



# THE PIKES PEAK PINT

October 2020

A newsletter for the Pikes Peak Region of Alcoholics

## Intergroup Meeting in-Person and Zoom!!!!

The monthly Intergroup Meeting will be held in-person and by zoom on Tuesday, October 13, 2020 at 6:00 P.M.

Location for in-person: Highland Park Baptist Church, 2315 N. Circle Drive  
Masks required.

Zoom: Meeting ID: 895-839-8739 Passcode: 040352

## Step 10

**Continued to take personal inventory and when we were wrong promptly admitted it.**

I use the Tenth Step for revising, amending, and becoming. Unlike the Fourth Step, which was basically retrospective, the Tenth Step is progressive — dealing with current or daily feelings, thoughts and reactions as they arise. My Fourth Step acts as a backdrop, a point of departure, a basis from which my awareness grows in recognizing when a Tenth Step inventory is indicated.

There are two major sets of circumstances in which I find the Tenth Step most helpful to me: When my actions, responses or reactions conflict with my conscience; and when I have unspecified discomfort. The first happens most often in human interaction or transaction. Someone interrupts my work routine, and verbally or nonverbally, I let the person know I don't want to be bothered. The message: What I'm doing is more

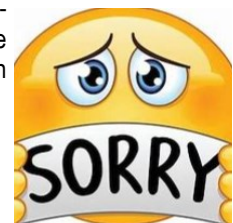
Important than you, or whatever you have to say to me.

Or, God forbid, someone doesn't agree with me, support my position on something, or doesn't feel, think, or do what I *expect* them to do. I become angry (usually covertly), combative, demanding, and unyielding. I disregard the other person's right to be human, to be who they are, and deny myself an opportunity to appreciate their differences.

On the job, in small group situations in one-on-one intimate encounters, I find it necessary to take a look at my reactions, admit my wrongs, apologize, then amend and revise my own behavior.

Is my admission prompt? The prompter the better for me, usually within the same day or the following. But often I suffer for days, often without identifying the problem until one of my sponsors says: "You're angry. Really angry!" Then, I can get in touch with a feeling in myself that I find extremely hard to acknowledge.

Once I identify the feeling (or someone helps me to), and take a close look at its causes and effects, I can seek to remove it.



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## Step 10 continued from page 1

When ego is involved (which is most of the time), when there are underlying questions, real or imagined, of security (financial or emotional or conflicts with my cherished view of myself), the Tenth Step is indicated for me.

There are several messages I receive as a result of applying the Tenth Step in human transactions: I'm learning to place greater value than I used to on persons and relationships; it's not so bad to be wrong and the admission won't kill me; and there is great relief from the weight of having to fool myself and convince others that I am always right.

The perfectionist weight gradually lifts every time I admit my frailty and my fallibility. I experience not a decrease in self-esteem, but an increase in self-esteem. I feel better about myself, more in harmony with my fellows.

The other set of circumstances exists when I feel stuck, disturbed, fearful, discontented or generally uncomfortable and I don't know what's bothering me. Then I do an inventory: state the feelings, find out where they are coming from (are some

old tapes running?), and look at my reactions. Especially for this kind of situation, I've gotten in the habit of carrying around a small note pad—which has grown into a legal pad—for doing Tenth Step inventories. At break times and lunch periods at work I do an inventory, and it gets me over a difficult spot. Not long ago a Tenth Step inventory turned into a career adjustment plan.

My Tenth Step inventories are for examining myself, revising and amending, getting unstuck, and sorting out. And even more important, they are for becoming — because they help me to define myself, look at who I am without judgment, gradually accept myself, and eventually become the best person I can become.

On my *soberest* days — days in which I am keeping really close to the Fellowship — I receive the courage, the willingness, the openness, and the honesty to do a Tenth Step. It is this combination of Fellowship, meetings, and Step work which improves my spiritual condition and maintains my sobriety. And for that, I am truly grateful.

CL



## October Celebrations

### Easy Does It Group

Craig V. 10/7/1995 25 years

Gabriel 10/8/1989 31 years

Leslee C. 10/10/2011 9 years

Please email your group's celebrations to [pint@coloradospringsaa.org](mailto:pint@coloradospringsaa.org)

## October News

Email sobriety anniversaries, announcements, letter to the editor and subscription requests to the Pikes Peak Pint before the 20th of each month:

[pint@coloradopringsaa.org](mailto:pint@coloradopringsaa.org)

## October Social

**Halloween Afternoon Party**  
**October 31st**  
**2—4 p.m.**  
**Area Service Office**  
**1353 S. 8th Street**  
**Chili Cookoff**  
**Costume Judging**

**Bring your crockpot of your best chili and wear your Halloween Costume.**

**Prizes awarded for the best chili and costume!**



The most up-to-date information regarding meetings is located on our website.

When notifying the office about a zoom meeting, please provide the url for your meeting so it will also show up on those using the meeting guide app. Your url will be found on your registration page and will begin with <https://>

The Service Office is now providing a weekly email with snippets of happenings for the week.

If you would like to subscribe, please call the service office or email to add your email address.

(719) 573-5020

[serviceoffice@coloradospringsaa.org](mailto:serviceoffice@coloradospringsaa.org)

Updates coming soon to our website.



This month's  
"Pint Piece"  
for your  
personal reflection...

### **The dog ate my homework**

An old-timer spotted his sponsee in a virtual meeting after not hearing from him for months. In the chat box, he sent a hello and asked where he'd been.

"Quarantining mostly," the young sponsee typed back.

The sponsor typed, "I haven't gotten a call from you since we did your Fifth Step."

"Yeah," the sponsee responded, "I'm waiting to get a new phone."

"What happened to your phone?" asked the older AA.

"Oh!" typed the young man with excitement, "I was inspired by the old-school stories of people burning their Fourth Steps. Absolutely cool. But because it was on my phone, I couldn't make any calls after it melted!"

Steve S.  
Bloomfield, N.J.

# STEP 10

“Continued to take personal inventory and when we were wrong promptly admitted it.”

## TRADITION 10

“Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.”



## CONCEPT 10

“Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.”

1. Do we understand “authority” and “responsibility” as they relate to group conscious decisions by G.S.R.s, D.C.M.s and our area delegates?
2. Why is delegation of “authority” so important to the overall effectiveness of A.A.? Do we use this concept to define the scope of “authority”?

## TRADITION 10 CHECKLIST

1. Do I ever give the impression that there really is an “AA opinion” on doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? Prescribed medications? Other drugs? Other 12-step programs? Vitamins? Al-Anon? The federal or state government?
2. Can I honestly share my own personal experience concerning any of those without giving the impression that I’m stating the “AA opinion”?
3. What in AA history gave rise to our Tenth Tradition?
4. What would AA be without this Tradition? Where would I be?
5. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
6. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?
7. Should the meeting secretary intervene to remind AA members about this Tradition if a member starts criticizing one political party compared to others or favoring a religion over others?



## LOCAL SERVICE OFFICE

Open: Tuesday - Friday 9 a.m. to 5 p.m.

Closed: Saturday - Monday

1353 South 8th Street, Suite 209

Colorado Springs, CO 80905

719.573.5020

Email: [serviceoffice@coloradospringsaa.org](mailto:serviceoffice@coloradospringsaa.org)

Web: [www.coloradospringsaa.org](http://www.coloradospringsaa.org)

## JOIN A COMMITTEE MEETING!

### BRIDGING THE GAP

### PIKES PEAK PINT

### CORRECTIONS

### PI (PUBLIC INFORMATION)

### CPC (Cooperation with the Professional Community)

Resumed holding meetings in September

Meets the 4th Saturday of the month from 1:00-2:30

Area Service Office

1353 S. 8th Street Suite 209

### PROGRAMS

### NIGHTWATCH

### DISTRICT 7

Resumed holding meeting in September.

7 p.m., 3<sup>rd</sup> Tuesday of the month

Highland Park Baptist Church

2315 N. Circle Drive

## WHERE TO SEND CONTRIBUTIONS

Please include your group name  
and group number on the check

### ~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs

Area Service Office

1353 South 8<sup>th</sup> St., Suite 209

Colorado Springs, CO 80905

### ~ GENERAL SERVICE OFFICE ~

Payable to: GSO

P.O. Box 459/Grand Central Station

New York, NY 10163

### ~ AREA 10 ~

Payable to: Area 10 Treasurer

12081 W. Alameda Parkway, #418

Lakewood, CO 80228

### ~ DISTRICT 7 ~

Payable to: District 7,

P.O. Box 26252,

Colorado Springs, CO 80936

### ~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee

P.O. Box 40368,

Denver, CO 80204

## How much did *YOU* spend on a drink?

*Please help others.....*

Consider putting \$2 in a jar/cup/basket  
each time you log onto a Zoom Meeting.

Then consider splitting the money  
accumulated and give 1/2 to your group  
when they begin meeting again, and 1/2 to  
your Service Office.

Contribute at  
[coloradospringsaa.org](http://coloradospringsaa.org)

<b>Group 2020-2021</b>	<b>Fiscal YTD</b>	<b>April</b>	<b>May</b>	<b>June</b>	<b>July</b>	<b>Aug</b>	<b>Sept</b>
12 Steps from the Mo	\$330	\$116				214	
164 Group	\$263			\$103			160
A Common Solution	\$150		\$150				
APEX	\$91			\$91			
Back to Basics	\$684	\$116			\$199	56	155
Black Forest Group	\$336	\$205			\$131		
Broadmoor Step	\$67					\$67	
But For the Grace of G	\$75						\$75
Clean Air	\$125						\$125
Don't Worry Be Happy	\$502	\$60			\$96	\$151	\$195
Easy Does It	\$539	\$117				\$422	
Friday Night Live	\$300	\$50			\$250		
Friday Women's	\$599		\$80		\$20	\$479	\$20
Happy Destiny	\$150						
Happy Heathens	\$86				\$86.00		
High Nooners	\$100			\$100			
H.O.W.	\$100	\$100					
Into Action	\$457	\$100			\$149	\$208	
Keytone to Recovery	\$290			\$130			\$160
Language of the Heart	\$45					\$14	31
Let Go Let God	\$150			\$75			
Little Log Cabin	\$320	\$320					
Living Sober South	\$32		\$32.00				
M.A.G.	\$300				\$300		
Men's Anonymous	\$400					\$400	
Monday Path Finders	\$199						199
New Beginner's	\$540		\$185.00				355
New Woman	\$264		\$144			\$120	
Northwester's	\$163		\$43			\$120	
Off the Wall	\$34			\$5			29
Old North End	\$83				\$83		
One Day At A Time	\$130				\$130		
Recovery In Action	\$205	\$168					37
Recovery Systems	\$100	\$100					
Saturday Early Mornir	\$253					\$253	
Serenity Hour	\$16		\$16				
Serenity Riders	\$666				\$646		20
Steel Magnolias	\$106		\$106				
Sought Thru Prayer	\$16					16	
Sunlight of the Spirit	\$114			\$114			
Talking Circles	\$25				\$25		
Thursday Night Men's	\$2,078	\$1,834	\$40				204
Walk the Talk	\$6,157	\$1,607	\$425	\$425	\$2,850	\$425	\$425
We Are Here	\$45	\$45					
We Are Not Saints	\$1,321	\$748			\$573		
WP Book Study	\$573		\$176			397	
WP Women's Step Stu	\$20					20	
WP Thursday Noon	\$19	\$19					
WP Tuesday Women's	\$262		\$108			\$154	
<b>Monthly Totals</b>	<b>\$19,880</b>	<b>\$5,705</b>	<b>1505</b>	<b>1043</b>	<b>5538</b>	<b>3516</b>	<b>2190</b>

# GROUP CONTRIBUTIONS

# HALLOWEEN

AFTERNOON

PARTY



Oct  
31st

2 - 4  
p.m.

FEATURING:

CHILI COOK-OFF  
BRING YOUR  
CROCKPOT FULL  
OF CHILI

PRIZE FOR BEST  
COSTUME

Bring your chair and join us at the Area Service Office  
1353 S. 8th Street