



~THE PIKES PEAK PINT~

Age Will Take Care of Your Ego

When I was young, I was filled with “piss and vinegar” – and ego. It was all about what I wanted, what I thought I deserved, and I didn’t think twice about how I got it. As my drinking and drug use got worse, my ego only seemed to grow. Isolated in the prison of self, with only self-seeking and self-centered motives, I finally hit a bottom. In that brief moment of desperation, my ego was temporarily defeated, and I surrendered enough to enter the program.

As I began working the Steps, and as my life got better, my ego rebounded. It was a constant struggle to rein it in. Thankfully with the help of my sponsor, the support of the fellowship, and by working the Twelve Steps, I was able to humble it enough to grow beyond its insatiable demands. I am grateful to how the Steps are structured, and especially to Steps Ten through Twelve, which allow me to keep my ego in check.

Now that I’m older and in a different stage of my life, the things that were so important to me – money, property and prestige – are more in the rear view mirror, and I am glad I’ve grown past them. Today, being comfortable in my own skin and grateful for what I have is much more satisfying than any of the things my ego thought I needed to be happy. I heard someone say that when you get older only two things really matter: having health and time. When I was younger those two things weren’t even on my list. But now, with a little bit of wisdom and a lot of recovery, I see the truth in today’s quote: age does take care of your ego.

ANONYMOUS

HAPPY BIRTHDAY

NEW WOMAN:

Bernie B.J.	25 Years
Deb S.	6 Years
Kathleen G.	8 Years
Mary Beth S.	33 Years
Elise B.	32 Years
J.K. Mc	3 Years
Lorayn M.	1 Year

STEEL MAGNOLIAS:

Denise D-K	32 Years
Jane B.	38 Years
Kelly C.	23 Years
Linda C.	31 Years
Susan H.	31 Years

EASY DOES IT:

Rose R.	8/7/1982
Tonya E.	8/8/2003
Gelette	8/12/2012

WE ARE NOT SAINTS:

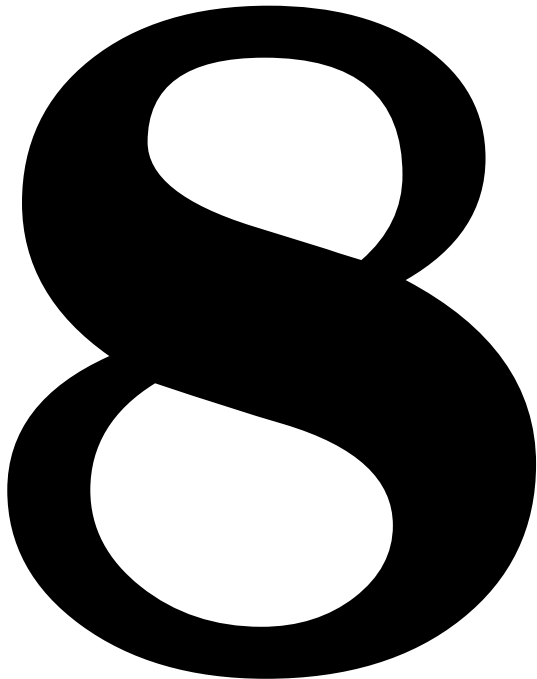
Aurthur E.	8 Years
Don S.	10 Years
Janet C.	26 Years
Mark K.	23 Years
Mary Linn B.	31 Years
Rebecca G.	13 Years
Rick B.	10 Years
Shannon H.	4 Years

FRIDAY WOMEN'S:

Bonnie L.	8/4/88
Kathleen	8/6/08
Natalie M.	8/19/76
Kristen P.	8/19/08
Genevieve	8/29/13
Robin S.	8/30/94

CONCEPT 8:

The Trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities.



TRADITION 8 CHECKLIST:

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

1. Is my own behavior accurately described by the Traditions? If not, what needs changing?
2. When I chafe about any particular Tradition, do I realize how it affects others?
3. Do I sometimes try to get *some* reward—even if not money—for my personal AA efforts?
4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on *humility*?
5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
6. In my own AA life, have I any experiences which illustrate the wisdom of this Tradition?
7. Have I paid enough attention to the book *Twelve Steps and Twelve Traditions*? To the pamphlet *AA Tradition—How It Developed*?

STEP 8:

Made a list of all people we had harmed, and became willing to make amends to them all..

When the Wave Comes Crashing

When the wave comes crashing it thrusts you down to the bottom of the ocean and you are breathing water and not air and if you are not breathing air the outcome is pretty certain.

The wave is a metaphor for all of those pieces of life we are trying to manage through our own self-will and not by connecting with our Higher Power as well as the fellowship of Alcoholics Anonymous. The men and women of A.A., that are there to freely give themselves and share “nuggets of gold”, will bring oxygen and life back into you. It is nothing short of amazing! Even better, it is freely available for anyone that is willing to take the first step through the door (out of the ocean) and open yourself to asking for help or just listening and hearing how others have overcome this illness and started breathing air that brings life back to the soul.

Asking for help isn't easy. However, if you do not ask the answer is pretty certain...Don't ask and the answer is, “No”...Ask and it is often, “Yes” or, “Sure.” I've only been sober for less than 60 days, but over that period of time I have been to many meetings in many parts of Colorado, California and even in Mexico. I have been completely awestruck by the community and fellowship of AA that has, without judgment or pressure to be their version of a person (religious or otherwise), just given. They have given in an unconditional and compassionate manner that makes living possible again. Actually, living in a fantastic way, free from the demons that were drowning me!

...I had two choices: Keep drinking and die or stop drinking and ask for help so I could live.

My story is very similar to many that I have met in Alcoholics Anonymous. The insanity had gotten so heavy and the drowning of my being with alcohol brought me to a place where I had two choices: Keep drinking and die or stop drinking and ask for help so that I could live.

I am so grateful for many people that helped me to step through the door to my first meeting. Many were people that I had just met through my journey who had locations in Colorado and California. My first meeting was a “trip.” It was in California and after the meeting, a guy who had only heard me and seen me for a few minutes, came up and gave me his phone number. He told me to give him a call if I needed any help. I explained that I was traveling back to Colorado the next day and he told me he would be giving me a call just to check in and see how I was doing...and he did!

Since that first meeting, I have been extraordinarily fortunate to have some extremely cool experiences. One experience came from my business trip to Mexico. Because I am very early in my sobriety, I made it a point to get to a meeting that first day when I arrived. The group was extremely cool and welcoming. I shared that I was visiting on business and asked for any suggestions on how to navigate the situation. Further, I asked if there was a phone list in the event of a rough situation where I needed help. They didn't have a phone list so I passed around a piece of paper and asked that anyone that felt comfortable in doing so, provide their name and phone number. All ten of the people in that room, including one other guy visiting, provided their numbers and a few came up to me afterward and told me to give them a call if I needed to get picked up due to a situation that threatened my sobriety. I am so glad to have the opportunity to share that experience as true evidence of the fellowship that is A.A. Trust me, my Higher Power was right there with me, helping me to continue ONWARD!

Breathe air and not water!

MY NAME IS STEVE AND I AM AN ALCOHOLIC

GROUP CONTRIBUTIONS

GROUP NAME (2016-2017)	YTD	JUNE	GROUP NAME (2016-2017)	YTD	JUNE
A Common Solution	\$62.73		Off The Wall	\$63.43	
Above the Bar Group	\$0.00		Old North End Study Group	\$0.00	
Apex	\$131.65	\$131.65	Pre-Dawn Meeting	\$0.00	
Back to Basics	\$260.87	\$104.53	Primary Purpose	\$0.00	
Beacon Light Group	\$100.00		Progress Not Perfection	\$47.75	
Big Book Action	\$300.00		Recovery in Action	\$80.35	
Big Book Study UPH	\$0.00		Recovery, Unity, Service Group	\$0.00	
Black Forest	\$153.42		Saturday Early Morning Mtg.	\$234.80	\$128.00
Broadmoor	\$0.00		Security Eye Opener	\$0.00	
Brown Baggers	\$0.00		Serenity Hour	\$200.00	\$50.00
Central	\$0.00		Serenity Riders	\$0.00	
Clean Air Group	\$80.00		Serenity Sisters	\$0.00	
Don't Worry Be Happy	\$0.00		Solutions at Noon	\$0.00	
Down By The Creek	\$0.00		Sought Through Prayer & Meditation	\$71.40	
Downtown Group	\$1,001.52	\$1,001.52	Steel Magnolias	\$59.63	
Drylander's Group	\$0.00		Stepping Stones	\$0.00	
Easy Does It	\$0.00		Sunday Morning Speaker	\$420.00	\$420.00
Ellicott Group	\$0.00		Sunlight of the Spirit - Women's 12x12 (Monument)	\$0.00	
Foxhall Group	\$250.00		Taking Steps	\$231.00	
Freedom From Bondage	\$0.00		The Doctor's Opinion	\$100.00	
Friday Night Live	\$0.00		The Garage Meeting	\$97.20	\$51.20
Friday Women's Group	\$0.00		Then and Now	\$0.00	
Good Ole Boys	\$100.00		Thursday Men's Group	\$340.00	
Happy Destiny	\$87.76		Thursday Noon--Woodland Park	\$72.00	
Happy Heathens	\$0.00		Traditions Only	\$0.00	
Happy Hour	\$0.00		Treating The Illness	\$0.00	
Happy, Joyous & Free	\$0.00		Turning Point	\$0.00	
High Noon	\$20.00		Ute Pass Breakfast Group	\$0.00	
H.O.W.	\$0.00		Veterans for AA	\$0.00	
Into Action	\$0.00		Walk the Talk	\$75.00	
Keystone to Recovery	\$0.00		Walking on Water	\$0.00	
Lake George Group	\$0.00		We Are Not Saints	\$1,352.45	\$1,352.45
Little Log Church Group	\$81.00		Westside Eye Opener	\$0.00	
Living Free	\$57.00		Women of Grace	\$0.00	
Living Sober South	\$94.40		Woodland Park Beginners	\$0.00	
M.A.G.	\$367.97		Woodland Park Book Study	\$157.33	
Meditation Group	\$234.00	\$234.00	Woodland Park Women's Step Study	\$0.00	
Natural High	\$0.00		Young People	\$0.00	
New Beginners	\$205.39		Totals:	\$7,588.88	\$3,473.35
New Woman	\$167.34				
Northwesters	\$231.49				



ANNOUNCEMENTS

MEETING CANCELLATION:

Oasis Group at Noon
M, T, W & F @ NOON
1515 N. Cascade
CANCELLED

MEETING CHANGE:

Westside Eye Opener
(OPEN, HANDICAP ACCESS)
Discussion
1769 S 8th Street, Bldg. P, Colorado Springs 80905
Saturday Morning Meeting is Now at 7:30am
(M, T, W, Th, F are still at 7:00am)

NEW MEETING:

Hugo A.A.
104 5th Street
Hugo, Colorado 80821

MEETING ANNOUNCEMENTS:

WALK THE TALK HAS MOVED!
Now located at:
2334 Vickers Drive
(West Of Academy at Vickers and Tuckerman Lane)

In the month of JUNE
the Service Office received
4 Grateful Giver contributions,
3 Personal contributions,
and
3 Birthday contributions!

Thank You!

DO YOU HAVE A SUBMISSION FOR THE PINT?

Articles
Cartoons
Jokes
Poems
Birthdays
Even feedback

PLEASE SEND SUBMISSIONS TO:
pint@coloradospringsaa.org

2016 UNITY DAY – DISTRICT 8 – PUEBLO COLORADO
SEPTEMBER 17, 2016

District 8 hereby invites everyone to its 2016 Unity Day to be again held at the Wesley United Methodist Church, 85 Stanford Ave., Pueblo, CO. The theme this year is “UNITY” to remind us of why and how we should trudge the road of happy destiny. There are no dues or fees but we will accept contributions. Please encourage everyone to come and experience our wonderful fellowship here in Southeast Colorado.

**FOR MORE INFORMATION OR TO VOLUNTEER PLEASE SEE THE
FLIER ON THE EVENT PAGE AT COLORADOSPRINGSAA.ORG**

Area 10 Public Information Workshop

What we do and how we do it!

Hosted by District 8 Unity Day Event

Date: September 17th, 2016

Time: 12:30 pm to 2:30 pm

**Location: Wesley United Methodist Church,
85 Stanford Ave., Pueblo, CO.**

**We will show examples of the kind of activities
we as a committee do and how we practice the
traditions in the process of doing PI work.**

Tired of riding *on* the fellowship and want to get inside?
Sponsor pestering you to do some service work?

Want to get involved but just don't know what to do?
Then jump right in and start answering the phone!

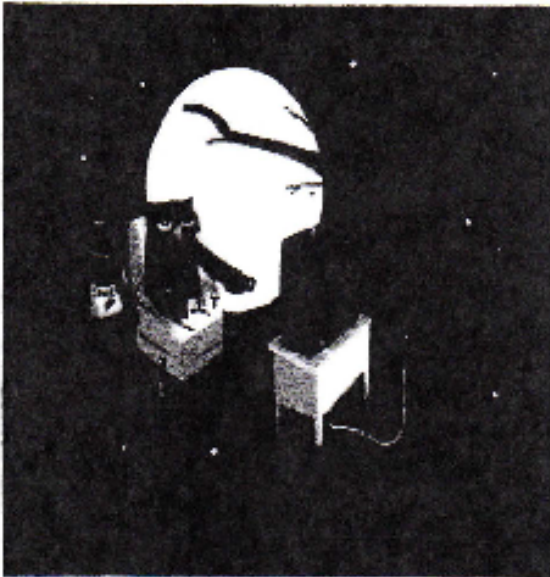
**That's right ladies and gentlemen,
NIGHTWATCH needs YOU!**



Nightwatch is one of the most rewarding service positions available.

Thanks to the spirit of rotation we all get a chance to do a little service that has a HUGE impact.

You might make a new friend or run into an old one. You could even save a life simply by answering the phone!



For more information
please contact the
Nightwatch Chair at
719-538-6017

OR E-Mail
nightwatch@coloradospringsaa.org

Or contact the
Area Service Office
at 719-573-5020

HEY.!?!

ALL YOU'Z DRUNKS OUT THERE.!

I just wanted to remind you that *YOUR* Area Service Office sells books! THAT'S RIGHT FOLKS, BOOKS!!

Imagine that!! ...and, that's not all...

For *YOUR* convenience they also stock medallions, stickers, pamphlets and (...wait for it...) **BOOKMARKS! WOW!!**

Did you know that if you buy five or more Big Books you'd get a discount.? Yup, it's true...

Not only that, if you buy five or more select books, you'll get the same break. (call or come by for details)

So, why support the big corporate machine? You can keep your money working for YOU right here in YOUR backyard. By purchasing your books 'n stuff locally you help keep Nightwatch answering phones, you help Programs organize events and most importantly, you help keep the Service Office doors open to help the alcoholic that still suffers. Now, isn't that what we're all about?

**Colorado Springs
Area Service Office**

1353 South 8th Street, Suite 209,
Colorado Springs, CO 80905
~ (719) 573-5020 ~

**Monday-Friday 9 a.m. to 5 p.m.
Closed: Saturday and Sunday**





2016 STATE CONVENTION • SEPT 2-4, 2016 • WESTIN WESTMINSTER

75 Years of Colorado AA

REGISTER TODAY AT CONVENTION.COLORADOAA.ORG

Want to be a part of Colorado's AA 2016 State Convention? Host one of the continuous meetings!

If you or members of your Home Group are planning on attending this year's State Convention, September 2-4, 2016, at the Westin Hotel in Westminster, CO; please consider bringing your group's meeting format with you and Host/Chair one of the continuous meetings.

These meetings will be held throughout the weekend beginning at 5:00PM on Friday through 11:00AM on Sunday. The meetings end at Midnight on Friday and Saturday and begin at 6:00AM on Saturday and Sunday. There will be no meetings held during the Speaker Meetings so no one will have to miss those events.

These will all be open meetings allowing everyone to attend.

Additionally, for scheduling purposes, it would be great if groups would sign-up generally for this opportunity, however, if your group needs a specific date or time, I will try to accommodate everyone on a first come, first serve basis.

It would be wonderful to have Home Groups represented from all over the State to share their style of meeting with everyone at the convention. Please consider this important service opportunity.

Thank you for your attention to this matter and I'll see you all at the State Convention.

In order to sign your group up or get more information please CONTACT:

David G. at (720) 550-7384 Home or (503) 913-0343 Cell

E-Mail: DLOgee630@gmail.com

If you're directed to voicemail please leave your name and a contact phone number and I will get back to you as soon as possible.

Additional information about the convention can be obtained by going to

convention.coloradoaa.org

SAVE THE DATE
2016 OcSoberfest

Oct. 7-9, 2016

Pueblo Convention Center - Pueblo, CO



★ Speakers

Friday night - Kathy H., Taos, NM

Saturday morning - Longtimers trio of speakers

Saturday lunch - Laurel L., Wichita (AIAnon)

Saturday night - John K., Dallas, TX

Sunday morning - Ericka M., Cedar Rapids, IA

Workshops & Continuous Meetings
Saturday Lunch, Dinner & Dance
Hospitality Room & Ticketed Drawings

If you attended last year's OcSoberfest, you will receive a registration form by mail or email. To request a registration form, email your name and address to boos_964@yahoo.com
Online registration at www.ocsobberfest.org after Aug. 1, 2016

LOCAL SERVICE OFFICE

Hours: Monday-Friday 9 a.m. to 5 p.m.
SAT.-SUN.: CLOSED

Location: 1353 South 8th Street, Suite 209
Colorado Springs, CO 80905

Contact the Service Office
719-573-5020

E-mail: serviceoffice@coloradospringsaa.org

COMMITTEE MEETINGS

ARCHIVES:

NO MEETINGS SCHEDULED
VOLUNTEERS NEEDED

PUBLIC INFORMATION:

2:00pm, 1st Saturday of the month
1st floor Penrose Main Hospital
2222 N. Nevada

in Volunteer Coordinator Conference Room

C.P.C.:

6:00pm, 2nd Wednesday of the month
Vertec, 1123 Elkton Dr.

District 7:

7:30pm, 3rd Tuesday of the month
First United Methodist Church
420 N. Nevada, Room 135 (Boulder St. Access)

TREATMENT:

12pm, 2nd Saturday of the month
Penrose Hospital Volunteer Conference Room
2222 N. Nevada.

SPECIAL NEEDS:

NO MEETINGS SCHEDULED
VOLUNTEERS NEEDED

NIGHTWATCH:

7:00pm, 1st Tuesday of the month
Sacred Heart Parish
21st and Pikes Peak
Room 10 - Following the New Beginners meeting

For more committee information,
please go to coloradospringsaa.org

CONTRIBUTION ADDRESSES

~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs Area Service Office
1353 South 8th St., Suite 209
Colorado Springs, CO 80905
(Include group name and number on check)

~ GENERAL SERVICE OFFICE ~

Payable to: GSO
P.O. Box 459 - Grand Central Station
New York, NY 10163
(Include group name and number on check)

~ AREA 10 ~

Payable to: Area 10 Treasurer
12081 West Alameda Parkway #418
Lakewood, CO 80228
(Include group name, number
and District 7 on check)

~ DISTRICT 7 ~

Payable to: District 7
P.O. Box 26252
Colorado Springs, CO 80936
(Include group name, number
and district 7 on check)

~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee
P.O. Box 40368
Denver, CO 80204
(Include group name and number on check)

• CASH ACCEPTED IN PERSON ONLY •

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Send subscription requests to

pint@coloradospringsaa.org

DO IT TODAY!

or you can get a copy for only \$1.00
at the Area Service Office