

A Newsletter for the Pikes Peak Region of
Alcoholics Anonymous

January 2023

The Pikes Peak Pint



SERVICE OFFICE HOURS

Tuesday - Friday 10am - 2pm

Volunteers are Needed for the Area Service Office!

For more information contact
(719) 573-5020 or email: serviceoffice@coloradospringsaa.org

Intergroup Updates

- **BOARD ELECTIONS MARCH 2023!** The following positions will be voted in during the March 2023 Intergroup meeting: Vice Chair, Secretary, Treasurer, Vice Treasurer, Registrar, Member-at-Large. Suggested sobriety requirements can be found in the [CS Intergroup Charter](#), pages 5-7 (www.coloradoSpringsaa.org)
- **DISTRICT 7** all Committee Chair positions are filled!! Please consider service work as a committee member. Learn more at monthly district meeting: 3rd Tuesday of each month at 7:00 p.m @ Legacy Wesleyan Church, 502 N. Walnut Street, Colorado Springs, 80905
- **ALCOTHON NEWS...** The alcothon operated in the positive! More information to be provided at the February Intergroup Meeting.
- Gratitude Box raised \$897 for the Area Service Office. Thank you!
- The 2023-2024 Colorado Springs Area Service Office has been proposed. Fiscal Year is April 1 - March 30. The proposed budget of \$66,444 reflects the 2022 realized and planned income generated by: group contributions, personal contributions, literature sales, Recovery Bling, and Program revenue. This is a 25% reduction from the previous year's budget of \$88K.

A.A. JANUARY ANNIVERSARIES

Friday Women's

Sharon W. 23 years
Molly W. 17 years
Marti B. 38 years
Dolores N. 34 years
Maile L. 17 years
Beth L. 42 years
Mica E. 17 years
Ava G. 2 years

Apex Group

Bill M. 22 years
Joey N. 6 years

Walk the Talk (cont'd)

Lance 2 years
Tony 16 years
Luke 6 years

New Woman Group

Cathy P. 32 years
Kristin F. 11 years
Beth H. 9 years
Kathleen P. 10 years

New Beginners Group

Erin M. 12 years
John G. 4 years
Quinton D. 1 year
Riley C. 1 year

Easy Does It Group

Christina 1 year
Joshua 2 years
Brandy T. 3 years
Riley C. 5 years
Harry G. 10 years
Doc 14 years
Lea 18 years
Jason 22 years
Dale B. 40 years

Walk The Talk Group

Steve 11 years
Robert W. 16 years
S. K. 11 years
Brittane D. 11 years
Dori 19 years
Lauri R. 35 years
Laura P. 7 years
Dominique 5 years
Ethan 3 years
Jeff P. 36 years
Mike K. 36 years
Tina N. 43 years
Eric W. 31 years
Mike C. 16 years
Judi K. 33 years
Steve P. 12 years
Layton S. 5 years
Vince F. 14 years
Rich C. 4 years

Send your and/or group's sobriety birthdays to: pint@coloradospringsaa.org

Step 1

We admitted we were powerless over alcohol – that our lives had become unmanageable.

Reprinted from *Alcoholics Anonymous*, page 58, with the permission of A.A. World Services, Inc.

Tradition 1

Our common welfare should come first; personal recovery depends upon A.A. unity.

Tradition 1 Checklist:

- Am I, in my group, a healing, mending, integrating person or am I divisive? What about gossip and taking other members' inventories?
- Am I a peacemaker? Or do I, with pious preludes such as “just for the sake of discussion” plunge into argument?
- Am I gentle with those who rub me the wrong way, or am I abrasive?
- Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
- Do I put down some AA activities as if I were superior for not participating in this or that aspect of AA?
- Am I informed about AA as a whole? Do I support, in every way I can, AA as a whole, or just the parts I understand and approve of?
- Am I as considerate of AA members as I want them to be of me?
- Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?
- Do I go to enough AA meetings or read enough AA literature to really keep me in touch?
- Do I share with AA all of me, the good and the bad, accepting as well as giving the help of fellowship?

Reprinted from *Service Material from the General Service Office*, page 1, with the permission of A.A. World Services, Inc.

Concept 1

Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole fellowship.

Reprinted from *A.A. Service Manual, 2018-2020 Edition, page 4*, with the permission of A.A. World Services, Inc.

Ready to Get Involved in AA? Visit <https://www.aa.org/aa-member>

[Make plans to attend the 2025 A.A. International Convention scheduled in Vancouver, British Columbia, Canada](#)

AA Group Announcements!

Easy Does It Group announcement

As of January 1 2023, all 10:00 PM meetings for *Easy Does It* are moved to 9:00 PM!

Does your group have important announcements?

Send announcements, flyers, and information to:

pint@coloradospringsaa.org

To subscribe, visit <https://www.coloradospringsaa.org/news-events/news/>

The Pint is formatted following the monthly Intergroup Meeting that meets on the second Tuesday of each month. Send your information by the end of the day, second Wednesday of each month, to be included in the following print.

Other A.A. Announcements...

- Spring 2023 Area 10 Assembly in Greeley, CO March 24-26
- Colorado Springs Young People's is hosting 2023 CCYPAA ... May 5th - 7th
- 2023 Colorado State Convention September 1-3 in Greeley, CO
- 2023 Southwest Regional Forum in El Paso, TX September 29 - October 1, 2023
- 2025 International AA Conference planned for British Columbia
- 2023 International Women's AA Conference February 16-19 in Dallas, Texas

Join an Intergroup or District Committee!

Archives, Chair: Doug L. For info on Archives workdays at ASO, please email: cos.aso.archives@gmail.com

Nightwatch, Chair: Christy W. Contact Area Service Office for more info 719-573-5020

Pint, Chair: Amy M. - Collect local AA stories and announcements and send to pint@coloradospringsaa.org

CPC (Cooperation with the Professional Community), Chair: (waiting for info)

Meets 3rd Friday of the month, 6:00pm, at the Area Service Office

Corrections, Chair: Nik W.

Meets 4th Saturday of every month at 10am, @ Area Service Office

PI (Public Information), Chair: (waiting for info)

Meets 2nd Saturday of the month, 2:30pm, at Pikes Peak Library 21C (1175 Chapel Hills)

Treatment & Bridging the Gap, Chair: (waiting for info)

Meets 2nd Saturday of the month at 9am, Pikes Perk (5965 N. Academy Blvd.)

Supporting A.A.'s services

While contributions cover each group's rent and other expenses, the Seventh Tradition is essential to all areas of A.A. service. It is both a privilege and a responsibility for groups and members to ensure that not only their group, but also their intergroup/central office, local services, district, area, and the General Service Office remain self-supporting. The General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the group's expenses have been taken care of the group may decide to further carry the message by sending money to the following A.A. service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies, and serving as a link between the area delegates and the G.S.R.s.
- The area committee, which coordinates vital A.A. activities over a broad geographic area; sends a delegate to the annual General Service Conference; holds area assemblies to determine the needs of the Fellowship; and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries; coordinates group activities; and facilitates A.A. literature sales, institutions work, public information, and cooperation with the professional community activities.
- A.A.'s General Service Office, which functions as a storehouse of A.A. information, communicating with members and groups around the world; publishes A.A.'s literature; and supplies information and experience to professionals and others interested

<https://www.aa.org/aa-contributions-self-support> in A.A

Where to Send Contributions:

**** Please include Group Name and Group Number on check, money order, or App transaction****

Area Service Office

Payable to : Colorado Springs Area Service Office
1353 S. 8th Street, STE 209
Colorado Springs, CO 80905

District 7

Payable to: District 7
PO Box 26252
Colorado Springs, CO 80936

Area 10

Payable to: Area 10 Treasurer
12081 W. Alameda Parkway, #418
Lakewood, CO 80228

General Service Office (UPDATE)

Payable to: GSO
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Open Mindedness, Sobriety, and Sanity

I have been in enough meetings to hear some shares use the expression “they don’t do A.A. right”. It made sense - the meetings I chose to attend, stay sober with, and grow my program were (and still are) instrumental in my sobriety, and it was unlikely that other meetings would meet the standards I created. Sure, I would attend different meetings for a change of pace or to accommodate my current location while traveling or running errands, but ultimately I return to what is familiar. So whenever I would hear a fellow alcoholic make such a statement, I would smile and nod in understanding.

Then I found myself living in a different state. I recalled the suggestion given to me from a fellow alcoholic with significant time in sobriety who had relocated away from her A.A. community: “get active in the community as soon as possible”. And so, I proceeded to immerse myself by visiting different meetings, and quickly realized I was comparing and contrasting A.A. groups and members with those I had left behind (see Tradition 1 checklist, questions four and five). The words “they don’t do A.A. right” were growing louder in my head, and I realized I needed to make a decision and take action before I fell prey to misery, resentment, and loneliness.

I recognized I had a problem with the unfamiliar groups, the people, and their processes (also known as their group consciences). Feeling like a new-comer, I realized that I needed to believe that a power outside of myself could carry me through the biases, perceptions, and conditions I had created. Was I willing to let go of my ideas? I became aware of the precipice I was approaching that promised discontent, despair, and bitterness. Old behaviors, old thinking, and alcohol were waiting for me.

So I took an action I had never taken before. I breathed a prayer for open mindedness before passing through the doors of every A.A. meeting. Nothing fancy. Sometimes it was a resignation. Other times a sincere plea. It felt just like my pleas to stay sober in early sobriety. I knew that I didn’t want to die emotionally or spiritually, just as I knew I didn’t want to die when I thought I couldn’t stop drinking. The willingness was the same. The honest appraisal was humbling. And I was changed.

I found myself desiring to be a part of. I dove into meetings in a manner I had never experienced. I found myself carrying the message to treatment centers and sober living homes. A retreat! I helped launch a spiritual retreat and spent a weekend with unfamiliar personalities, and remained internally peaceful. I learned how to be part of a group, gracefully share my experience from other groups, and remain in serenity when the group conscience overrode my (perfectly logical) suggestions. I developed new relationships and unknowingly strengthened my connection and reliance on a power that wasn’t me. My sobriety changed.

I am grateful for the experience, and I am convinced it has everything to do with the peace I actively seek and receive to this day. I do not have the answers. There is not only one right way of doing things. These concepts are applicable to my personal relationships, my work, and the world around me. As a result, I do not have a need to drink today, for the mental and physical obsession has been removed. But the H.O.W. is a daily practice, in all of my affairs - honesty, open mindedness, and willingness, and it enables a daily reprieve for me from drinking.

Amy M.