

A Newsletter for the Pikes Peak Region of Alcoholics Anonymous

February, 2017

### ~THE PIKES PEAK PINT~

### **Principles Before Personalities**

Recently, I stopped going to a meeting which I really liked. Why? Because I was mad at a friend that went to the meeting. No, they have not stopped going but I have. I guess I just don't want to deal with talking to them. They may hurt my feelings or just plain ignore me. Being a true alcoholic, God forbid if they just plain ignored me.

Yes, I guess my feelings are more important than what I get out of this meeting—let alone the other people that I miss—or the fact that I also have a lot to offer at meetings.

I got so messed up over this that I thought I would buy a beer, set it on the dash of my truck, take a picture of it, and text it to them. By golly, they would be sure to talk to me then! But what if it didn't work the way I had planned? Would I have drunk the beer?

Well, by the grace of my higher power (who I choose to call God) the liquor stores were closed. So, I sat in the dark of night and prayed with all the hate and vengeance I could throw at my higher power. You know what happened? I talked to a person the next day after a meeting, hoping for guidance, and they became my sponsor.

Now, my sponsor doesn't let me get away with crap that I know isn't right. We are working another set of steps—I mean, really working them—(no pulling the wool over their eyes). It is through re-working the steps that I have realized I was putting my personality before the program. In time, I will make an amends to the person I am angry with, but in due time (for now it is in my God box). I need to become spiritually fit so I can survive the encounter, whether they chose to walk away or to listen. Today, I know that I can go back to the meeting and be cordial. Remember, we don't have to like each other but we can love each other for who we truly are.

So I am not lecturing anybody, just being honest with myself. I hope this helps others with this same problem. If we are truly spiritually fit inside, then we will be able to handle situations like this when they come up and not act like children. I want it burned deep into my memory that it is truly principles before personalities!

Anonymous



NEW WOMAN:		
Caren L.	11 Years	
Toni M.	8 Years	
Shawn B.	34 Years	
Amy M.	5 Years	

ears	
ars	
ears	
ars	

Lyle H.

Ricci C.

Karl N.	02/01/1988
Bridget G.	02/01/2014
Deeek S.	02/02/2013
Joie D.	02/03/1988
Adam K.	02/04/2013
Carrie E.	02/05/2010
Mike C.	02/05/1997
Tom G.	02/08/1984
Richard N.	02/08/2009
Johnny M.	02/09/2015
Melody C.	02/21/2013
Cathy	02/25/2013

**EASY DOES IT:** 

02/01/1987

02/28/2015

SERENITY RIDERS:		
Alice D.	02/26/1988	
Dan J.	02/10/1987	
Joe C.	02/21/2003	
Leslie A.	02/24/2014	
Lindsey M.	02/15/2009	
Patsy P.	02/17/2016	
Pete B.	02/05/1989	
Sheila O.	02/01/2000	
William J.	02/14/1997	

FRIDAY WOMEN'S:		
Lynn E.	02/16/2010	

FOXHALL:		
Vicki B.	02/13/1990	

STEEL MAGNOLIAS:	
Dana R.	20 Years
Cathy C.	6 Years

WE ARE NOT	SAINTS:
Catherine N.	16 Years
David R.	12 Years
James K.	3 Years

### **STEP 2:**

Came to believe that a Power greater than ourselves could restore us to sanity.



### **TRADITION 2:**

For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

### **CONCEPT 2:**

When, in 1955, the A.A. groups confirmed the permanent charter for their General Service Conference, they thereby delegated to the Conference complete authority for the active maintenance of our world services and thereby made the Conference—excepting for any change in the Twelve Traditions or in Article 12 of the Conference

the actual voice and the effective conscience for our whole Society.

Charter —

### **TRADITION 2 CHECKLIST:**

- 1. Do I criticize or do I trust and support my group officers, AA committees, and office workers? Newcomers? Old-timers?
- 2. Am I absolutely trustworthy, even in secret, with AA Twelfth Step jobs or other AA responsibility?
- 3. Do I look for credit in my AA jobs or Praise for my AA ideas?
- 4. Do I have to save face in group discussion, or can I yield in good spirit to the group conscience and work cheerfully along with it?
- 5. Although I have been sober a few years, am I still willing to serve my turn at AA chores?
- 6. In group discussions, do I sound off about matters on which I have no experience and little knowledge?

### **Special Needs Committee Report**

For the past five weeks the special needs committee has been taking a meeting into Cedarwood Health Care Center. This is a weekly meeting that begins at 6pm and is located at 924 West Kiowa Street. The first night we had a meeting at the center, there were six people in attendance who were confined to wheelchairs. They jokingly made mention that a good name for the meeting should be "Wheel Chair Races" and the name stuck. That might be a nod to rule 62—"Don't take yourself too damn seriously." If you ask me, that's pretty impressive coming from members recovering from alcohol related accidents or OD situations to name their group that.

I want to ask the readers of the "Pint" a few questions:

- 1) Would you support this new meeting by having your home group commit to a month like the Treatment Committee does?
- 2) Should I register this meeting with AAWSO and then it can be put on the meeting schedule the same as any other new meeting?

I would also like to note that given the demographics of this meeting it would be somewhat naive to think this meeting could be fully self supporting through its own contributions. Currently, Cedarwood supports the meeting by furnishing literature, coffee, snacks and access to a room for the meeting. This demonstrates Cedarwood's commitment to providing an opportunity and a beginning for AA recovery meeting at their facility.

As for me personally, I have had the strange experience of AA members thanking me for doing this service work. May I ask you if you have ever walked up to a lottery winner and thanked them for winning the lottery? Why would you thank me for feeling this grateful? I have learned how to tell my story in light of facing some of the most difficult things which I am required to practice acceptance for.

The members of the "Wheel Chair Races" are facing a new life, moving forward after having gone through an alcohol related physical injury. The members of this group are rolling into this AA meeting full of hope that this program really works. There is mutual gratitude between those of us bringing the meeting in and those from the center because we all can relate to what it's like to be presented with circumstances that we find unacceptable and peace in the fellowship of sharing our individual stories.

**BRUCE** 

Intergroup Special Needs Committee Chairman specialneed@coloradospringsaa.org

### **GROUP CONTRIBUTIONS**

GROUP NAME (2016-2017)	YTD	DEC.	GROUP NAME (2016-2017)	YTD	DEC.
A Common Solution	\$62.73	\$0.00	Northwesters	\$621.89	\$0.00
Above the Bar Group	\$0.00	\$0.00	Off The Wall	\$102.67	\$0.00
Apex	\$340.04	\$0.00	Old North End Study Group	\$216.68	\$121.00
Back to Basics	\$906.71	\$186.78	One Six Four	\$85.00	\$0.00
Beacon Light Group	\$100.00	\$0.00	Pre-Dawn Meeting	\$158.00	\$90.00
Big Book Action	\$839.82	\$63.05	Primary Purpose	\$0.00	\$0.00
Big Book Study UPH	\$289.00	\$39.00	Progress Not Perfection	\$123.76	\$11.38
Black Forest	\$570.99	\$0.00	Recovery in Action	\$520.53	\$90.53
Broadmoor	\$73.10	\$0.00	Recovery, Unity, Service Group	\$140.00	\$0.00
Brown Baggers	\$0.00	\$0.00	Saturday Early Morning Mtg.	\$536.40	\$0.00
Central	\$50.10	\$30.10	Security Eye Opener	\$191.00	\$0.00
Clean Air Group	\$80.00	\$0.00	Serenity Hour	\$550.00	\$75.00
Don't Worry Be Happy	\$533.83	\$232.45	Serenity Riders	\$203.80	\$15.00
Down By The Creek	\$0.00	\$0.00	Serenity Sisters	\$200.26	\$73.80
Downtown Group	\$2,958.73	\$837.20	Sober Sisters	\$102.13	\$0.00
Drylander's Group	\$23.25	\$0.00	Solutions at Noon	\$0.00	\$0.00
Easy Does It	\$304.58	\$304.58	Sought Through Prayer & Meditation	\$238.40	\$30.00
Ellicott Group	\$340.00	\$0.00	Steel Magnolias	\$259.79	\$0.00
4th Dimension Rocketeers	\$50.00	\$0.00	Stepping Stones	\$0.00	\$0.00
Foxhall Group	\$499.87	\$0.00	Sunday Morning Speaker	\$1,202.00	\$0.00
Freedom From Bondage	\$0.00	\$0.00	Sunlight of the Spirit	\$700.00	\$400.00
Friday Night Live	\$107.50	\$0.00	Taking Steps	\$496.62	\$120.00
Friday Women's Group	\$376.00	\$0.00	The Doctor's Opinion	\$100.00	\$0.00
Good Ole Boys	\$200.00	\$0.00	The Garage Meeting	\$270.80	\$12.00
Happy Destiny	\$131.06	\$43.30	Then and Now	\$60.00	\$0.00
Happy Heathens	\$250.00	\$0.00	Thursday Men's Group	\$545.71	\$0.00
Happy Hour	\$0.00	\$0.00	Thursday NoonWoodland Park	\$114.00	\$0.00
Happy, Joyous & Free	\$0.00	\$0.00	Traditions Only	\$92.00	\$0.00
High Noon	\$140.00	\$0.00	Treating The Illness	\$211.46	\$36.01
H.O.W.	\$300.00	\$0.00	Turning Point	\$163.29	\$163.29
Into Action	\$600.00	\$180.00	Ute Pass Breakfast Group	\$0.00	\$0.00
Keystone to Recovery	\$100.00	\$0.00	Veterans for AA	\$0.00	\$0.00
Lake George Group	\$0.00	\$0.00	Walk the Talk	\$2,175.00	\$425.00
Little Log Church Group	\$237.00	\$0.00	Walking on Water	\$120.00	\$0.00
Living Free	\$57.00	\$0.00	We Are Not Saints	\$2,635.78	\$148.91
Living Sober South	\$320.33	\$39.33	Westside Eye Opener	\$0.00	\$0.00
M.A.G.	\$658.01	\$0.00	Women of Grace	\$320.75	\$119.75
Meditation Group	\$234.00	\$0.00	Woodland Park Beginners	\$0.00	\$0.00
Natural High	\$0.00	\$0.00	Woodland Park Book Study	\$265.33	\$108.00
New Beginners	\$469.85	\$118.61	Woodland Park Women's Step Study	\$84.00	\$0.00
New Woman	\$647.72	\$0.00	Young People	\$800.21	\$132.23
			Totals:	\$27,458.48	\$4,246.30

### 10th Step INVENTORY

Complete this inventory at the end of any day, especially if you don't feel right. If you run out of space in any box, continue on other side.

Was I			
RESENTFUL?	Of who?	SELFISH?	How?
DISHONEST?	How?	FEARFUL?	Of what?
Am I obsessing about anyth	ina?	Am I keeping any secre	atc?
and I obsessing about anyth	mg:	Am I keeping any secre	313:
Did I cause any harm? Do I	owe any	Was I kind and loving t	
apologies?		What could I have done	e Detter?
SOBER ACTIONS CHECKLIST		TO-DO LIST	
<ul> <li>□ Did I go to a meeting?</li> <li>□ Did I pray?</li> <li>□ Did I call my sponsor?</li> <li>□ Did I call another alcoholic?</li> <li>□ Did I help anyone?</li> <li>□ Did I do service?</li> <li>□ Did I meditate?</li> <li>□ Did I fellowship?</li> </ul>		I will discuss my I will apolo	
☐ Did I read any literature?		I will pray for relief fi	
		and for guidance in i	my future actions.



### **MEETING CHANGES:**

C.P.C.

(Cooperation with the Professional Community)
1:00pm, 4th Saturday of the month
Sand Creek Library
1821 S. Academy Blvd., 80916
(large study room).

Was 3rd Sunday of each month.

### Limon AA Group

(Open, Handicap Access)
7:00pm, Tuesday
Zion Lutheran Church
408 H Avenue
Limon, CO 80828
Name change only:
Was "Freedom From Bondage".

### **NEW MEETING:**

### Saturday Morning Anonymous

(Closed, Handicap Access)
Big Book & 12X12 Discussion
7:30am, Saturday
Beth-El Menonite Church
4625 Ranch Drive, 80918

In the month of **DECEMBER**the Service Office received **2** Grateful Giver contributions, **5** Personal contributions,

and



**5** Birthday contributions!

### DO YOU HAVE A SUBMISSION FOR THE PINT?

Articles
Cartoons
Event Fliers
Jokes
Poems
Birthdays
Even feedback

### PLEASE SEND SUBMISSIONS TO:

pint@coloradospringsaa.org

.pdf and .doc formats preferred.

## You Are Awesome!!!!



As of January 17<sup>th</sup>,
Gratitude Month
has had 24 Groups
contributing
for a total of
\$2353.80!!

### **UPCOMING ELECTIONS in MARCH**

ELECTIONS for INTERGROUP OFFICERS will be held at the INTERGROUP MEETING, March 14, 2017. All of the positions listed below will be voted on. **CANDIDATES MUST BE PRESENT**. It is recommended that those who stand have a minimum of two years continuous sobriety. Term of office is one year, April 1 through March 31. Position descriptions are listed in the Intergroup Charter which is on our website.

### NOMINATION FOR INTERGROUP BOARD MEMBERS

(\*\*please submit by March 14, 2017 or before!)

hereby nominate	for the trusted servant position of:
(Circle one)	
Chairperson	One year term
Vice-Chairperson	One year term (two year commitment) First year as Vice-Chair, then preferably rotates into position of Chairperson.
Secretary	One year term
Treasurer	One year term
Vice-Treasurer	One year term (two year commitment) First year as Vice-Treasurer then preferably rotates into position of Treasurer
Registrar	One-year term
Member at Large	One-year term

\*\*Please fill out this form and bring it to the Area Service Office before March 14, 2017.

Or you can scan your completed form and email to the ASO at <a href="mailto:serviceoffice@coloradospringsaa.org">serviceoffice@coloradospringsaa.org</a>

Or you can send your nomination to the ASO via email message.

Please be sure to include all the required information.

Remember all nominees must be present at the Intergroup Board meeting in March.

### Request for Proposal: Website Development

1353 S. 8th Street, Suite 209

serviceoffice@coloradospringsaa.org

719-573-5020 (24 hours)



REQUEST FOR PROPOSAL Colorado Springs Area Service Office is seeking proposals from qualified website developers to overhaul the design, structure and functions of its official website, www.coloradospringsaa.org. Sealed proposals will be received by either mail, email or personal delivery until February 15, 2017 (MST). Proposals received after the specified timed will not be considered. Proposals shall be sealed and plainly marked on the outside of the envelope/box with ASO Website Development and with the name of the firm submitting the proposal. It is the sole responsibility of the proposer to assure that their proposal is received by Colorado Springs Area Service Office prior to the time specified.

### STATEMENT OF PURPOSE

CSASO is seeking proposals from website developers to update and overhaul the design, structure and functions of its official website, www.coloradospringsaa.org., plug in and ensure function of FIND A MEETING, manage email accounts, as well as to serve as the Technical Advisor. The vendor will develop a new website with the primary function of updating the website to include our FIND A MEETING feature, maintence of the website, and great ease to access on mobile devices. In addition to graphic design, navigation, and CMS integration, the vendor will provide guidance and assistance throughout the entire process, from concept development, gathering stakeholder input, construction, testing, and implementation of maintenance methods.

### SCOPE OF SERVICES

The purpose of this Request for Proposal is to establish a one-year contract with a qualified Contractor, who will work within a maximum budget of \$3,000, to overhaul the design, structure and functions of CSASO's official website, www.coloradospringsaa.org. The contract should include provisions for technical advising and support for website maintenance after the initial launch, content update, as well as email account management. As well emergency technical support in the Technical Advisor position.

# HAPPY HOUR NEEDS YOU!



Happy Hour is one of the older Groups in the Colorado Springs area. We have a tradition of carrying the message through Sponsorship, service and fellowship. Through changes in our attendance (membership down) we now need your support in carrying this message!

Happy Hour Group
(Open, Handicap Access)
Tuesday, 5:30-6:45pm
Central United Methodist Church
4373 Galley Road
(Just east of intersection of Galley and Murray)
Entrance on the south side of the building.
Ring doorbell to the right of the front door if you are late.

Did you know that offenders in locked down facilities in the State of Colorado cannot have an AA meeting unless there is a volunteer willing to be present to help facilitate the meeting?

123,000 Coloradoans are behind bars or under criminal justice supervision 36,000 People in Colorado are locked up in various kinds of correctional facilities. The rest are on probation, parole or in transitional facilities in our community

74% CDOC inmates suffer from moderate to severe substance abuse issues Substance abuse is the #1 reason offenders return to prison on parole violations

It is the primary purpose of the District 7 Corrections Committee to carry AA's message of hope to these offenders while they are incarcerated and as they prepare to re-enter our community.

### WE CANNOT DO IT ALONE

District 7 Corrections Committee
9:00 AM on the 3<sup>rd</sup> Saturday of each month
Sacred Heart School-Room 6
21<sup>st</sup> and Colorado
Old Colorado City, CO



# 29TH ANNUAL AREA 10 CORRECTIONS CONFERENCE

## SATURDAY, 04 / 08 / 2017

Central Christian Church 3690 Cherry Creek S Drive, Denver, CO

### **AGENDA**

8:00-9:00 Meet & Greet -Coffee & Donuts 9:00-12:00 Morning Sessions 12:00 Lunch (included in registration) 1:30-5:00 Afternoon Sessions 5:00-7:00 Dinner Break (on your own) 7:00-9:00 Evening Speakers

All informative sessions include panels of corrections volunteers and speakers from the correctional field.

Bring AA meetings into local jails and prisons D.O.C. training available Basic Volunteer and Update Training Get information on how to correspond with an offender Join us in this rewarding work Contact Meg: 312-286-4744

NAME:

ADDRESS:

TELEPHONE: EMAIL:

AREYOUCURRENTLY INVOLVED WITHCORRECTIONS? IFYES, IN WHAT CAPACITY?

REGISTRATION=\$10/PERSON DONATION:\$ TOTAL ENCLOSED: \$

Make checks payable to: Area 10 Corrections Committee

Mail to: Corrections Conference • AA District 13 PO Box 40368 • Denver CO, 80204

### LOCAL SERVICE OFFICE

Hours: Monday-Friday 9 a.m. to 5 p.m.

SAT.-SUN.: CLOSED

Location: 1353 South 8th Street, Suite 209

Colorado Springs, CO 80905 Contact the Service Office 719-573-5020

E-mail: serviceoffice@coloradospringsaa.org

### **COMMITTEE MEETINGS**

### **ARCHIVES:**

NO MEETINGS SCHEDULED VOLUNTEERS NEEDED

### **PUBLIC INFORMATION:**

2:00pm, 1<sup>st</sup> Saturday of the month 1<sup>st</sup> floor Penrose Main Hospital 2222 N. Nevada in Volunteer Coordinator Conference Room

### C.P.C.:

(Cooperation with the Professional Community)
1:00pm, 4th Saturday of the month
Sand Creek Library
1821 S. Academy Blvd. (large study room).

### **District 7:**

7:00pm, 3<sup>rd</sup> Tuesday of the month First United Methodist Church 420 N. Nevada, Room 135 (Boulder St. Access)

### TREATMENT:

12pm, 2<sup>nd</sup> Saturday of the month Penrose Hospital Volunteer Conference Room 2222 N. Nevada.

#### **SPECIAL NEEDS:**

NO MEETINGS SCHEDULED VOLUNTEERS NEEDED

### **NIGHTWATCH:**

7:00pm, 1<sup>st</sup> Tuesday of the month
Sacred Heart Parish
21<sup>st</sup> and Pikes Peak

Room 10 - Following the New Beginners meeting

For more committee information, please go to <u>coloradospringsa</u>a.org

### CONTRIBUTION ADDRESSES

### ~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs Area Service Office 1353 South 8<sup>th</sup> St., Suite 209 Colorado Springs, CO 80905 (Include group name and number on check)

### ~ GENERAL SERVICE OFFICE ~

Payable to: GSO
P.O. Box 459 - Grand Central Station
New York, NY 10163
(Include group name and number on check)

### $^{\sim}$ AREA 10 $^{\sim}$

Payable to: Area 10 Treasurer 12081 West Alameda Parkway #418 Lakewood, CO 80228 (Include group name, number and District 7 on check)

### ~ DISTRICT 7 ~

Payable to: District 7 P.O. Box 26252 Colorado Springs, CO 80936 (Include group name, number and district 7 on check)

### ~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee P.O. Box 40368 Denver, CO 80204 (Include group name and number on check)

CASH ACCEPTED IN PERSON ONLY

### Sign up to receive

The Pikes Peak Pint by email!

• Read, enjoy, and send a copy to all your friends • Send subscription requests to

pint@coloradospringsaa.org

### DO IT TODAY!

or you can get a copy for only \$1.00 at the Area Service Office