



THE PIKES PEAK PINT

January 2020

A newsletter for the Pikes Peak Region of Alcoholics

Sobriety, Service, and a New Way of Life, Oh My!

When joining this program over five years ago, I only thought I needed to stay sober to have a new way of life. I stared on this journey not knowing where it would take me, and I was ready to live a life of the unknown. I came into these rooms as if I was Dorothy in the Wizard of Oz. Everything was new and the smiles on people's faces made me not want to lose this experience.

I started on this yellow brick road and I grabbed a sponsor as fast as I could. When she was guiding me through these steps I never know how much courage, hope, and love I would receive taking this journey one step at a

time. I was so pleased that I didn't want to return home from where I came and wanted to see how much more I could get in this new way of life.

I started my journey in service, and this gave me some love and tolerance I had never experienced. I was able to see where I was wrong in situations and not have to think I was always right. Since that day I haven't stopped on where my service commitments could take me, for I was worried about leaving this beautiful

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HAPPY
NEW YEAR

HAPPY BIRTHDAY!

Walk the Talk

Rob L.	1/26/2014
Steve P.	1/05/2011
Steve H.	1/01/2012
Jeremy P.	1/09/2019
Judi K.	1/13/1990
Lauri R.	1/01/1988
Lynette C.	1/05/2013
Amber M.	1/12/2019
Escuche	1/13/2012
Kristi P.	1/01/2012
Bill	1/01/2001
Merlyn	1/11/2011
Roger	1/16/2004
Trent N.	1/22/2019
Tina	1/17/1980
Michael C.	1/07/2010

Serenity Riders

Brittane D.	1/30/2012
Elizabeth D.	1/19/2019
Erica C.	1/20/2019
Jacqui I.	1/20/2010
Shellie T.	1/18/2015
John B.	1/30/1992
Ron D.	1/10/2015
Bo B.	1/17/2015

New Beginners

Amanda F.	1/12/2012
Deron H.	1/02/2012
Mark S.	1/19/1987

We Are Not Saints

Christy W.	1/18/1994
Carolyn D.	1/26/2009
Drew I.	1/30/1999

New Woman Group

Sharon W.	20 years
Cathy P.	29 years
Kristin F.	8 years
Beth H.	6 years

Friday Women's

Molly W.	14 years
Doloros N.	31 years
Marti B.	35 years
Beth L.	39 years
Maile L.	14 years

Steel Magnolias

Cathy C.	9 years
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experience. As time has gone by, my life has been twisted up and down and side to side. I sometimes didn't know how to see there was an end to these obstacles. I was then greeted with new people and new inspirations where I knew this was not going to be the end.

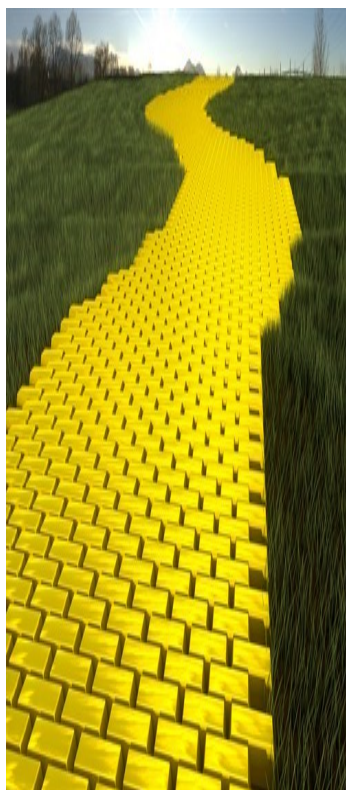
Life has grown to a new extreme where sobriety has given me these wonderful gifts with a relationship with a Higher power, School, friendships and a baby on the way, were I forget to look at the different colors I had to go through to get here.

I can get so wrapped up in self again, where all I see is the black and white and not able to see there is still a long road to reconstruction I have to grow through. This life has given me the best people I have ever met, and the best way of

communication skills, that I know I will be able to raise this child in a beautiful way.

So unlike Dorothy, I do not want my yellow brick road to end, and I don't want to go back home (the past). I'm excited to only grow more and see what other obstacles are on the way for my sobriety and to only find more of us in this thing we call "life". I hope to meet you all along the way and get to grow through this journey together!!!

-Alicia S.



*This month's
"Pint Piece"
for your
personal reflection...*

We are people who normally would not mix. But there exists among us a fellowship, a friendliness, and an understanding which is indescribably wonderful."

*-Alcoholics Anonymous, page 17;
Chapter 2: "There Is A Solution"*

A Love Letter

Sometimes I find myself wondering how our relationship went so terribly wrong. Was there some way I could have prolonged our affair? I tried my hardest to keep it going but you just kept on taking and taking. Is this what best friend do?

When I met you, it was instant attraction. You were cool to be around. You made me feel I was cool also! It didn't matter that I felt insecure, overweight, depressed and broken. With you by my side all of that disappeared. Everything I had to deal with for the next 36 years was softened by your care of me. Whenever I felt alone or afraid you were there to put me at ease. I could just relax and get through it...I fell in love with you.

And I loved you like no other...I was there for you...Always!! I put you before my family, my friends, my career, my future and my life. You were always my number one concern. And I never wavered from my love and commitment to you. I protected you until I couldn't anymore.

When you were gone from my life, it started to become quite clear what kind of friend you had really been...

You were a thief! You stole 36 years of my life I can never replace. You stole my chance at being a great mom. You stole my ability to be there for all those I loved. You also took away my integrity, dignity, and compassion for others. And then you were almost able to take away my life.

Also, you were a liar. You had me convinced my small gray world was just fine. Only you and I were truly welcome there...that was all that was really important. You made me believe our relationship was quite glamorous. A few drinks by the pool, a bottle of wine in a nice restaurant, vacations filed with you and I... You said that you would be there for me always! Now I can see how truly alone I was.

Then there's the stark fact that you are a murderer. You took my Dad's life very slowly. I watched it and vowed you would never do that to me. Besides other family members too numerous to name; now there are friends gone thanks to you. This year especially eye-opening watching a meeting maker friend slip away. Somehow you convinced him that he could not live without you.

But I still miss you once in a while...My brain tells me maybe it wasn't so bad, maybe you could wrap your arms around me and be there again...

But then, by the grace of god, my heart wakes me up. My heart now filled with love, with life, and with God. It tells me, "Hey! That was not real...it was just one big lie."

My disease will make me forget all the devastation that it brought unless I have a daily reminder. So, I start my day with others just like me. We tell how our affair with alcohol ended badly. We remind each other of how lucky we are to finally be seeing the truth and having a choice of saying good-bye.

-Karen O.



STEP 1:

We admitted we were powerless over alcohol— that our lives had become unmanageable.



TRADITION 1:

Our common welfare should come first; personal recovery depends upon AA unity.

CONCEPT 1:

Final responsibility and ultimate authority for AA world services should always reside in the collective conscience of our whole Fellowship.

TRADITION 1 CHECKLIST:

- ◆ Am I in my group a healing, mending, integrating person, or am I decisive? What about gossip and taking other members' inventories?
- ◆ Am I a peacemaker? Or do I, with pious preludes such as "just for the sake of discussion" plunge into argument?
- ◆ Am I gentle with those who rub me the wrong way or am I abrasive?
- ◆ Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
- ◆ Do I put down some AA activities if I were superior for not participating in this or that aspect of AA?
- ◆ Am I informed about AA as a whole? Do I support, in every way I can, AA as a whole, or just the parts I understand and approve of?
- ◆ Am I considerate of AA members as I want them to be of me?
- ◆ Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?
- ◆ Do I go to enough AA meetings or read enough AA literature to really keep in touch?
- ◆ Do I share with AA all of me, the bad and the good, accepting as well as giving the help of fellowship?

Announcements



New Meetings & Changes



Meeting Guide

Looking for a meeting fast?

The meeting guide goes with you! The app that helps people get and stay sober is available FREE to anyone! Just go to the app store and search for “meeting guide.” Download this app and find a meeting near you at various times of day!

Take Note on the following changes, cancellations, and NEW meetings!

“Good Old Boys” meeting will be relocating, effective January 1, 2020. **New location** will be:

Faith Lutheran Church
1310 Evergreen Hts, Dr.
Woodland Park, CO 80866

*Park on the side and enter in back (metal doors)

Fountain 2.0 is now an OPEN meeting
Saturdays at 8:30 am

H.O.W. Group: Mondays at 7 pm
St. Andrew’s Church Parish Hall

NEW LOCATION!

Tuesday Women’s Step Study
Location as of January 1, 2020 will be:
Faith Lutheran Church
1310 Evergreen Hts., Dr.

Woodland Park, west of Hwy 67 N, near fire station
Park on side, enter in back (medal doors)

ANNOUNCEMENTS:

Effective immediately! All who come into the Service Office to purchase a 40+ year bronze coin will receive it for FREE! Congratulations on your sobriety and your example!

“Meeting in a Pocket” are now 50 cents instead of \$1

Hey Pint Readers...

This is your newsletter! Tell us what you would like to see included each month. What encourages you? What motivates you to read The Pint? Let us know by emailing us at:

pint@coloradospringsaa.org

Have a question for the Intergroup Board?

Email: board@coloradospringsaa.org

We Need Stories!

Are YOU looking for service work?
Are you willing to share your experience, strength, and hope? Please submit your story to:
pint@coloradospringsaa.org and be a blessing to someone who needs to hear your that there IS a way out! (No requirement for length of sobriety; approx. 400-600 words)

Reminder

If you have a meeting change, a new post to advertise, sobriety celebrations from your home group, or ANY other announcements you would like to see printed in the Pint, please send an email with all of the information to pint@coloradospringsaa.org **PRIOR TO THE 17th OF EACH MONTH!**

LOCAL SERVICE OFFICE

Open: Tuesday - Friday 9 a.m. to 5 p.m.

Closed: Saturday - Monday

1353 South 8th Street, Suite 209

Colorado Springs, CO 80905

719.573.5020

Email: serviceoffice@coloradospringsaa.org

Web: www.coloradospringsaa.org

JOIN A COMMITTEE MEETING!

BRIDGING THE GAP:

7:00 pm, 4th Tuesday of the month, Area Service Office
1353 South 8th Street, Suite 209, Colorado Springs

PIKES PEAK PINT:

7:00 pm, 3rd Thursday of the month, contact Whitney at
414-828-7434 as location changes each month

CORRECTIONS:

9 a.m., 3rd Saturday of the month Sacred Heart Parish Room
10, southeast corner of 21st & Colorado Ave.

PI (PUBLIC INFORMATION):

9:00 am; 2nd Saturday of each month
Rocky Mountain Recovery Foundation Inc.
4360 Montebello Drive, Suite 700

CPC (Cooperation with the Professional Community):

Meets the 4th Saturday of the month from 1:00-2:30
Penrose Main Hospital—2222 N. Nevada Ave.
We meet in the Volunteers Conference Room.
You can also call in on our conference line at:
(515) 604-9925, access pin: 311273#

PROGRAMS:

6 pm Wednesdays
Chadborn Community Church
402 Conejos St. 80903

NIGHTWATCH:

7 p.m., 1st Tuesday of the month
Sacred Heart Parish, 21st and Pikes Peak Ave.
Room 10, following the New Beginners' meeting

DISTRICT 7:

7 p.m., 3rd Tuesday of the month
First United Methodist Church,
420 N. Nevada, Room 135 (Boulder Street access)

WHERE TO SEND CONTRIBUTIONS

Please include your group name and group number on the check

~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs
Area Service Office
1353 South 8th St., Suite 209
Colorado Springs, CO 80905

~ GENERAL SERVICE OFFICE ~

Payable to: GSO
P.O. Box 459/Grand Central Station
New York, NY 10163

~ AREA 10 ~

Payable to: Area 10 Treasurer
12081 W. Alameda Parkway, #418
Lakewood, CO 80228

~ DISTRICT 7 ~

Payable to: District 7,
P.O. Box 26252,
Colorado Springs, CO 80936

~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee
P.O. Box 40368,
Denver, CO 80204

• CASH ACCEPTED IN PERSON ONLY •

How much did *YOU* spend on a drink?

Please help others

Consider throwing \$2 into the basket when it comes around. Also, once a year, donate \$1 for each year of sobriety to the General Service Office, the Area Service Office, or both. It costs money to spread the hope of a new life worth living through AA.

Please see coloradospringsaa.org

9:05 AM

01/04/20

Cash Basis

Corporate Body of the CS Area Service Office
Transaction Detail By Account
December 2019

<u>Date</u>	<u>Name</u>	<u>Memo</u>	<u>Original Amount</u>	<u>Paid Amount</u>	<u>Balance</u>
4010 · Group Contributions					
12/03/2019	NEW WOMAN	Gratitude Month	85.00	85.00	85.00
12/03/2019	WE ARE NOT SAIN...	Alcothon and Gratitude	31.00	31.00	116.00
12/03/2019	FRIDAY WOMEN'S ...	Gratitude Month	106.00	106.00	222.00
12/04/2019	WE ARE NOT SAIN...	Gratitude Month	50.00	50.00	272.00
12/05/2019	Happy Heathens	Deposit	60.75	60.75	332.75
12/05/2019	BACK TO BASICS	Gratitude MOnth	13.57	13.57	346.32
12/05/2019	Saturday Early Morn...	Gratitude Month	75.00	75.00	421.32
12/06/2019	Sunlight of the Spirit	Deposit	623.50	623.50	1,044.82
12/11/2019	BIG BOOK ACTION	Deposit	250.00	250.00	1,294.82
12/11/2019	Old North End Study...	Deposit	112.50	112.50	1,407.32
12/11/2019	Recovery in Action	Gratitude Month	24.00	24.00	1,431.32
12/13/2019	SUNDAY MORNIN...	Deposit	325.50	325.50	1,756.82
12/20/2019	Serenity Hour	Deposit	25.00	25.00	1,781.82
12/20/2019	Early Morning Satur...	Deposit	241.00	241.00	2,022.82
12/26/2019	We Are Here	Deposit	60.38	60.38	2,083.20
12/26/2019	Under The Bridge	Shut Down the Meeting	622.13	622.13	2,705.33
12/31/2019	Recovery in Action	Deposit	100.84	100.84	2,806.17
12/31/2019	STEEL MAGNOLIAS	Gratitude Month	91.50	91.50	2,897.67
12/31/2019	WALK THE TALK	Deposit	425.00	425.00	3,322.67
Total 4010 · Group Contributions				3,322.67	3,322.67
TOTAL				3,322.67	3,322.67