st Street, across from dog park)

Meats & grillin' will be provided! Please bring a side & join us in the sunlight of the spirit!

AA Speaker • Al-Anon Speaker • Fellowship Volleyball Area • Horseshoe Pit • Kids' Playground

\$5 suggested contribution · no-one will be turned away! Hope to see you there!!

Questions? Call the Service Office at 573-5020





