



# THE PIKES PEAK PINT

September 2020

A newsletter for the Pikes Peak Region of Alcoholics

## **Intergroup Meeting in-Person and Zoom!!!!**

The monthly Intergroup Meeting will be held in-person and by zoom on Tuesday, September 8, 2020 at 6:00 P.M.

Location for in-person: Highland Park Baptist Church, 2315 N. Circle Drive  
Masks required. Pizza will be served.

Zoom: Meeting ID: 895-839-8739 Passcode: 040352

## **Asking for Help**

I'm not sure if I will ever be completely at ease with asking for help and that's okay. Looking back I don't have one single moment or an experience of being told asking for help meant I was weak. Being weak was not an option in my young mind. At some point along the way asking for help became too hard to do.

By the time I stepped into my first AA meeting I didn't need help, I was independent, strong, brave.....I was scared. I didn't ask for help in that first meeting but I would be given the gift of help. Later I would learn he was the hand of AA reaching out to me when I needed it the most.

That simple act of kindness and help was my key to the door and a new life. Willingness to be uncomfortable, to be afraid, to question my self and find

my Higher Power. I learned how to ask for help and not feel guilty or weak. I accepted help with less and less fuss.

Today I know how to be of help to others. I know how to handle someone telling me they don't want my help. My life is so much better than I ever imagined it could be.

I have to give this away in order to keep it.

Simplieto



## Came To Believe

I know that many people come into the program with a very limited belief in a Higher Power understanding. Many others don't believe in a Higher Power. I have had ups and downs with my Higher Power.

I have been rock bottom and at times have felt abandoned by my Higher Power. I've had moments when I felt like my Higher Power had me by the scruff of the neck helping me along in my rocky days. Then there are times in my life when I just felt at peace.

I suspect I am not alone. The last night I drank I heard a still quiet voice in my head that said, "Why don't you stop drinking?" For some reason that night I heard or felt the power of that question. I asked myself, "why am I putting myself through this endless cycle of sad, sick and sorry"?

I am sure it was my Higher Power that night in the dark with me. The insanity for me was repeating the same things over and over. I will not drink today. I will not drink tonight. At 5 o'clock I was glass in hand having a "happy hour" that turned into misery during the night and me swearing I won't do that again. That was my insanity!

I have realized that my Higher Power is in and around everything I do. In a perfect world in every decision I make, you would think I would quiet down and listen to the still small voice of

my Higher Power. No, when I get overcome by ego, overcome by fear, the voice of my Higher Power gets farther away.

To keep connected to my Higher Power I am constantly "reigning" myself in. I must take time every day to read my 24 hour book and the Big Book of Alcoholics Anonymous. I also keep a journal that helps me to get my thoughts out of my head and onto paper.

For me, AA is a spiritual program. I tried sobriety on my own without my Higher Power and it just didn't work. When I do the right things to connect to my Higher Power the results are amazing and not my doing! The 12 steps are spiritually inspired and if I follow them I am sure to have some success in my life and with my sobriety.

Things will not always be perfect but they may be a bit easier with the help of a Higher Power.

Val H



## September Celebrations

We missed several groups August's celebrations. I apologize to everyone and have included August in this issue for those that sent their information in back in August.

### Easy Does It Group

Carolyn H. 10 Yrs

Donnie O 19 Yrs

Ed R. 7 Yrs

Steffy 29 Yrs

Ron Q. 8.28.1998

—————

Patty H. 26 Yrs

Jacquie B. 18 Yrs

Steve L. 44 Yrs

Telly W. 1 Yr

Ben B. 4 Yrs

### New Beginners Group

Al T. 21 Yrs

Deanna S. 3 Yrs

Greg 4 Yrs

Kim B. 3 Yrs

Randy J. 43 Yrs

Rick C. 32 Yrs

Trish S. 4 Yrs

### The Serenity Riders

Debra W. 2 Yrs

Sanna D. 7 Yrs

Adrian W. 2 Yrs

Duffy P. 27 Yrs

Jim H. 33 Yrs

Mike L 14 Yrs

Bill C. 9.21.2004

Fred L. 9.6.2004

Greg S. 9.22.88

John B. 9.18.2004

Justin T. 9.16.2017

### Serenity Riders Con't

Rob (Ziptie) B. 9.29.2017

Jessica B. 9.17.2018

Katie S. 9.23.2009

Kendall H. 9.28.2018

Shannon C. 9.10.2018

Dan the Man 9.1.1987

### Happy Heathens Group

Cathie S. 32 Yrs

### We Are Not Saints Group

Brett B. 8.28.2017

Dan K. 8.1.2005

Mark K. 8.15.2019

Lisa S. 8.1.2019

Pamela A. 8.1.2016

Jason M. 9.26.2018

Jeff S. 9.2.2008

Joe S. 9.7.1993

Tom H. 9.16.2003

Carrie G. 9.29.2012

Mireille D. 9.3.1983

Please email your group's celebrations to [pint@coloradospringsaa.org](mailto:pint@coloradospringsaa.org)

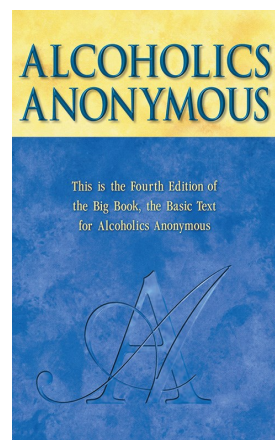
## News For You

Please please notify the Service Office of your Intergroup Rep's email so you can stay informed.

Effective September 27, 2020 all Zoom meetings are required to have a passcode. Please notify the Service Office of your new passcode to update the website. Email to: [serviceoffice@coloradospringsaa.org](mailto:serviceoffice@coloradospringsaa.org)



This month's  
"Pint Piece"  
for your  
personal reflection...



*"Our very first problem is to accept our present circumstances as they are, ourselves as we are, and the people about us as they are. This is to adopt a realistic humility without which no genuine advance can even begin."*

*AA Co-Founder, Bill W., March 1962, "What Is Acceptance", Best of the Grapevine, Volume 1*

# STEP 9

“Made direct amends to such people wherever possible, except when to do so would injure them or others.”

## TRADITION 9

“A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.”



## CONCEPT 9

Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous.

## TRADITION 9 CHECKLIST

1. Do I try to “boss” things in AA?
2. Do I ever resist formal aspects of AA because I see them as authoritative?
3. Do I try to understand and use all elements of the AA program— even if no one makes me do so— with a sense of personal responsibility?
4. Do I exercise patience and humility in any AA job I take?
5. Am I aware of all those to whom I am responsible in any AA job?
6. Why doesn't every AA group need a constitution and bylaws?
7. Have I learned to step out of an AA job gracefully— and profit thereby—when the time comes?
8. What has rotation to do with anonymity? With humility?



## LOCAL SERVICE OFFICE

Open: Tuesday - Friday 9 a.m. to 5 p.m.

Closed: Saturday - Monday

1353 South 8th Street, Suite 209

Colorado Springs, CO 80905

719.573.5020

Email: [serviceoffice@coloradospringsaa.org](mailto:serviceoffice@coloradospringsaa.org)

Web: [www.coloradospringsaa.org](http://www.coloradospringsaa.org)

## JOIN A COMMITTEE MEETING!

These are suspended until further notice.

### BRIDGING THE GAP

7:00 pm, 4th Tuesday of the month, Area Service Office  
1353 South 8th Street, Suite 209, Colorado Springs

### PIKES PEAK PINT

### CORRECTIONS

9 a.m., 3<sup>rd</sup> Saturday of the month Sacred Heart Parish Room 10,  
southeast corner of 21<sup>st</sup> & Colorado Ave.

### PI (PUBLIC INFORMATION)

(this meeting has resumed as of 8.2020)

9:00 am; 2nd Saturday of each month  
Area Service Office  
1353 S. 8th St Suite 209

### CPC (Cooperation with the Professional Community)

Meets the 4th Saturday of the month from 1:00-2:30  
Penrose Main Hospital—2222 N. Nevada Ave.  
We meet in the Volunteers Conference Room.  
You can also call in on our conference line at:  
(515) 604-9925, access pin: 311273#

### PROGRAMS

6 pm Wednesdays  
Chadbourn Community Church  
402 Conejos St. 80903

### NIGHTWATCH

7 p.m., 1<sup>st</sup> Tuesday of the month  
Sacred Heart Parish, 21<sup>st</sup> and Pikes Peak Ave.  
Room 10, following the New Beginners' meeting

### DISTRICT 7

7 p.m., 3<sup>rd</sup> Tuesday of the month  
First United Methodist Church,

## WHERE TO SEND CONTRIBUTIONS

Please include your group name and group number on the check

### ~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs  
Area Service Office  
1353 South 8<sup>th</sup> St., Suite 209  
Colorado Springs, CO 80905

### ~ GENERAL SERVICE OFFICE ~

Payable to: GSO  
P.O. Box 459/Grand Central Station  
New York, NY 10163

### ~ AREA 10 ~

Payable to: Area 10 Treasurer  
12081 W. Alameda Parkway, #418  
Lakewood, CO 80228

### ~ DISTRICT 7 ~

Payable to: District 7,  
P.O. Box 26252,  
Colorado Springs, CO 80936

### ~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee  
P.O. Box 40368,  
Denver, CO 80204

## How much did *YOU* spend on a drink?

*Please help others.....*

Consider putting \$2 in a jar/cup/basket each time you log onto a Zoom Meeting. Then consider splitting the money accumulated and give 1/2 to your group when they begin meeting again, and 1/2 to your Service Office.

Contribute at  
[coloradospringsaa.org](http://coloradospringsaa.org)

<b>Group 2020-2021</b>	<b>Fiscal YTD</b>	<b>April</b>	<b>May</b>	<b>June</b>	<b>July</b>	<b>Aug</b>
12 Steps from the Morg	\$330	\$116				214
164 Group	\$103			\$103		
A Common Solution	\$150		\$150			
APEX	\$91			\$91		
Back to Basics	\$371	\$116			\$199	56
Black Forest Group	\$336	\$205			\$131	
Broadmoor Step	\$67					\$67
Don't Worry Be Happy	\$307	\$60			\$96	\$151
Easy Does It	\$539	\$117				\$422
Friday Night Live	\$300	\$50			\$250	
Friday Women's	\$579		\$80		\$20	\$479
Happy Heathens	\$86				\$86.00	
High Nooners	\$100			\$100		
H.O.W.	\$100	\$100				
Into Action	\$457	\$100			\$149	\$208
Keytone to Recovery	\$130			\$130		
Language of the Heart	\$14					\$14
Little Log Cabin	\$320	\$320				
Living Sober South	\$32		\$32.00			
M.A.G.	\$300				\$300	
Men's Anonymous	\$400					\$400
New Beginner's	\$185		\$185.00			
New Woman	\$264		\$144			\$120
Northwester's	\$163		\$43			\$120
Off the Wall	\$5			\$5		
Old North End	\$83				\$83	
One Day At A Time	\$130				\$130	
Recovery In Action	\$168	\$168				
Recovery Systems	\$100	\$100				
Saturday Early Morning	\$253					\$253
Serenity Hour	\$16		\$16			
Serenity Riders	\$646				\$646	
Steel Magnolias	\$106		\$106			
Sought Thru Prayer	\$16					16
Sunlight of the Spirit	\$114			\$114		
Talking Circles	\$25				\$25	
Thursday Night Men's	\$1,874	\$1,834	\$40			
Walk the Talk	\$5,732	\$1,607	\$425	\$425	\$2,850	\$425
We Are Here	\$45	\$45				
We Are Not Saints	\$1,321	\$748			\$573	
WP Book Study	\$573		\$176			397
WP Women's Step Stud	\$20					20
WP Thursday Noon	\$19	\$19				
WP Tuesday Women's	\$262		\$108			\$154
<b>Monthly Totals</b>	<b>\$17,232</b>	<b>\$5,705</b>	<b>1505</b>	<b>968</b>	<b>5538</b>	<b>3516</b>

## Group Contributions





# BBQ



## AND LIVE MUSIC!

AT THE AREA SERVICE OFFICE!

1353 S. 8TH STREET

BRING  
YOUR  
**FRIENDS**  
2GETHER



BRING A  
SIDE DISH  
OR  
DESSERT

CHEF MICHAEL GRILLING BURGERS AND BRATS!

**"ABOVE GROUND" LIVE BAND**

**\$10 SUGGESTED CONTRIBUTION FOR LUNCH AND STREET DANCE**

**THIS IS AN ASO FUND RAISING EVENT**

**SEPTEMBER 19, 2020**



**NOON - 2 PM IS BBQ  
2 - 4 PM IS STREET DANCE**

