Topics by the Month

DECEMBER: Service, Service, Service. How are you carrying the message?



SOBER HOLIDAYS

THE PIKES PEAK PINT~

"Sober for the Holidays" Dennis C.

Before joining AA and learn- could never shield myself ing the truth about alcohol- well enough because my Until my "alcoholic mind" is ism;

1) I have it, 2) It is an illness that cannot be controlled.

3) I am POWERLESS over the 1st drink.

Prior to this new understanddrinking became too painful, I would "quit" and I would

"shielding myself from temp- n't matter why I need to stay tation". The problem was, I sober, I CAN'T! "alcoholic mind" would al- treated, there will always be ways take me back to the reasons to drink from which I first drink no matter how will have no defense no maturgent the necessity for my ter how great the necessity. sobriety. Then I would be off AA is the treatment for my again, out of control, until "alcoholic mind". AA does not things got worse!

"At certain times we are ing of alcoholism, when without defense over the first it does claim to have a soludrink"

stay away from alcohol by Finally I understood; it does-

claim to treat the "allergic" reaction that my body (brain chemistry) has to alcohol but tion for the "insidious insanity of the first drink".

Continued on Page 2

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Happenings

EDITOR'S NOTES

Chances are that if you are that is Alcoholics Anonymous. reading this, you have decided that you are an alcoholic. Welcome! And welcome to that time of year again, the Holidays. A time when family and friends get together in the spirit of love and friendship. A time when everyone lifts a glass in a toast to their blessings and everyone drinks (except us!). We have Alcoholism and for us to drink is to die. So, let's not do that!

Dennis helps to demystify the disease and details the way out: the program of action

The fellowship is a way of life that, if you work it, will introduce you to a power greater than yourself—a power with the strength to stop you from that "insidious insanity of the first drink."

Remember, however, that we are not a glum lot! We have also learned in the fellowship of AA how to celebrate our sobriety and how, in surrender, we gain. We gain, as Valerie so eloquently put it, "joy of my life, my family and my entire being."

The gifts that we receive in sobriety are not something that can be placed under a tree. Paul's family was given "the priceless gift of a sober father and husband; and not just that, but a man who has become truly happy, joyous and free."

If you are early in sobriety, do as Nate and Emily suggest and use the tools of the program of AA to stay sober and you too just might enjoy a joyous holiday season!

Happy Holidays

Continued from Page 1

You see, shielding myself from temptation did not work then and it will not work now. My defense must come from a higher I don't really have any tricks or schemes for how you might stay power. When our alcoholic mind has been removed, then we can "go anywhere and do anything" but if our alcoholic mind has not been removed then we WILL drink again for some "insanely trivial reason".

I can remember my first days in AA; my friends would ask me willing to completely give myself to this simple program. why I kept going to those meetings. Without really understanding myself, I would tell them, "I am learning how to stay sober". When I thought more about it, I realized that AA people had not told me a thing about how to stay sober. That realization brought focus into a new realm of thinking; If AA had not been teaching me how to stay sober but yet I had been sober, what the heck was really going on there in those AA meetings? You see, I belonged to some real AA groups. Groups that studied the book and groups that did not teach me a new scheme for avoiding temptation but rather taught me how to find the POWER that really is my ONLY chance. Those AA people knew that if my recovery plan was based on my ability to "learn how to stay sober"; to "shield myself from temptation"; that I may succeed for a time but it would be exactly that, a matter of time before I had a bigger blow up than ever.

34 years:

I have accepted the truth that I am powerless over alcohol; and therefore am incapable of keeping myself sober. Because I am hopeless, yet I love life, I have completely given myself to this simple program.

will.

I have let go absolutely.

different angle.

I have been willing to go to any length.

I have put AA as the top priority in my life.

character and every dark cranny of the past.

I have withheld nothing.

I have sought thru prayer and meditation to improve my conscious contact with God.

I have not allowed my conduct to continue to harm others.

I have made amends for my harm to others.

I have not used AA as a place to meet women.

I have not allowed any circumstance (other than planned activities) to keep me from my home groups.

I have always had a service position.

I have always had a sponsor and have done what he or she has told me.

I have let go of the responsibility for keeping myself sober.

I have stopped trying to do the impossible; shielding myself from temptation.

I have allowed the 12 steps of AA to make me the MAN my Creator intended and have discovered that I love myself.

sober over the holidays. If you are like me, the holidays were like any other days; days I could not stay sober. I have been amazed at the fact of my sobriety; it has just happened; that is the miracle of it. All I have done is to be honest enough about my alcoholic existence to realize I was doomed. Only then could I be

In the beginning, giving myself to this simple program meant: Not missing a meeting no matter what!

Doing what my sponsor told me no matter how crazy it sounded. Including going to the meetings he told me to attend.

Not dating in AA.

Being a member of my groups, not a visitor. Putting money in the basket at every meeting. Helping clean up after the meeting.

Telling the TRUTH everywhere I went, especially at home. Helping anyone I could, everywhere I went, not just at AA, especially at home.

Just plain being nice and helpful everywhere I went; like at the grocery store.

Having said all this, I realize I haven't given any advice on how to So, here is the way I have stayed sober thru all the holidays for stay sober during the holidays. But yet I have. You see, there have been, and still are, no mechanism that I have that will give me the power to stay sober on a holiday or any other day; my defense MUST come from a Higher Power or "at certain times I will have no defense against the first drink". Without this Power, maybe I will stay sober for a holiday or maybe I won't but sooner or later I will drink again. My job has been to seek the Power by I have given up my old ideas and have let God do with me as he DOING the things I have listed above. The one thing I can't do is stay sober so I gave up trying that and started seeking God in a new way; the AA way; the way of love and service, telling the I have been willing to look at it (solutions to life) from an entirely truth; helping the new man or woman, not trying to get in their

For me the KEY to staying sober for the holidays and all the I have pocketed my pride and have illuminated every twist of other days has been to become a member of a real AA group; a group that really understands this ILLNESS. A group that studies the text book of recovery and is full of members who don't mislead me with the same old theories about alcoholism that the whole world thinks are right, like: "when you've had enough you'll quit". But rather, members who teach me the AA ideas; "I can't guit but I can find a Power!"

> Please join me on the "broad highway" at the Big Book Action Group on Monday nights at 7:30 and the Taking Steps Group on Thursdays at 5:30. Both groups meet in room 10 at Sacred Heart.

"Know God, Know Peace"

I am an alcoholic and my name is Valerie. Today, I would like to share with you my experience of Sobriety during the holidays.

"The Holidays"---- these words bring up many different emotions...joy, excitement, peace, anxiousness and even bits of fleeting fear. I celebrated 18 months of sobriety on October 29, 2014. Yes, I'm still in the newborn stages of this miraculous program. I have a huge heart that is full of gratitude for where I am today, where I came from, and where I am going. My experience of living in Sobriety through the Holidays was taking daily action in recognizing gratitude, setting my intentions on "living in Sobriety" one day at a time, and being very clear with myself and others that my Sobriety was (and is) my absolute first priority. When I was active in my disease of alcoholism, my days centered around having that next drink available at all times and at all costs. When I came to fully understand and recognize the truth of step 1, "I was powerless over alcohol and my life was completely unmanageable", was when my God opened a way of escape for me from this horrific disease. That day was May 29, 2013.

When my first "real" Holiday came, which was Thanksgiving 2013, I found myself in the strongest state of gratitude that I can ever recall being in. One month later, Christmas....I realized that in just 6 short months of living in Sobriety, my God had restored unto me the joy of my life, my family, and my entire being. I still smile when the memory comes to mind of being FULLY PRESENT as I watched my precious family unwrap the gifts I so carefully wrapped for them. That was a joyous occasion, but the real truth is this-- My experience of joy came because I was TRULY PRESENT IN THE MOMENT and sober with my family, sharing in the Spirit of giving. It was then when I realized that my sobriety was the greatest gift I was giving myself and my loved ones. My oldest daughter's gift to me was a thank you letter, sharing with me that her favorite gift was her momma being sober. (You cannot put a price tag on that).

I truly believe that honoring my Sobriety through the holidays (and everyday throughout), is the result of taking daily actions: prayer, gratitude, getting up, dressing up, and showing up....do the next right thing. Being of clear mind because of living in Sobriety, the holidays have a new meaning. I have a new way to express my gratitude for my new life, and my new lifestyle. The holidays, for me today, allow me to reflect on God's grace, mercy and renewing of spirit. I live one day at a time with the strongest intention of sharing peace, love, joy and truth.

My wish for you is that your holidays are filled and overflowing with peace and contentment that living in Sobriety brings. No God, No peace....Know God, Know peace.

Because of His grace, I share my story. Valerie C.

"My First Sober Christmas"

I sobered up on 9-29-03. My first Christmas sober, I was invited to go to California to visit with my family. I am the youngest of five. Although I looked forward to seeing all of them, I had some trepidation. I had more or less been estranged from most of them, but my mom and I were still close. I had always been kind of an outcast in my family. I failed and dropped out in high school, while my siblings were all college graduates. None of my siblings were alcoholics, and neither was my mom. My father died on 11-29-2000 with the symptoms of alcoholism.

One of my fears was that my siblings would judge me negatively. I also did not have a lot of money to buy all of the many nephews and nieces presents, but one of my AA friends suggested that I bake cookies, and wrap them in individual packages, which my AA friend showed me how to do. This suggestion and the work that it entailed kept me busy, and took my mind off my fears. The work that I put into baking cookies for my family also made me feel like I was making some contribution.

My sponsor suggested that I do dishes and take out the trash when I was at my family's houses, which I did. While in California I read something from the book Alcoholics Anonymous, and I prayed to my higher power every morning. I called a friend from Colorado in AA while I was there too. I also worked a little bit on my fourth step every day. It was a very brief trip, but it was in early sobriety, it was during the holidays, and I felt pretty vulnerable. Thanks to the tools of the program of Alcoholics Anonymous, I not only stayed sober, and had a great time; I also started making a living amends to my family by being sober and present.

Nate G.



"In the Beginning"

So, coming up on 8 months sober next week, this will be my first Christmas in true recovery. However, over the past 8 months I have gotten through birthdays and holidays without the And the holidays were the one time of year where, when I thoughts of drinking or using. Instead of focusing on how I'm not going to drink, I try and focus on how I can feel good about myself, because when I feel good about who I am and what I am doing it doesn't cross my mind to drink. Meditating on a daily (or almost daily) basis helps me keep it in the moment and let go of the past and future. I pray every day for God (of MY understanding) to help me see the truth, and to practice and compassion towards others. Also, having a sponsor who I can rely on, or even just a friend in recovery, to answer the phone if you are feeling overwhelmed is very helpful. Even better, if I have a friend, who is also sober, with me, although it's not always possible. If there is a situation where I know I will be around others who are drinking, which I have, I always have a plan in place. I definitely don't stay until people are intoxicated. I make that known from the beginning. I leave after dinner or whatever the occasion may be. One of the bigger struggles for me is saying no if I don't feel like doing something, which has been a good prac- I learned in the fellowship what it means when we say we are stressed out and overwhelmed which naturally isn't good for me is important. If someone doesn't support my sobriety and is tion into my consciousness with sufficient force to keep me from trying to take me down then I learn that they aren't good for me at this time in my life. Seeing that I will be in a new area for the the phenomenon of craving would set in, and I would have no holidays, to see my hubby's family, I will be looking up nearby meetings ahead of time so I can connect with other alcoholics and addicts who know my struggle. Hope some of this helps!

Emily

Heard at a Meeting...

"Reality is a natural lubricant."

"The Best Christmas Present of All"

There will always be an unlimited number of reasons to drink. The holidays are a big one for this drunk, because for much of my life, the holidays meant alcohol.

When I was a young man I discovered alcohol. Like many of us, a few drinks completely transformed me. I felt like I fit in with my friends. It made me taller and better-looking and a better dancer. It gave me the courage to talk to girls.

Soon I had a family of my own. But unlike my own upbringing, the main way I gave thanks at Thanksgiving, and the main way I celebrated the birth of Christ, was to get drunk. We did other

things, too: ate turkey, opened presents, had pretty lights on our tree, went to church. But always, always, alcohol was front and center for me.

looked in the mirror, I didn't have to feel disgusted with myself and terrified at my deadly condition. Didn't everyone drink around the holidays? Wasn't drinking during the holidays just as American as apple pie?

The holidays meant I could relax in my drunkenness, with Christmas carols playing in the background to assuage the harsh reality of my situation. We were drinking spiced wine, after all; that didn't really count, did it? What my family got for the holidays was a staggering, slurring, drunken father and husband.

When I came to AA, the thought of not drinking was scary, but the thought of not drinking during the holidays filled me with deep sadness. How dreary and dull the holidays would be!, my sodden brain thought. How could there be any joy without booze?

tice. Whenever I over-commit or make too many plans, I get powerless over alcohol. I learned that even though my drunken sprees nearly always resulted in intense pain and humiliation, I me. I try to keep it simple and being honest with those close to would be unable at certain times to bring that pain and humiliataking the first drink. I learned that once I took the first drink, control over how much I drank.

> I learned that, for a real alcoholic like me, staying sober has nothing to do with "putting the plug in the jug" or "don't drink, no matter what." That's the kind of thinking that will kill me, in fact. If I am powerless over alcohol, that means I have no power to put the plug in the jug; I have no power to not drink, no matter what. But I do have the power to turn my life and my will over to the care of the God of my understanding, and to let Him do with me as He wishes. I do this by doing the 12 steps. As part of the deal, I am granted a daily reprieve from drink.

> Today I know that if I maintain and enlarge my spiritual condition, I will continue to be given the priceless gift of sobriety. My family will be given the priceless gift of a sober father and husband; and not just that, but a man who has become truly happy, joyous and free. That's a present that doesn't fit under the tree, but one that my Higher Power can give my family now, thanks to

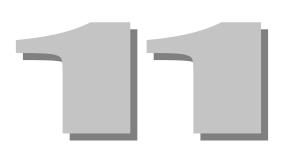
our fellow-

ship.

Paul L.

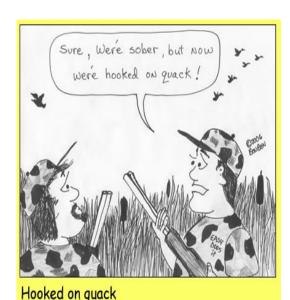


Concept 11: The trustees should always have the best possible committees, corporate service directors, executives, staffs and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.



Step 11

Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.



Permission to Post: http://recoverycartoons.com

TRADITION 11:

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

TRADITIONS CHECKLIST

Tradition 11:

- 1) Do I sometimes promote AA so fanatically that I make it seem unattractive?
- 2) Am I always careful to keep the confidences reposed in me as an AA member?
- 3) Am I careful about throwing AA names around—even within the Fellowship?
- 4) Am I ashamed of being a recovered, or recovering, alcoholic?
- 5) What would AA be like if we were not guided by the ideas in Tradition Eleven? Where would I be?
- 6) Is my sobriety attractive enough that a sick drunk would want such a quality for himself?





GROUP FORUM PAGE

BIRTHDAYS AND MEETING CHANGES

SHOUT OUT MEETING CHANGES



TUESDAYS MENS MEETING IN PALMER

Men's Open Discussion
Tuesday at 6:30 P.M.
Little Log Church
High St and Upper Glenway
ADD

FRIDAY NOON MEETING IN PALMER

Open Discussion
Friday at Noon
Little Log Church
High St and Upper Glenway
ADD



The Local AA Web Find A Meeting Menu Item

On Saturday, October 18, we rolled out a new search feature to better help our members and newcomers find meetings! It's the Find A Meeting menu item. On that page, you can select one or more of the following:

- Day of the week
- Time of Day (morning, afternoon, evening)
- Type of meeting (Maybe you just want a Closed meeting? Or a Women's meeting? How about a Big Book Study?)
- Special services (Handicap access or children welcome)
- Zipcode
- Location

We're especially pleased that you can now search meetings closest to your street address. Just enter in the street address and city or Zip code, and the meetings closest to you based on your search criteria will display. If you don't have any idea where you are, click the Locate Me button and allow your web browser to find you. We do not store this information and you'll quickly find a meeting near you. Choose at least two search selections for the best results - we have a lot of meetings in town for every need and you don't want to scroll through 4 pages of results to find something! If you have any feedback on this new feature, please reach out to the Service Office with your ideas, concerns or questions.

HAPPY HOUR			
Deanna	6 yrs.		
Paula W.	8 yrs.		

SOLUTIONS AT NOON			
Annette B.	17 yrs.		
Bart B.	9 yrs.		
Robert T.	25 yrs.		
Tom N.	1 yr.		

STEEL MAGNOLIAS				
Anne M.	8 yrs.			
TUESDAY NEW WOMEN				
Nancy R.	34 yrs.			
Robin S.	5 yrs.			
FRIDAY WOMENS				
Nancy B.	24 yrs.			
Phyllis C.	44 yrs.			
Stacey	4 yrs.			
Gretchen	38 yrs.			



In the month of September the Service
Office received 6 Grateful Giver contributions and 4 Personal contributions! You are AWESOME!



GROUP NAME (2014-2015)	Fiscal Yr. to date	September	GROUP NAME (2014-2015)	Fiscal Yr. to date	September
Above the Bar Group	\$150.00		Oasis Group	\$0.00	
Apex	\$130.17		Off The Wall	\$122.60	
Back to Basics	\$407.00		Old North End Study Group	\$32.75	
Beacon Light Group			Pre-Dawn Meeting	\$0.00	
Big Book Action	\$247.72		Primary Purpose		
Big Book Study UPH	\$300.00		Progress Not Perfection	\$223.67	\$38.31
Black Forest	\$100.00		Recovery in Action	\$359.33	
Broadmoor	\$0.00		Saturday Early Morning Mtg.	\$226.80	
Brown Baggers	\$150.00		Saturday Morning Anonymous Group	\$104.67	
Central	\$0.00		Security Eye Opener	\$0.00	
Clean Air Group	\$41.00		Serenity Hour	\$275.00	\$25.00
Don't Worry Be Happy	\$160.00		Serenity Riders	\$151.16	
Down By The Creek	\$0.00		Serenity Sisters	\$109.00	
Downtown Group	\$384.16		Solutions at Noon	\$202.15	\$55.26
Drylander's Group	\$0.00		Sought Through Prayer & Meditation	\$131.95	\$31.00
Easy Does It	\$50.00		Steel Magnolias	\$37.50	
Ellicott Group	\$256.00		Stepping Stones	\$0.00	
Eye Opener	\$0.00		Sunday Morning Speaker	\$1,003.00	\$463.00
First Forty	\$0.00		Sunday Night Big Book Study (Clean Slate)	\$0.00	
Foxhall Group	\$0.00		Sunlight of the Spirit - Women's 12x12 (Monument)	\$225.00	\$225.00
Friday Night Live	\$967.50	\$167.50	Taking Steps	\$0.00	
Friday Women's Group	\$100.00		The Doctor's Opinion	\$0.00	
Good Ole Boys	\$75.00		The Garage Meeting	\$106.00	\$43.00
Happy Destiny	\$374.54		The Sober Jokers	\$200.00	
Happy Heathens	\$300.00	\$150.00	Then and Now	\$75.00	
Happy Hour	\$217.96		Thursday Mens	\$1,200.00	\$650.00
Happy, Joyous & Free	\$270.00	\$150.00	Thursday NoonWoodland Park	\$80.00	\$30.00
High Noon	\$77.00	\$30.00	Treating The Illness	\$71.50	
H.O.W.	\$70.00		Turning Point	\$0.00	
Into Action	\$180.00		Ute Pass Breakfast Group	\$210.00	
Keystone to Recovery	\$0.00		Veterans for AA	\$0.00	
Lake George Group	\$0.00		Walk the Talk	\$2,550.00	\$425.00
Little Log Church Group			Walking on Water	\$200.00	
Living Free	\$139.00		We Are Not Saints	\$342.30	
Living Sober South	\$151.14	\$37.50	Wed. Westside Womens	\$0.00	
Meditation Group			Westside Eye Opener	\$50.00	
M.A.G.	\$479.12		Women of Grace		
Natural High	\$0.00		Woodland Park Beginners	\$0.00	
New Beginners	\$492.50		Woodland Park Book Study	\$164.00	
New Woman	\$356.30		Woodland Park Women's Step Study		
Northwesters	\$360.00		Young People	\$422.44	
			Totals:	\$16,071.93	\$2,520.57

ARCHIVES PRESENTS: AA in Colorado Springs A Brief Look at Some of the Events Along the TIMELINE: 1943—1944

DATELINE... COLORADO SPRINGS, COLORADO...1943-1944... The First AA Meetings

January 26, 1943...

Dave and Fred U. separately contact the General Service office!

General Services received a long letter from Dave, who ordered books and pamphlets, reporting on his own progress, and his efforts to start an inquiry for a Mrs. D. U., who asked for assistance for her son Fred. Shortly thereafter, General Headquarters received a letter of inquiry from the son, Fred, himself, who reported that he and Dave seemed to have formed the nucleus of the group and are trying to interest two or more people to join.

November 10th, 1943...

Another Update from Dave Clark and A Request for Literature!

A letter from Dave announces:

"We've got our own group started here now and will hold meetings – first next Sunday... Denver has promised to send a bunch down for a meeting and to give us a hand... We've had a couple of inquiries since planting our initial publicity blurb in the paper ... looks as though we'll have five instead of the three we'd hoped for... it's going to be a small but mighty group ... Our Box is 975 (later to become Box 381)... We need literature."

November 26, 1943...

Another Progress report from Dave; Fred U. Moves to Philadelphia!

- A letter from Dave, whose regular job made it difficult to give much time to organizing the fledgling AA group, reported:
- "We have had a preliminary session; getting stuff started and will launch a series of regular meetings soon." Dave had written a story for the paper which "invited a half dozen inquiries and at least two new members for the group, including our first feminine associates, who will take over the secretarial duties today, I hope."

Dave reports that Fred U., who was the first AA success in Colorado Springs through AA effort, is now in Philadelphia and very active in the group there.

"..You may not know it, but you've helped a lot when the going here looked pretty dark. But we're off now and hope to show you one of the nation's top groups, regardless of size." November 14, 1944...

Dave Returns to Colorado Springs!

- "You may have wondered what became of the Colorado Springs AA Group. I suddenly got ideas about fame, fortune, etc. The AP (Associated Press) offered me a spot in their Phoenix bureau, and I grabbed it.
- For several months I tried to adjust myself to the routine, meanwhile attending several AA meetings there, to my everlasting pleasure, satisfaction, and profit (in a mental and spiritual way), but gave up the AP adjustment as a bad job, and came back where I belong.
- While I was gone, the AA group here (Colo Spgs) collapsed. However, we're about to get back on our feet. And thanks for the contacts. We're off now for another fling at building a solid, worthwhile group. This Merton R. is a particularly likely member who will do much for the organization. "

A.A. was founded on the premise that it would be self-supported through member contributions.

For the past 50 years, contributing a single dollar has been almost a tradition.



1960...10¢ 1970...20¢ 1980...35¢ 1990...50¢ 2000...\$1.00



1960...25¢ 1970...65¢ 1980...\$1.65 1990...\$2.00 2000...\$3.00 2010...\$5.00



1960...22\$
1970...35\$
1980...90\$
1990...\$1.10
2000...\$1.20
2010...\$2.90

BUT TIMES HAVE CHANGED

2 BUCKS FOR 2014!

For those who can't afford it, the important thing is to keep coming back.



NIGHTWATCH COMMITTEE MEETING



The Purpose of Nightwatch
TRADITION FIVE

Each Group Has But One Primary Purpose- To Carry Its Message To The Alcoholic Who Still Suffers

NIGHTWATCH COMMITTEE MEETING The1ST Tuesday Of Every Month At 7PM, We Meet At Sacred Heart Parish 2021 West Pikes Peak Ave Room 10 *upstairs* (corner of 21st street and Pikes Peak)

Contact Info:

Service Office 24hr Hotline (719)573-5020

www.coloradospringsaa.org

1353 S. 8th Street, Suite 209 Colorado Springs, CO 80905

www.nightwatch@coloradospringsaa.org



THE ONLY REQUIREMENTS ARE: 1 YEAR OF CONTINUOUS SOBRIETY AND A 1 YEAR COMITTMENT OF SERVICE

• CONTRIBUTION ADDRESSES •

$^{\sim}$ AREA SERVICE OFFICE $^{\sim}$

Colorado Springs Area Service Office 1353 South 8th St., Suite 209 Colorado Springs, CO 80905 (Include group name and number on check)

~ GENERAL SERVICE OFFICE ~

P.O. Box 459 - Grand Central Station New York, NY 10163 (Include group name and number on check)

 $^{\sim}$ AREA 10 $^{\sim}$

Area 10 Treasurer
12081 West Alameda Parkway #418
Lakewood, CO 80228

(Include group name, number and District 7 on check)

~ DISTRICT 7 $^{\sim}$

District 7

P.O. Box 26252

Colorado Springs, CO 80936

(Include group name, number and district 7 on check)

$^{\sim}$ PINK CAN CONTRIBUTIONS $^{\sim}$

Pink Can Contributions P.O. Box 40368 Denver, CO 80204

(Make checks payable to Area 10 Corrections Committee) (Include group name and number on check)

• CASH ACCEPTED IN PERSON ONLY •

• COMMITTEE INFORMATION •

Public Information:

Committee Meeting: 1st Saturday, 2:00 p.m., 1st floor Penrose Main Hospital, 2222 N. Nevada in Volunteer Coordinator Conference Room.

Cooperation with the Professional Community: Committee Meeting: 5:30 p.m., 2nd Sunday of the month at the Downtown Group, 210 N. Corona St.

Committee Meeting: 7:30 pm, 3rd Tuesday of the month at 420 N. Nevada, First United Methodist Church Room 135 (Boulder St. Access)

Treatment:

Committee Meeting: 12-1 pm, 2nd Saturday of the month, at Penrose Hospital Volunteer Conference Room, 2222 N. Nevada.

Nightwatch:

Night Owls Committee Meetings: 7:00 p.m., 1st Tuesday of the month at Sacred Heart Parish, 21st and Pikes Peak Room 10 - Following the New Beginners meeting.

Archives:

Archive Committee Meetings: 6:00 p.m., 1st
Tuesday of the month at Service Office, 1353 S. 8th
Street, Suite 209

Special Needs:

Committee Meetings: 1:00 p.m., last Saturday of every even month at 309 S. Hancock Ave.

The Pikes Peak Piet: CANCELLED

Committee (5: 6:00 p.m. third Monday of the month at S (11), rt Parish, 21st and Pikes Peak Room 10.

For more committee information including intergroup committees please go to coloradospringsaa.org

Local Service Office

Hours: Monday-Friday 9 a.m. to 5 p.m. SAT.-SUN.: CLOSED

Location: 1353 South 8th Street, Suite 209, Colorado Springs, CO 80905 Contact the Service Office for Intergroup information 719-573-5020

E-mail: serviceoffice@coloradospringsaa.org
Web site: www.coloradospringsaa.org

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DO IT TODAY!

or you can get a copy for only \$1.00 at the Area Service Office







The District 7 Treatment committee is bringing meetings back to Detox! *Check the Treatment page for more info on how to help carry the message to suffering alcoholics in detox at CJC.

Literature prices have been updated! Please take a look at our *<u>literature page</u>. Our 10% discount for orders of 5 or more of select books still applies, so hurry in and get your today!

Alcothon Planning Committee

Thursdays through December -- 6:00 pm



We are meeting every Thursday (except for Thanksgiving and Christmas) at the same time and place until late December. Show up to help us plan to make this year's Alcothon one of the greatest! Come join the fun and help out! Sacred Heart Church School, Room 6; <u>2021 W Pikes Peak Ave</u>, Colorado Springs, CO 80904

2015 Area 10 Colorado State Convention



September 4- 6, 2015

Please join us in Colorado Springs for a great time with speakers, meetings, workshops, a banquet, a dance, social times and other adventures in AA fellowship. It's time to book your hotel room, register for the event and get the car ready to go!

Visit *the Area 10 Convention website for more info.

2015 International Convention of Alcoholics Anonymous



July 2 - 5, 2015 - Atlanta, Georgia

The 2015 International Convention of Alcoholics Anonymous will be held July 2 - 5, 2015 in Atlanta, Georgia with the theme "80 Years – Happy, Joyous and Free." A.A. members and guests from around the world will celebrate A.A.'s 80th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Georgia Dome. Other meetings, scheduled or informal, will take place throughout the weekend in the Georgia World Congress Center and local hotels.

Registration will be available at the *2015 International Convention of Alcoholics Anonymous website at aa.org starting September 3, 2014.

Start planning now! We look forward to seeing you there.

*All information can be found at the local AA website:

www.coloradospringsaa.org