

A Newsletter for the Pikes Peak Region of Alcoholics Anonymous

JULY, 2015

#### **UPCOMING TOPICS**

Service (Aug) Honesty (Sep) Open Mindedness (Oct) Willingness (Nov)



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# ~THE PIKES PEAK PINT

#### **SUBMISSIONS**

The PINT wants to hear from you. Submit your BIRTHDAYS. SPEAKERS, MEETINGS, SHARES to the Pint through the website:

www.coloradospringsaa.org or email to the Pint at pint@coloradospringsaa.org.

**DEADLINE 17TH OF THE MONTH** 

### **EDITOR'S NOTES**

world would rush towards the 12 success one day at a time. steps and the fellowship of AA that didn't know the torment of This month we are discussing praying tomorrow would never the recovery leg of our 3 Legacome?

of information, I was given willingness to look towards space to find out more lifesaving maintaining the other Legacies information, like what was hap- (Unity and Service). Without the pening to me and why. I am an individual's recovery, the other alcoholic and that means I have two stand little chance of being an allergy of the body, an obses- practiced well, for without resion of the mind, and a spiritual covery most alcoholics will not malady. That's the whole deal, know enough about selflessness and exactly what I needed to to practice unity and being of Stormie know to get on with getting well. service, and most importantly, Today those are still critical they will lack the needed con-

cious gift to see another month because you see, without know- than themselves to remove the and what an even bigger gift to ing what my problem is/was, I obsession to drink. Personal say that and believe it. I remem- could never have applied a solu- freedom acquired by recovery is ber many times going to bed and tion. Without a solid agreed up- the 1st step in the individual's praying that tomorrow wouldn't on solution, our fellowship contribution to the whole. come because I was scared, ex- would not exist. IN FACT it hausted, so sick and had no idea wasn't until we acquired those I hope that these experiences you why. Like many, little did I pieces of information that our know that this state of living and fellowship really became us. being was a critical piece for me Recovery is the foundation to find recovery. Who in the that sets our fellowship up for

cies. You will read stories of how recovery has set up each From that very important piece writer to have the freedom and

Happy July All! What a deli- pieces of information for me nection with a Power greater

are about to encounter continue fill your heart with willingness to grow and to understand the gift of recovery.

Your life matters...our lives matter. Each individual who tells the truth of what they have found about alcoholism and recovery works as a channel for the whole - to invite another life into the Sunlight of the Spirit. which many of us now call

Here's to the gift of another month of experiences and gratitude from everyone here at the

#### "Grateful to Receive More Than My Share"

Gratitude reinforces what surrender delivers. God willing, and by vigilant maintenance of a fit spiritual condition—and with thanks to the Program and Fellowship of Alcoholics Anonymous—I am celebrating 17 years of uninterrupted sobriety this month. My sobriety date is July 18, 1998, and I diligently apply myself to a continuing repeatedly! Countless times I somehow lived through acute alcohol plan of recovery so I hopefully never need to change this date.

In 1995, I went abstinent for a measly two-and-a-half months in A.A. after more than 20 years of progressive drinking, but I wasn't ready to believe most of what I heard. Neither was I ready to really do anything that was suggested, so I drank again. And after one or two beers at lunch with an old friend, within a day or two I went out and got a fifth of rye whiskey and a 12-pack of beer (collectively, my "one" drink of choice!), and drank all of that within about 4 hours. I only got drunk that ONE TIME... but it lasted for THREE AND A "Don't ever make us go ten weeks without a drink again!" For the next 3.5 years, I drank a fifth and a 12-pack every day, on average, sometimes less, but sometimes MORE! Until one night, alcohol stopped my heart and my breathing, yet I somehow survived. With that experience I was again granted the gift of desperation, and I finally *embraced it*.

I was told that to get serious about recovery, I would need to surrender from what my crazy alcoholic self is capable of doing for the sake of alcohol. Whiskey had surely knocked me off my high horse, but recovery required that I surrender from the insane notion that I could ever climb back on. My 3.5-year binge had proven what was in I owe these riches to everybody I meet in recovery. I need the people store for me if I did not remain humble and honest about what an uncontrollable, helpless, hopeless drunk I had become.

I am permanently chemically brain damaged from alcohol and drug abuse, and have long-term medical issues caused by or made worse by my substance using that spanned 25 years—until 17 years ago when that gift of desperation finally delivered me into the willingness to accept a serious recovery program. I did not admit or understand the depth of my damages at first, but program honesty and a clearer head allowed me to see the cause and effect of what I had been doing to myself. I was told that I would need to work on finding and expressing great gratitude for all of the second chances I had been granted—the proof of which could be found simply in the fact that I was still alive!

It turns out that I have a disease of MORE. My favorite drink had always been more. My favorite of anything was more. I always wanted more of anything that made me feel good, or used to make me feel good, or that I even just thought might make me feel good even after it stopped working as a source of good feeling. So a big part of my disease is wanting more than my share of whatever might be out there. For most of my life I was soul-sick, trying to feed an internal emptiness with whatever external "comfort" I could find. But I could never find or have enough, and always felt that I still wanted more.

The Program and Fellowship of A.A. taught me that this internal emptiness was a lack of God in my life. I was taught that if I found a God of my own understanding—and turned my will and my life over to the care of that God-then I would at last find soul-fulfilling satisfaction that would not keep demanding more of what all, which left me unfulfilled anyway. I soon learned, and believed, and was completely satisfied by the new vision that it wasn't at all about the glass being half-empty or half-full. It was about having held onto the wrong sized glass! Recovery for me had to be about me changing my

expectations and values to resize my life's metaphorical glass—to right-size my wants and my ego-and learn to be grateful for the blessings I do have—and learn to let go of the wrongful resentments for anything that my soul-sick will might suspect to be lacking!

The honest truth is that I should have died from my drunkenness toxicity, overdoses, near-misses when driving while impaired, reckless insane behaviors, and so on. Yet God saved me from all of those near deaths. It is not God's fault that I damaged the life and the body and the mind that I started out with. God kept giving me more chances to change the way I take care of myself. I no longer take those second chances for granted. Now every day I wake up with a pulse (and no hangover!) is another gift from God that I don't necessarily deserve. Every minute of life I still live is me receiving more than my share!

HALF YEARS, because every cell in my body was screaming at me. Life is much more rewarding when we go on a spiritual basis rather than the material. Deep and diligent 12-Step work has awakened me to the realization that a fundamental commonality of all of my addictions (and to me, conceivably all addictions of every kind) is seeking to fill an emptiness in my spirit—a hole in my soul—with something external; whether it be alcohol, drugs, codependent contact with another person, shopping, material emblems of "success," etc. Reliance upon God and closer conscious contact with the God of my understanding fills ALL needs, and I am serene, happy, joyous, and free having ample God and less "stuff" in my life. Today, riches are not having all the things I want, but wanting all the things I have.

> I meet in A.A. whose stories are more intensely blood-and-guts than mine, whose bottoms were so deep and more severe—so I know exactly what's in store for me if I ever slack off and drink again. I need the people whose stories are relatively mild and fluffy, whose bottoms were comparatively high but bad enough for them—so I can calibrate just exactly how sick and damaged I was when I got here. I need newcomers who struggle with their denial and maladjustment and hopelessness-so I can keep it green, see how far I've come in my own recovery, stay grateful, and serve a useful purpose in offering them the hand of A.A. And I need slippers and stumblers who relapse and drink again—so I can witness painful living evidence that a drink never improves an alcoholic's life—and there but for the grace of God go I.

> I thank you all for your participation and guidance in my journey of recovery. I am so very, very grateful to stay sober today!

2015, Don S

Heard at a Meeting...

"We had to let go absolutely and abandon 'the known' to find recovery."

#### "Recovery"

Recovery is an ambiguous word. Often I hear people with years of sobriety still refer to themselves as "recovering alcoholics." But the Big Book, on the very first page (the overleaf part, not the text) calls itself "The Story of How Many Thousands of Men and Women Have Recovered from Alcoholism." Note that the word used here is recover<u>ed</u>, not recovering.

So we know we shouldn't be shy about calling ourselves recovered alcoholics. What does it mean to say we have recovered? The Big Book is clear about this as well: we have recovered from a "seemingly hopeless state of mind and body."

The Big Book teaches me I have a mind and body different from those of normal people. My body is allergic to alcohol, because every single time I drink any alcohol whatever, I experience the phenomenon of craving, and the only way to satisfy that craving is by getting drunk. My mind is different, because I suffer from a special kind of short-circuit in my brain that makes it impossible for me to not drink. At certain times, the Big Book says, I will be unable to bring to mind with sufficient force the memory of the suffering and humiliation of even a week or a month ago. I see in my own experience that both the allergy and the mental blank spot have happened to me, literally thousands of times.

It is the combination of the two that makes this disease fatal. For me to drink is to die, and yet I cannot stop drinking. That's the "seemingly hopeless state of mind and body" the Big Book is talking about -- one that no human power can relieve.

The way I recover is by taking the actions outlined in the Big Book – the Twelve Steps. I have a Higher Power I know with complete certainty will remove from me, one day at a time, the obsession to drink, if I work the steps to the best of my ability. I have seen proof of this in my own life and in the lives of many other AAs.

I will never be cured of alcoholism. The Big Book is explicit about this. I am like a man who has lost his legs; they will never grow back. But I have recovered from a seemingly hopeless state of mind and body by the grace of my Higher Power. That is a gift promised to me on the very first page of the Big Book, and it is a gift I have received.

Anonymous

Heard at a Meeting...

"Don't believe everything you think."

Tired of riding *on* the fellowship and want to get <u>inside</u>?

Sponsor pestering you to do some service work?

Want to get involved but just don't know what to do?
Then jump right in and start answering the phone!

### That's right ladies and gentlemen, NIGHTWATCH needs YOU!



Nightwatch is one of the most rewarding service positions available and there just happens to be five service slots opening.

THAT'S RIGHT, FIVE!

Thanks to the spirit of rotation we all get a chance to do a little service that has a HUGE impact.

You might make a new friend or run into an old one. You could even save a life simply by answering the phone!



For more information please contact the Nightwatch chair at:

nightwatch@coloradospringsaa.org

Or contact the Area Service Office at 719-573-5020

In the month of May

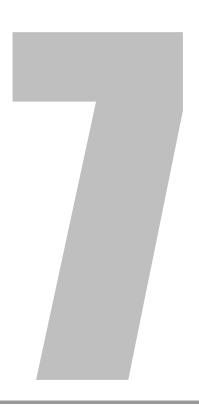
the Service Office received **6**Grateful Giver contributions!!

Thank you from the

bottom of our hearts!!



**CONCEPT 7:** The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.



**Step 7:** Humbly asked Him to remove our shortcomings.



Permission: recoverycartoons.com BenBen

#### **TRADITION 7:**

Every A. A. group ought to be fully self-supporting, declining outside contributions.

#### TRADITIONS CHECKLIST

#### **Tradition 7:**

- 1. Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't afford it yet? How generous was I when tanked in a barroom?
- 2. Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?
- 3. If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA groups in hospitals and prisons?
- 4. Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?
- 5. Is a group treasurer's report unimportant AA business? How does the treasurer feel about it?
- 6. How important in my recovery is the feeling of self-respect, rather than the feeling of being always under obligation for charity received?

#### **ADD Warped Lives**

Open Discussion & 20 min. topic speaker 7:00 p.m. on Fridays 1769 S. 8th Street, Bldg P Clean Slate

#### ADD Traditions Only—3rd Sunday

Open Discussion 10:00-12 p.m. on 3rd Sunday Breakfast 9-10 a.m. Village Inn Circle Dr and I-25

#### ADD Upon Awaking

Open Discussion & Meditation 6:00 a.m. on Thursday 238 3rd Street Monument, CO 80132

#### ADD The Way Out

Open Big Book Topic 7:00 p.m. on Thursday 2322 N. Union

#### ADD Downtown Group

Open Discussion 7:00 p.m. on Tuesday

210 N. Corona (behind McDonalds on Wahsatch)

#### **DELETE The Light Miners Group**

Open Discussion 7:00 p.m. on Mondays Aspen Mine Center 166 Bennett Ave. Cripple Creek

#### **DELETE Fountain of Sobriety**

Open Discussion 6:30 p.m. on Saturday Old Saint Dominic's Church 331 N. Main Security

#### **DELETE Walk The Talk**

Open Big Book Discussion 7:00 a.m. Mon-Fri 5635 N. Academy

#### Walk the Talk

2:00 p.m. on Sunday 5635 N. Academy Blvd CHANGE FROM:

Step Study & Big Book to Open Discussion

#### The Recovery, Unity & Service Group

6:00 p.m. on Thursday Senior Citizens Center 312 North Center Street Woodland Park

#### **CHANGE FROM:**

5:30 p.m. to 6:00 p.m.

### **MEETING CHANGES, SPEAKERS, BIRTHDAYS**

#### TURNING POINT @ Red Cloud Serenity Club

10400 Ute Pass Ave, Green Mountain Falls

POTLUCK @ 6:00 P.M. & SATURDAY SPEAKERS @7:00 p.m.

July 4: Drea H. (Park Hill, Denver)
July 11: Holly T. (Red Cloud)
July 18: Split Alanon/AA. TDB
July 25: Kate S. (BB Study Woodland)

#### **Central Group Speakers**

309 S Hancock Ave @ 8:00 p.m.

July 7: Kathy T. (19 yrs)
July 14: Eric H. (21 yrs)
July 21: Scott N. (14 yrs)
July 28: Craig S. (4 yrs)

STEEL MAGNOLIAS						
Donna B.	29 yrs.					
Denise J.	36 yrs.					
Jane C.	22 yrs.					
Marilyn T.	25 yrs.					
TUESDAY NEW WOMEN						
Donna B.	29 yrs.					
Denise J.	36 yrs.					
Jane C.	22 yrs.					
Marilyn T.	25 yrs.					
HAPPY HOUR						
Cathy T	9 yrs.					
Carol H.	20 yrs.					

FRIDAY WOMENS						
Eve B.	11 yrs.					
Liz R.	6 yrs.					
Yvette W.	24 yrs.					
Maxine R.	23 yrs.					
Connie Sue	26 yrs.					
Diane H.	21 yrs.					
Katy C.	30 yrs.					
Linda G.	4 yrs.					
Nancy	31 yrs.					

9 yrs.

Cathy W.

EASY DOES	IT
Larry W.	1 yr.
Richard G	3 yrs.
Elizabeth	2 yrs.
Adam	2 yrs.
Christian R.	1 yr.
Craig H.	14 yrs.
Barb T.	11 yrs.
Jason J	2 yrs.
Chuck M.	32 yrs.
Curt W	25 yrs.
Cindy G.	12 yrs.
Mike R.	2 yrs.
Amanda C.	1 yr.
Chad	2 yrs.
Don S.	17 yrs.
Richard G.	3 yrs.
Scott & Linda K.	26 yrs.
Brian S.	12 yrs.
Yvette W.	24 yrs.
Donnie O.	14 yrs.
Ed J.	8 yrs.
Ken H. <b>216</b>	2 yrs.

#### **HAPPY DESTINY**

481

Kristen K. 21 yrs. Mark K. 22 yrs.



pove the Bar Group  Dex  Deck to Basics  Deacon Light Group	\$0.00 \$0.00	_	O# TI \A/-!!		
ack to Basics	\$0.00		Off The Wall	\$0.00	
	ψ0.00		Old North End Study Group	\$0.00	
acon Light Group	\$81.00	\$20.50	Pre-Dawn Meeting	\$0.00	
AGOIT LIGHT OFOUP			Primary Purpose		
g Book Action	\$125.00		Primary Purpose Men's Group	\$0.00	
g Book Study UPH	\$0.00		Progress Not Perfection	\$46.50	\$30.50
ack Forest	\$132.26		Recovery in Action	\$67.40	\$67.40
roadmoor	\$0.00		Saturday Early Morning Mtg.	\$114.45	
own Baggers	\$150.00	\$150.00	Security Eye Opener	\$0.00	
entral	\$0.00		Serenity Hour	\$125.00	\$75.00
ean Air Group	\$82.00	\$82.00	Serenity Riders	\$0.00	
on't Worry Be Happy	\$0.00		Serenity Sisters	\$0.00	
own By The Creek	\$0.00		Solutions at Noon	\$88.99	\$63.66
owntown Group	\$582.00		Sought Through Prayer & Meditation		\$26.00
ylander's Group	\$0.00		Steel Magnolias	\$33.50	
asy Does It	\$0.00		Stepping Stones	\$0.00	
licott Group	\$100.00	\$100.00	Sunday Morning Speaker	\$0.00	
suball Craus	<b>#0.00</b>		Sunday Night Big Book Study	<b>#0.00</b>	
oxhall Group	\$0.00		(Clean Slate) Sunlight of the Spirit - Women's	\$0.00	
eedom From Bondage	\$0.00		12x12 (Monument)	\$0.00	
iday Night Live	\$93.50		Taking Steps	\$0.00	
iday Women's Group	\$0.00		The Doctor's Opinion	\$0.00	
ood Ole Boys	\$0.00		The Garage Meeting		
appy Destiny	\$0.00		Then and Now	\$0.00	
appy Heathens	\$0.00		Thursday Mens	\$0.00	
appy Hour	\$0.00		Thursday NoonWoodland Park	\$0.00	
appy, Joyous & Free	\$0.00		Treating The Illness	\$0.00	
gh Noon	\$51.00	\$24.00	Turning Point	\$0.00	
O.W.	\$0.00		Ute Pass Breakfast Group	\$50.00	
to Action	\$0.00		Veterans for AA	\$0.00	
eystone to Recovery	\$0.00		Walk the Talk	\$850.00	\$425.00
ike George Group	\$0.00		Walking on Water	\$0.00	
ttle Log Church Group			We Are Not Saints	\$0.00	
ving Free	\$77.00		Westside Eye Opener	\$0.00	
ving Sober South	\$45.00		Women of Grace		
.A.G.	\$120.00		Woodland Park Beginners	\$0.00	
atural High	\$0.00		Woodland Park Book Study	\$0.00	
ew Beginners	\$234.32		Woodland Park Women's Step Study		\$100.00
	\$173.88		Young People	\$159.46	\$159.46
ew Woman	φ1/3.00				

# The Three Legacies of AA: By Bill W. at the 10th GSC April, 1960

The three legacies of AA - recovery, unity and service - in a sense we do these things? How could we authorize these things in such a possible, and possibilities that have now borne this unbelievable fruit. Old Fitzmayo, one of the early AA's and I visited the Surgeon General of the United States in the third year of this society and told him of our beginnings. He was a gentle man, Dr. Lawrence Kolb, and has since become a great friend of AA. He said, "I wish you well. Even the sobriety of a few is almost a miracle. The government knows that this is one of the greatest health problems but we have considered the recovery of alcoholics so impossible that we have addicts would be the easier job to tackle."

Such was the devastating impossibility of our situation. Now, what And then came the day when it was seen that the parents were both possible? First, the grace of Him who presides over all of us. Next, the cruel lash of John Barleycorn who said. "this you must do, or die." Next, the intervention of God through friends, at first a few and now legion! who opened to us, who in the early days were uncomwhich we could choose.

These have been the wellsprings of the forces and ideas and emotions and spirit which were first fused into our Twelve Steps for recovery. Some of us act well, but no sooner had a few got sober than the old forces began to come into play in us rather frail people. They were fearsome, the old forces, the drive for money, acclaim, prestige.

Would these forces tear us apart? Besides, we came from every walk of life. Early, we had begun to be a cross-section of all men and women, all differently conditioned, all so different and yet happily so alike in our kinship of suffering. Could we hold in unity? To those few who remain who lived in those earlier times when the Traditions were being forged in the school of hard experience on its thousands That was the alternative and that was the uncertain and tenuous of anvils, we had our very, very dark moments.

It was sure recovery was in sight, but how could there be recovery for many? Or how could recovery endure if we were to fall into controversy and so into dissolution and decay?

Well, the spirit of the Twelve Steps which have brought us release from one of the grimmest obsessions known -- obviously, this spirit and these principles of retaining grace had to be the fundamentals of mentally, but we're going to say that this thing is going to work." our unity. But in order to become fundamental to our unity, these That was the biggest piece of news and one of the mightiest assurprinciples had to be spelled out as they applied to the most prominent ances that I had up to this time that there could be any survival for and the most grievous of our problems.

So, out of experience came the need to apply the spirit of our steps to our lives of working and living together. These were the forces that generated the Traditions of Alcoholics Anonymous.

But, we had to have more than cohesion. Even for survival, we had to carry the message and we had to function. In fact, that had become evident in the Twelve Steps themselves for the last one enjoins us to carry the message. But just how would we carry this message? How would we communicate, we few, with those myriad's who still don't know? And how would this communication be handled? How could

represent three impossibilities, impossibilities that we know became way that in this new, hot focus of effort and ego that we would not again be shattered by the forces that had once ruined our lives? This was the problem of the Third Legacy. From the vital Twelfth Step call right up through our society to its culmination today. And, again, many of us said: "This can't be done. It's all very well for Bill and Bob and a few friends to set up a Board of Trustees and to provide us with some literature, and look after our public relations and do all of those chores for us that we can't do for ourselves. This is fine, but we can't go any further than that. This is a job for our elders, given up and have instead concluded that rehabilitation of narcotic for our parents. In this direction only, can there be simplicity and security.

has been brought to bear upon this impossibility that it has become fallible and perishable and Dr. Bob's hour struck and we suddenly realized that this ganglion, this vital nerve center of World Service, would lose its sensation the day the communication between an increasingly unknown Board of Trustees and you was broken. Fresh links would have to be forged. And at that time many of us said: This mitted, the whole field of human ideas. morality and religion, from is impossible, this is too hard. Even in transacting the simplest business, providing the simplest of services, raising the minimum amounts of money, these excitements to us, in this society so bent on survival have been almost too much locally. Look at our club brawls. My God, if we have elections countrywide and Delegates come down here and look at the complexity - thousands of group representatives, hundreds of committeemen, scores of Delegates - my God, when these descend on our parents, the Trustees, what is going to happen then? It won't be simplicity: it can't be. Our experience has spelled it out.

> But there was the imperative, the must, and why was there an imperative? Because we had better have some confusion, some politicking, than to have utter collapse of this center.

> ground on which the General Service Conference was called into being. I venture, in the minds of many and sometimes in mine that the Conference could be symbolized by a great prayer and a faint hope. This was the state of affairs in 1945 to 1950. Then came the day when some of us went up to Boston to watch an assembly elect by two-thirds vote or lot a Delegate. Prior to assembly, I consulted all the local politicos and those very wise Irishmen in Boston said, "We're going to make your prediction Bill, you know us temperathese services.

> Well, work it has and we have survived another impossibility. Not only have we survived the impossibility, we have so far transcended it that there can be no return in future years to the old uncertainties, come what perils there may.

> Now, as we have seen in this quick review, the spirit of the Twelve Steps was applied in specific terms to our problems of living and working together. This developed the Twelve Traditions. In turn, the Twelve Traditions were applied to this problem of functioning at world levels in harmony and unity.



## NIGHTWATCH COMMITTEE MEETING



The Purpose of Nightwatch

#### TRADITION FIVE

Each Group Has But One Primary Purpose-To Carry Its Message To The Alcoholic Who Still Suffers

#### NIGHTWATCH COMMITTEE MEETING

The 1 Tuesday Of Every Month At 7PM, We Meet At Sacred Heart Parish 2021 West Pikes Peak Ave Room 10 \*upstairs\*

(corner of 21 street and Pikes Peak)

Contact Info:

Service Office 24hr Hotline (719) 573-5020

www.coloradospringsaa.org

1353 S. 8 Street, Suite 209

Colorado Springs, CO 80905

GINA S. (719) 502-1154

NightWatch Committee Chair

CRYSTAL S. (720) 425-1952

NightWatch Committee Vice Chair www.nightwatch@coloradospringsaa.org



THE ONLY REQUIREMENTS ARE 1 YEAR OF CONTINUOUS SOBRIETY AND A 1 YEAR COMMITMENT OF SERVICE

#### · CONTRIBUTION ADDRESSES ·

#### ~ AREA SERVICE OFFICE ~

Colorado Springs Area Service Office 1353 South 8th St., Suite 209 Colorado Springs, CO 80905

(Include group name and number on check)

#### ~ GENERAL SERVICE OFFICE ~

P.O. Box 459 - Grand Central Station New York, NY 10163

(Include group name and number on check)

#### ~ AREA 10 ~

Area 10 Treasurer 12081 West Alameda Parkway #418 Lakewood, CO 80228

(Include group name, number and District 7 on check)

#### ~ DISTRICT 7 ~

District 7

P.O. Box 26252

Colorado Springs, CO 80936

(Include group name, number and district 7 on check)

#### ~ PINK CAN CONTRIBUTIONS ~

Pink Can Contributions P.O. Box 40368

1.0. Dux 40000

Denver, CO 80204

(Make checks payable to Area 10 Corrections Committee)

(Include group name and number on check)

#### • CASH ACCEPTED IN PERSON ONLY •

#### COMMITTEE INFORMATION

#### **Public Information:**

Committee Meeting: 1<sup>st</sup> Saturday, 2:00 p.m., 1<sup>st</sup> floor Penrose Main Hospital, 2222 N. Nevada in Volunteer Coordinator Conference Room.

#### **Cooperation with the Professional Community:**

Committee Meeting: 6:00 p.m., 2<sup>nd</sup> Wednesday of the month at Vertec, 1123 Elkton Dr.

#### District 7:

Committee Meeting: 7:30 pm, 3<sup>rd</sup> Tuesday of the month at 420 N. Nevada, First United Methodist Church Room 135 (Boulder St. Access)

#### Treatment:

Committee Meeting: 12-1 pm, 2<sup>nd</sup> Saturday of the month, at Penrose Hospital Volunteer Conference Room, 2222 N. Nevada.

#### Nightwatch:

Night Owls Committee Meetings: 7:00 p.m., 1<sup>st</sup> Tuesday of the month at Sacred Heart Parish, 21<sup>st</sup> and Pikes Peak Room 10 - Following the New Beginners meeting.

#### Archives:

Archive Committee Meetings: 7:00 p.m., 1<sup>st</sup> Tuesday of the month at Service Office, 1353 S. 8<sup>th</sup> Street, Suite 209

#### **Special Needs:**

Committee Meetings: 1:00 p.m., last Saturday of every even month at 309 S. Hancock Ave.

For more committee information including intergroup committees please go to coloradospringsaa.org

#### **Local Service Office**

Hours: Monday-Friday 9 a.m. to 5 p.m. SAT.-SUN.: CLOSED

Location: 1353 South 8th Street, Suite 209, Colorado Springs, CO 80905

Contact the Service Office for Intergroup information 719-573-5020

E-mail: serviceoffice@coloradospringsaa.org Web site: www.coloradospringsaa.org

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# **UPCOMING EVENTS**



### 2015 Area 10 Colorado State Convention "Sponsorship in Action"

#### September 4- 6, 2015

Please join us in Colorado Springs for a great time with speakers, meetings, workshops, a banquet, a dance, social times and other adventures in AA fellowship. It's time to book your hotel room, register for the event and get the car ready to go!

Flyer: http://coloradospringsaa.org/images/pdf/events/2015 AA Convention Flyer.pdf

Visit http://coloradospringsaa.org/news-events/events/50-2015-a10conv for more information

# 2015 International Convention of Alcoholics Anonymous "Happy, Joyous, Free"

#### July 2 - 5, 2015 - Atlanta, Georgia

The 2015 International Convention of Alcoholics Anonymous will be held July 2 - 5, 2015 in Atlanta, Georgia with the theme "80 Years – Happy, Joyous and Free." A.A. members and guests from around the world will celebrate A.A.'s 80th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Georgia Dome. Other meetings, scheduled or informal, will take place throughout the weekend in the Georgia World Congress Center and local hotels.

Registration will be available at the \*2015 International Convention of Alcoholics Anonymous website at aa.org starting September 3, 2014. \*All information can be found at the local AA website: www.coloradospringsaa.org

**Notice** – There is an interim vacancy for Member at Large on the Intergroup Board. A simple majority election will take place at the Intergroup meeting on July 14th! Step up for Service and join us.

#### Member-at-Large

**A.** serves as literature coordinator to carry out purchasing and pricing policy as directed by the Intergroup Officers. Works in coordination with the Office Manager and volunteers as needed to maintain adequate stock, conduct the required annual inventory, keep inventory records up to date, and assure timely orders

**B**. carries out other responsibilities as directed by the Intergroup Chairperson

- taken from Intergroup Charter, page 13

## CALL FOR SERVICE!

### Sponsors/Sponsees / Groups / Members

2015 Area 10 Colorado State Convention "Sponsorship in Action"

### The Antlers Hotel - Colorado Springs September 4th, 5th & 6th 2015

Sponsors, groups & individual members: Please gather your sponsees, group members, or volunteer yourself! Get into action by offering to assist with hosting our Hospitality Suite and/or providing refreshments for our A.A. convention guests.

The Hospitality Suite provides a comfortable space for all wishing to take a break from the convention. A place where one can get refreshed and recharged.

This is a great opportunity for service! This is the State Convention and folks will be visiting from all over. We expect to have many visitors to the Suite. It will need to be staffed and kept fresh for our guests. Let's show 'em what we're made of here in the Ute Pass Area!

### Staffing the Hospitality Suite & refreshments are needed.

<u>Suggested (not required)</u>: 2-3 hour shifts and 2-3 people per shift (an hour is OK and individual members are encouraged to sign up!). Let us know if you will be providing refreshments, hosting or both © <u>Sign up sheet and hours needed are on back of this flyer.</u>

Morning: Bagels, spreads, fruits, juices, pastries, yogurt.

Mid-Day/Evening: Sandwich items, salads (green, pasta, potato, etc.), chips n dip, cookies/treats,

appetizers, veggie trays, cheese/cracker trays, simple potluck type items.

Thank you for supporting our Hospitality Suite by bringing snacks, foods and refreshments.

For additional Convention information, visit coloradospringsaa.org Hospitality Suite Committee

Email: 2015serve@gmail.com Phone: (719) 761-8566 Hospitality Suite Committee c/o Ute Pass Breakfast Group PO Box 6142 Woodland Park, CO 80866

SIGN UP FORM NEXT PAGE

PLEASE RESPOND BY JULY 31, 2015

2015 State Convention \* Hospitality Suite: Please check "X" the day & time you are available. Check "X" the service box (Food and/or Host). Provide additional information, name, phone and/or email. There are two contact spaces per time slot. If you want us to assign you a time based on our greatest need, check these boxes: Hosting [ ] for \_\_\_\_ hours. Food [ ] or for Both [ ]. Put your name and contact info in a space below and we'll assign & confirm with you. \*\*Please respond by July 31, 2015 \*\*\*
OK to key info into an email for us. If we need clarification, we'll let you know. Thank you!

Time	FRI 09/04	SAT 09/05	SUN 09/06	Food	Host	Group (optional) and/or note type of refreshment	Contact	Phone and/or Email
8:00 AM								
9:30 AM		Taken						
11:00 AM		Taken						
12:00 PM								
to								
1:00 PM								
to								
2:00 PM								
to								
3:00 PM								
to								
4:00 PM								
to								
5:00 PM								
to								
6:00 PM								
to								
7:00 PM								
to								
8:00 PM								
to								
9:00 PM								
to								
10:00 PM						Very light refreshments OK		
to								
11:00 PM				Clean up	Clean up	No refreshments		

Email: 2015serve@gmail.com Phone: (719) 761-8566 Hospitality Suite Committee

c/o Ute Pass Breakfast Group PO Box 6142, Woodland Park, CO 80866

# 2015 Summer Assembly



July 24th, 25th, 26th

Hosted by District 16



Our common welfare should come first; Personal recovery depends upon AA unity

Radisson Hotel, Denver SE
3155 s Vaughn Way, Aurora CO 80014
(near I-225 and Parker Rd)
1-800-967-9033

Room rates (per night):\$114 for single/double \$124 for triple/quad MUST BOOK BY JULY 7, 2015 Use referral code: 07AREA16

For more information please call Joe at 720-884-6185 or Tammy Jo at 720-496-6105