



Topics by the Month

- **SEPTEMBER:** 'Amending your ways' Ninth step experiences and promises.
- **OCTOBER:** Spirituality. How did you come to believe and how do you maintain?
- **NOVEMBER:** Sober Holidays. Joy or Sadness?
- **DECEMBER:** Service, Service, Service. How are you carrying the message?

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~THE PIKES PEAK PINT~

Keep Moving Forward

"There are many situations which arise out of the phenomenon of craving which cause men to make the supreme sacrifice rather than continue to fight." - Big Book, p. xxx.

My friend just died of an overdose. Her relapse had started 3 months ago with alcohol - a few beers after work here and there. She had said at the time that she just wanted to unwind after work, that her new drinking friends were fun. That the people in AA had let her down.

This quickly de-

veloped into a conversation one night where she just cried and cried, tears streaming down her face, that all she ever wanted was to be loved. She was gone just a few days later. I think those are the conversations that make her death the most challenging. I attended her funeral and spoke with her family. There was and there was not what therapists might call 'closure'. Grief doesn't go quietly or quickly. I don't know what it looks like in sobriety, really.

How do we say goodbye to someone whom this illness has taken? How do I say goodbye to someone who I loved and really tried to help? Her friends are grieving, and few of us are in the same place at the same time around her death. We share at meetings and with our close-mouthed friends. We rely on our Higher Power, more than we ever have before. We stay in the pack.

Goodbye

Continued on Page 2

EDITOR'S



NOTES

Goodbye activates our fears – fear of life without a loved one in it, fear of the unknown, fear of life without the comfort of our “drug”, fear of being alone – take your pick. Whether it's a happy goodbye to the bad stuff

or a sad farewell to a friend, the fears come; however, as the following stories will attest, fear is no longer the evil, corroding thread that once ruled our lives. Why? Because when we took step 3, we put our faith in the hands

of a power greater than ourselves and in step 7, asked that power to remove our shortcomings. By taking these steps we are now better able to meet life on life's terms and one of those terms will always be Goodbye.

Continued from Page 1... "Keep Moving Forward"

It's been too recent and I am too early in sobriety to be able to put together an essay steeped in solid recovery. This moment, in the middle of my grief, is the only place I have experience with... and these moments do not look pretty. I ask God to help me to just grieve and to keep me sober; please keep me out of morbid reflection. For, sadly, I know how it feels to be let down by the people around me -- all I ever wanted was to be loved, too, but expectations are just another delusion. The long road of reconstruction hasn't quite taken me to the best days of my life - yet. I cannot afford to stay stuck in how I want life to look; I must keep moving forward. I know that "... if an alcoholic failed to perfect and enlarge his spiritual life through work and self-sacrifice for others, he could not survive the certain trials and low spots ahead (Big Book, p. 15)." This is one of those certain trials and low spots; I'm grateful that I was steeped in the solid solution of carrying this message and the grace of humility in surrender. But now is the time to pick up that mantle all the more, exactly when I'd rather just sit on the ground and scream and cry.

I am humbled that I don't have many answers, answers I want so badly. Why did this have to happen to her? What more could I have done? Was her death inevitable or was there a chance for salvation before then? I will never know the Truth of the matter. I have but such a small slice of the truth seen through partly-closed eyes. I tried, honestly and purely, to carry this message to her the entire month before she went, for naught. We really are beyond human aid, me included, all of us and each of us.

"Realization dawns that he is but a small part of a great whole; that no personal sacrifice is too great for preservation of the Fellowship (12x12 p. 130)."

I hope my Higher Power will grace me with full cooperation in Unity. When one of us gets cleaved from the herd, the inevitable can happen. I came into AA because I was too defeated to go on living; AA was the last chance. Now, I see that I am too defeated to go on living with resentments, worries, fears - that I must go on but only in love to really give AA a full chance. Taking down my wall scares the daylight out of me, because I think being open means that I will be hurt. Maybe it will mean that, as there may be others to mourn. But maybe being open, honest, willing enough to try to really live in spiritual principles -- taking that risk at any cost to my ego -- is the only way out of the futile death predicted on p.66 of the Big Book,

"I came into AA because I was too defeated to go on living"

"But with the alcoholic, whose hope is the maintenance and growth of a spiritual experience, this business of resentment is infinitely grave."

Father, thank you for the moments shared with your daughter. Forgive me for the ways in which I have let her and your other kids down. Please keep us all safe and close to you, and thank you for the strength to continue walking with you. - Anonymous in Colo Spgs



"Saying Goodbye to Old Ideas"

We read it at the beginning of nearly all our groups and meetings, "Rarely have we seen a person fail who has thoroughly followed our path." What a hopeful sentence for such a hopeless group of men and women. Out of ideas, out of options, I arrived at Alcoholics Anonymous. Hating the condition my life was in, hating the condition my physical body was in and hating the condition my heart was in. What I didn't understand was the illness I was afflicted with. The idea that my own mind had the ability to convince me to drink even against my own will. How many times had I said, "I am not going to drink tonight" or "I am never going to do that again" or "I will never put myself in that position again" only to find myself doing the exact thing I swore off. That's the hopeless feature of alcoholism to me. If I could just stay stopped I would be alright. My problem was always being convinced that one more time it might be different. So how do we begin?

Well, chapter 5 goes on to tell us, "Some of us have tried to hold on to our old ideas and the result was nil until we let go absolutely." Let go of what? Our old ideas. Absolutely.

My sponsor helped me understand long ago that my willingness was a large factor in the quality of my sobriety. And that looked like, for me, taking her direction even when I didn't agree with it or like it very much. That began with me 'saying goodbye' to the old idea that I knew what was best for me. If I were to be one of the women who successfully followed our path, I would have to say goodbye to my old way of thinking and my old way of doing a lot of things. I would have to embrace the steps that my sponsor took that made me want what she had.

Several years later I am still taking steps and directions that I don't always feel like taking, but I am still willing to let go absolutely. It has worked for me. Sometimes goodbyes aren't easy, but sometimes they are exactly what we need for new beginnings.

Robin Chambon

“Letting Go”

On the subject of saying good-bye, I have more experience than I thought I did before I was asked to write this. The first thing that comes to mind are the countless "old ideas" that I have had to let go of. Every time that I have to let go of something I am saying good-bye to it. If you are an alcoholic like me, these experiences of letting go can often be quite painful because I have been clutching this thing with such a grip, I have been so invested in this thing and now it is time to say good-bye.

I never let go of anything unless I can see, with clarity, that it is no longer of any constructive use. I saw an episode of a television show where a person would hoard food in their house. They had piles upon piles of putrid rotting food. A psychiatrist asked this woman "Can we throw this out? This is very rotten and potentially very dangerous to ingest". The woman nervously replied "oh no, that is still good. I can do something with it". At that point in the show I realized that while I do not hoard food I have a similar peculiar mental twist that tells me that a behavior, a relationship, an idea is still working when all physical evidence points to the contrary. It is like sitting in a broken-down car with no wheels saying "Vroom! Vroom!" thinking that I am actually going somewhere.

I can say good-bye when I know that it is broken, when I know in my heart that the thing has stopped functioning the way it once did and it will never return to normalcy. I have had to say good-bye to jobs. I have had to say good-bye to loved ones that passed away. I have had to say good-bye to career aspirations. I have had to say good-bye to spouses. I have to say good-bye to women that I had fallen in love with. Each one of these good-byes had one thing in common - I did not want it to end, but it was at the end. Saying good-bye is not so hard when I am not resistant to the reality of the situation. I need to abandon the sinking ship, or often times the ship has already sunk and I need to abandon the wreckage. Saying good-bye is always made easier when I get a strong, but calm intuitive thought that I have come to the real end. A friend once told me that his primary action in AA is to let go, and that a higher power would take care of the rest. My experience has supported my friend's claim and a higher power has certainly take care of me when I can truly turn my will and my life over.

David H

“I don't know why you say goodbye...”

I'm not going to say there were no sad farewells, but when I think about sobriety, it's mostly the hellos that come to mind. I can't deny that deciding to step out into the world clean and sober felt like I was leaving my entire life behind. Everything I did revolved around drinking and getting high. And even though I was miserable and hated pretty much all of it, it was still my life. Letting go of it felt like I was giving away everything I'd ever lived for. But when I think about sobriety, it's not loss or sorrow or sacrifice that comes to mind. It's freedom and strength and security. It's having options and making choices. It's sitting in the driver's seat instead of being pulled along behind like a string of rusty cans.

Looking back it's easy to see I was holding on to nothing, and holding on for all that I was worth. I was convinced that drinking and using was how I kept it all together, how I'd survived the messed up things that had happened to me. How I was able to let it all go and pull up my bootstraps and face another day. I was actually proud of myself for figuring out a solution, a way to rise above my screwed up life. I just wasn't able to see that *that* solution was what was causing my life to continue being so screwed up. Sometimes it seems that the hardest things to see are the ones right in front of our face.

So when I made the choice to step forward into sobriety, of course there were goodbyes. I said goodbye to: waking up every day and instantly needing something to make me feel better; having to figure out where I was going to get my next bottle from, or how I was going to pay the rent or put clothes on my children's backs; pawn shops and plasma centers and debt collectors; angry landlords and upset bosses; disappointed friends and heart-broken family members; and, most importantly, helplessness and shame.

In exchange for giving up the headache it had all become, slowly but surely my goodbyes started to fade and I found myself saying hello. Hello to waking up and feeling good to be alive; accomplishing things I can be proud of in life; setting goals and watching myself achieve them; remembering old dreams, and finding new ones every day; breathtaking sunsets and unbelievable moments; tattoos and lattes and happy landlords and appreciative bosses; grateful friends and so proud family members. I say hello to life, and I'm so happy to do so.

Hello, hello. I don't know why you say goodbye...

Amiee Fooshee

“I need to abandon the sinking ship”

Dear fellow drunks,

One of the millions of wonderful things about the fellowship of Alcoholics Anonymous is that we honor those who have come before us, much as the Native Americans revere their elders. We really never say "Goodbye" because we never forget their single-minded dedication to carrying the Message, Paying It Forward, their acts of kindness, compassion and heroism. We say their names in meetings decades after they have passed on, we remember funny things about them, wise things that they said, we tell stories about their service work, their courage in the face of terrible adversity, and how they loved and nurtured us until we could finally love ourselves. At the 2010 International Convention in San Antonio Texas there were 58,000 of us in the huge auditorium one night listening to some speakers who had come from all over the United States to share their stories. The last man that spoke concluded his share with these words, "We are standing on the backs of Giants." And we are. I do not say "Goodbye" to those who have given me and millions of my fellow AA members a life worth living. They are with me every day.

Robin Moore

Alcoholic, circa 1991

HEARD AT A MEETING:

"It's One Day at a Time...Forever"



"We really never say "Goodbye"..."

"The Long Goodbye"

I remember watching the movie "God" with George Burns as God and John Denver as a grocery store manager. Once God had gotten John to accomplish his mission they met on the sidewalk, said their goodbyes and God turned to walk away through a park. As he walked away, John Denver asked "will I see you again"? God turned, smiled and said "I'll be around"; as he walked away, he faded and disappeared. I recall feeling sad as God disappeared and could understand the disappointment John Denver felt after the trials they had experienced together; "Don't leave God, we need you."

In sobriety that are a lot of goodbyes, some sad, some that bring immediate trauma but eventually become a positive element in our lives, some that produce an immediate benefit and a few to which we must continue to say goodbye.

Some goodbyes require a grieving process; loss of friends, companions, hangouts, euphoria, things we hope never return. Others produce feelings that may be unfamiliar; satisfaction, happiness, renewed confidence, a depth of feelings not known for many years, new healthy friendships, a fellowship of supporting companions with whom we take our journey of recovery and a need to reach out to help others.

Our AA program overcomes sad goodbyes with simple steps, bold suggestions and a foundation of spiritual power we are able to define personally as we grow and pass through our goodbyes. As our recovery progresses, sad goodbyes fade and losses we experience can become celebrations. In the past few months our fellowship has said goodbye to many friends. While these will remain unhappy goodbyes, they departed in victory, meeting their higher power with a sober smile passing from one fellowship into another, leaving memories of strength and hope. While we grieve with those experiencing loss, we gather near to encourage and build.

A goodbye can be seen as a renewal, refreshing our spirit, energizing, empowering and lifting.

Tom S

“Saying goodbye in sobriety”

Saying goodbye to someone we love is hard. It is a process. At least that has been my experience. Three years ago I came to Alcoholics Anonymous after having said goodbye to the person I thought I loved the most. Things had gotten really bad. I had gotten and stayed sober for our entire relationship. And by sober, I mean dry. He was the one that introduced me to AA. And by introduced, I mean, he had a Big Book and we went to a meeting once.

I can recall a time when he told me that alcoholics, by nature, are liars, cheats and thieves. He went on to tell me that when an alcoholic starts hiding, being secretive and when things start to disintegrate they are most likely using again. I don't know why it stuck with me, but it did. At the end of our relationship, that is exactly what happened. All of the signs were there. I sat across from him that day, paralyzed with information. I had no alternative but to stare truth in the face. I knew life was about to change. And change it did!

When I left, I left with two bags, one to check and one to carry on the plane. Still dry and emotionally wrecked from shock, I boarded the flight to the only home I had left. Shock can be a beautiful gift. Without it, I don't think I would have been able to walk through leaving. When I stepped onto the plane, I was saying goodbye. That day I said goodbye to the (then) love of my life, my home, my dogs, my business, my friends and my employees. I walked away from everything that I had come to define as life. Aboard the plane and for many months after arriving home, I was unable to see anything positive about my life. I longed to end the suffering. But, for whatever reason, I didn't take a drink. Upon landing, my mother was there to collect the broken pieces.

After the shock wore off some, I ended up talking with a friend who had been sober for two decades. The pain of saying goodbye was too much to bear and I still wanted to drink. Though she did not get sober in AA, she suggested that I go to a meeting and I did. I guess, for whatever reason, this thing we like to call God saw it fit to keep me from picking up the drink I wanted so badly.

“I walked away from everything that I had come to define as life.”

Three years later, I still find that I am going through a process of saying goodbye called grieving. I have come to find that grief is laden with denial, anger and depression. All of which, as an alcoholic, should have taken me out. Before I came to AA, I was at the “jumping off place”. But since I have become involved, gotten a sponsor, worked steps and remain open minded, life has gotten better. I have had to say goodbye on multiple occasions since I got back. And without fail, the people and program of AA have ALWAYS carried me through. For this I am truly grateful!

Jennifer K.



“Fellowship”

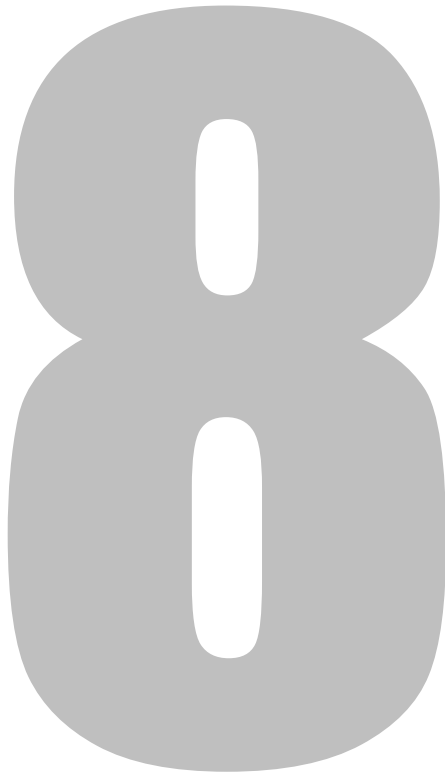
"There exists among us a fellowship, a friendliness, and an understanding which is indescribably wonderful...The feeling of having shared in a common peril is one element in the powerful cement which binds us." (Big Book, p.17) I think it's this unique bond between two alcoholics that makes it so hard to say goodbye to a fellow AA. Pre-sobriety, I could take people or leave 'em. I was so numb inside that I couldn't form any meaningful relationships with people - nor did I really want to...but after coming into AA, that all changed.

Sober, I got to meet other alcoholics that share my kind of crazy - and I got to experience the awesome things known as Feelings. Being able to share my thoughts and feelings honestly with another human being has been one of the most freeing experiences of my life. Doing this has enabled me to forge real friendships with people. I know that when I let people into my heart there are no guarantees they'll be around forever, but I'd rather have life be a little sad and messy sometimes than always feel dead inside.

My sponsor recently announced that she is moving out of state. I'll miss her a lot but I know her moving is all part of the plan. When people I care about in my life leave, it's just another way I'm reminded that I am no longer running the show. Sometimes, God and I have different ideas about what the plan should be, so I am given many opportunities to work on that trusting thing.

Kristy H.

Concept 8: The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.



In the month of June the Service Office
received
7 Grateful Giver contributions.



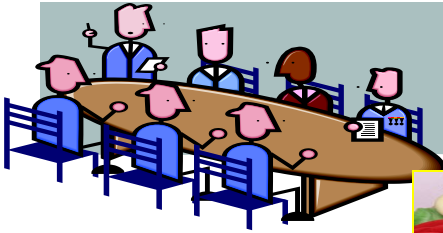
Tradition 8:

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

TRADITIONS CHECKLIST

Tradition Eight

- 1) Is my own behavior accurately described by the Traditions? If not, what needs changing?
- 2) When I chafe about any particular Tradition, do I realize how it affects others?
- 3) Do I sometimes try to get some reward – even if not money – for my personal AA efforts?
- 4) Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
- 5) Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
- 6) In my own AA life, have I any experiences which illustrate the wisdom of this Tradition.
- 7) Have I paid enough attention to the book Twelve Steps and Twelve Traditions? To the pamphlet AA Tradition – How It Developed?



GROUP FORUM PAGE

BIRTHDAYS, MEETING CHANGES & EVENTS!



MEETING-CHANGES

PRIMARY PURPOSE

3425 Unit 1 Van Teylingen
On Fridays at 8:00 P.M.

CHANGE from Discussion to
Big Book Study.

CENTRAL GROUP

309 South Hancock Ave.
On Mondays at 8:00 P.M.

CHANGE from Big Book
Study to Step Study.

THE SOBER JOKERS

408 H. Ave.
Limon, CO

On Tuesdays at 7:00 P.M.

CHANGE of Name to
FREEDOM FROM BONDAGE

BASIC TEXT SOUTH

643 Hwy 105
Palmer Lake CO 80133
On Tuesdays at 7:00 P.M.

DELETE

SOBER IN THE CANYON

(closed) Discussion
Sacred Grounds Coffee Shop
1801 Cheyenne Blvd.
On Wednesdays at 7:30 P.M.

ADD

SOLUTIONS AT NOON

Jerry B.	8 yrs.
Alan D.	4 yrs.
Jamie L.	12 yrs.
John S.	23 yrs.
Rose R.	32 yrs.

SPEAKER MEETING & POTLUCK

Turning Point Group

Red Cloud Serenity Club

10400 Ute Pass

Green Mt. Falls, CO 80819

WHEN	WHO	HOME GROUP
Aug 2nd	Dave	Good ol Boys
Aug 9th	TDB	
Aug 16th	Sue & Jerry	Red Cloud
Aug 23rd	Taylor D.	Turning Point
Aug 30th	Timmer G.	Riders

Saturdays

Potluck @ 6:00 & Speaker at 7:00

HAPPY HOUR

Crystal S.	4 yrs.
Kathy W.	23 yrs.
Kevin M.	26 yrs.
Kim H.	20 yrs.
Sandy W.	37 yrs.
Sean L.	10 yrs.

STEEL MAGNOLIAS

Denise DK	30 yrs.
Jane B.	36 yrs.
Kelly C.	21 yrs.
Linda C.	29 yrs.
Susan H.	29 yrs.

TURNING POINT

Carlos H.	4 yrs.
Chance D.	1 yr.
Chuck Reed	10 yrs.
Christy M.	2 yrs.
Deb H.	3 yrs.

FRIDAY WOMENS

Kristen P.	6 yrs.
Robin S.	20 yrs.
Natalie M.	38 yrs.
Genevieve	1 yr.

TUESDAY NEW WOMAN

Bernie B.J.	23 yrs.
Kathleen G.	6 yrs.
Alma Z.	40 yrs.
Deb S.	4 yrs.
Mary Beth S.	31 yrs.

GROUP NAME (2014-2015)	Fiscal Yr. to date	June	GROUP NAME (2014-2015)	Fiscal Yr. to date	June
Above the Bar Group	\$150.00	\$150.00	Northwesters	\$150.00	
Apex	\$130.17	\$130.17	Oasis Group	\$0.00	
Back to Basics	\$144.00	\$45.00	Off The Wall	\$0.00	
Beacon Light Group			Old North End Study Group	\$0.00	
Big Book Action	\$35.00		Pre-Dawn Meeting	\$0.00	
Big Book Study UPH	\$300.00		Primary Purpose		
Black Forest	\$100.00		Primary Purpose Men's Group	\$0.00	
Broadmoor	\$0.00		Progress Not Perfection	\$129.11	\$42.88
Brown Baggers	\$0.00		Recovery in Action	\$182.82	\$182.82
Central	\$0.00		Saturday Early Morning Mtg.	\$90.00	
Clean Air Group	\$41.00	\$41.00	Security Eye Opener	\$0.00	
Don't Worry Be Happy	\$80.00		Serenity Hour	\$125.00	\$50.00
Down By The Creek	\$0.00		Serenity Riders	\$151.16	\$151.16
Downtown Group	\$316.25		Serenity Sisters	\$109.00	
Drylander's Group	\$0.00		Solutions at Noon	\$82.36	\$18.41
Easy Does It	\$0.00		Sought Through Prayer & Meditation	\$50.45	\$15.45
Ellicott Group	\$0.00		Steel Magnolias	\$37.50	
Eye Opener	\$0.00		Stepping Stones	\$0.00	
First Forty	\$0.00		Sunday Morning Speaker	\$540.00	\$540.00
Foxhall Group	\$0.00		Sunday Night Big Book Study (Clean Slate)	\$0.00	
Friday Night Live	\$500.00		Sunlight of the Spirit - Women's 12x12 (Monument)	\$0.00	
Friday Women's Group	\$0.00		Taking Steps	\$0.00	
Good Ole Boys	\$0.00		The Doctor's Opinion	\$0.00	
Happy Destiny	\$236.16	\$120.00	The Garage Meeting	\$63.00	
Happy Heathens	\$150.00		The Sober Jokers	\$0.00	
Happy Hour	\$217.96	\$72.98	Then and Now	\$0.00	
Happy, Joyous & Free	\$120.00		Thursday Mens	\$550.00	
High Noon	\$47.00	\$25.00	Thursday Noon--Woodland Park	\$0.00	
H.O.W.	\$0.00		Treating The Illness	\$71.50	
Into Action	\$0.00		Turning Point	\$0.00	
Keystone to Recovery	\$0.00		Ute Pass Breakfast Group	\$120.00	
Lake George Group	\$0.00		Veterans for AA	\$0.00	
Little Log Church Group			Walk the Talk	\$1,275.00	\$425.00
Living Free	\$50.00		Walking on Water	\$200.00	\$200.00
Living Sober	\$0.00		We Are Not Saints	\$0.00	
Living Sober South	\$44.77	\$9.77	Wed. Westside Womens	\$0.00	
Meditation Group			Westside Eye Opener	\$0.00	
M.A.G.	\$150.50		Women of Grace		
Natural High	\$0.00		Woodland Park Beginners	\$0.00	
New Beginners	\$106.00		Woodland Park Book Study	\$0.00	
New Woman	\$143.28		Woodland Park Women's Step Study		
			Young People	\$213.44	
			Totals:	\$7,202.43	\$2,219.64



NIGHTWATCH COMMITTEE MEETING



The Purpose of Nightwatch
TRADITION FIVE

Each Group Has But One Primary Purpose- To Carry Its Message To The Alcoholic Who Still Suffers

NIGHTWATCH COMMITTEE MEETING
The 1st Tuesday Of Every Month At 7PM,
We Meet At Sacred Heart Parish
2021 West Pikes Peak Ave
Room 10 *upstairs*
(corner of 21st street and Pikes Peak)



Contact Info:
Service Office 24hr Hotline (719) 573-5020
www.coloradospringsaa.org
1353 S. 8th Street, Suite 209
Colorado Springs, CO 80905



www.nightwatch@coloradospringsaa.org

THE ONLY REQUIREMENTS ARE 6 MONTHS CONTINUOUS
SOBRIETY AND A 1 YEAR COMMITMENT OF SERVICE

• COMMITTEE INFORMATION •

Public Information:
Committee Meeting: 1st Saturday, 2:00 p.m., 1st floor Penrose Main Hospital, 2222 N. Nevada in Volunteer Coordinator Conference Room.

Cooperation with the Professional Community:
Committee Meeting: 5:30 p.m., 2nd Sunday of the month at the Downtown Group, 210 N. Corona St.

District 7:
Committee Meeting: 7:30 pm, 3rd Tuesday of the month at 420 N. Nevada, First United Methodist Church Room 135 (Boulder St. Access)

Treatment:
Committee Meeting: 12-1 pm, 2nd Saturday of the month, at Penrose Hospital Volunteer Conference Room, 2222 N. Nevada.

Nightwatch:
Night Owls Committee Meetings: 7:00 p.m., 1st Tuesday of the month at Sacred Heart Parish, 21st and Pikes Peak Room 10 - Following the New Beginners meeting.

Archives:
Archive Committee Meetings: 6:00 p.m., 1st Monday of the month at Sacred Heart Parish, 21st and Pikes Peak Room 10.

Special Needs:
Committee Meetings: 1:00 p.m., last Saturday of the month at 309 S. Hancock Ave.

The Pikes Peak Pint: NEW
Committee Meetings: 6:00 p.m. third Monday of the month at Sacred Heart Parish, 21st and Pikes Peak Room 10.

For more committee information including intergroup committees please go to coloradospringsaa.org

• CONTRIBUTION ADDRESSES •

~ AREA SERVICE OFFICE ~

Colorado Springs Area Service Office
1353 South 8th St., Suite 209
Colorado Springs, CO 80905
(Include group name and number on check)

~ GENERAL SERVICE OFFICE ~

P.O. Box 459 - Grand Central Station
New York, NY 10163
(Include group name and number on check)

~ AREA 10 ~

Area 10 Treasurer
12081 West Alameda Parkway #418
Lakewood, CO 80228
(Include group name, number and District 7 on check)

~ DISTRICT 7 ~

District 7
P.O. Box 26252
Colorado Springs, CO 80936
(Include group name, number and district 7 on check)

~ PINK CAN CONTRIBUTIONS ~

Pink Can Contributions
P.O. Box 40368
Denver, CO 80204
(Make checks payable to Area 10 Corrections Committee)
(Include group name and number on check)

• CASH ACCEPTED IN PERSON ONLY •

Local Service Office

Hours: Monday-Friday 9 a.m. to 5 p.m.
SAT.-SUN.: CLOSED

Location: 1353 South 8th Street, Suite 209, Colorado Springs, CO 80905

Contact the Service Office for Intergroup information

**Sign up to receive
The Pikes Peak Pint by email!**

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Send subscription requests to
pint@coloradospringsaa.org

DO IT TODAY!
or you can get a copy for only \$1.00
at the Area Service Office


“Heard at a Meeting” wants to hear from you! Do you have a favorite saying you heard in a meeting that helped you or another? Did you go to an AA retreat or function that changed something in you for the better? What made an impact on you? Submit your stuff to the Pint through the website: www.coloradospringsaa.org or email to the Pint at pint@coloradospringsaa.org

SUBMISSIONS for The Pikes Peak Pint including all articles, stories, announcements and flyers, along with questions, comments and constructive criticism are always welcomed at pint@coloradospringsaa.org. You will receive a prompt reply and appropriate consideration for publication. Please note that submissions for publication must be made by the 15th of the month prior to the month desired for publication in order to be considered.

**ANNOUNCING AN EXCITING OPPORTUNITY
FOR SERVICE**

~THE PIKES PEAK PINT~ COMMITTEE MEETINGS

Alcoholics Anonymous - Colorado Springs Area




Starting July 21, 2014 The Pikes Peak Pint Committee meeting will be held every 3rd Monday of the Month at 6:00 to 7:00, Sacred Heart Parish Room 10, 21st and Pikes Peak.

Upcoming Topics: Direction, Content & Distribution.

Come, add your voice and be a vital part of the future of the Pint!

INTERESTED? CALL, EMAIL OR SHOW UP!

Colorado Springs Area Service Office 1353 South 8th Street, Suite 209 Colorado Springs, CO 80905 719-573-5020 serviceoffice@coloradospringsaa.org	The Pikes Peak Pint pint@coloradospringsaa.org
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HELP TO CARRY THE MESSAGE TO THE ALCOHOLIC THAT STILL SUFFERS.

SPECIAL NEEDS COMMITTEE NEEDS YOU

BRING MEETINGS TO THOSE WHO ARE NON- AMBULATORY OR HOME BOUND. PLEASE SIGN UP BELOW IF YOU WOULD LIKE TO HELP!

PLEASE CONTACT

special-
needs@coloradospringsaa.org

LET'S CARRY THE MESSAGE TO THOSE WHO MAY NOT BE ABLE TO ATTEND TRADITIONAL MEETINGS! JOIN THE COMMITTEE AND MAKE A DIFFERENCE!



Central AA Group Potluck and Meeting

WHEN: Every 3rd Sunday of the Month. Beginning in July, 2014

Potluck starts at 7:00 p.m. AND Meeting starts at 8:00 p.m.

WHERE: 309 S. Hancock Blvd.

WHY: Fellowship and fun with Good eats!!



Moment by Moment

Never a trial Never a burden that Never a sorrow that Moment by moment
 God is not there. God does not bear. God does not share. I'm under God's care.

From "Moment by Moment" by Daniel Whittle

"After all, our problems were of our own making. Bottles were only a symbol. Besides, we have stopped fighting anybody or anything. We have to!" "Big Book, p. 103

2015 International Convention of Alcoholics Anonymous



Save the Date!

July 2 - 5, 2015 - Atlanta, Georgia

The 2015 International Convention of Alcoholics Anonymous will be held July 2 - 5, 2015 in Atlanta, Georgia with the theme "80 Years - Happy, Joyous and Free." A.A. members and guests from around the world will celebrate A.A.'s 80th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Georgia Dome. Other meetings, scheduled or informal, will take place throughout the weekend in the Georgia World Congress Center and local hotels.

Registration will be available at the [2015 International Convention of Alcoholics Anonymous](http://2015InternationalConventionofAlcoholicsAnonymous.org) website at aa.org starting September 3, 2014.

Start planning now! We look forward to seeing you there.

This information is posted a courtesy of Colorado Springs Intergroup on behalf of the General Service Office of Alcoholics Anonymous. Logo used with permission.

2014 Colorado State Convention

Presented by Area 10 Alcoholics Anonymous in cooperation with Area 5 Al-Anon Family Groups
 Two Rivers Convention Center, Grand Junction, Colorado - August 29, 30 and 31, 2014



Activities & Events are based on "Our Common Welfare

- Singleness of Purpose

- Friday Evening Speaker
- Saturday Al-Anon Speaker and Luncheon
- Saturday Evening Speakers, Banquet & Dance
- Sunday Morning Speaker
- Workshops, Continuous Meetings and Videos

AA Speakers

- Jim E., former Chairman GSO Board, El Dorado Hills, CA
- Kent C., Sandusky, OH
- David H., Past Delegate Panel 47, Parker, CO
- Holly P., Lake Charles, LA

Al-Anon Speakers

- Susie B., Brindisi, Italy
- Debbe P., Abilene, TX



For Preliminary Program and Updated Information

Go online: www.coloradoaa.org

Questions?

AA

- Lew E., Convention Chair 970-778-8878, convention@coloradoaa.org
- John M, PI Chair, 970-243-8589, johnmgj@gmail.com
- Marilyn F, Reg Chair, 970-243-7646, A10ConvReg@gmail.com

Al-Anon

- Kelly W, Convention Chair, 2014StateChair@al-anon-co.org
- Michelle M, Co-Chair, Panel35@al-anon-co.org

GROUP RATE CODE FOR ALL 3 HOTELS: AREA 10 STATE CONVENTION. Reserve by 8/15/2014.		
Hampton Inn	Fairfield Inn & Suites	Springhill Suites
205 Main St, GJ, CO 81501	225 Main St, GJ, CO 81501	236 Main St, GJ, CO 81501
Ph: 970-243-3222 or 800-426-7866	Ph: 970-242-2525 or 800-228-2800	Ph: 970-424-5777 or 888-287-9400
www.grandjunction.hamptoninn.com	www.marriott.com/GJTFI	www.marriott.com/GJTSH
Group Rate: \$109.95	Group Rate: \$109.95	Group Rate: \$119.95

Register online at www.coloradoaa.org or complete the form below and mail to (make checks payable to "Area 10 State Convention"):

2014 Area 10 State Convention, PO Box 324, Grand Junction, CO 80502. One form per person.

Pre-Registration \$25 On-Site Registration \$30 <input type="checkbox"/> AA <input type="checkbox"/> Al-Anon <input type="checkbox"/> Other <input type="checkbox"/> Friday Night Dessert Social \$10 <input type="checkbox"/> Saturday Al-Anon Luncheon \$30 <input type="checkbox"/> Saturday Night Banquet \$45 <input type="checkbox"/> Saturday Night Dance \$5 (Included if Registration is postmarked by 8/15/2014) <input type="checkbox"/> Bottomless Coffee Mug \$15 <input type="checkbox"/> Discounted Package Price \$100 (Total Savings of \$25.00 for Registration postmarked by 8/15/2014) <input type="checkbox"/> Optional Donation \$ _____ Total Enclosed \$ _____	Member Registration Information: Name on Badge: _____ Name: _____ Address: _____ City: _____ State: _____ Zip Code: _____ Phone: () _____ Email: _____ <input type="checkbox"/> I want to volunteer Special Needs: <input type="checkbox"/> Sign language interpreter <input type="checkbox"/> Other (specify): _____
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Credit Card Information: VISA/MC #: _____	Expiration Date: _____
Cardholder Name: _____	Billing Zip Code: _____ Security Code: _____
Cardholder Signature: _____	Date: _____
On-site registration will be open from 3:00 PM-9:00 PM Friday, August 29, 2014 and at 8:00 AM Saturday, August 30, 2014.	