# ~The Pikes Peak Pint~



# JULY

Twenty Thirteen

# A Newsletter for the Pikes Peak Region of Alcoholics Anonymous

# EDITORS NOTE ROTATION

Tradition tells us that rotation is a good thing. For example, this rotating in and out of the service position for the Pint chair. It allows the previous chair, the excellent Rod, an opportunity to move on to other service positions and do another excellent job. It allows the new chair, me, who agrees to serve, the time and freedom to move into this position from another position of service. The tradition of rotation calls for the creating of a new team that works with the chair of the Pint, for example Suzanne, and Vicki, and Charlie, who work diligently to put together the Pint in a technical and creative manner. Rotation keeps things fresh, new eyes to see sometimes the same old service position in a different light. So goes rotation.

But rotation in the traditions does not necessarily mean a smooth transition from one 'chair' to another.

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SUBMISSIONS for The Pikes Peak Pint including all articles, stories, announcements and flyers along with questions, comments and constructive criticism are always welcomed at <a href="mailto:pint@coloradospringsaa.org">pint@coloradospringsaa.org</a>.

You will receive a prompt reply and appropriate consideration for publication. Please note that submissions for publication must be made by the  $20^{\rm th}$  of the month prior to the month desired for publication in order to be considered.

#### **Local Service Office**

Hours: Tuesday-Friday 9 a.m. to 6 p.m.
SAT. – SUN. - MON: CLOSED
Location: 1353 South 8th Street, Suite 209
Colorado Springs, CO 80905
719-573-5020
E-mail: serviceoffice@coloradospringsaa.org
Web site: www.coloradospringsaa.org
Contact the Service Office for Intergroup Information.

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# Summer Days, Fellowship and Gratitude

I was asked this year to be the MC for the 2013 Founder's Day Picnic; as always, when AA asks me to do something, I say Yes! I am so grateful I had the opportunity to help plan for the picnic and participate in the activities. Our picnic was held on June 8th, just a few days prior to the official founding day of our Fellowship, which is Dr. Bob's sobriety date. What an honor to plan for a day that turned out to be so beautiful; we had perfect weather, tons of food and so many people!

#### **ROTATION EDITORIAL COMMENT - Cont**

Nor does it guarantee that the new volunteer is fully trained for their their new job. My first position of responsibility was making coffee. It was for a speaker meeting of about 500 alcoholics. It meant I made 7 huge pots, one pot hot water, one pot decaf and 5 pots regular, thick, AA coffee. Every Sunday I made the coffee. So every Saturday I went to Costco to buy cups, ground coffee, creamer, sugar, sweetener, tea, and stirrers. I received compliments as a new comer working to make coffee for the first time on such a large scale. I also received complaints until I got the exact ratio of grounds to water. Mostly good vibes about a job well done but there were growing pains that I suffered because, well, I was growing in that job. Back to the Pint, or to my first point (or first Pint). There were definitely points of growth going on there. I missed some meeting changes. I missed some birthdays. I totally messed up the group donations, year to date. For those who enjoy the word search, I couldn't figure out how to put in the answer key for last month's Pint. My apologies to all offended. So, the tradition of rotation carries on. I'm the new Pint chair. And the tradition of not necessarily being fully trained for the position carries on. But the tradition of growth in the position carries on, too. I've gathered quality people to help me. We'll get the right ratio of grounds and water. Patience for awhile? In the mean time have a pretty good cup of coffee.

Yours in Service and Tradition,

Marykatherine M.

I really most enjoyed watching all the families and kids messing about on the lawn and whacking at the piñata. Groups of people gathered to play volleyball and horseshoes, while others lounged on the lawn, enjoying the fresh air, fellowship and speakers. This was the Unity side of our AA triangle in action; the blessed promise fulfilled of lives healed and families re-united and new friendships formed. It truly moved me how grateful I am to AA for my life and the lives of all the folks gathered there that day. Continued on page 2

It's ironic that this month's tradition is the 7th one, which states that we are fully self-supporting, declining outside contributions. That tradition is so pertinent to events such as this picnic. As an AA and as a committee member for this event, I have a personal responsibility to myself to pitch in financially (because that helps me to stop being a self-seeking leach) and to be responsible to manage our funds for the event wisely (because that way, our area benefits and grows). I think it's so important to have these events so that we can bond with each other and see what great fun the fellowship is when we are able to take a step back from our step work to enjoy a summer day... but we won't have these events if we are not responsible about them financially.

Unfortunately, we lost something like \$800 on this year's event, and we lost a similar amount last year. I pray that next year, if I am fortunate enough to be able to help out again, that I can do my part to fulfill our 7th tradition and encourage those around me to do likewise. I pray that this area will grow and be healthy financially so that we can continue to carry the message of recovery and have fun at the same time. And I pray that I always have the gratitude I gained at the picnic for seeing what the power of this program can do for people as broken as we all were when we came into AA.

## Cris S

**Concept 7:** The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

# **Step 7:**

Humbly asked Him to remove our shortcomings.

# **Tradition 7:**

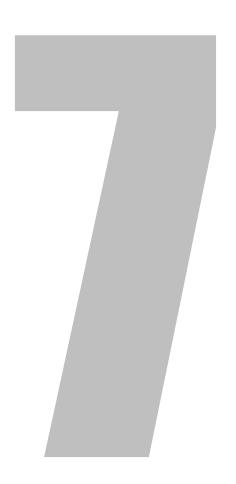
Every A.A. group ought to be fully self-supporting, declining outside contributions.

# TRADITIONS CHECKLIST Tradition Seven

- 1) Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't afford it yet? How generous was I when tanked in a barroom?
- 2) Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?
- 3) If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA groups in hospitals and prisons?
- 4) Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?
- 5) Is a group treasurer's report unimportant AA business? How does the treasurer feel about it?
- 6) How important in my recovery is the feeling of selfrespect, rather than the feeling of being always under obligation for charity received?

# Tradition 7:

Every A. A. group ought to be fully self-supporting, declining outside contributions.



### **MEETING ADDITIONS - DELETIONS - CHANGES**

Change: Downtown Saturday Night Meeting at 8:00pm is no longer a speakers meeting. Meeting still at 210 N. Corona, behind McDonalds on Wahsatch Ave. Unwritten Chapter AA Meeting at the Downtown Group has changed its name to The Grapevine Meeting. 210 N. Corona, behind McDonalds on Wahsatch Ave. Central Group Discussion, 309 South Hancock Ave. on Sunday at 8:00 PM. The last Sunday of the month is now a birthday meeting.

**Delete: Central Group Discussion** 309 South Hancock Avenue on Tuesday and Friday at !2:00 noon. **Central Nine Thirty Speaker Meeting**, 9:30 PM on Sunday at 309 South Hancock Ave. **Be Free Big Book Study**, 1420 E Fountain, Rocky Mtn Health Care Services 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays.

Addition: *Primary Purpose* (open) Friday at 8:00PM at 3425 Unit I Van Teylingen Dr. west of Academy between Rebecca Lane and Carefree Circle North. *Late Night Meeting (open) Discussion*. Wednesday at 8 PM. Downstairs in WP Faith Lutheran Church, 1310 Evergreen Heights Drive, Woodland Park. Enter in back on North side.

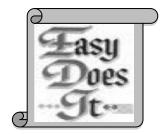
# TURNING POINT GROUP SATURDAY SPEAKER LINE-UP

July 6: July 13: July 20: July 27:

# WALK THE TALK GROUP SATURDAY SPEAKER LINE-UP

July 6: Scott K. July 13: Emily S. July 20: Kristen K. July 27: Charlie





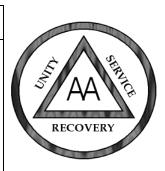
# CENTRAL GROUP TUESDAY SPEAKER LINE-UP

July 1: July 8: July 15: July 22: July 29:

# DOWNTOWN GROUP SATURDAY SPEAKER LINE-UP

July 6: July 13: July 20: July 27:

~ JULY BIRTHDAY MILESTONES ~								
SOLUTIO		ΑT	TUESDAY NEW WOMEN'S			WALK THE TALK		
Kevin M.	18	yrs.	Denise J.	34	yrs.	Lynn	5	yrs.
Kristie M.	4	yrs.	Renee	6	yrs.	Brett A	1	yrs
Lisa J.	19	yrs.	Jane C.	20	yrs.	Emily S.	8	yrs.
Melinda H.	4	yrs.	Marilyn T.	23	yrs.	Scott C.	14	yrs.
Mike H.	8	yrs.	Carrie D.	2	yrs.	Joe Q.	2	yrs.
Patrick W.	5	yrs.	Teresa E.	4	yrs.	Yvette W.	22	yrs.
Robin C.	5	yrs.	Wendi P.	3	yrs.	David	28	yrs.
Rodger C.	2	yrs.	Ellen C.	1	yr.	Peg	2	yrs.
Stephen K.	2	yrs.	FRIDAY WOMEN'S			Kristen K.	19	yrs.
Tom R.	4	yrs.	Bette C.	33	yrs.	Mark	20	yrs.
Crystal S.	7	yrs.	Maxine C.	21	yrs.	David	22	yrs.
Earline	21	yrs.	Katy C.	28	yrs.			
Dave J.	1	yr.	Yvette W.	22	yrs.			
		,	Connie Sue.	24	yrs			
			Nancy T.	29	yrs.			
			Liz R.	4	yrs.			
			Sonja M.	4	yrs.			
			Diane H.	19	yrs			
*571 yrs.			Donna B.	27	yrs.	HAPPY	HOUR	
						Cathy W.	7	yrs.
			Jessie G.	2	yrs.	Greg C.	12	yrs.
						Cliff S.	3	yrs.



STEEL MAGNOLIAS Kathy T 17 yrs. Sharon S. 19 yrs.

<sup>\*</sup> Equals total years reported from our local groups. To have your group years added please submit your<sub>4</sub> milestones to pint@coloradospringsaa.org



Area Service Office

# books Books BOOKS big BIG BOOKS

We are pleased to announce that if you buy five or more Big Books from the Area Service Office you will receive a discount of 10%..!

...and since your stopping in you can visit a spell and peruse the rest of the quality reading material we have in stock. If you can't find us, CALL...

If you can't stop in, wave as you go by!

Please join us in Denver on August 30-31, September 1, 2013 for a great time with speakers, meetings, workshops, a banquet, a dance, social times and other adventures in AA fellowship.



For more information go to http://www.a10conv.org/

Need something to do? Want to get involved with your group? Looking for a Service Opportunity?

Then gather your group's milestone birthdays and speaker line-ups and send them in to the Pint!

# ~ Shout Out ~

# **Young Peoples Group**

Open Meeting

First United Methodist Church rm 135 420 N. Nevada (use Boulder St. entrance)

# Monday at 8:00 pm Wednesday at 8:00 pm Saturday at 4:00 pm

Help support this and all the groups or meetings in our fellowship. Be adventuresome and attend a meeting other than your home group and take a friend or two. It's a great way to serve, meet new people and add some depth to your sobriety.

Once more: The alcoholic at certain times has no effective mental defense against the first drink. Except in a few rare cases, neither he nor any other human being can provide such a defense. His defense must come from a Higher Power.

# Feel like a fish out of water?? Easy Does It AA Group with AA meetings at 9am, 12noon, 4pm, 7pm and 10pm Daily 3760 Astrozon Blvd, behind Firestone, next to Thai Massage in the Astrozon Plaza (Parking on Islands or in Back Only)

Ramblings from an Alcoholic "Named Dana" Observances though service and working with others: This thing (AA) keeps on working. It works much better for me if I stick to the 164 pages, traditions and tons of info via grapevine and approved literature. The Long timers that have guided me in the black and white of the above have wisdom and mistakes that continues to guide me (even when they are gone). When the above is deviated from the fellowship is self cleansing, unfortunately it is in usually in hindsight and can involve pain and or the loss of precious life. The greatest blessings I have do not involve money ( I still chase it)...this is constantly presented to me via the process of balancing the 3 sides of the triangle. When the fellowship gets out of balance with money (not following suggestions of our history) it gets really uncomfortable and sticky quickly....

There is no other entity like the Fellowship of AA! Thank you for freely letting me be a part of your Fellowship!

## • COMMITTEE INFORMATION •

#### Public Information:

Committee Meeting: 1<sup>st</sup> Saturday, 2:00 p.m., 1<sup>st</sup> floor Penrose Main Hospital, 2222 N. Nevada in Volunteer Coordinator Conference Room.

Cooperation with the Professional Community: Committee Meeting: 5:30 p.m., 2<sup>nd</sup> Sunday of the month at the Downtown Group, 210 N. Corona St.

#### **Corrections:**

## District 7:

Committee Meeting: 7:30 pm, 3<sup>rd</sup> Tuesday of the month at 420 N. Nevada, First United Methodist Church Room 135 (Boulder St. Access)

#### Treatment:

Committee Meeting: 12-1 pm, 2<sup>nd</sup> Saturday of the month, at Penrose Hospital Volunteer Conference Room, 2222 N. Nevada.

#### Nightwatch:

Night Owls Committee Meetings: 7:00 p.m.,  $1^{st}$  Tuesday of the month at Sacred Heart Parish,  $21^{st}$  and Pikes Peak Room 10 - Following the New Beginners meeting.

For more committee information including intergroup committees please go to coloradospringsaa.org

## CONTRIBUTION ADDRESSES

### ~ AREA SERVICE OFFICE ~

Colorado Springs Area Service Office 1353 South 8<sup>th</sup> St., Suite 209 Colorado Springs, CO 80905 (Include group name and number on check)

## ~ GENERAL SERVICE OFFICE ~

P.O. Box 459 - Grand Central Station New York, NY 10163 (Include group name and number on check)

#### ~ AREA 10 ~

Area 10 Treasurer
12081 West Alameda Parkway #418
Lakewood, CO 80228
(Include group name, number and District 7 on check)

## ~ DISTRICT 7 ~

District 7
P.O. Box 26252
Colorado Springs, CO 80936
(Include group name, number and district 7 on check)

#### ~ PINK CAN CONTRIBUTIONS ~

Pink Can Contributions
P.O. Box 40368
Denver, CO 80204
(Make checks payable to Area 10 Corrections
Committee)
(Include group name and number on check)

CASH ACCEPTED IN PERSON ONLY

And we have ceased fighting anything or anyone--even alcohol. For by this time sanity will have returned. We will seldom be interested in liquor. If tempted, we recoil from it as from a hot flame. (BB pg 84)

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 Read, enjoy and send a copy to all your friends
 Send subscription requests to pint@coloradospringsaa.org

# DO IT TODAY!

or you can get a copy for only \$1.00 at the Area Service Office

# GROUP CONTRIBUTIONS

GROUP NAME (2012-2013)	Fiscal Yr. to date	May	GROUP NAME (2012-2013)	Fiscal Yr. to date	May	
Above the Bar Group	\$0.00		Northwesters	\$0.00		
Apex	\$82.40		Oasis Group	\$50.00		
Back to Basics	\$0.00		Off The Wall	\$60.23		
Big Book Action	\$200.00		Old North End Study Group	\$0.00		
Big Book Study UPH	\$0.00		Penrose Discussion	\$0.00		
Black Forest	\$0.00		Pre-Dawn Meeting	\$0.00		
Broadmoor	\$0.00		Primary Purpose Men's Group	\$100.00	\$10	0.00
Brown Baggers	\$0.00		Progress Not Perfection	\$25.50		
Central	\$0.00		Recovery in Action	\$0.00		
Clean Air Group	\$160.00	\$160.00	Saturday Early Morning Mtg.	\$224.40		
Don't Worry Be Happy	\$90.00	\$90.00	Security Eye Opener	\$0.00		
Down By The Creek	\$0.00		Serenity Hour	\$50.00	\$2	5.00
Downtown Group	\$803.90	\$803.02	Serenity Riders	\$0.00		
Drylander's Group	\$0.00		Serenity Sisters	\$0.00		
Easy Does It	\$0.00		Solutions at Noon	\$88.24	\$5	0.00
Ellicott Group	\$0.00		Steel Magnolias	\$100.00		
Eye Opener	\$0.00		Stepping Stones	\$0.00		
1515 Meditation Group	\$25.00		Sunday Morning Speaker	\$200.94	\$20	0.94
Foxhall Group	\$113.25		Sunday Night Big Book Study (Clean Slate)  Sunlight of the Spirit - Women's 12x12	\$0.00		
Friday Night Live	\$0.00		(Monument)	\$0.00		
Friday Women's Group	\$0.00		Taking Steps	\$0.00		
Garage Meeting	\$0.00		The Doctor's Opinion	\$100.00	\$10	0.00
Good Ole Boys	\$0.00		The Sober Jokers	\$0.00		
Half Pint Group	\$120.00		Then and Now	\$75.00		
Happy Destiny	\$0.00		Thursday Mens	\$0.00		
Happy, Joyous & Free	\$0.00		Thursday NoonWoodland Park	\$000		
Happy Heathens	\$0.00		Turning Point	\$120.00		
Happy Hour	\$0.00		Ute Pass Breakfast Group	\$0.00		
High Noon	\$76.00	\$27.00	Woodland Park Women's Step Study	\$60.00		
H.O.W.	\$74.47		Walk the Talk	\$680.00	\$34	0.00
Into Action	\$240.00	\$240.00	Walking on Water	\$0.00		
Keystone to Recovery	\$0.00		We Are Not Saints	\$0.00		
Lake George Group	\$0.00		Wed. Westside Womens	\$100.00		
Living Free	\$0.00		Westside Eye Opener	\$0.00		
Living Sober	\$0.00		Woodland Park Beginners	\$0.00	\$10	0.00
Living Sober South	\$44.00	\$23.00	Woodland Park Book Study	\$0.00		
M.A.G.	\$183.63	\$183.63	Young People	\$253.64		
Natural High	\$0.00		Totals:	\$4,552.05	\$2,34	3.56
New Beginners	\$0.00					
New Woman	\$171.37				7	



# Nightwatch Night Owls News 🌉



We hear a lot about Service Work in the rooms of AA. As a newcomer all I heard was work for free. Today 365 days later Service Work is an honor to be a part of. NightWatch welcomed me in to the monthly meeting with 4.5 months of sobriety to listen and learn. To be on the schedule you need 6 months so I attended the committee meetings until finally in November 2012 I was given a shift.

I was so scared when I got my first caller, they were looking for some information on meetings. Later I would find myself taking 12 Step calls and calling people on the 12 Step lists to contact the caller back. I've talked to so many alcoholics most sober and a few that weren't. We give it away to keep it.

NightWatch wasn't always here in Colorado Springs and alcoholics would call the Service Office number after hours to find an answering service on the other end. I am so grateful to those that looked at what we had and had the courage to put in the time and work to change things and bring NightWatch here. I hope NightWatch is always here to answer the phone with another alcoholic, to help those that are still suffering and those that simply need to get to a meeting that day.

Sabrina

Hello everyone.

Nightwatch has made some changes in our schedule to accommodate our forwarding system. Just want to say Thanks!!!! All our volunteers stepped up!! This change has made me realize that I could never do this without ALL of you!!! We are so grateful that you are flexible and have rolled with the many changes we have made. You are of great value to us. Just to let you know that if you didn't get a shift or I didn't hear back from you, you are automatically on our back up list. Thank you to all our volunteers over the years, past and present. Thanks again for all your service.

Crystal

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# 4<sup>TH</sup> OF JULY•

The 4th of July	Born 4th July		
independence day	Ulysses S. Grant		
declaration	George Steinbrenner		
fireworks	Bill Withers		
barbeques	Nathaniel Hawthorne		
American flag	Hiram Walker		
parades	Died 4th July		
July	John Adams		
birthstone ruby	Thomas Jefferson		
birthflower	James Monroe		
larkspur	tradition seven		
water lily	group		
step seven	self-supporting		
humbly asked	declining		
remove	outside		
shortcomings	contributions		

d f d W а t p r e ٧ t t k С r а m а Z b e m 0 ٧ e ٧ b i ı w h e r S n i С n e С e t e b а b e q S S S е h t t S e n m n g W u t S e p e ٧ а i h С u b u m n m e r b 0 е n g а b r d g d n d m а 0 r S S S r n а b h i t d С m e m e n S а а t w i t m t t n r r 0 0 r e S t i h h h 0 У 0 r t q t р g С 0 u t h а 1 а p b t w 0 e 0 n e а 0 0 n f S S m S 0 е S i S m i n n t k h d d d t h W g r а а С h 0 е t а q t e W а S 0 r 0 e S m f j n d r u n С S 0 e S p r e k f f k h e S e t С 0 t S n f p r 0 b e W С r n а W p С а m u f d 0 u е S n 0 а e 0 S У q u 0 W S b а W S d i W С d W S m t e n q f S У j e i i e h r u i S g h а k g r S S S n 0 S 0 g i r n e r b n t S 0 е е n е е g g

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In the month of May the Service
Office received 8 Grateful Giver
contributions & 1 Personal
contributions!!

