

A Newsletter for the Pikes Peak Region of Alcoholics Anonymous

MARCH, 2016

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THE PIKES PEAK PINT

UPCOMING TOPICS:

Tradition 4 (April) Tradition 5 (May) Tradition 6 (June)



EDITOR'S NOTES

Happy, Happy March!

would like to say THANK YOU tears) so much for my life, my sobrieyour own lives has shown me one unified focus stance on

I would never have considered vive alcoholism and thrive in I simply cannot believe that it before. So with this being the the sun light of the spirit, carhas been a year and a half last issue I publish, I want to rying this promise from one since I started my Pint stint! thank the PINT team who alcoholic to another. Time flies when you're having helped get this publication fun and it's even faster when ready every month! I leave Pretty neat huh!!! Our Third I'm outside of my own head! with a heart full of gratitude, Tradition points us back to the Before I share my experience and a warm welcome to your 1st which is Unity. United we with our Third Tradition, I next PINT Chair! (Wipes happy stand or we fall alone! In the

experience that changed my over and over again that if I ity! understanding of just how WE had a desire to stop drinking, as a fellowship adhere to our then I was home! That literally With so much love, I wish you traditions so that we might saved my life! It meant that no a March that you won't soon pass the message of AA along matter what my situation was, forget!!! Thank you!!!! to those still suffering. Your if I wanted to stop drinking, I comments on how you have could come back and stay. So Stormie used the posts in the PINT in simple, but so powerful. This that there are ways of receiv- membership has paved the

ing this life giving message that way for so many of us to sur-

stories that follow, you will read more on the Third Tradity, and the opportunity to be Our Third Tradition saved my tion from some of our fellows of service to you in this capaci- life! I didn't know if I was an who will shed their light on ty! Serving on the Pint was an alcoholic or not but I was told this, AA's clarity and availabil-

"TRADITION 3: TRUST LEADS TO UNITY"

about the traditions. First, that the Traditions help us to next new drunk. So, when you show up and say that you live in a common problem which we share, which is the are one of us, I trust that on face value. But a chair in the problem of how to place the unity of the group first, above rooms (membership) doesn't guarantee anyone sobriety! my petty needs. In order to recover from a seemingly The program of action does. As you and I work the prohopeless state of mind of body, I must put aside my ego, gram of recovery as individuals, we can also unify in action put aside my self-centeredness, put aside my personal to help others. ambitions and put the unity of the group first. My personal recovery depends on A.A. Unity. Second, that the Traditions are all stop signs on the road to maturity. The stop Cris S. sign in Tradition 3 is that I don't get to tell you whether you belong or not. The only requirement for membership is a desire to stop drinking. You get to make that decision and I get to trust you with that decision.

The 3s are about making decisions to trust. In Step 3, I make a decision to begin the process that gets me from the Step 1 problem to the Step 2 solution. We start to watch God in action and as we see God in action, we begin to trust God. In Tradition 3, I make a decision to trust that only you know whether to want to stop drinking for all and for good. I get to watch God in action in your life and to not exclude you or deny you from the program of recovery offered in A.A.. I begin the process that gets me from the Tradition 1 problem of how to be unified to the Tradition 2 solution of letting God be the final authority over us. I trust God, who I don't quite understand, to work through you to help you figure out if you're a member or not. I don't have to manage, manipulate or control your decision to be a member or not, I just accept it and offer you a seat in the rooms and a hand if you want it. Now I have another tool to help me deal with the problem that I must put the common welfare first if I am to recover: I trust God and I let you make your own decisions.

We are a society of defects in actions - we are damaged people who learn from one another. You make mistakes, I make mistakes -that is how we relate to one another and grow, individually and together. I don't get to kick you out I am grateful for Tradition 3. "The only requiremember in all your glory -- mistakes and all. We don't to stop living the way I had been. qualify newcomers, they qualify themselves. Only you get to answer the question as to whether or not you are an alcoholic or have a desire to guit or wish to recover!

When I see you doing AA is the only way that I get to know you as a member or not; my trust deepens into a sure My traditions sponsor showed me two things early on knowledge of you. Then, we work together to help the



"Only One Requirement"

I was far from being able to trust people when I walked back into the rooms of AA. I had been around unsavory people for the last few years while living with active alcoholism. I found it all too easy to rebel against anyone, in any type of society.

When I came into the rooms no one asked me if I belonged there, no one asked me to give money I didn't have. I found nothing to rebel against.

for your lifestyle or choices or for who you are or how you ment for AA membership is a desire to stop drinkshow up. When you say you have a drinking problem and ing." It gave me the chance to be a part of somea desire to stop drinking, then I get to accept you as a thing that would help me with my desperate desire

CONCEPT 3: To insure effective leadership, we should endow each element of A.A. — the Conference, the General Service Board and its service corporations, staffs, committees, and executives — with a traditional "Right of Decision."



Step 3:

Made a decision to turn our will and our lives over to the care of God as we understood Him.



TRADITION 3:

The only requirement for A. A. membership is a desire to stop drinking.

TRADITIONS CHECKLIST

Tradition 3:

- 1. In my mind, do I prejudge some new AA members as los-
- 2. Is there some kind of alcoholic whom I privately do not want in my AA group?
- Do I set myself up as a judge of whether a newcomer is sincere or phony?
- Do I let language, religion (or lack of it), race, education, age, or other such things interfere with my carrying the message?
- 5. Am I over impressed by a celebrity? By a doctor, a clergyman, and ex-convict? Or can I just treat this new member simply and naturally as one more sick human, like the rest of us?
- 6. When someone turns up at AA needing information or help (even if he can't ask for it aloud), does it really matter to me what he does for a living? Where he lives? What his

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Ren. Ren. recovery cartoons

MEETING CHANGES, SPEAKERS, & HAPPY BIRTHDAYS!



NO MEETING CHANGES FOR THE MONTH OF MARCH





HAPPY HOUR			
Lenny L.	4 yrs.		
Chris H.	21 yrs.		
Mallory M.	1 yr.		

WE ARE NOT SAINTS			
ВЈ	27 Yrs.		
Betty A.	29 yrs.		
Laura H.	2 yrs.		
Lynne	9 yrs.		
Marc P.	3 yrs.		
Stormie	6 yrs.		
Terrie C.	7 yrs.		



TRADITIONS

BREAKFAST MEETING

• Tradition Nine •

A. A. Traditions Discussion Meeting Sunday March 20, 2016 @ 10:00am / 12:00pm

At Village Inn on Circle and I-25

Subsequent meetings on the $3^{\rm rd}$ Sunday of each month!

~• ^

Arrive at 9:00am to enjoy some breakfast and fellowship before the meeting begins!

When arriving at Village Inn simply tell the Hostess you are here for TRADITIONS. She will politely direct you to the "BUBBLE".

NEW WOMAN GROUP

Barbara S.	29 yrs.
Noell M.	24 yrs.
Michelle C.	11 yrs.
Jennie C.	30 yrs.

STEEL MAGNOLIAS			
Lisa F.	19 yrs.		
Marv	17 vrs.		

FRIDAY WOMAN'S GROUP Diane G. 36 yrs. Mona C. 25 yrs.



In the month of January

the Service Office received

4 Grateful Giver contributions

and 1 Birthday contribution!



GROUP CONTRIBUTIONS

	Fiscal Yr. to			Fiscal Yr. to	
GROUP NAME (2015-2016)	date	January	GROUP NAME (2015-2016)	date	January
A Common Solution	\$82.36		Off The Wall	\$234.92	\$36.44
Above the Bar Group	\$0.00		Old North End Study Group	\$323.31	
Apex	\$161.63		Pre-Dawn Meeting	\$0.00	
Back to Basics	\$715.59		Primary Purpose	\$0.00	
Beacon Light Group	\$0.00		Primary Purpose Men's Group	\$0.00	
Big Book Action	\$536.69		Progress Not Perfection	\$226.26	\$16.43
Big Book Study UPH	\$292.38		Recovery in Action	\$524.34	
Black Forest	\$679.13	\$215.03	Recovery, Unity, Service Group	\$156.00	
Broadmoor	\$0.00		Saturday Early Morning Mtg.	\$177.45	
Brown Baggers	\$150.00		Security Eye Opener	\$226.48	
Central	\$20.00		Serenity Hour	\$650.00	\$75.00
Clean Air Group	\$82.00		Serenity Riders	\$560.00	\$320.00
Don't Worry Be Happy	\$1,113.19		Serenity Sisters	\$655.23	\$130.23
Down By The Creek	\$0.00		Solutions at Noon	\$455.64	\$77.15
-					
Downtown Group	\$3,060.23		Sought Through Prayer & Med-	\$215.32	\$19.50
Drylander's Group	\$40.46		Steel Magnolias	\$233.72	\$58.74
Easy Does It	\$120.00		Stepping Stones	\$0.00	
Ellicott Group	\$481.00	\$300.00	Sunday Morning Speaker	\$1,109.00	
Foxhall Group	\$249.87		Sunday Night Big Book Study	\$0.00	
	4400.00			4200.00	
Freedom From Bondage	\$100.00		Sunlight of the Spirit - Wom-	\$280.00	
Friday Night Live	\$287.50		Taking Steps	\$0.00	
Friday Women's Group	\$344.00		The Doctor's Opinion	\$202.25	
Good Ole Boys	\$0.00		The Garage Meeting	\$23.00	\$23.00
Happy Destiny	\$152.00		Then and Now	\$147.00	
Happy Heathens	\$200.00		Thursday Men's Group	\$1,600.00	
Happy Hour	\$34.27		Thursday NoonWoodland	\$112.50	
Happy, Joyous & Free	\$19.00		Treating The Illness	\$83.75	
High Noon	\$19.00		Turning Point	\$0.00	
H.O.W.	\$100.00		Ute Pass Breakfast Group	\$50.00	
Into Action	\$450.00		Veterans for AA	\$0.00	
			Walk the Talk	\$2,550.00	
Keystone to Recovery Lake George Group	\$100.00			\$2,530.00	
	\$85.00		Walking on Water We Are Not Saints		
Little Log Church Group	\$410.00			\$1,415.92	
Living Free	\$217.50		Westside Eye Opener	\$0.00	
Living Sober South	\$276.05	-	Women of Grace	\$215.50	
M.A.G.	\$446.50		Woodland Park Beginners	\$0.00	
Natural High	\$27.00	\$27.00	Woodland Park Book Study	\$310.00	
New Beginners	\$867.45	\$355.50	Woodland Park Women's Step	\$122.35	
New Woman	\$821.68		Young People	\$624.57	
Northwesters	\$650.00		Totals:	\$27,106.99	\$2,001.13



"Heard at a Meeting"

Wants to hear from you! Do you have a favorite saying you heard in a meeting that helped you or another? Did you go to an AA "retreat or function that changed something in you for the better?

website: www.coloradospringsaa.org or email to the Pint at

pint@coloradospringsaa.org.

• COMMITTEE INFORMATION •

Public Information:

Committee Meeting: 1st Saturday, 2:00 p.m., 1st floor Penrose Main Hospital, 2222 N. Nevada in Volunteer Coordinator Conference Room.

Cooperation with the Professional Community:

Committee Meeting: 6:00 p.m., 2nd Wednesday of the month at Vertec, 1123 Elkton Dr.

District 7:

Committee Meeting: 7:30 pm, 3rd Tuesday of the month at 420 N. Nevada, First United Methodist Church Room 135 (Boulder St. Access)

Treatment:

Committee Meeting: 12-1 pm, 2nd Saturday of the month, at Penrose Hospital Volunteer Conference Room, 2222 N. Nevada.

Nightwatch:

Night Owls Committee Meetings: 7:00 p.m., 1st Tuesday of the month at Sacred Heart Parish, 21st and Pikes Peak Room 10 - Following the New Beginners meeting.

Web Committee:

Committee Meetings: 1:00 p.m., second Saturday of the month. 5965 N. Academy Blvd. #203 Pikes Perk Coffee & Tea House

For more committee information including intergroup committees please go to coloradospringsaa.org

· CONTRIBUTION ADDRESSES ·

~ AREA SERVICE OFFICE ~

Colorado Springs Area Service Office 1353 South 8th St., Suite 209 Colorado Springs, CO 80905 (Include group name and number on check)

 \sim GENERAL SERVICE OFFICE \sim

P.O. Box 459 - Grand Central Station New York, NY 10163

(Include group name and number on check)

~ AREA 10 ~

Area 10 Treasurer 12081 West Alameda Parkway #418 Lakewood, CO 80228

(Include group name, number, and District 7 on check)

~ DISTRICT 7 ~

District 7 P.O. Box 26252

Colorado Springs, CO 80936

(Include group name, number, and district 7 on check)

~ PINK CAN CONTRIBUTIONS ~

Pink Can Contributions P.O. Box 40368 Denver, CO 80204

(Make checks payable to Area 10 Corrections Committee)

(Include group name and number on check)

Local Service Office

Hours: Monday-Friday 9 a.m. to 5 p.m. SAT.-SUN.: CLOSED

Location: 1353 South 8th Street, Suite 209, Colorado Springs, CO 80905

Contact the Service Office for Intergroup information 719-573-5020

E-mail: serviceoffice@coloradospringsaa.org Web site: www.coloradospringsaa.org

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Presented By: Colorado Springs Itergroup

Long Timers Dinner

Saturday, April 16th 3pm-7pm

Hosted At:

Odd Fellows Hall

575 South Union Blvd. Colorado Springs, CO, 80910

Itinerary:

3:00pm-Fellowship

4:00pm-Dinner

5:00pm-Sobriety Countdown

5:30pm-First Speaker

6:00pm-Second Speaker

6:30pm-Third Speaker

Long timers with 18 years or more get a free* ticket! All others are welcome, admission is \$10 at the door

Dinner:

Homemade Soup, Chili, Salad, & Bread

Speakers:

- *Patsy C.
- *Kevin M.
- * Annikki H.

Come and be apart of the experiance, strength, and hope that Colorado Springs has to offer! *Please R.S.V.P. by phone or email (719) 573-5020 serviceoffice@coloradospringsaa.org