

A Newsletter for the Pikes Peak Region of Alcoholics Anonymous

April, 2017

~THE PIKES PEAK PINT~

Something is Happening—I Can Feel It!

My sponsor told me to do this so I am. That's pretty much how my life is right now at 98 days sober. I resented being told (or suggested) what to do with my life but when I didn't take the suggestions, I didn't stay sober. To be perfectly honest, I don't really like most of the suggestions I'm given. I hate talking the phone (read: asking for help). I hate meeting new people (read: I'm not good enough). I absolutely hate writing my fourth step (read: the truth hurts). But something is happening to me—I can feel it. I've struggled to stay sober for over a year but this time is different. Something is happening to me. I have no idea what it is.

You know when I notice it? When I let someone in on the Interstate; when I don't get angry at the person at the gas station who has a million lottery tickets and has to scratch them right there at the counter; when I say, "Good morning!" and, "Have a nice day!" to random strangers. That's not me. I don't do those things. I laugh now...That's when I notice it.

I'm starting to care about how other people feel. I sleep most nights. I don't mind going to work and doing what is demanded of me. Most of all, I don't really mind doing everything in A.A. that I said I hate doing. That's progress, isn't it?

When I really notice this stuff, these changes, I feel hopeful. I feel hopeful because in the midst of my 4th Step inventory, I am having to let go of the girl I once was and have no idea who I'm going to become—who God means for me to be. Instead of being completely scared of this (and I am), I am mostly excited. Like, when I graduated from high school and had the whole world at my feet. Here I am, following a suggestion to try something new. I don't do that either, but I'm trying. I hope this doesn't get put in the Pint but I hope it doesn't get rejected either. I hope no one I know reads this but I hope it reaches someone. I hope, I hope, I hope. Thank God and A.A. for hope. I haven't had that for a long time.

DOWNTOWN	GROUP:
Rob	04/01/2012
Paige	04/01/2011
Kimber	04/05/2010
John G.	04/05/2012
Tonia M.	04/05/2016
Whitney A.	04/06/2014
Ray W.	04/07/2016
DJ	04/10/2011
Bob C.	04/10/2012
Andrea	04/10/2006
Frank W.	04/11/2006
Rich S.	04/11/2006
Lynnie G.	04/14/2013
Josh S.	04/14/2014
Owen	04/15/2011
Kristie A.	04/16/14
Tom C.	04/19/2016
Amber T.	04/19/2012
Benjamin	04/20/2014
Jean P.	04/21/2016
Daisy	04/23/2012
Kateel	04/23/2012
Dallas	04/23/2012
Jolene B.	04/23/2012
Bill S.	04/23/2007
P.J. S.	04/24/1994
Ed M.	04/25/2012
Branden R.	04/26/2015
Jessica R.	04/27/2016
Taylor G.	04/28/2012
Annette G.	04/29/2016



SERENITY RIDERS:				
Bill J.	04/10/1995			
Bob S.	04/28/2008			
Buzz B.	04/05/1984			
Dan D.	04/13/2003			
Dan J.	02/10/1987			
Dave B.	04/04/2006			
Jenn R.	04/22/2007			
John S.	04/19/1976			
Lisa A.	04/14/2007			
Toni G.	04/04/2006			

WE ARE NOT SAINTS:				
Carol M.	2 Years			
Heather B.	5 Years			
Jan Z.	17 Years			
Nicole S.	32 Years			
Rob S.	14 Years			

FRIDAY WOMEN'S:				
Carolan D.	04/04/2016			

NEW WOMAN:			
Linda C	10 Years		
MaryAnn S.	5 Years		
Rosio E.	33 Years		
Tawnya	1 Year		
Sandi S.	1 Year		

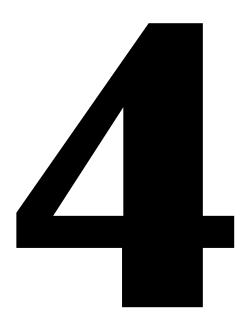
HAPPY HEATHENS:			
Lee J.	12 Years		
B.J.	28 Years		
Chris R.	35 Years		
June W.	35 Years		

FOXHALL:			
Jennifer E.	04/01/2009		
Bryan R.	04/10/1988		
Davis D.	04/21/2008		

TURNING POINT:			
Chris S.	2 Years		
Dave B	11 Years		
Dave P.	31 Years		
Jeanni A.	25 Years		
Jenny S.	6 Years		
Joel Mc	9 Years		
Kathleen C.	7 Years		

STEP 4:

Made a searching and fearless moral inventory of ourselves.



TRADITION 4:

Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

CONCEPT 4:

Throughout our Conference structure, we ought to maintain at all responsible levels a traditional "Right of Participation," taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge.

TRADITION 4 CHECKLIST:

- 1. Do I insist that there are only a few *right* ways of doing things in AA?
- 2. Does my group always consider the welfare of the rest of AA? Of nearby groups? Of loners in Alaska? Of Internationalists miles from port? Of a group in Rome or El Salvador?
- 3. Do I put down other members' behavior when it is different from mine, or do I learn from it?
- 4. Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship?
- 5. Am I willing to help a newcomer go to any lengths—his lengths, not mine—to stay sober?
- 6. Do I share my knowledge of AA tools with other members who may not have heard of them?

Night Owl

From the posting title, one might think I enjoy staying up late. The opposite is true these days. Many years ago would find me bragging that sleep could find me after my body had ceased to live.

The program called AA has changed my outlook on that and many other things over the years. Thankfully, I have a routine and familiarity that I rather enjoy.

As part of keeping this truly blessed life I have today I have to give it away...So every Saturday night I am the hand that is there when someone reaches out for AA through the service center phone lines.

I give 8 hours from midnight to 8 am. It gives me so much more.

I sit here at 10:55 am, my work for the morning is over following my shift. The feeling of Joy and Usefulness I feel is indescribable. Some Sundays, I find myself with a full nights sleep. No one has reached out and I find peace. The nights that I get a call are perhaps the best nights sleep I get. If I'm lucky, the wonderful feeling I receive on Saturday nights will carry me through the following week.

There are many opportunities to give. In AA we gladly call them service positions. I can see today the word humbling in service position. For that is one of the many blessings I get when I give in any form. With any mindset, life is always insurmountably better when I give.

To give with an open heart is not always easy and I rarely achieve perfection. I am so very thankful this is about progress and not perfection, for I gain that progress everyday.

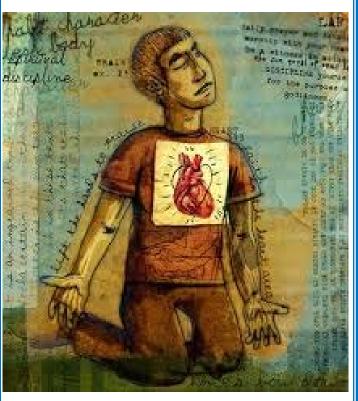
VANESSA

11th Step Prayer

Thank you, Lord, for this beautiful day
Please keep me sober in every way
Awaken me today to my amazing life;
Keep me free from causing strife
May my thoughts and actions reflect only you
With my heart and motives always true
To remember today: It's not about me
Because my highest good comes only from thee

To serve your people; it's why I am here
For that is when I find you near
May I feel your spirit in my soul
Healing my wounds; making me whole
May I be present today, for it's all I've got
One day at a time, just like I've been taught!

MICHELLE



GROUP CONTRIBUTIONS

GROUP NAME (2016-2017)	YTD	FEB.	GROUP NAME (2016-2017)	YTD	FEB.
A Common Solution	\$142.73		Northwesters	\$754.11	\$132.22
Above the Bar Group			Off The Wall	\$102.67	
Apex	\$535.50	\$195.46	Old North End Study Group	\$331.23	
Back to Basics	\$1,150.29	\$111.65	164 Group	\$130.00	
Beacon Light Group	\$100.00		Pre-Dawn Meeting	\$158.00	
Big Book Action	\$1,039.82	\$200.00	Primary Purpose	\$100.00	
Big Book Study UPH	\$539.00	\$250.00	Progress Not Perfection	\$132.65	
Black Forest	\$773.49		Recovery in Action	\$681.53	
Broadmoor	\$73.10		Recovery, Unity, Service Group	\$140.00	
Brown Baggers			Saturday Early Morning Mtg.	\$685.20	
Central	\$50.10		Saturday Morning Anonymous	\$180.00	\$180.00
Clean Air Group	\$127.60		Security Eye Opener	\$453.50	
Don't Worry Be Happy	\$703.86	\$170.03	Serenity Hour	\$650.00	\$50.00
Down By The Creek	\$38.00		Serenity Riders	\$203.80	
Downtown Group	\$2,958.73		Serenity Sisters	\$200.26	
Drylander's Group	\$23.25		Sober Sisters	\$118.08	
Easy Does It	\$304.58		Solutions at Noon		
Ellicott Group	\$340.00		Sought Through Prayer & Meditation	\$266.40	
4th Dimension Rocketeers	\$50.00		Steel Magnolias	\$342.22	
Foxhall Group	\$499.87		Stepping Stones		
Friday Night Live	\$107.50		Sunday Morning Speaker	\$1,595.00	\$273.00
Friday Women's Group	\$501.00	\$125.00	Sunlight of the Spirit	\$700.00	
Good Ole Boys	\$200.00		Taking Steps	\$496.62	
Happy Destiny	\$221.33	\$90.27	The Doctor's Opinion	\$100.00	
Happy Heathens	\$250.00		The Garage Meeting	\$296.80	\$16.00
Happy Hour			Then and Now	\$110.00	
Happy, Joyous & Free			Thursday Men's Group	\$545.71	
High Noon	\$140.00		Thursday NoonWoodland Park	\$159.00	
H.O.W.	\$300.00		Traditions Only	\$92.00	
Into Action	\$600.00		Treating The Illness	\$211.46	
Keystone to Recovery	\$100.00		Turning Point	\$163.29	
Lake George Group			Ute Pass Breakfast Group		
Limon AA	\$25.00		Veterans for AA	\$25.00	\$25.00
Little Log Church Group	\$440.00		Walk the Talk	\$3,450.00	\$425.00
Living Free	\$57.00		Walking on Water	\$120.00	
Living Sober South	\$351.72		We Are Not Saints	\$2,635.78	
M.A.G.	\$812.51		Westside Eye Opener		
Meditation Group	\$234.00		Women of Grace	\$320.75	
Natural High	\$32.00		Woodland Park Beginners	\$80.00	
New Beginners	\$712.11		Woodland Park Book Study	\$265.33	
New Woman	\$750.72		Woodland Park Women's Step Study	\$84.00	
			Young People	\$800.21	
			Totals:	\$33,165.41	\$2,243.63

10th Step INVENTORY

Complete this inventory at the end of any day, especially if you don't feel right. If you run out of space in any box, continue on other side.

Was I			
RESENTFUL?	Of who?	SELFISH?	How?
DISHONEST?	How?	FEARFUL?	Of what?
Am I obsessing about any	rthing?	Am I keeping any secre	ets?
Did I cause any harm? Do	I owe any	Was I kind and loving t	
apologies?		What could I have don	e Detter?
SOBER ACTIONS CHECKLI	ST	TO-DO LIST	
 □ Did I go to a meeting? □ Did I pray? □ Did I call my sponsor? □ Did I call another alcoholi □ Did I help anyone? □ Did I do service? □ Did I meditate? □ Did I fellowship? 	ic?	I will discuss my I will apolo	
☐ Did I read any literature?	•	I will pray for relief fi	·
		and for guidance in	my future actions.



MEETING CHANGES:

Treatment Comittee:

10am, 2nd Saturday of the month Penrose Hospital Volunteer Conference Room 2222 N. Nevada

Was at noon.

Black Forest Group

(Open, Handicap access)
12X12 Study
7:30pm, Thursday
Black Forest Community Church
6845 Shoup Road, 80908
Now a 12X12 study group.

Recovery in Action

(Open, Handicap access)
Big Book Study
7:00pm, Thursday
Family of Christ Lutheran Church
675 Baptist Road, 80921
1/2 mile East of I-25, across from King Soopers.
Enter Mountan-side, Southwest corner door.
Added description of entry only.

DO YOU HAVE A SUBMISSION FOR THE PINT?

Articles
Cartoons
Event Fliers
Jokes
Poems
Birthdays
Even feedback

PLEASE SEND SUBMISSIONS TO:

pint@coloradospringsaa.org

NEW MEETING:

Primary Purpose

(Open, Handicap Access)
Speaker/Traditions
6:00pm, Saturday
3958 N. Academy Blvd., Suite. 103, 80917
Inside "Be More" Event Center.
Located behind the Jade Dragon Restaurant.

CANCELLED MEETINGS:

Woodland Park Beginners

Open, Big Book Discussion 7:00pm, Thursday 700 Valley View Drive, Woodland Park Cancelled

Primary Purpose

Grapevive 4:00pm, Saturday 3958 N. Academy Blvd., Suite. 103, 80917 Cancelled

In the month of **FEBRUARY**the Service Office received **2** Grateful Giver contributions, **1** Personal contributions,

and **3** Birthday contributions!



Tired of riding *on* the fellowship and want to get <u>inside</u>? Sponsor pestering you to do some service work?

Want to get involved but just don't know what to do? Then jump right in and start answering the phone!

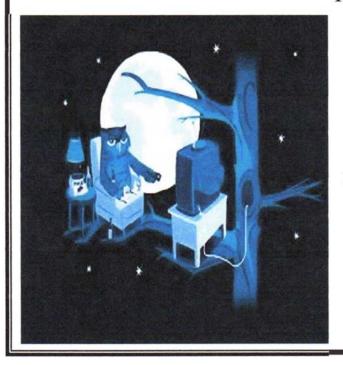
That's right ladies and gentlemen, NIGHTWATCH needs YOU!



Nightwatch is one of the most rewarding service positions available.

Thanks to the spirit of rotation we all get a chance to do a little service that has a HUGE impact.

You might make a new friend or run into an old one. You could even save a life simply by answering the phone!



For more information please contact the Nightwatch chair at: 719-538-6017 nightwatch@coloradospringsaa.org

Or contact the Area Service Office at 719-573-5020

29TH ANNUAL AREA 10 CORRECTIONS CONFERENCE

SATURDAY, 04 / 08 / 2017

Central Christian Church 3690 Cherry Creek S Drive, Denver, CO

AGENDA

8:00-9:00 Meet & Greet -Coffee & Donuts 9:00-12:00 Morning Sessions 12:00 Lunch (included in registration) 1:30-5:00 Afternoon Sessions 5:00-7:00 Dinner Break (on your own) 7:00-9:00 Evening Speakers

All informative sessions include panels of corrections volunteers and speakers from the correctional field.

Bring AA meetings into local jails and prisons ID.O.C. training available IBasic Volunteer and Update Training IGet information on how to correspond with an offender IJoin us in this rewarding work IContact Meg: 312-286-4744

NAME:

ADDRESS:

TELEPHONE: EMAIL:

AREYOUCURRENTLY INVOLVED WITHCORRECTIONS? IFYES, IN WHAT CAPACITY?

REGISTRATION=\$10/PERSON DONATION:\$ TOTAL ENCLOSED: \$

Make checks payable to: Area 10 Corrections Committee

Mail to: Corrections Conference • AA District 13 PO Box 40368 • Denver CO, 80204

LOCAL SERVICE OFFICE

Hours: Monday-Friday 9 a.m. to 5 p.m.

SAT.-SUN.: CLOSED

Location: 1353 South 8th Street, Suite 209

Colorado Springs, CO 80905 Contact the Service Office 719-573-5020

E-mail: serviceoffice@coloradospringsaa.org

COMMITTEE MEETINGS

ARCHIVES:

NO MEETINGS SCHEDULED VOLUNTEERS NEEDED

PUBLIC INFORMATION:

2:00pm, 1st Saturday of the month 1st floor Penrose Main Hospital 2222 N. Nevada in Volunteer Coordinator Conference Room

C.P.C.:

(Cooperation with the Professional Community)
1:00pm, 4th Saturday of the month
Sand Creek Library
1821 S. Academy Blvd. (large study room).

DISTRICT 7:

7:00pm, 3rd Tuesday of the month First United Methodist Church 420 N. Nevada, Room 135 (Boulder St. Access)

TREATMENT:

10am, 2nd Saturday of the month Penrose Hospital Volunteer Conference Room 2222 N. Nevada

SPECIAL NEEDS:

NO MEETINGS SCHEDULED VOLUNTEERS NEEDED

NIGHTWATCH:

7:00pm, 1st Tuesday of the month
Sacred Heart Parish
21st and Pikes Peak

Room 10 - Following the New Beginners meeting

For more committee information, please go to coloradospringsaa.org

CONTRIBUTION ADDRESSES

~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs Area Service Office 1353 South 8th St., Suite 209 Colorado Springs, CO 80905 (Include group name and number on check)

~ GENERAL SERVICE OFFICE ~

Payable to: GSO
P.O. Box 459 - Grand Central Station
New York, NY 10163
(Include group name and number on check)

$^{\sim}$ AREA 10 $^{\sim}$

Payable to: Area 10 Treasurer 12081 West Alameda Parkway #418 Lakewood, CO 80228 (Include group name, number and District 7 on check)

~ DISTRICT 7 ~

Payable to: District 7 P.O. Box 26252 Colorado Springs, CO 80936 (Include group name, number and district 7 on check)

~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee P.O. Box 40368 Denver, CO 80204 (Include group name and number on check)

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