

A Newsletter for the Pikes Peak Region of Alcoholics Anonymous

SEPTEMBER, 2015

TOPICS

~THE PIKES PEAK PINT~

Open Mindedness

COMING SOON... Willingness (Oct) Service (Nov)

Volunteers needed Friday and Saturday Sept 4 and 5th for the 2015 Area 10 Colorado State Convention.

This is a great opportunity for service!

Contact the Hospitality Suite Committee at email. 2015serve@gmail.com; phone. (719) 761-8566



Inside this issue:

Local Shares on "Open Mindedness"	I
Step of the Month	4
Meetings & Milestones	5
Group Contributions	6
Committee Information	7
Happenings	8

EDITOR'S NOTES

book to pop out and stun my tried to be on other questions." heart on the importance of be- (BB We Agnostics, p.48) ing open minded in our way of life. Well, it didn't happen, that My experience has shown me ings of the day, and more imis, until it did. They show up in that until I am exhausted portantly, when I slam the door pages IN THE APPENDIX to (whichever comes first) I am off from the Sunlight of the further explain what spiritual not able to allow different per- Spirit and OPEN an opportunity experience means and in "We spectives in, even if I'm dying. I for my alcoholic mind to begin Agnostic"

"Most emphatically we wish to say that any alcoholic capable of honestly facing his problems in the light of our experience can recover, provided he does not close his mind to all spiritual concepts. He can only be defeated by an attitude of intolerance or belligerent denial. We find that no one need have difficulty with the spirituality of the program.

Willingness, honesty and open Steps, I could meet this Power chance to expand and open mindedness are the essentials of Greater than myself and be your mind. Your very life derecovery. But these are indis- freed from the bondage of alco- pends on it! pensable. BB p.568 (570), Appendix II, promise came true. Spiritual Experience

This month our topic is Open alcoholic destruction, we soon today. When I believe I'm the mindedness and I kept looking became as open minded on only one with answers or for the perfect line(s) in the spiritual matters as we had knowledge, I slam the door shut

> ering right over destruction this I am grateful. living life one miserable day at a time without the relief of de- Our writers share their experiholism. Thank goodness that

Now this open mindedness "Faced with still remains key in my life for my Creator to show me how he/she works through other people as well. I miss the blessthe "Spiritual Experience" enough or humbled enough of my mind shut I shut myself arrived, by grace I believe, at a the process of walking me back place where I no longer had any to a drink and out of the grace I solutions to my life or alcohol- have received. However if I can ism and AA said they did. I was honestly face my life, I get the faced with destruction. Worse chance at life and growth in than that I was faced with hov- spiritual concepts. For all of

> struction that would at least ence with journeys into open relieve me from myself. At that mindedness. Whether you are point my mind became open to new or have been around for a the idea that with the help and minute or two, I pray that you support of the fellowship and read something here that speaks through the working of the to your heart and offers a

> > Thank you for letting me be of service!

"Open-mindedness"

There are three places in my sobriety that I found open -mindedness to be essential.

First, I had to open my mind to the idea that my willpower alone would never suffice to keep me from drinking. For me, that was a very difficult thing to keep my mind open about. I had been taught all my life that there was nothing I couldn't do if I set my mind to it. But after literally several thousand failed attempts to control and enjoy my drinking, I was finally beaten into a state of reasonableness – which in this case, meant opening my mind to the idea that there was something I really, truly had no power over.

Second, I had to open my mind to the idea that a Power greater than myself could alleviate my difficult for me. I had no problem with the idea of But these are indispensable." God. In fact, I thought I had a pretty good relationship with God because I did the things my religion taught me I needed to do to be close to Him. The problem was that my relationship with God wasn't keeping me sober. So I had to be willing to open my mind to the idea that my relationship with Him had to change.

Third, I had to open my mind to the idea that the problem with my relationship with God had nothing to do with God; it was a problem with me, and specifically with my illusion that I could wrest It seemed I could do nothing right. The more I fought, managed well. That illusion is very persistent, and I still wrestle with it today. Bit by bit, though, by working the steps of AA, I find this illusion start to fall to pieces, and I begin to see that the extent to which I trust God to manage my life is the extent to which I find peace and happiness in a turbulent world.

Anonymous

Pg. 58 in the Big Book of Alcoholics Anonymous

"I Stopped Fighting"

Hello, my name is Eric, and I'm an alcoholic.

What that means to me, is that I can never take a drink successfully. And, if I don't maintain a program of recovery... I can once again fall back into the defective thinking that says otherwise... that someday, somehow I will control and enjoy my drinking.

I didn't have that conviction coming in the rooms the first time. You hear this in the program all the time... "It takes what it takes." I had to be put through the ringer over and over before open-mindedness could be achieved. And of course, open-mindedness on its own would not suffice.

"We find that no one need have difficulty with condition – not cure me of alcoholism, but let me live spirituality of the program. Willingness, honesty a day at a time without drinking. This was also and open-mindedness are the essentials of recovery.

> Pg. 568 in the Big Book of Alcoholics Anonymous

> > This time around get-

ting sober, it was important for me to utilize ALL tools that were laid at my feet. There was a lot going through my head at the time and it was hard to differentiate the truth from the false... so it occurred to me that I couldn't trust my own intuition.

satisfaction and happiness from this world if only I the more I got myself into trouble. I stopped fighting. I decided that I'd utilize anything that anyone said helped them. Never has anyone who's worked the Alcoholics Anonymous program suggested anything that has caused me harm. I couldn't deny that what I was up against was cunning, baffling, and powerful. I couldn't deny that the odds were against me. I couldn't deny the horrific turnover rate for people like me... I did what I was told. I listened and did my best to practice these principles in all of my affairs.

> "Rarely have we seen a person fail who has thoroughly followed our path."

> If you truly give yourself to this simple program and put it first before ANYTHING else, you cannot fail. This has been my experience.

WEBSITE COMMITTEE



Come join the team and help with service!

Website committee will be holding a monthly meeting time starting September, 12th 2015 at 1pm and will be held every second Saturday of the month. We will be using Google Hangouts, so no need to even leave your house for meeting together!

Email Alicia for information to join Google Hangout or with any questions webmaster@coloradospringsaa.org

Heard at a Meeting...

"The more I drank, the less it worked; the less it worked, the more I drank."

Tired of riding *on* the fellowship and want to get <u>inside</u>?

Sponsor pestering you to do some service work?

Want to get involved but just don't know what to do? Then jump right in and start answering the phone!

That's right ladies and gentlemen, NIGHTWATCH needs YOU!



Nightwatch is one of the most rewarding service positions available and there just happens to be five service slots opening.

THAT'S RIGHT, FIVE!

Thanks to the spirit of rotation we all get a chance to do a little service that has a HUGE impact.

You might make a new friend or run into an old one. You could even save a life simply by answering the phone!



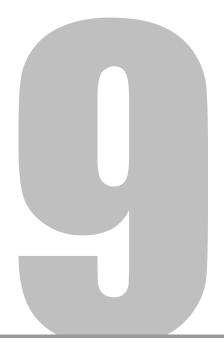
For more information please contact the Nightwatch chair at:

nightwatch@coloradospringsaa.org

Or contact the Area Service Office at 719-573-5020

In the month of July
the Service Office received
4 Grateful Giver contributions &
3 personal contributions.

CONCEPT 9: Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.



Step 9:

Made direct amends to such people wherever possible, except when to do so would injure them or others.



Permission: recoverycartoons.com BenBen

TRADITION 9:

AA as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

TRADITIONS CHECKLIST

Tradition 9:

- Do I still try to boss things in AA?
- 2. Do I resist formal aspects of AA because I fear them as authoritative?
- 3. Am I mature enough to understand and use all elements of the AA program even if no one makes me do so with a sense of personal responsibility?
- 4. Do I exercise patience and humility in any AA job I take?
- 5. Am I aware of all those to whom I am responsible in any AA job?
- 6. Why doesn't every AA group need a constitution and bylaws?
- 7. Have I learned to step out of an AA job gracefully and profit thereby when the time comes?
- 8. What has rotation to do with anonymity? With humility?

MEETING CHANGES, SPEAKERS, & HAPPY BIRTHDAYS!



Drylanders Group-The Big Book Experience

Closed, Big Book Study

7:00 p.m. Monday

Paulson Senior Center, North Side of Hwy 24 between Cheyenne & Pueblo Streets, Access from Pueblo St. Calhan, CO

NEW

Last Minute Meeting

Open, Daily Reflections 11:59 p.m. Saturday 5635 N. Academy Blvd



DELETE

Drylanders Group-The Big Book Experience

7:00 p.m. Thursday

High Plains Reformed Church basement, corner of Colorado & 7th Street

Calhan, CO



DELETE

Down on the Prairie AA Group

Open Discussion, Native American 6:00 p.m. Thursday 8662 Bohleen Rd., First Church of God Universal Falcon

FRIDAY WOMENS		
Ruth H.	30 yrs.	
Amy L	7 yrs.	
Mary O	7 yrs.	
Theresa	7 yrs.	
Rhonda	6 yrs.	
Bev C.	8 yrs.	
Jan	1 yr.	
Cathy B.	1 yr.	
Calleen	7 yrs.	
Elsa L	27 yrs.	
Kelsey C.	7 yrs.	
Sanay	1 yr.	
Eileen S.	31 yrs.	



Central Group Speaker's Meeting (open) Tuesday 8:00 PM 309 S Hancock Ave

Ron M. (31 yrs) Sep 1: **Sep 8:** Kevin M. (27 yrs) Scott N. (26 yrs) Sep 15: Sep 22: Bernie B. (lots) Sep 29: Sara H. (1 yr)

WALK TI	HE TALK
Cathy B.	2 yrs.
Kevin S.	2 yrs.
David B.	2 yrs.
Bob O.	4 yrs.
Jody	26 yrs.
Emily L.	13 yrs.
Larry	17 yrs.
Margot	7 yrs.
Laura R.	27 yrs.
Jan C.	1 yr.
Hal B.	3 yrs.
Linda-Marie	25 yrs.
Barbara W.	30 yrs.
Phil A.	16 yrs.
Connie L.	4 yrs.
Tom H.	12 yrs.
Ann B.	1 yr.

TUESDAY NI	EW WOMEN
Leigh T.	10 yrs.
Cathy B.	4Yrs.
Cindy S.	4Yrs.
Laurel B.	25 Yrs.
Jeri R.	3 yrs.
Linda Marie	25 yrs.
Sanay	1 yr.
Valerie J.	1 yr.
Melissa S.	1 yr.

EASY D	OES IT
Fred S.	3 yrs.
Mike W.	2 yrs.
Jake B.	2 yrs.
Jessica M.	1 yr.
Fred L.	11 yrs.
Dave M.	2 yrs.
Bill S.	3 yrs.
Dale M.	2 yrs.
Bill S.	3 yrs.
Dale M.	5 yrs.
Renee B.	1 yr.
Vicki Rae S.	2 yrs.
Ray S.	24 yrs.
Joanne B.	3 yrs.
Leslie M.	1 yr.
Robert	1 yr.
Louise S.	7 yrs.
Bev C.	8 yrs.
Rick J.	1 yr.

WE ARE N	OT SAINTS
Jeff S.	7 yrs.
Joe S.	22 yrs.
Larry Y.	17 yrs.
Tom H.	8 yrs.

Stormie	Fiscal Yr. to			Fiscal Yr. to	
GROUP NAME (2015-2016)	date	July	GROUP NAME (2015-2016)	date	July
Above the Bar Group	\$0.00		Off The Wall	\$110.72	\$110.72
Apex	\$83.35		Old North End Study Group	\$100.01	\$100.01
Back to Basics	\$276.50	\$137.50	Pre-Dawn Meeting	\$0.00	
Beacon Light Group			Primary Purpose		
Big Book Action	\$405.00	\$280.00	Primary Purpose Men's Group	\$0.00	
Big Book Study UPH	\$0.00		Progress Not Perfection	\$94.05	\$22.00
Black Forest	\$308.76	\$176.50	Recovery in Action	\$284.74	\$217.34
Broadmoor	\$0.00		Saturday Early Morning Mtg.	\$114.45	
Brown Baggers	\$150.00		Security Eye Opener	\$150.00	\$150.00
Central	\$0.00		Serenity Hour	\$275.00	\$75.00
Clean Air Group	\$82.00		Serenity Riders	\$240.00	\$240.00
Don't Worry Be Happy	\$380.80		Serenity Sisters	\$275.00	
Down By The Creek	\$0.00		Solutions at Noon	\$243.42	
Downtown Group	\$1,399.47		Sought Through Prayer & Meditation	\$113.50	\$34.50
Drylander's Group	\$40.46		Steel Magnolias	\$33.50	
Easy Does It	\$90.00		Stepping Stones	\$0.00	
Ellicott Group Foxhall Group	\$100.00 \$0.00		Sunday Morning Speaker Sunday Night Big Book Study (Clean Slate)	\$297.00 \$0.00	
Oxidir Group	ψο.σσ		Sunlight of the Spirit - Women's 12x12	ψ0.00	
Freedom From Bondage	\$100.00	\$100.00	(Monument)	\$180.00	
Friday Night Live	\$163.50	\$70.00	Taking Steps	\$0.00	
Friday Women's Group	\$70.00		The Doctor's Opinion	\$202.25	\$202.25
Good Ole Boys	\$0.00		The Garage Meeting		
Happy Destiny	\$0.00		Then and Now	\$0.00	
Happy Heathens	\$0.00		Thurday Men's Group	\$500.00	
Happy Hour	\$0.00		Thursday NoonWoodland Park	\$50.00	
Happy, Joyous & Free	\$0.00		Treating The Illness	\$0.00	
High Noon	\$77.00		Turning Point	\$0.00	
H.O.W.	\$50.00	\$50.00	Ute Pass Breakfast Group	\$50.00	
Into Action	\$0.00		Veterans for AA	\$0.00	
Keystone to Recovery	\$0.00		Walk the Talk	\$1,700.00	\$425.00
Lake George Group	\$0.00		Walking on Water	\$0.00	
Little Log Church Group	2424.50		We Are Not Saints	\$186.70	
Living Free	\$134.50		Westside Eye Opener	\$0.00	
Living Sober South	\$93.50		Women of Grace	**	\$163.50
M.A.G.	\$120.00		Woodland Park Beginners	\$0.00	
Natural High	\$0.00		Woodland Park Book Study	\$0.00	
New Beginners	\$418.64		Woodland Park Women's Step Study	0450.40	
New Woman	\$317.88		Young People	\$159.46	#0.000.44
Northwesters XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX	\$350.00	\$150.00		\$11,142.66	\$3,209.14



NIGHTWATCH COMMITTEE MEETING



The Purpose of Nightwatch

TRADITION FIVE

Each Group Has But One Primary Purpose- To Carry Its Message To The Alcoholic Who Still Suffers

NIGHTWATCH COMMITTEE MEETING

The 1⁵¹ Tuesday Of Every Month At 7PM, We Meet At Sacred Heart Parish 2021 West Pikes Peak Ave Room 10 *upstairs*

(corner of 21" street and Pikes Peak)

Contact Info:

Service Office 24hr Hotline (719) 573-5020

www.coloradospringsaa.org

1353 S. 8th Street, Suite 209

Colorado Springs, CO 80905

GINA S. (719) 502-1154

NightWatch Committee Chair

CRYSTAL S. (720) 425-1952

NightWatch Committee Vice Chair www.nightwatch@coloradospringsaa.org

THE ONLY REQUIREMENTS ARE 1 YEAR OF CONTINUOUS SOBRIETY AND A 1 YEAR COMMITMENT OF SERVICE

· CONTRIBUTION ADDRESSES ·

~ AREA SERVICE OFFICE ~

Colorado Springs Area Service Office 1353 South 8th St., Suite 209 Colorado Springs, CO 80905

(Include group name and number on check)

~ GENERAL SERVICE OFFICE ~

P.O. Box 459 - Grand Central Station New York, NY 10163

(Include group name and number on check)

~ AREA 10 ~

Area 10 Treasurer 12081 West Alameda Parkway #418 Lakewood, CO 80228

(Include group name, number and District 7 on check)

~ DISTRICT 7 ~

District 7

P.O. Box 26252

Colorado Springs, CO 80936

(Include group name, number and district 7 on check)

~ PINK CAN CONTRIBUTIONS ~

Pink Can Contributions

P.O. Box 40368 Denver, CO 80204

(Make checks payable to Area 10 Corrections Com-

mittee)
(Include group name and number on check)

• CASH ACCEPTED IN PERSON ONLY •

COMMITTEE INFORMATION

Public Information:

Committee Meeting: 1st Saturday, 2:00 p.m., 1st floor Penrose Main Hospital, 2222 N. Nevada in Volunteer Coordinator Conference Room.

Cooperation with the Professional Community:

Committee Meeting: 6:00 p.m., 2nd Wednesday of the month at Vertec, 1123 Elkton Dr.

District 7:

Committee Meeting: 7:30 pm, 3rd Tuesday of the month at 420 N. Nevada, First United Methodist Church Room 135 (Boulder St. Access)

Treatment:

Committee Meeting: 12-1 pm, 2nd Saturday of the month, at Penrose Hospital Volunteer Conference Room, 2222 N. Nevada.

Nightwatch:

Night Owls Committee Meetings: 7:00 p.m., 1st Tuesday of the month at Sacred Heart Parish, 21st and Pikes Peak Room 10 - Following the New Beginners meeting.

Archives:

Archive Committee Meetings: 7:00 p.m., 1st Tuesday of the month at Service Office, 1353 S. 8th Street, Suite 209

Special Needs:

Committee Meetings: 1:00 p.m., last Saturday of every even month at 309 S. Hancock Ave.

For more committee information including intergroup committees please go to coloradospringsaa.org

Local Service Office

Hours: Monday-Friday 9 a.m. to 5 p.m. SAT.-SUN.: CLOSED

Location: 1353 South 8th Street, Suite 209, Colorado Springs, CO 80905

Contact the Service Office for Intergroup information 719-573-5020

E-mail: serviceoffice@coloradospringsaa.org Web site: www.coloradospringsaa.org

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TRADITIONS

BREAKFAST MEETING

Tradition Three

A. A. Traditions Discussion Meeting Sunday September 20, 2015 @ 10:00a / 12:00p

At Village Inn on Circle and I-25

Subsequent meetings on the 3rd Sunday of each month!

Arrive at 9:00a and enjoy some breakfast and fellowship before the meeting begins!

When arriving at Village Inn simply tell the Hostess you are here for <u>TRADITIONS</u>. She will politely direct you to the "BUBBLE".