

A Newsletter for the Pikes Peak Region of
Alcoholics Anonymous

July 2023

The Pikes Peak Pint



[Jean Coutu "In The Sky"](#)

Inside July's Pint:

- *My Spiritual Experience...* an A.A. member's story
- *Archives Corner*
- **Service Opportunities highlighted in Yellow**

SERVICE OFFICE HOURS

Tuesday - Friday 10am - 2pm

Area Service Office Manager: Jeanette

Volunteers needed at the Area Service Office

12pm - 2pm on Tuesdays and Thursdays

Minimum of 6 months of sobriety suggested

For more information contact
(719) 573-5020 or email: serviceoffice@coloradospringsaa.org

Intergroup Updates

- **Programs Chair Appointment: Kimberly H.**
 - **Founders Day Picnic** was a success! Thank you to all attendees!
 - LongTimer's Luncheon September 9th! Free lunch for A.A. members with 18 or more years of sobriety. See attached flier.
 - **Volunteers needed! Text Kimberly H. 719-492-1238 for information.**
 - 2023 Program Events theme: Colorful Sobriety in Colorful Colorado
- **DISTRICT 7...** The Treatment Committee is rockin'! Looking for groups or individuals to lead meetings at various treatment centers. Contact Treatment Chair or a DCM/alt DCM for more info.
 - **Public Information (PI) chair** is still needed
- **Treasurer** - New Fiscal Year beginning April 1.
 - Income for June \$5,722 | Expenses \$6,766
 - Group Contributions: \$1,965 - Personal contributions remain low
- **Nightwatch:** 53 calls for June
 - Service office calls are routed to trusted servants, answering questions about A.A., meetings, and 12-step call connection for alcoholics. Contact Service Office for more information.

- **Archives** Workdays usually occur on Saturdays following Intergroup meeting at Service Office @ 9am. **Volunteers welcome**. Currently working on non-Colorado newsletters and contacting relevant service offices for their interest before throwing away; old Box 4-5-9s will be perused... any mention of Colorado AA will be kept.
- **Pint** is always looking for 800 word experiences of AA members. Step, Tradition, principle, first 30 days... **share an experience!** Email to pint@coloradospringsaa.org Also need more group member anniversaries!
- **Service Office:** **12 Step Call List** is in process of being updated - this is a list where AA members are contacted by Service Office or Night Watch for suffering alcoholics calling for help. All Intergroup Reps asked to bring sign up sheets to groups for volunteers. Call the Service Office for more info: (719) 573-5020. Service Office has seen 60 walk-in customers and fielded 36 calls for May. **Need volunteer help for all 2-hour shifts Tuesday and Thursday: Noon-2pm.**
 - **Calls and walk-ins to the Service Office did not increase from the previous month. 2 rides for alcoholics calling into the service office were facilitated using the 12-step Call List!**



Have a smartphone? Download the free [Meeting Guide!](#) [Google Play](#) or [Apple App Store](#)

Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily." <https://www.aa.org/meeting-guide-app>

A.A. July ANNIVERSARIES

Friday Women's

Maxine C. 31 Years
Michelle C. 4 Years
Kim P. 7 Years
Maggie R. 1 Year

New Woman Group

Debbie B. 6 Years
Kim G. 4 Years
Melanie O. 2 Years
Mari H. 4 Years
Lilias Y. 15 Years
Dena R. 45 Years
Nila G. 1 Year
Jana H. 7 Years
Jane C. 30 Years

We Are Not Saints

Mary Linn B. 38 Years
Rachel B. 20 Years
Jan B. 11 Years

New Beginners Group

Dez M. 10 Years
Jon E. 19 Years
Mark L. 21 Years
Robin M. 32 Years
Teri B. 21 Years

Apex

Don S. 17 Years
Karen T. 28 Years
Susan H. 53 Years
Ren W. 26 Years

Easy Does It

Alex 1 Year
Tony 1 Year
Devin 2 Years
Janet E. 3 Years
Tom C. 3 Years
Ricky 4 Years
Gelette 4 Years

Send your and/or group's sobriety birthdays to:

pint@coloradospringsaa.org

Step 7

Humbly asked Him to remove our shortcomings.

Reprinted from *Alcoholics Anonymous*, page 58, with the permission of A.A. World Services, Inc.

Tradition 7

Every A.A. group ought to be fully self-supporting, declining outside contributions.

Tradition 7 Checklist:

- Honestly now, do I do all I can to help A.A. (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't afford it yet? How generous was I when tanked in a bathroom?
- Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?
- If GSO runs short of funds some year, wouldn't it be ok to let the government subsidize A.A. groups in hospitals and prisons?
- Is it more important to get a big A.A. collection from a few people, or a smaller collection in which more members participate?
- Is a group's treasurer report unimportant A.A. business? How does the treasurer feel about it?
- How important in my recovery is the feeling of self-respect, rather than the feeling of being always under the obligation for charity received?

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Concept 7

The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

Reprinted from *A.A. Service Manual, 2018–2020 Edition, The Twelve Concepts (Short Form) pp IV*, with the permission of A.A. World Services, Inc.

My Spiritual Experience

I thought about my spiritual awakening yesterday at work. I then come to realize, there are many definitions to spiritual awakening just as I am taught. Some define it as slowly growing into a spiritual way of life, the spiritual realm. Others call that bit of slow painful growth a series of spiritual experiences. I must view it from how my personal experiences go. I was blessed with many and both types of experiences. My purpose in this lifetime is to write a few books for the people of this world. I'm still not sure why because I am not very good at it. TaHee.

Anyway, my life seems to be an example of how to fail at doing things right or so the saying goes anyway. I seldom follow the guidance of people who I am sure are here to guide me. I just fail at most everything as I go it seems. I have come to understand that in order to write what I need to write for others, I needed to have a variety of failing experiences. Well fear not, that is exactly how my life goes. Yes, from the very start and long before recovery, I need to experience life in ways that others do not. Whelp, I continue to do just that.

Furthermore, I discover to then KNOW that my recovery needed to come completely by miracles. For the longest time, I am to fail at realizing that my/our Highest of Power performs them for me. That is exactly how it has gone. The reason I am sober and clean is because of His miracles. Seldom are my actions within life responsible for my ability to remain free of alcohol and drugs or anything else that needs to happen for that matter. Yes, that includes my ability to write. I am quite simply spoiled in this aspect of my life.

I have always been protected from serious harm throughout my life. Recovery has been no different. This is the reason my life goes as it goes. I see now a big part of my purpose in this lifetime is to understand the so-called "White Light" experience and that is exactly how my recovery life begins. I have it the first time I read through the Big Book. It lasts for several weeks before I screw that up or fail as I say. It is then that this-life experience. well in my case anyway, goes painfully slow to become the "Educational Type" awakening for the next 7 or 8 years. Yup, that is part of my purpose as well.

I then meet a man who is to help me understand more about this 'White Light' awakening. Well, church goers actually refer to it as, 'The Holy Ghost Comes Over Them' experience. He convinces me to go to Victory World Outreach at 4 AM in the mornings and Pray my heart out. Yes, it took him some time to convince me to follow his example. He tells me the "Holy Spirit" could come over me as it does others. I finally do this and indeed, that is exactly what happens to me. I have another "White Light" experience of the 'Holy Ghost' type.

Again, I can't handle it and fail at maintaining this experience as well. It lasted about a week before I became very angry and poof, it was gone. Yes, I think I just can't get it right. TaHee. I am then back into the educational type of life experiences again for another 7 years or so. I simply do not understand it at all and actually am not that interested in knowing. Then I meet a man who knows nothing of 12-Step work who shows me how to have this "White Light" experience anytime I like. He also shows me how to maintain it. This latter aspect is missing the other two times I have it. Ah-haw, there is a "Maintenance Plan" that one must master as well.

We both soon discover; he is one of the people I must write a book for. The experience I have with him is to be within the first book I write. No, I didn't just say, "Sure, I will do things your way, let's go try this." It takes him 9 months to talk me

into trying a spiritual awakening his way. No, it was never referred to as a 'White Light' or 'Spiritual Awakening' or 'Holy Ghost' between us. He simply referred to it as 'The Process' experience.

Well, the first time he performs it for me, I have the 'White Light' all right. It is better than ever this time. Plus, it quickly becomes evident that this same process will maintain it. Yes, but I also realize it is impossible to maintain a 'White Light' experience forever until certain things happen. Then comes the realization, I have never failed at it. Great, but oh darn, is my next thought. I want to keep it forever. 'The Process' continues to open up my mind so that the universe may reveal more truth about spiritual life as well as maintain the ability to have it. This 'Process' then becomes a wonderful asset in my life.

The point here is this: those first experiences are not of my own making. They all happen because my/our Highest of Power has them happen in my life along with many other miracles. The latter however, is one my now best ever friend is first responsible for. Thereafter as well as today, I am responsible for maintaining this amazing ability to awaken. Yes, I now employ the know-how. This then is what my first book is to be about. It is to be about how to overcome the obstacles that block one from the light of HP. This is what an awakening is all about. It is then that all the intelligence dwelling within the spiritual realm becomes available. My next book will be about how to overcome material-life trauma. I received a download from the universe the other day and was informed of three main topics that are to be within this next book.

So, what I KNOW today is that, until I had and understood how to maintain the "White Light" experience, I really hadn't had a spiritual awakening. So, this is why I say what I say. It is not to be superior or better than others or make anyone feel they aren't doing right. No, it is because of the experiences my Highest of Power puts me through in life. I am positive He wants everyone to understand what He has shown me. So, today, I define spiritual awakening as having and KNOWING how to maintain the "White Light" experience. Everyone can and are to have it is the point. Yup. My first book is to be called, "Love, Simple-Easy-Fun.

Do you have an experience to share, as it relates to alcoholism and the solution we share?
Submit your writing (or recording!) to pint@coloradospringsaa.org to be published in this space.

You can remain anonymous!

Archives Corner

From the Area Service Office Archives: Since July 4th is Independence Day, the Archives Committee is looking for the words "independence, freedom, and/or liberty," from artifacts and papers kept in the Archives of the Colorado Springs Area Service Office (ASO). Any errors are the sole responsibility of the writer, Doug L.

Let's start with an easy one in the Big Book (BB) of Alcoholics Anonymous. From ASO's BB second edition 13th printing 1972 Chapter Six "Into Action" comes one of the Promises: "We are going to know a new **freedom** and a new happiness."

Now let's take a look at paper flyers that the Archives Committee found scattered in multiple boxes, folders, and loose. All paper flyers have now been consolidated into one binder:

1. Pathway to **Freedom**: An Area Corrections Conference held at Basalt, CO April 1996.
2. **Freedom** Day Picnic: An

ASO fundraiser held at Palmer Park, COS, CO July 3, 2004. 3. **Freedom** Picnic: Sponsored by ASO held again at Lazyland Picnic Area, Palmer Park, COS, CO July 2, 2005. With a BBQ cooking contest, pit games and a speaker meeting.

4. “**Freedom** from Bondage” An Independence Day picnic at Antlers Park hosted by ASO. 5. Next is a three-day conference called OcSoberfest with the theme “A New **Freedom** and a New Happiness' held at Pueblo, CO with workshops, plenty of speakers, eating, music, and dancing.

6. The final paper flier announces the Area Delegate’s Report on the 73rd General Service Conference held at **Freedom** Hall June 10, 2023 (AA’s 88th birthday) on North El Paso Street, COS, CO. The Archives Committee has found decades of The Pikes Peak Pint in electronic format which has many more flyers to go through. But that’s enough for now.

In the Archives August article in The Pikes Peak Pint, I’ll continue with “independence, freedom, and/or liberty” found in meeting schedules as locations and/or group/meeting names. There are many paper and electronic files still to dig through.

AA Group Announcements!

The Downtown Group @ 210 North Corona Street has space if a meeting or a group is looking to gather somewhere. Contact John O. 719-291-3240 for further information.

Apex Group needs support! Apex Group meets Fridays at 6pm, at the Sacred Heart Church in room 10. (2021 W. Pikes Peak Avenue).

Does your group have important announcements?

Send announcements, flyers, and information to:

pint@coloradospringsaa.org

To subscribe, visit [https://www.coloradospringsaa.org/news-event s/news/](https://www.coloradospringsaa.org/news-event-s/news/)

The Pint is formatted following the monthly Intergroup Meeting that meets on the second Tuesday of each month. Send your information by the end of the day, second Wednesday of each month, to be included in the following print.

Make plans to attend the 2025 A.A. International Convention scheduled in Vancouver, British Columbia, Canada

See video at <https://www.aa.org/international-convention>



[Albert Normandin / Destination Vancouver](#)

Other A.A. Announcements ...

- 2023 Colorado State Convention **September 1-3** in Greeley, CO
- 2023 Southwest Regional Forum in El Paso, TX **September 29 - October 1**
- 2025 **International AA Conference** planned for British Columbia

See related flyers at the end of this newsletter

Join an Intergroup or District Committee!

Archives, Chair: Doug L. For info on Archives workdays at ASO, please email: archives@coloradospringsaa.org

Nightwatch, Chair: Stephanie - Contact Area Service Office for more info 719-573-5020 or nightwatch@coloradospringsaa.org

Pint, Chair: Amy M. - Collect local AA stories and announcements and send to pint@coloradospringsaa.org

Programs, Chair: Kimberly H. Contact Area Service Office for more info 719-573-5020

District

CPC (Cooperation with the Professional Community), Chair: Derek
Meets 4th Sunday of the month, 3:30pm, at 3530 Muirfield Dr., Colorado Springs

Corrections, Chair: Nik W.
Meets 4th Saturday of every month at 10am, @ Area Service Office (1353 S 8th St)

PI (Public Information), Chair: (need to fill)
Meets 3rd Saturday of the month, 2:30pm, @ Area Service Office (1353 S 8th St)

Treatment & Bridging the Gap, Chair: (Clint?)
Meets monthly, 2nd Wednesday @ 5:30 PM online. Contact treatment@coloradospringsaa.org for questions or Zoom meeting details.

Supporting A.A.'s services

While contributions cover each group's rent and other expenses, the Seventh Tradition is essential to all areas of A.A. service. It is both a privilege and a responsibility for groups and members to ensure that not only their group, but also their intergroup/central office, local services, district, area, and the General Service Office remain self-supporting. The General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the group's expenses have been taken care of the group may decide to further carry the message by sending money to the following A.A. service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies, and serving as a link between the area delegates and the G.S.R.s.
- The area committee, which coordinates vital A.A. activities over a broad geographic area; sends a delegate to the annual General Service Conference; holds area assemblies to determine the needs of the Fellowship; and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries; coordinates group activities; and facilitates A.A. literature sales, institutions work, public information, and cooperation with the professional community activities.
- A.A.'s General Service Office, which functions as a storehouse of A.A. information, communicating with members and groups around the world; publishes A.A.'s literature; and supplies information and experience to professionals and others interested

<https://www.aa.org/aa-contributions-self-support-in-A.A>

Where to Send Contributions:

**** Please include Group Name and Group Number on check, money order, or App transaction****

Area Service Office

Payable to : Colorado Springs Area Service Office
1353 S. 8th Street, STE 209
Colorado Springs, CO 80905

District 7

Payable to: District 7
PO Box 26252
Colorado Springs, CO 80936

Area 10

Payable to: Area 10 Treasurer
12081 W. Alameda Parkway, #418
Lakewood, CO 80228

General Service Office (UPDATE)

Payable to: GSO
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

2023 Colorado State Convention

Presented by Area 10 Alcoholics Anonymous in cooperation with
Area 5 Al-Anon Family Groups

Island Grove Regional Park, Greeley, Colorado - September 1st, 2nd, and 3rd, 2023



Speakers & Events:

- Friday Evening AA Speaker: Paul M (Galveston, TX)
- Friday Evening: Ice Cream Social
- Saturday Al-Anon Luncheon: Monica H (Highlands Ranch, CO)
- Saturday Evening: Banquet Dinner
- Saturday Evening Al-Anon Speaker: Kari O (Boulder, CO)
- Saturday Evening AA Speaker: Devin C (Brooklyn, NY)
- Sunday Morning AA Speaker: Ashlee M (CO Springs, CO)

Workshops, Continuous Meetings, and Videos in
English & Spanish

PLEASE JOIN US!

The convention runs from 3 p.m. Friday to 12 p.m. Sunday

For Preliminary Program and Updated Information

Go Online: https://www.coloradoaa.org/convention_info/

Or

Email Registration Chair at 23Convention@gmail.com

Island Grove Regional Park
421 N. 15th Ave., Greeley, CO 80631
Enter on Southwest side of facility

Lodging: TBA
Questions: Gina M. (970)215-2260 – 23Convention@gmail.com

Register online at <https://www.convention.coloradoaa.org>,

or complete the form below and MAKE CHECKS PAYABLE TO: 2023 State Convention

Mail To: 2023 Colorado Convention, 2519 Shields St., Suite 1K #172 Fort Collins, CO 80526. *One person per form, please.*

- | | | |
|--|--|--------------------------------|
| <input type="checkbox"/> AA | <input type="checkbox"/> Al-Anon/Alateen | <input type="checkbox"/> Other |
| <input type="checkbox"/> Registration \$30.00 After 8/18/23 \$35.00 | | |
| <input type="checkbox"/> Friday Evening Ice Cream Social \$10.00 | | |
| <input type="checkbox"/> Saturday Al-Anon Luncheon \$25.00 | | |
| <input type="checkbox"/> Saturday Evening Banquet Dinner \$40.00 | | |
| <input type="checkbox"/> Dance \$5.00 | | |
| <input type="checkbox"/> Bottomless Coffee Mug \$15.00 | | |
| <input type="checkbox"/> Discounted Package Price \$115.00 (Total Savings of \$10.00 for Registration postmarked by 8/18/23) | | |
| <input type="checkbox"/> Contributions \$ _____ | | |
| Total Enclosed | \$ | _____ |

Member Registration Information:

Name on _____
 Badge _____
 Home Group _____
 Name _____
 Address _____
 City _____ State _____
 Zip Code _____ Phone (____) _____
 Email _____

I'd like to volunteer!

For "Special Needs" consideration, please e-mail Gina M.
at 23Convention@gmail.com

(every effort will be made to accommodate special requests).

On-site registration will be open from 3 p.m.—9 p.m. Friday, September 1, 2023, and at 8 a.m., Saturday, September 2, 2023

COLORADO SPRINGS INTERGROUP EVENT 2023

COME CELEBRATE! MILESTONES IN
RECOVERY! AND SUPPORT OUR FRIENDS
WITH 18+ YEARS OF SOBRIETY!

LongTimer's
Luncheon
Saturday,
Sept. 9th



Sacred Heart Church
Gymnasium 2021 W Pikes Peak Ave.
Lunch @ Noon
Speaker @ 1 p.m.

Everyone is Welcome

\$10.00 Suggested Contribution

18+ Years Sobriety Lunch is Free

Bring a Dessert to Share

Volunteers for 2-hour commitment day of event needed.

Contact by text Kimberly 719-492-1238

or call Area Service Office 719-573-5020

WE

2023-2024 Group Contributions

A	B	C	D	E	F	G	H	I	J	K	L	M	N
2023-24 Groups	FYE	April	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar
164 Group	\$130			\$130									
A Common Solution	\$136	\$136											
Anonymous Group	\$280	\$280											
APEX	\$61			\$61									
Back to Basics	\$316	\$32	\$106	\$178									
Beacon Light	\$0												
Big Book Action	\$0												
Black Forest Group	\$186	\$186											
Central	\$0												
Clean Air	\$0												
Clean Slate Noon	\$0												
Don't Worry Be Happy	\$0												
Downtown	\$0												
Easy Does It	\$480	\$480											
Ellicott Group	\$0												
Florissant Brown Bag	\$100		\$100										
Florissant Step Study	\$0												
Fountain 2.0	\$0												
Foxhall	\$0												
Friday Night Live	\$50			\$50									
Friday Night Living Free	\$0												
Friday Women's	\$167		\$167										
Girl's Night Out	\$0												
Golden Slippers	\$190	\$190											
Good Ole Boys	\$0												
Grace PPG	\$0												
Happy Destiny	\$140		\$140										
Happy Heathers	\$0												
Happy Hour	\$55	\$55											
High Noon	\$1,224	\$1,054		\$170									
H.O.W.	\$100	\$100											
Keystone to Recovery	\$0												
Into Action	\$118		\$118										
Little Log Cabin	\$733	\$200	\$188	\$345									
Living Sober South	\$0												
One Six Four	\$0												
MAG	\$685		\$466	\$219									
Morning Trudge	\$0												
Natural High	\$0												
New Beginners	\$194	\$194											
New Woman	\$304		\$304										
North 40	\$0												
Northwester's	\$0												
Old North End	\$0												
Palmer Lake Group	\$0												
Pathfinders	\$60	\$60											
Pinnacle	\$0												
Pre-Dawn	\$0												
Primary Purpose Alano	\$300			\$300									
Recovery in Action	\$200	\$200											
Red Cloud Meeting	\$0												
Saturday Early Mornin	\$0												
Sat Morn Anonymous	\$266		\$266										
Saturday Morning WP	\$0												
Security Eye Opener	\$0												
Serenity Hour	\$25			\$25									
Serenity Riders	\$300			\$300									
Serenity Sisters	\$0												
Sober Sisters	\$0												
Sought Thru Prayer	\$63		\$63										
Steel Magnolias	\$210	\$210											
Sunday Morning Speak	\$0												
Sunlight of the Spirit	\$313		\$313										
Sunset Sobriety	\$0												
Taking Steps	\$0												
Thursday Recovery in Act	\$0												
Thursday Mens Group	\$0												
Tues 5:30 Meditation	\$258		\$258										
Turning Point Group	\$0												
Tweeds Steps from the Morgan	\$109	\$109											
Walk the Talk/n. co sp	\$264	\$88	\$88	\$88									
We are Here	\$0												
We are not Saints	\$548		\$548										
Women of Grace	\$0												
Woodland Park Study	\$0												
Woodland Park Tues	\$0												
WP Women's Step Study	\$0												
W.O.W.	\$175		\$75	\$100									
Young People's	\$0	\$0											
Monthly Totals	\$8,960	\$3,574	\$3,420	\$1,966	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
FYTD Total	\$8,960												



VOLUNTEERS ARE ALWAYS NEEDED!

Contact Kimberly H. (719-492-1238, text only) or Area Service Office (719-573-5020)

- **Founders' Day Picnic**
- **Long Timers' Luncheon**
- **Gratitude Dinner**
- **2023-2024 Alcathon**

Share how sobriety in Colorado looks for you!

Examples: pictures, posters, artwork, or a visual representation of sober living in Colorado (any equipment or symbol that represents accomplishments, creativity, or activity that you enjoy in your | sobriety in our beautiful state).

Contact Kimberly H. (719-492-1238, text) or Heidi (719-491-4875, text) for details.