

A Newsletter for the Pikes Peak Region of Alcoholics Anonymous



-THE PIKES PEAK PINT

Each group has but one primary purpose to carry its message to the <u>alcoholic</u> who still suffers.



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"Our primary purpose is to stay sober

and to help others achieve sobriety ... "

EDITOR'S NOTES

... How many times have groups become so com- minds us of the hope and we heard it in meetings, fortable that discussions growth from sponsors, and our about outside events and that lie ahead for each of literature, yet at times issues become a norm, us when we make AA our we may lose track of our placing our primary pur- most important appointone and only sole mis- pose on the back burner. ment of the day. sion? We can all fall into The swapping of essenthe backwards thinking tial needs and Traditions that we must do sobriety for personal wants. In ourselves. The statement "Our Primary Purpose" then becomes a singular Peggy presents the quesstatement, "My primary tions of Traditions and purpose." Margot shares with us our Legacies, to protect way of life, fan current how she shed her "my" AA's primary purpose. and welcomed the "our" into her life. She is now Leslie reminds us about hearts to aid our primary a "we" and that means the freedom from the bond- power of getting pen to ruary! XOXO age of drink.

This month continued teachings of

magical paper in her experience "A Day in the Life of a

opportunities

As your new Pint Chair, I seek always to present our communities' experience to you in ways that push you to reflect on your attention to our flames of inspiration, and set new fires in your healing purpose! Here's to Feb-

Or what about when Journal" and Connie re-

FREBRUARY, 2015

"Our"

"Our Primary Purpose"

Our primary purpose is to stay sober, and help others achieve sobriety.

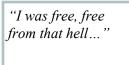
The key word in this principle is "our". When I first came back into AA this time almost 7 years ago, I sure did not want to be a part of anything, but most of all AA. The absolute last place I wanted to be was in AA, let alone pronounce myself an alcoholic. I wanted to stop drinking and hurting. I was told early on shut up and listen and get a sponsor and get through these steps. I listened for the first time in my life. What came out of listening and being open, honest and willing was that a Power greater than me relieved my obsession from alcohol.

would revolutionize my life.

"Practical experience shows that NOTHING will so much insure immunity from drinking as intensive work with other alcoholics." What do you think they actually mean?, simple here it is the answer to all the doubters, that stay home and wallow in the selfpity and refuse to become a part of this wonderful freeing fellowship. Service to the fellowship and its members will keep you sober. It's one of the many promises made. It is the foundation stone of our recovery, without a foundation most programs will suffer, and people may not know why? The how is to immune ourselves from the first drink by getting busy with other alcoholics. Become unselfish and willing to give what you have, even if you have a just a day of sobriety.

So from here on out my only requirement was to stay sober and help others to achieve sobriety. What??, I have nothing to give I just got sober, I have no idea what is happening. Then a woman walked into a noon meeting and looked like hell, she was puffy eved from crying and the effects of a very bad hangover. She told her story and I wept ... wept because even though I only had a few

weeks, I was free, free from that hell....although I knew her pain. walked over to her after the meeting. put my number on a piece of paper and said.." It will get better, call me" I was



giving it away like I was told to do!! Working alongside her over the years has been one of the greatest joys of my life, sharing with another alcoholic is like nothing else that one can experience. We are wrecked in the common bond of alcoholism...when we speak we share the same language and realize the suffering. I give away my experience, strength and hope to others often...I challenge the readers of this to approach the newcomer or the old timer who needs an ear! WE ARE NO LONGER ALONE. Margot



"Sobriety is not like a 30 day cleanse."

When listening to announcements in meetings a newcomer may become confused about Alcoholics Anonymous' primary purpose. I have in the last few months, heard about places to stay, job openings, dances, yard sales, and other things. It is important for the newcomer to see that there is life after sobriety and fun does exist in recovery. I am by no means suggesting that groups eliminate non-AA or recovery-related announcements. I am just reflecting; how do these things reflect our primary purpose?

The Big Book tells us on page 98 that "Job or no job –wife or no wife - we simply do not stop drinking as long as we place dependence upon other people ahead of dependence on God". The I had no idea how the "our" would become a part of me that primary purpose of Alcoholics Anonymous is found in Tradition Five: Each group has but one primary purpose - to carry its message to the alcoholic who still suffers. I would add the words "from alcoholism" to that tradition if it was up to me (Thank God and the cofounders it isn't). Our primary purpose is to carry the message of recovery from alcoholism through the use of 12 steps, 12 traditions, and 12 concepts.

> As I consider the groups and meetings that I attend on a regular basis I think about the message the group carries. Is it the message of recovery or disease? Is it a fellowship that is inclusive or exclusive? Is the newcomer or chronic relapser made to feel a part of or apart from? Are its members carrying the message or the drunk? Do members live in the problem or the solution? Does the group regularly conduct group conscience and business meetings? Does the group participate through representation at Intergroup, District, and Area meetings? Do its members regularly perform service work? Are steps, traditions, and AA approved literature regularly discussed in meetings? In other words, are we involved in AA's primary purpose, carrying the message to the alcoholic who still suffers or not?

> I have had the gift of good sponsorship throughout my sobriety. I was taught to differentiate my wants from my needs and the message of recovery from the necessities of day to day living. My first sponsor suggested (a polite word for ordered) that I attend a Big Book Study, a Step Study, a Traditions Study, and a Speaker Meeting each week. The rest of the week I could go to as many discussion meetings as I wanted. I was expected to learn AA's history and legacies. I learned that if I am of service to my group, district, or area I am probably going to be around others who are really doing this thing called sobriety. I live in faith today because experience has shown me time and time again that when I am performing my only job, to be of maximum service to God and my fellows, then I am not likely to drink or purposely harm others.

> I learned about the Oxford groups and how they tried to be all things to all people and, as a result, they were unable to be of real help to anyone. Therefore, Alcoholics Anonymous has ONE primary purpose; to carry its message to the alcoholic who still suffers. For that, I am truly grateful.

> > Peggy B. Serenity Riders Sobriety date: 10/18/1990

"A Day in the Life of a Journal"

"Most Important Appointment of the Day"

When your head is swimming with ideas and thoughts that just won't quit, what do you do? Pace? Call your sponsor? Go to a meeting? Drink decaf green tea? Attempt a nap? How about considering writing those thoughts and words into a journal? Putting pen to page often times takes the power out of the issues you are being plagued by. Journaling can put these thoughts into perspective and help stop them from driving you crazy. The thoughts will still be there but they will be less likely to need immediate attention. Sharing in your journal can remain a very private source of recording your thoughts. Once you record them you may share them with your sponsor or a closed mouth friend.

The blank page. The intimidating blank page. You may ask yourself, "Where do I begin?" "What do I write about?" "I've tried journaling and it doesn't work for me".

First of all, find a diary, note book or journal you will be comfortable writing in. Don't forget a pen, (or pencil if you prefer). You may even decide to use colored pens and/or pencils to express yourself in your writings and illustrations. Begin with something as simple as your grocery list or better yet a Gratitude List. Just put the pen to paper. Do not let a blank page scare you away. Just because it's called a "journal" doesn't mean you can't illustrate and doodle in it. In fact, it is encouraged. Your journal will be a living, breathing document. A series of thoughts and notes and scribbles.

The only rule: There are no rules! It doesn't have to be serious, have fun with your entries. Any style, any phrasing, any structure, any punctuation... it doesn't matter, this is not an English class.

"The only rule: There are no
rules!"

The point is to spontaneously write your thoughts, ideas, hopes, pains, successes, failures, or any thing you choose. It can be a way to vent, or to talk without speaking. It is a safe place for you to be you. Since it is yours alone, you have the ultimate freedom to say exactly what you like without anyone judging you. Pray, rant, curse, ramble ,doodle, sketch, any or all of these are at your hand . That mentioned, you'll want to protect the privacy of your journal. Don't leave it laying around for anyone to simply pick it up and read. Much harm can be done and privacies broken if care is not taken to protect yourself and your writings.

Your journal can be a great source of information for you to look back on (that is one reason many people choose to date their entries). It allows you to witness your growth in your sobriety It can be fascinating, scary, or even bring tears to your eyes to read back on your first few days and weeks of your sobriety and to see how you've grown! This is a way to reflect, to learn about yourself— you will come to understand things about yourself, life in general that you never realized before.

A journal is yet just another tool in your AA toolbox. We have sponsors, The 12 Steps, The Big Book, meetings, service work, literature and more. Every type of tool has it's own unique job or function. Journaling is just one of our tools to help us navigate through the program.

I didn't begin my drinking career until I was in my mid 30s. I was a single mom of two children and when I began dating I was asked why I never had a drink when we would go out to dinner. My primary purpose was to begin drinking and fit in so guys would like me and ask me out on dates.

My casual social drinking eventually changed to every night drinking and my primary purpose at that time was to drink to numb pain or drama in my life.

God worked through me while taking my 15 year old grandson to AA meetings. I heard stories that the members were sharing and it truly was my life! After sitting and listening to AA members for three months share their stories, my primary purpose was to figure out if I belonged to this membership.

As the big book suggests if we are not sure if we belong here, I tried the controlled drinking thing and found I could not control my drinking. At that time my primary purpose changed from driving my grandson to AA meetings to myself accepting that I earned a chair and membership in this Fellowship.

Upon me admitting I was an alcoholic my primary purpose was to make Alcoholics Anonymous the most important appointment in my day....attending meetings, Golden Slippers and Big Book Workshops, and volunteering for service work. Now with some sobriety accumulated my primary purpose is reaching out and be there for another alcoholic as well as attending meetings, Golden Slippers, Big Book Workshops and service work.

Connie

A.A. was founded on the premise that it would be self-supported through member contributions.



"A Spiritual Experience - Third Legacy Style"

I'm a late bloomer when it comes to service work within our Third Legacy. It started 6 years ago at 21 years sobriety when I was voted in as GSR for my then home group, Happy Hour. I didn't know anything about Service Assemblies, the Concepts, or our service structure. I was a bit overwhelmed and quite honestly thought it was personally the worst possible time to be a GSR...my 16-year-old daughter was dying of alcoholism. However, the truth was it was the best time to be a GSR. It forced me to get and stay in the middle of the triangle (not the circle).

Our 2nd tradition holds us accountable to God speaking through the group conscience and I knew that quitting as GSR was not an option. God had spoken through my group and I knew I needed to fulfill my commitment. I was pulled in to a group study of the concepts, attended the monthly district meetings and the Area 10 assemblies. It was there that I saw the spiritual principles within our traditions and concepts come to life. 18 months in to my rotation, I realized I had fallen in love with Alcoholics Anonymous in a completely different way. I had spiritual experience as a result of our Third Legacy.

At the end of my GSR rotation, I made myself available to serve at district at whatever capacity the DCMs felt fit and was ratified as the District 7 Public Information Chair. With this position I learned even more about our traditions and how key they are to presenting what A.A. is and is not to the public. That we are a fellowship that is anonymous but not invisible: Carrying our message so that those who might need us one day will know where to find us.

I was asked to stand for Alt-DCM during my last 6 months as PI Chair then was blessed with the opportunity to serve as Co-DCM for our district. Again, I was challenged to grow personally and within the fellowship to be of service to our GSRs/Groups, the district and to participate at the Area Assemblies at a different capacity.

As I write this article, I am wrapping up my duties as Co-DCM and starting my next role in service. I have been taught to make myself available to serve and again, trust God to speak through the group conscience. It is my experience that service work challenges my step work. I am forced to let go of my ego and of self.

My message is this: Whether you are called in to service or not, take the time to learn our spiritual principles – all 36 (steps, traditions, & concepts). Support your trusted servants! If you become active in service, be open to learn and grow in ways you haven't experienced. I know I would not be who or where I am in life if not for these experiences and for that, I am forever grateful.

P.S. My then 16 year old daughter is now 22 and coming up on 6 years of sobriety - Thank God for AA!!

In Love & Service, ~Beth G. Outgoing District 7 Co-DCM

"Autonomy"

After a fair amount of research, conversation with closed mouth friends and some prayer for guidance, I have learned a great deal and have been inspired to share my conclusions.

Tradition Four states that each group should be autonomous except in matters affecting other groups or A.A. as a whole. Tradition Two says that for the group purpose there is but one ultimate authority – a loving God as He may express himself in our group conscience. Our leaders are but trusted servants; they do not govern. Each group is independent and these Traditions support one another nicely, allowing the groups to make and implement pretty much any decision the

servants deem necessary. Hopefully for the benefit of the group, while working towards that all-important unity we strive to maintain within the fellowship.

I know there is a lot of 'to dos' with the definitions of Clubs vs. Groups; So, I will take a shot at trying to simplify this. A Club is an organization that can house many groups. They have a board of directors; they have their own rules, guidelines or by-laws; and they are independent and generally profitable. Clubs are not registered or recognized by the GSO as they are considered to be an outside entity. For this reason, the GSO and our ASO cannot accept contributions from the clubs. However, the registered groups within a club should be paying rent and usually contribute to the Area Service Office.

A Group is a gathering of alcoholics who attend meetings within a group that is registered with the General Service Office. Groups have a Service Board that is elected and rotated typically once a year. The group uses the seventh tradition monies to pay rent and utilities, buy books and coffee, then sends the rest in contributions to the ASO, District, Area and GSO - as dictated by the group conscience. All groups follow the guidelines outlined by the GSO to the best of their abilities, using and selling only AA approved material and literature.

Big Book Studies involving material compiled outside the guidelines of the General Service Office are not supported. A panel of delegates determined that the Big Book itself is our basic text and the only study guide needed. If any other study guides were deemed necessary they would be written and supplied by the GSO. It was also noted that the study of the Big Book is a spiritual adventure, not an academic endeavor. Therefore, every study will be a little different based on the chairperson and attendance.

There are several ways to approach this; one way to study the Big Book was noted in the AA newsletter Box 4-5-9*. "A seven-year-old group in Green Valley, Md. decided a little over a year ago to change from open discussion meetings to study of the Big Book, which they have been through three times. At each meeting, a member begins to read where the previous week's reading ended. He or she reads until someone raises a question for discussion. Afterward, the reading is resumed by the next member, and so on around the room among the 15 or so present." According to Hal M., "Group study is more fruitful than solitary reading, since each of us has only one frame of reference - his own." *(Box 4-5-9, Oct-Nov 1974)

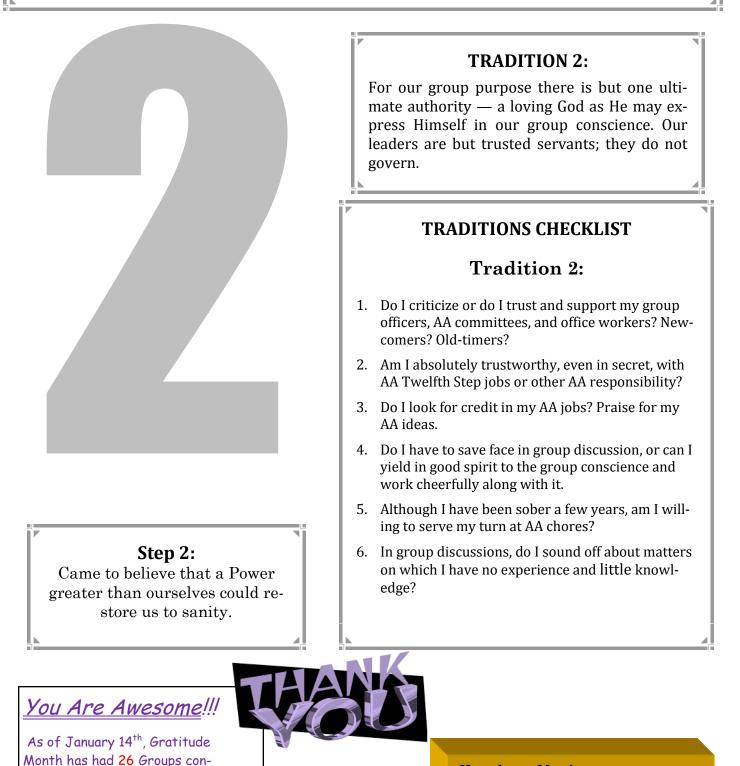
"The board recognizes, however, that A.A. is a program of selfdiagnosis, self-motivation, and self-action and that the use of study guides, courses, classes, or interpretations is therefore not generally appropriate. The program is spiritual rather than academic. Hence, it is preferable that the individual member or prospect interpret the literature according to his own point of view. For these reasons, the board does not plan to publish study guides or interpretations of A.A. literature at this time."

Hopefully, the servants of any group will discuss the matters of the group and not the agenda of the individual. Making decisions based on the principals of the program and not the personalities behind the proposal. While keeping in mind the best interest of the group as a whole and working to benefit the fellowship in its entirety, if we continue to serve to the best of our ability - we will continue to grow along spiritual lines and not stagnate in a pool of self.

It's been proven time and again that any group that strays too far from the guidelines laid out by our General Service Office will surely struggle if not dissolve. Anonymous

*Read more on page 8. The full position paper is available from **G.S.O.** (Box 4-5-9, Aug-Sep 1977)

CONCEPT 2: The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs.



tributing for a total of

\$2548.90!!

Heard at a Meeting...

"Coincidences are God's way of remaining anonymous."

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GROUP FORUM PAGE

MEETING CHANGES, GROUP BIRTHDAYS & SPEAKERS

ONE SIX FOUR

Closed Big Book (1-164 pg) Discussion Wednesday at 6:00 p.m. 1515 N. Cascade (First Lutheran Church) Main Floor of Community Building ADD

THE RECOVERY, UNITY & SERVICE GROUP

Closed, handicap access Thursday at 5:30 p.m. Senior Citizens Center 312 North Center Street Woodland Park ADD

TUESDAY DOWNTOWN WOMEN'S Open Discussion, handicap access, children welcomed Tuesday at 5:30 p.m. WAS 6:00 p.m. 210 N. Corona CHANGE



CENTRAL GROUP TUESDAY SPEAKERS 8:00 p.m.

February 3: Beth G. 27 yrs February 10: Bill M. 23 yrs February 17: Don S. 28 yrs. February 24: William J. 18 yrs.



EASY DOES IT			
Lyle H.	28 yrs.		
Karl N.	17 yrs.		
Bridget G.	1 yr.		
Derek S. 2 yrs.			
Adam K.	2 yrs.		
Mike C.	18 yrs.		
Carrie E.	5 yrs.		
Tom G.	31 yrs.		
Richard N.	4 yrs.		
Amanda C.	1 yr.		
Ron R.	3 yrs.		

Lynn E.	5 yrs.
Barb B.	15 yrs.

STEEL MA	AGNOLIAS
Dana R.	18 yrs.
Karen McG.	25 yrs.
	•

TUESDAY NEW WOMAN			
Caren L.	9 yrs.		
Toni M.	6 yrs.		
Lisa J.	3 yrs.		
Shawn B.	32 yrs.		

HAPPY DESTINY			HAPPY HOUR		
Rachel	10 yrs.]	Carl N.	25 yrs.	
			Mark L.	26 yrs.	
\mathbf{A}			Rick D.	10 yrs.	
			Susan L.	26 yrs.	
In th	e month of De-				
	cember the				
Service	Office received				
7 Gra	teful Giver con-		THANK YOU		
tr	ibutions and				
5 Person	al contributions.				
Σ					
7)			

GROUP NAME (2014-2015)	Fiscal Yr. to date	December	GROUP NAME (2014-2015)	Fiscal Yr. to date	December
Above the Bar Group	\$150.00		Off The Wall	\$122.60	
Apex	\$130.17		Old North End Study Group	\$156.75	\$124.0
Back to Basics	\$691.50	\$217.50	Pre-Dawn Meeting	\$0.00	
Beacon Light Group	\$0.00		Primary Purpose - Men's Group	\$210.00	\$100.0
Big Book Action	\$586.72	\$89.00	Progress Not Perfection	\$366.04	\$78.7
Big Book Study UPH	\$594.31	\$44.31	Recovery in Action	\$359.33	
Black Forest	\$555.53		Saturday Early Morning Mtg.	\$315.60	
Broadmoor	\$0.00		Saturday Morning Anonymous Group	\$104.67	
Brown Baggers	\$150.00		Security Eye Opener	\$54.49	\$54.4
Central	\$10.00	\$10.00	Serenity Hour	\$400.00	\$50.
Clean Air Group	\$141.00		Serenity Riders	\$264.56	
Don't Worry Be Happy	\$356.78		Serenity Sisters	\$290.60	\$181.6
Down By The Creek	\$0.00	<i><i><i></i></i></i>	Solutions at Noon	\$246.86	\$44.
			Sought Through Prayer & Medita-		
Downtown Group	\$2,040.36	\$935.00		\$209.10	\$20.
Drylander's Group	\$0.00		Steel Magnolias	\$147.06	\$67.
Easy Does It	\$364.43		Stepping Stones	\$0.00	
Ellicott Group	\$367.90	\$111.90	Sunday Morning Speaker	\$1,003.00	
Foxhall Group	\$0.00		Sunday Night Big Book Study (Clean Slate)	\$0.00	
Freedom From Bondage	\$60.00	\$60.00	Sunlight of the Spirit - Women's 12x12 (Monument)	\$225.00	
Friday Night Live	\$967.50		Taking Steps	\$0.00	
Friday Women's Group	\$544.00	\$250.00	The Doctor's Opinion	\$300.00	
Good Ole Boys	\$90.55	\$15.55	The Garage Meeting	\$106.00	
Happy Destiny	\$421.76		The Sober Jokers	\$200.00	
Happy Heathens	\$300.00		Then and Now	\$234.30	\$84.
Happy Hour	\$217.96		Thursday Mens	\$1,750.00	
Happy, Joyous & Free	\$370.00	\$100.00	Thursday NoonWoodland Park	\$80.00	
High Noon	\$149.00	\$22.00	Treating The Illness	\$152.50	
H.O.W.	\$70.00		Turning Point	\$48.56	\$48.
Into Action	\$360.00		Ute Pass Breakfast Group	\$210.00	
Keystone to Recovery	\$0.00		Veterans for AA	\$0.00	
Lake George Group	\$0.00		Walk the Talk	\$4,169.63	\$769.
Little Log Church Group	\$78.00		Walking on Water	\$200.00	
Living Free	\$246.50		We Are Not Saints	\$739.84	\$397.
Living Sober South	\$244.14	\$16.50	Wed. Westside Womens	\$0.00	
Meditation Group	\$0.00		Westside Eye Opener	\$125.00	\$50.
M.A.G.	\$479.12		Women of Grace	\$112.00	\$12.
Natural High	\$0.00		Woodland Park Beginners	\$100.00	\$100.0
New Beginners	\$492.50		Woodland Park Book Study	\$281.00	\$117.
•			Woodland Park Women's Step		
New Woman	\$639.49		Study	\$15.55	\$15.
Northwesters	\$505.00		Young People	\$714.24	\$101.0
			Totals:	\$26,388.50	\$4,899.

A.A. World Services Arrives at a Position **BOX 4-5-9** Vol. 22, No. 4 Aug. - Sept. 1977 **Big Book Study Guides?**

Services for permission to reprint the Twelve Steps grow." and other parts of the Big Book in "study guides" and other interpretive material. Some come from treat- A third trustee-director said, "My knowledge of recovadopted. The members of the committee unani- language of the heart." mously recommended that permission should not be granted to reprint portions of basic A.A. recovery lit- The board has adopted the following policy statement: erature in study guides or interpretive material, and "The A.A. World Services Board of Directors feels that if such guides are necessary, A.A. should publish strongly that permission should not be granted to outthem itself. Here is what some A.A.W.S. directors side publishers or other parties to reprint A.A. literasaid:

One trustee-director wrote:

person or institution to think for him or her - in fact, however, that A.A. is a program of self-diagnosis, selfthis could be a very bad thing. Part of the beauty and motivation, and self-action and that the use of study magic of A.A. is that persons from all walks of life, guides, courses, classes, or interpretations is therewith varied backgrounds, may benefit from the Big fore not generally appropriate. The program is spiri-Book, the Steps, the Traditions, and the Concepts, tual rather than academic. Hence, it is preferable from their own points of view. Placing guidelines on that the individual member or prospect interpret the paper seems to say, 'This is the way - the only way.'

"The authors of this priceless material knew what study guides or interpretations of A.A. literature at they were doing. Their words require study, not inter- this time." pretation."

Another trustee-director enlarged on this line of thinking as follows: "As it is now, to the extent A.A. takes positions, it is in our literature, etc. and if it isn't there, A.A. does not have a position. This is clear and simple, and we should keep it this way. "I am of the opinion we should not prepare interpretive or study guides ourselves. Since we feel that alcoholism is a self-diagnosed disease, it follows that recovery is a program of self-action. Our literature, our program, the Steps, the groups, and the meetings all facilitate self-diagnosis and self-action within the A.A. environment "I see our literature, particularly the books, as being study guides. It's all there. I see the meetings, particularly closed meetings, as the interpretive workshops. Often, comments at meetings have gotten me back to the source documents for further study or have shed additional light on the printed word. I almost have the feeling that the words are living, changing, growing. "One of our slogans is 'Keep it simple.' I believe our books are just simple enough to

Increasing numbers of requests come to A.A. World stand as they are and just complex enough to live and

ment centers that try to give instruction in the A.A. ery has been received in the Fellowship through the program to their patients. Other requests originate experience of one drunk sharing with another, not on within A.A. After several months of study by a com- an instructive basis or in a classroom atmosphere. I mittee appointed for the purpose, a policy was believe we in A.A. communicate with each other in a

ture for the purpose of study guides or interpretive or explanatory texts, etc. If such interpretive or study guides are to be prepared, they should be published "The individual A.A. member does not need another by A.A. World Services, Inc. "The board recognizes, literature according to his own point of view. For these reasons, the board does not plan to publish

The full position paper is available from G.S.O.

ICTIONARY CORNER

Legacy – something that can be passed down from preceding generations.

Tradition - a belief or behavior passed down within a group or society with symbolic meaning or special significance with origins in the past.

Concept-organized around a main idea or theme.



NIGHTWATCH COMMITTEE MEETING



The Purpose of Nightwatch <u>TRADITION FIVE</u> Each Group Has But One Primary Purpose- To Carry Its Message To The Alcoholic Who Still Suffers

NIGHTWATCH COMMITTEE MEETING The1st Tuesday Of Every Month At 7PM, We Meet At Sacred Heart Parish 2021 West Pikes Peak Ave Room 10 *upstairs* (corner of 21st street and Pikes Peak)



Contact Info:

Service Office 24hr Hotline (719)573-5020 www.coloradospringsaa.org 1353 S. 8th Street, Suite 209 Colorado Springs, CO 80905

www.nightwatch@coloradospringsaa.org

THE ONLY REQUIREMENTS ARE: 1 YEAR OF CONTINUOUS SOBRIETY AND A 1 YEAR COMITTMENT OF SERVICE

CONTRIBUTION ADDRESSES •

~ AREA SERVICE OFFICE ~

Colorado Springs Area Service Office 1353 South 8th St., Suite 209 Colorado Springs, CO 80905 (Include group name and number on check) ~ GENERAL SERVICE OFFICE ~ P.O. Box 459 - Grand Central Station New York, NY 10163 (Include group name and number on check) ~ AREA 10 ~ Area 10 Treasurer 12081 West Alameda Parkway #418 Lakewood, CO 80228 (Include group name, number and District 7 on check) ~ DISTRICT 7 ~ District 7 P.O. Box 26252 Colorado Springs, CO 80936 (Include group name, number and district 7 on check) ~ PINK CAN CONTRIBUTIONS ~ Pink Can Contributions P.O. Box 40368 Denver, CO 80204 (Make checks payable to Area 10 Corrections Committee) (Include group name and number on check)

• CASH ACCEPTED IN PERSON ONLY •

COMMITTEE INFORMATION •

Public Information:

Committee Meeting: 1st Saturday, 2:00 p.m., 1st floor Penrose Main Hospital, 2222 N. Nevada in Volunteer Coordinator Conference Room.

Cooperation with the Professional Community: Committee Meeting: 5:30 p.m., 2nd Sunday of the month at the Downtown Group, 210 N. Corona St. **District 7:**

Committee Meeting: 7:30 pm, 3rd Tuesday of the month at 420 N. Nevada, First United Methodist Church Room 135 (Boulder St. Access)

Treatment:

Committee Meeting: 12-1 pm, 2nd Saturday of the month, at Penrose Hospital Volunteer Conference Room, 2222 N. Nevada.

Nightwatch:

Night Owls Committee Meetings: 7:00 p.m., 1st Tuesday of the month at Sacred Heart Parish, 21st and Pikes Peak Room 10 - Following the New Beginners meeting.

Archives:

Archive Committee Meetings: 6:00 p.m., 1st Tuesday of the month at Service Office, 1353 S. 8th Street, Suite 209

Special Needs:

Committee Meetings: 1:00 p.m., last Saturday of every even month at 309 S. Hancock Ave.

For more committee information including intergroup committees please go to coloradospringsaa.org

Local Service Office

Hours: Monday-Friday 9 a.m. to 5 p.m. SAT.-SUN.: CLOSED Location: 1353 South 8th Street, Suite 209, Colorado Springs, CO 80905 Contact the Service Office for Intergroup information 719-573-5020

E-mail: <u>serviceoffice@coloradospringsaa.org</u> Web site: www.coloradospringsaa.org

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2015 Area 10 Colorado State Convention

"Sponsorship in Action"

September 4- 6, 2015

Please join us in Colorado Springs for a great time with speakers, meetings, workshops, a banquet, a dance, social times and other adventures in AA fellowship. It's time to book your hotel room, register for the event and get the car ready to go!

Flyer: http://coloradospringsaa.org/images/pdf/events/2015_AA_Convention_Flyer.pdf

Visit http://coloradospringsaa.org/news-events/events/50-2015-a10conv for more information



2015 International Convention of Alcoholics Anonymous

"Happy, Joyous, Free"

July 2 - 5, 2015 - Atlanta, Georgia

The 2015 International Convention of Alcoholics Anonymous will be held July 2 - 5, 2015 in Atlanta, Georgia with the theme "80 Years – Happy, Joyous and Free." A.A. members and guests from around the world will celebrate A.A.'s 80th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Georgia Dome. Other meetings, scheduled or informal, will take place throughout the weekend in the Georgia World Congress Center and local hotels.

Registration will be available at the *2015 International Convention of Alcoholics Anonymous website at aa.org starting September 3, 2014.



Have you ever been to the Area Service Office? If not—WHY NOT??

It's staffed by friendly knowledgeable people that will go out of their way to try to help or, do what they do best, sit around and talk!

It's packed with pamphlets and books 'n things to brighten any day.

~AND~

It has a very well done Archives display featuring <u>our</u> local AA history.

So, why not make it a point to stop by sometime to enjoy a cup of REAL AA coffee and take a look around. Indulge in some quality conversation while shopping AA approved literature for your group, a gift for a friend, a sponsee ~or~ get <u>yourself</u> something to grow on.

 \sim THE AREA SERVICE OFFICE IS LOCATED AT 1353 S. 8TH STREET SUITE 209 \sim OFFICE HOURS ARE—MONDAY THRU FRIDAY 9:00 AM TO 5:00 PM