

~The Pikes Peak Pint~



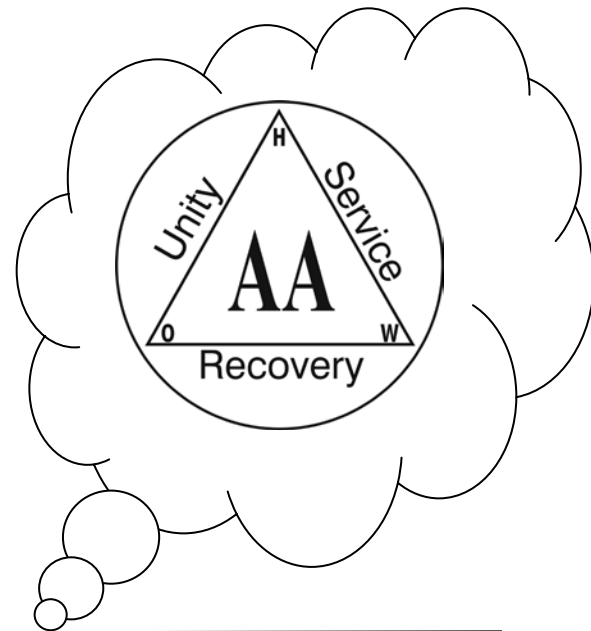
**AUGUST
TWENTY
THIRTEEN**

A Newsletter for the Pikes Peak Region of Alcoholics Anonymous

• EDITORS NOTE •

So...When I was brand new sober I was assigned my first sponsor. Apparently along with my new sponsor came an assistant sponsor, her husband. He was a Marine drill sergeant and during the Viet Nam war crossed enemy lines with two or three other Marines to kill a specific target and to return to safety before morning's light. I write this to say the man was intense. Too many times he approached from behind, I guess, and was growling in my ear before I even noticed his breath on my neck. He freaked me out. Anyway, I was done making coffee for this big speaker meeting when I was walking in front of the line of AA slogans on the wall. I started at one end of the slogans and slowly moved down the line. I really wasn't thinking too much about the slogans. I had the mind of a 4 week sober person which means not much at all makes sense. I found myself in front of the slogan "**Think, Think, Think**" for just a second when my buddy came from out of nowhere and growled in my ear very quietly but very succinctly, "That's not for you pal. Move on." And I moved on. From that day on to this I stay away from that slogan. I have it in my ear that it's not for me. Keep moving. The closest I get to that slogan is "**Think the drink through**" which means before I take the next drink I need to look at all the consequences the next drink would bring me and then make a reasoned decision about whether or not to take that next drink. Funny how something that happens in early sobriety stays so long in the heart.

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Local Service Office

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Contact the Service Office for Intergroup

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SUBMISSIONS for The Pikes Peak Pint including all articles, stories, announcements and flyers along with questions, comments and constructive criticism are always welcomed at pint@coloradospringsaa.org.

You will receive a prompt reply and appropriate consideration for publication. Please note that submissions for publication must be made by the 20th of the month prior to the month desired for publication in order to be considered.

"Easy does it but do it" came to my ears early on in sobriety. It was a slogan that allowed me to not take my sponsor or her husband too seriously at the time but to do 'it' eventually. I could relax and not do the assignment in a timely manner but to eventually do what they said at my convenience. My two sponsors did not agree with my definition of this slogan. It meant to them to not be too harsh with myself during the assignment, but even through the pain, do it, get it done and now. Amazing, sponsors and their expectations. One slogan gave me hope when I was very young in sobriety; **"It is easier to stay sober then it is to get sober"** "I was in a great deal of pain when I was young sober and I debated every day whether or not to drink. As much pain as I was in new sober, why not drink and let go of the more intense pain that I experienced as a sober person. Drinking is easier and less painful.

Until the next episode of drinking that entailed hurting others and me. Stop drinking and stop making more pain. Stay stopped and in the grand scheme of things, hurt less. It was easier to stay sober then to try and get sober again.

"Some of us are sicker than others" never applied to me or my buddies. It sure gave me somewhere to hang my hat when I was trying to figure out you crazy people and you were crazy if you believed something I didn't. If you shared something different than my own understanding, or said something weird without even knowing it, you belonged in the sicker category. It took years for me to have compassion on others different than me, part of the reason for this slogan. About that same time I began to realize that, at times, I was sicker than others and I hoped that other people would have the compassion for me that I lacked for others early on in my sobriety. What started as a way to make fun of others turned in to a way of looking at others and myself with tenderness and a growing grace.

I asked a friend about a favorite slogan or quote and he gave me this; **"Alcoholism is an equal opportunity destroyer"**. Alcoholism can destroy in its path any person regardless of race, religion, educational attainment, economic setting, sexual

orientation, moral fortitude and even how much you think you can hold your liquor. Full blown alcoholism can take names and kick butt. No matter how one tries to be above the ability of alcoholism to harm, the disease has this ability to find and destroy. Humble or courageous, rarely take a drink or one who belonged to the golf tourney that drank for practice and for play, whether you have several letters after your name or didn't finish high school, no matter that you lead worship on Sundays or dare not darken a church door.

However, you decide you are either above the fray or can keep your head down It is best to remember another slogan or saying **"that alcoholism is incurable, progressive, and fatal"**. It pretty well covers all with this disease.

"I came to AA because of my drinking, and I stayed in AA because of my thinking".

Finally, another friend offers **"I came to AA because of my drinking, and I stayed in AA because of my thinking"**. Although he came to AA because he wanted help with not drinking, he stayed in AA because he realized he needed help with his thinking. Excessive drinking can destroy in its own right, but the worst thing it destroys is clear thinking. It pretty well covers another slogan I heard when I was very young in the program, **"bring the body and the mind will follow"**.

I hope this article brought other slogans or sayings from long ago or one you heard yesterday. We'll try to add more slogans here and there throughout the PINT. And I hope you will enjoy the word search with more slogans as the words to be searched. Have a good month. And remember, **'don't drink, read the big book, talk to your sponsor, go to meetings, and do the steps'**.

Oh, and another slogan I find helpful is... 😊MK



THOSE STUPID SLOGANS!

They may never win the annual Pulitzer Prize for literature, but every year our slogans help thousands of AAs win sobriety

BERTRAM was an English teacher. Very intelligent, horn-rimmed type. He drank martinis only. He downed fifteen of them one night and smashed up his car. The next night, under prodding from his wife, he took a cab to the AA clubhouse where I spend my time. When I first laid eyes on him, he was decidedly drunk. "I am decidedly drunk," he announced, with some pride. "Do you want to stop drinking?" someone asked. "I suppose so."

For the next three days Bertram spent all his waking hours at the clubhouse. On the fourth day his mind began to clear. His eyes roamed the walls, and suddenly he groaned. "What tripe! Look at all those slogans. I can't stand it." "**Don't knock them until you've tried them,**" I said.

Bertram haughtily replied, "I've got an excellent mind, my friend. I want to use it. I cannot abide thinking in clichés. '**One day at a time.**' '**Easy does it.**' Good Lord, I'll go insane if I have to live with this rubbish."

Each day thereafter, Bertram's complaints increased. His tone veered to mockery. "Did you hear what the AA member shouted to the mountain climber?

'Let go and let God.'"

His laughter filled the clubhouse. Some of the boys began to squirm. Bertram continued, "I wish I published calendars, so I could say, '**One day at a time**' and really mean it." More sarcastic glee. Bertram was killing himself.

Two days later, he cornered me. By then, I was about the only one in the clubhouse who would talk with him. With a superior smirk, he asked me, "I mean, really, in these troubled times, how can anyone say, '**Live and let live**'? Have you visited our local ghetto lately?" I said, "I don't think you quite get the AA picture." Bertram was undeterred. "Johnny keeps saying, '**It's hard by the yard, but it's a cinch by the inch.**' And he's a grown man. What drivel!"

I decided to give him some rope. I got another cup of coffee, sat down, and said, "Okay, Bertram, baby. Unload on me. Let it all out."

"You're damned right I will," he came back. "I'm sick of slogans. I've been in AA for ten whole days, and all I've heard is trash like '**God, guts, and group**' and '**Stinking thinking will get you drinking.**' I'd be laughed out of my living room if I told my friends such things." "Your friends may not be alcoholics," I reminded him.

"But they're intelligent, and they're adults! How, in the complex world of 1969, can you tell anyone to '**Keep it simple**'? And I refuse to believe that '**It's the first drink that gets you drunk**' or '**One drink is too many, and a thousand aren't enough.**' Such reasoning makes me sick. What's more, AA members contradict themselves with their slogans." "Yeah? How so?"

"The other night I heard a speaker say, 'AA is a spiritual program,' but a minute later he said, 'don't get too tired or too hungry.' What's fatigue and hunger got to do with the spirit?"

"You'd be surprised," I told him.

By now Bertram was rolling. "AA would make the average psychiatrist foam at the mouth. '**You can't afford a resentment,**' for instance. Who can't? I can, for one.

And that saying about '**It's a simple program for complicated people.**' Look around the room--do these clods look complicated to you? All they can do is spout catchwords." I said, "You should try talking to some of them."

Bertram shot back, "I couldn't stand it. All they'd come up with are things like '**This is an honest program,**' '**There but for the grace of God,**' and '**Honesty, open-mindedness, and willingness.**' Oh, yes, I almost forgot about '**You can't keep it unless you give it away**' and '**Take what you like, leave what you don't like.**'

I said, "You must have been making a mental list of all our slogans, just so you could criticize them."

Bertram griped, "I wouldn't mind AA having one or two clichés, but why do you have to use so many of

Continued on page 4

Those Stupid Slogans *Continued from page 3*

them? I've been trained in the English language, and I

rebel when I hear a noble tongue like ours reduced to a bunch of hackneyed phrases." "These slogans have helped a lot of people stay sober, Bert."

"Well, they're not helping me!" With that, Bertram stormed out of the clubhouse.

I didn't see him again for a while, but the reports started coming in. Bertram had taken a martini one night, four the next night. During the past weekend, he had been jailed for slugging a cop who had stopped him for drunken driving.

A couple of days later, I stopped in at the clubhouse. There, sitting by himself in a corner, was Bertram. He looked haggard and scared. I spoke to him, but he barely answered. He wanted to be left alone. For the next week, he sat on the fringes of the clubhouse crowd and didn't say a word. This time, he seemed to be listening. And he wasn't smirking any more. Not at all.

The clincher came soon afterward, one night when a brand-new man was brought to the clubhouse. We fed the newcomer coffee, gave him encouragement, and listened to his tale of woe. By midnight he was feeling better, and a couple of members offered to drive him home.

The new man was almost to the door, when out of nowhere came Bertram. On his face was a quiet, sincere smile. He stuck out his hand to the new fellow, gave him a pat on the back, and just as if he had minted the words only ten seconds before, said, "**Keep bringing the body around!**"

My jaw dropped, and I almost blurted out something. But I decided not to. Bertram looked too happy. Serene, even. What the heck, I figured. **Live and let live.**

R. D. Philadelphia, Pennsylvania

SPONSEES & SPONSORS

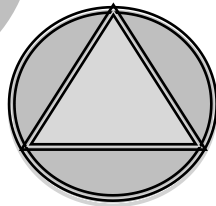
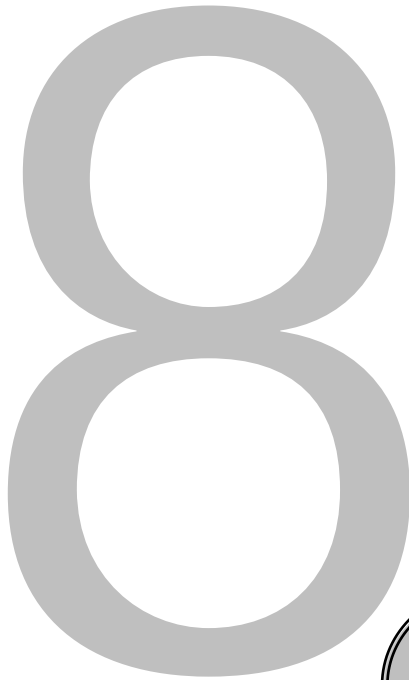
Hello, fellow "Pint" readers, my name is Suzanne and I'm an alcoholic. My topic for this issue is what I have experienced being a "sponsee". My first attempt at sobriety was late April, I had gone on a real "good" drinking binge and was at my bottom. I attended my first A.A. meeting, listened to what was being said, and had decided to ask someone I had just met to become my sponsor. She informed me that I needed to call her everyday, which I had, and we would meet once a week. I had done all that was asked of me and I felt that I was not getting the support that I was needing to stay sober. It took me about a month to tell her how I was feeling (it was in a voice mail) and had asked another fellow member if she would be my sponsor.

My second sponsor was wonderful but I was her first and she said she wasn't going to make me call her everyday just every other day or so and I could text her. I thought to myself, "Hey, this is cool no one to breathe down my neck every minute of the day". I felt so comfortable with her, I had stepped out back into the drink and never missed a meeting!! Wow, go me (sarcasm?! I had put her through the ringer and when the alcohol had been released from my physical body, I felt like crap for doing what I had done to her. I went way over the line and I'll never be able to get that back or be the same with her. She kept questioning me to see if I still wanted her to be my sponsor. I did but I also had the thoughts of "how could she still possibly want to be my sponsor?" A couple of weeks later, I had to finally again tell her what I was feeling.

Now, my third, yes I said third sponsor, is everything that I have been wanting in a fellow alcoholic. I was beginning to think I was a hopeless piece of garbage. She has only been my sponsor for a few weeks and already I want what she has which is about three decades of sobriety. I can talk to her anytime I need/want to, she tells me that I'm a wonderful person even when I don't believe it myself. We talk about various subjects from what we had for dinner to readings she would like me to read (strongly recommends)! I think I am more honest with her than I am with myself at times. She is what I feel I have needed to maintain my sobriety.

I hope you all get something out of this because I have by just writing and rereading this! Thank you, my name is Suzanne and I am an alcoholic.

Concept 8: The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.



Tradition 8: Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

Such special services may be well recompensed. But our usual A.A. "12th Step" work is never to be paid for.

IT'S IN THE BOOK!

AA spoils your drinking.

One drink is too many and 1000
are not enough.

Poor, poor me, poor me another
drink.

TRADITIONS CHECKLIST

Tradition Eight

- 1) Is my own behavior accurately described by the Traditions? If not, what needs changing?
- 2) When I chafe about any particular Tradition, do I realize how it affects others?
- 3) Do I sometimes try to get some reward – even if not money – for my personal AA efforts?
- 4) Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
- 5) Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
- 6) In my own AA life, have I any experiences which illustrate the wisdom of this Tradition.
- 7) Have I paid enough attention to the book Twelve Steps and Twelve Traditions? To the pamphlet AA Tradition – How It Developed?

MEETING ADDITIONS – DELETIONS – CHANGES

Downtown Saturday Night Meeting: **CHANGED FROM 8:00 P.M. TO 7:00 P.M.** – Open Discussion at 210 North Corona (behind McDonalds on Wahsatch)
 Penrose Step Study: **NEW** – Open Discussion, handicapped access – Monday at 6:00 p.m. at Penrose Hospital, ground floor, main lobby conference room, 2222 N. Nevada
 Deaf & Hearing Impaired: **CANCELLED** – Saturday at 1:30 P.M. at 5635 N. Academy Blvd
 Fountain of Sobriety Meeting: **CHANGED** Name from Holy Family Church, 331 Main Street, Room 3 of Administration Bldg to the Fusion Church, 331 Main Street, Room 3 of Administration Bldg – Security, Saturday at 6:30 P.M.
 Young People’s Group: **CHANGED** – First United Methodist Church, 420 N. Nevada to First Christian Church, 16 E. Platte Ave, enter on Cascade thru playground, Monday and Wednesday at 8:00 P.M., Saturday at 6:30

**TURNING POINT GROUP
SATURDAY SPEAKER LINE-UP**

August 3: Jane C. Clean Slate
 August 10: John F. Young Peoples
 August 17: AA/Al-Anon
 August 24: Surprise Guest
 August 31: Holly – Red Cloud

**WALK THE TALK GROUP
SATURDAY SPEAKER LINE-UP**

August 3: David W
 August 10: Jeff R.
 August 17: Michael W
 August 24: TBD
 August 31: Dean

~ AUGUST BIRTHDAY MILESTONES ~

SOLUTIONS		NEW WOMAN GROUP		WALK THE TALK	
Rose R.	31 yrs.	Bernie B.J.	22 yrs.	Peggy S.	17 yrs.
Pete G.	20 yrs.	Kathleen G.	5 yrs.	Richard U.	11 yrs.
Kevin F.	9 yrs.	Alma Z	39 yrs.	Dean A.	18 yrs.
Kevin B.	25 yrs.	Deb S	3 yrs.	Melissa L.	1 yrs.
Alan D	3 yrs.	Mary Beth S	30 yrs.	Keith C.	1 yr.
India T	5 yrs.	Shelley A	2 yrs.	Jeff R.	19 yrs.
Jamie L.	11 yrs.	STEEL MAGNOLIAS		Pam F.	1 yr.
Jeff G.	2 yrs.	Denise D-K	29 yrs.	Patrick H.	2 yrs.
Jerry B.	7 yrs.	Kelly C.	20 yrs.	Deb H.	2 yrs.
John S.	22 yrs.	Susan H.	28 yrs.	Ashley F.	2 yrs.
		Linda C.	28 yrs.	Joanne E.	2 yrs.
				Timbo	4 yrs.
				Gerry	24 yrs.
				Amanda M.	6 yrs.
				Hillary C.	2 yrs.
				Steve D.	2 yrs.
				Nell	2 yrs.
				Brian C.	1 yr.
				Michael	31 yrs.
				Sandy W.	36 yrs.
				Al B.	14 yrs.

**...don't stumble
over another
service
opportunity...
Be a
Nightwatch
Night Owl
and help us
answer the
phones!**

* Equals total years reported from our local groups.
 To have your group years added please submit your
 milestones to pint@coloradospringsaa.org

August
*** Total Years 539 yrs.**



Write For
The PINT!

Area Service Office
books Books BOOKS
big BIG BOOKS

We are pleased to announce that if you buy five or more Big Books from the Area Service Office you will receive a discount of 10%..!

...and since your stopping in you can visit a spell and peruse the rest of the quality reading material we have in stock.

If you can't find us, CALL...

If you can't stop in, wave as you go by!

Please join us in Denver on August 30-31, September 1, 2013 for a great time with speakers, meetings, workshops, a banquet, a dance, social times and other adventures in AA fellowship.



For more information go to
<http://www.a10conv.org/>

Need something to do? Want to get involved with your group? Looking for a Service Opportunity? Then gather your group's milestone birthdays and speaker line-ups and send them in to the Pint!

~ Shout Out ~

~•~

Young Peoples Group

Open Meeting

First Christian Church

16 E Platte Ave, enter on Cascade thru
playground

Monday at 8:00 pm

Wednesday at 8:00 pm

Saturday at 6:30 pm

Help support this and all the groups or meetings in our fellowship. Be adventuresome and attend a meeting other than your home group and take a friend or two. It's a great way to serve, meet new people and add some depth to your sobriety.

Once more: The alcoholic at certain times has no effective mental defense against the first drink. Except in a few rare cases, neither he nor any other human being can provide such a defense. His defense must come from a Higher Power.

Feel like a fish out of water??



Easy Does It AA Group with AA meetings at 9am, 12noon, 4pm, 7pm and 10pm Daily

3760 Astrozon Blvd, behind Firestone, next to Thai Massage in the Astrozon Plaza (Parking on Islands or in Back Only)

There are 12 steps in the ladder of complete sobriety.

We in AA carry the message, not the alcoholic.

Every recovery from alcoholism began with 1 sober hour.

How does one become an old timer? Don't drink and don't die.

COMMITTEE INFORMATION •

Public Information:

Committee Meeting: 1st Saturday, 2:00 p.m., 1st floor Penrose Main Hospital, 2222 N. Nevada in Volunteer Coordinator Conference Room.

Cooperation with the Professional Community:

Committee Meeting: 5:30 p.m., 2nd Sunday of the month at the Downtown Group, 210 N. Corona St.

Corrections:

Committee Meeting: 9:00 am-10:00 am, 3rd Saturday of the month, Sacred Heart Catholic Church 2021 West Pikes Peak Ave, Room #6, Colorado Springs, CO 80904

District 7:

Committee Meeting: 7:30 pm, 3rd Tuesday of the month at 420 N. Nevada, First United Methodist Church Room 135 (Boulder St. Access)

Treatment:

Committee Meeting: 12-1 pm, 2nd Saturday of the month, at Penrose Hospital Volunteer Conference Room, 2222 N. Nevada.

Nightwatch:

Night Owls Committee Meetings: 7:00 p.m., 1st Tuesday of the month at Sacred Heart Parish, 21st and Pikes Peak Room 10 - Following the New Beginners meeting.

For more committee information including intergroup committees please go to coloradospringsaa.org

• CONTRIBUTION ADDRESSES •

~ AREA SERVICE OFFICE ~

Colorado Springs Area Service Office
1353 South 8th St., Suite 209
Colorado Springs, CO 80905
(Include group name and number on check)

~ GENERAL SERVICE OFFICE ~

P.O. Box 459 - Grand Central Station
New York, NY 10163
(Include group name and number on check)

~ AREA 10 ~

Area 10 Treasurer
12081 West Alameda Parkway #418
Lakewood, CO 80228
(Include group name, number and District 7 on check)

~ DISTRICT 7 ~

District 7
P.O. Box 26252
Colorado Springs, CO 80936
(Include group name, number and district 7 on check)

~ PINK CAN CONTRIBUTIONS ~

Pink Can Contributions
P.O. Box 40368
Denver, CO 80204
(Make checks payable to Area 10 Corrections Committee)
(Include group name and number on check)

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pint@coloradospringsaa.org

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or you can get a copy for only \$1.00
at the Area Service Office

GROUP CONTRIBUTIONS

GROUP NAME (2012-2013)	Fiscal Yr. to date	June	GROUP NAME (2012-2013)	Fiscal Yr. to date	June
Above the Bar Group	\$111.50	\$111.50	Northwesters	\$0	
Apex	\$120.13	\$37.73	Oasis Group	\$50.00	
Back to Basics	\$0		Off The Wall	\$60.23	
Big Book Action	\$200.00		Old North End Study Group	\$0	
Big Book Study UPH	\$0		Penrose Discussion	\$0	
Black Forest	\$0		Plug in the Jug	\$0	
Broadmoor	\$0		Pre-Dawn Meeting	\$0	
Brown Baggers	\$0		Primary Purpose Men's Group	\$100.00	
Meditation Group	\$25.00		Progress Not Perfection	\$57.82	\$32.32
Clean Air Group	\$160.00		Recovery in Action	\$0	
Don't Worry Be Happy	\$180.00	\$90.00	Saturday Early Morning Mtg.	\$224.40	
Down By The Creek	\$0		Security Eye Opener	\$0	
Downtown Group	\$803.99		Serenity Hour	\$75.00	\$25.00
Drylander's Group	\$0		Serenity Riders	\$0	
Easy Does It	\$0		Serenity Sisters	\$0	
Ellicott Group	\$0		Solutions at Noon	\$155.64	\$67.40
Eye Opener	\$0		Steel Magnolias	\$100.00	
Meditation Group	\$25.00		Stepping Stones	\$0	
Foxhall Group	\$113.25		Sunday Morning Speaker	\$200.94	
Friday Night Live	\$0		Sunday Night Big Book Study (Clean Slate)	\$0.00	
Friday Women's Group	\$0		Sunlight of the Spirit - Women's 12x12 (Monument)	\$0	
Garage Meeting	\$0		Taking Steps	\$0	
Good Ole Boys	\$0		The Doctor's Opinion	\$100.00	
Half Pint Group	\$0		The Sober Jokers	\$0	
Happy Destiny	\$0		Then and Now	\$75.00	
Happy, Joyous & Free	\$0		Thursday Mens	\$0	
Happy Heathens	\$185.00	\$185.00	Thursday Noon--Woodland Park	\$50.00	\$50.00
Happy Hour	\$120.00	\$120.00	Turning Point	\$120.00	
High Noon	\$76.00		Ute Pass Breakfast Group	\$0	
H.O.W.	\$74.46		Woodland Park Women's Step Study	\$60.00	
Into Action	\$240.00		Walk the Talk	\$680.00	
Keystone to Recovery	\$0		Walking on Water	\$100.00	\$100.00
Lake George Group	\$0		We Are Not Saints	\$0	
Living Free	\$0		Wed. Westside Womens	\$100.00	
Living Sober	\$0		Westside Eye Opener	\$0	
Living Sober South	\$70.25	\$26.25	Woodland Park Beginners	\$0	
M.A.G.	\$183.63		Woodland Park Book Study	\$0	
Natural High	\$0		Young People	\$253.64	
New Beginners	\$0		Totals:	\$5,397.25	\$845.20
New Woman	\$171.37				

Hello Night Owls!

Here is how we have been doing since we have started answering the phone for the next Alcoholic. We started in November 2012, when Gina was our Chair, she did an amazing job and we are thankful for all her hard work!

Our calls range from, meetings, AA info, referrals to Al-Anon, other 12 step groups, support numbers from our community, Spanish referrals, and 12 step calls.

In the months following we have kept up very well and we should be very happy with the progress we have made. We have had great feedback from our callers about our Night Owls!!!

Here are our calls; November we answered 124 calls; In December 2012 we answered 189 calls; In January 2013 we answered 166 calls; February 2013 we answered 113 calls; March 2013 144 calls; April 2013 191 calls; In May we answered 118 calls; June 2013 we answered 189 calls. As you can see we fluctuate up and down. But we have been doing a great job at connecting the caller to the meeting or other information needed.

If you or someone you know would like to join us, and be a Night Owl, please contact the Service Office at [719-573-5020](tel:719-573-5020); Office hours are Tuesday - Friday 9 am - 6 pm or email us at nightwatch@coloradospringsaa.org

Thank you for your service,
Crystal S.
Nightwatch Chair

Our next committee meeting is Tuesday **August 6th, 2013 at 7:15 pm**; Sacred Heart Parish, room 10, corner of 21st street & Pikes Peak Ave. Hope to see you there!!!



Alcoholics Anonymous page 180-181

It is a most wonderful blessing to be relieved of the terrible curse with which I was afflicted. My health is good and I have regained my self-respect and the respect of my colleagues. My home life is ideal and my business is as good as it can be expected in these uncertain times.

I spend a great deal of time passing on what I learned to others who want it and need it badly. I do it for four reasons:

- 1. Sense of Duty.**
- 2. It is a pleasure.**
- 3. Because in so doing I am paying my debt to the man who took time to pass it on to me.**
- 4. Because every time I do it I take out a little more insurance for myself against a possible slip.**

YOUR SERVICE OFFICES IMPORTANT NUMBERS TO HAVE

BOULDER: 303-447-8201
DENVER: 303-322-4449
(N COLORADO) FORT COLLINS: 970-224-3552
(S COLORADO) PUEBLO: 719-546-1173

Slogans & Quotes

There are 27 slogans in this month's puzzle

a	y	l	n	o	s	i	p	l	e	h	d	t	s	h	a	t	t	k	h	e	e
x	r	e	l	a	t	i	h	o	t	n	s	e	i	r	l	r	i	e	g	o	a
t	a	t	g	s	o	n	o	r	a	g	e	v	m	e	o	d	s	e	l	o	s
s	n	g	n	n	h	c	n	t	i	n	e	i	p	t	i	m	e	p	i	d	y
i	g	o	i	o	o	h	e	a	o	i	y	l	l	t	s	r	i	a	v	h	d
c	u	o	k	i	r	a	c	c	g	k	a	t	e	e	s	c	f	n	e	e	o
k	s	f	n	t	a	n	a	e	d	n	w	e	s	l	s	y	i	o	i	t	e
a	l	o	i	c	w	g	l	t	o	i	a	l	t	e	a	k	t	p	n	a	s
s	i	l	r	e	a	e	l	h	g	r	l	d	u	n	p	c	w	e	t	l	i
o	a	d	d	r	y	i	a	e	f	d	l	n	p	o	l	a	o	n	h	r	t
u	f	i	r	i	f	s	w	r	o	r	a	a	i	s	l	b	r	m	e	e	b
r	e	d	u	d	r	a	a	e	e	u	c	e	d	i	a	g	k	i	h	v	u
s	s	e	o	w	o	p	y	b	c	o	e	v	r	r	h	n	s	n	e	e	t
e	l	a	y	o	m	r	e	u	a	y	n	i	o	e	s	i	d	d	r	n	d
c	e	s	s	l	d	o	v	t	r	s	o	l	l	g	o	m	o	a	e	s	o
r	l	u	l	l	a	c	t	f	g	l	h	l	y	n	o	o	n	r	a	i	i
e	l	r	i	o	n	e	i	o	g	i	p	e	l	a	t	c	t	m	n	d	t
t	a	e	o	f	g	s	w	r	l	o	s	t	o	n	s	p	f	s	d	o	l
s	n	s	p	r	e	s	s	t	o	p	t	e	n	d	i	e	i	r	n	g	a
e	e	f	s	e	r	e	r	h	w	s	e	t	u	e	h	e	x	p	o	x	r
n	h	o	a	t	n	e	v	e	n	a	t	o	n	r	t	k	i	a	w	e	t
d	w	e	a	r	e	o	n	l	y	a	s	t	u	r	n	i	t	o	v	e	r

Slogans and Quotes	KISS...keep it
easy does it but do it	simple stupid
anger is one letter	pass it on
away from danger	let go of old ideas
keep coming back	change is a process
help is only a	not an event
phone call away	God is never late
aa spoils your drinking	when all else fails
keep an open mind	follow directions
there but for the	it's in the book
grace of god go I	live in the here and now
this too shall pass	turn it over
live and let live	if it works don't fix it
we are only as	
sick as our secrets	

In the month of June the Service Office received 7 Grateful Giver & 1 Personal Contribution



THANK YOU!! WE VERY MUCH APPRECIATE YOUR SUPPORT!

