

A Newsletter for the Pikes Peak Region of Alcoholics Anonymous

MAY, 2016

## THE PIKES PEAK PINT $extstyle \sim$

#### **Local Service Office**

Hours: Monday-Friday 9 a.m. to 5 p.m. SAT.-SUN.: CLOSED Location: 1353 South 8th Street, Suite 209, Colorado Springs, CO 80905

#### COMMITTEE INFORMATION

#### Archives:

Committee Meeting: 12:00 pm, 3rd Sunday of the month at Village Inn on Circle Drive & I-25.

#### **Public Information:**

Committee Meeting: 1<sup>st</sup> Saturday, 2:00 p.m., 1<sup>st</sup> floor Penrose Main Hospital, 2222 N. Nevada in Volunteer Coordinator Conference Room.

#### Cooperation with the Professional Community:

Committee Meeting: 6:00 p.m., 2<sup>nd</sup> Wednesday of the month at Vertec. 1123 Elkton Dr.

#### District 7:

Committee Meeting: 7:30 pm, 3<sup>rd</sup> Tuesday of the month at 420 N. Nevada, First United Methodist Church Room 135 (Boulder St. Access)

#### Treatment:

Committee Meeting: 12-1 pm, 2<sup>nd</sup> Saturday of the month, at Penrose Hospital Volunteer Conference Room, 2222 N. Nevada.

#### Special Needs:

Committee Meeting: No committee meetings scheduled at this time.

#### Nightwatch:

Night Owls Committee Meetings: 7:00 p.m., 1<sup>st</sup> Tuesday of the month at Sacred Heart Parish, 21st and Pikes Peak Room 10 -Following the New Beginners meeting.

#### Web Committee:

Committee Meetings: 1:00 p.m., second Saturday of the month. 5965 N. Academy Blvd. #203 Pikes Perk Coffee & Tea House

For more committee information including intergroup committees please go to coloradospringsaa.org

#### CONTRIBUTION ADDRESSES

#### ~ AREA SERVICE OFFICE ~

Colorado Springs Area Service Office 1353 South 8th St., Suite 209 Colorado Springs, CO 80905 (Include group name and number on check)

#### ~ GENERAL SERVICE OFFICE ~

P.O. Box 459 - Grand Central Station New York, NY 10163 (Include group name and number on check)

#### ~ AREA 10 ~

Area 10 Treasurer 12081 West Alameda Parkway #418 Lakewood, CO 80228

(Include group name, number, and District 7 on check)

#### ~ DISTRICT 7 ~

District 7

P.O. Box 26252

Colorado Springs, CO 80936

#### (Include group name, number, and district 7 on check) ~ PINK CAN CONTRIBUTIONS ~

Pink Can Contributions P.O. Box 40368 Denver, CO 80204

(Make checks payable to Area 10 Corrections Committee) (Include group name and number on check)

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# WE ARE NOT SAINTS: Art C. 52 Years Fernando R. 28 Years Jared R. 7 Years Jeff C. 5 Years Karen L. 10 Years Linda P. 3 Years Mary D. 22 Years

HAPPY HOUR:				
John G.	4/1/82			
Mike P.	4/5/15			
Michael M.	4/12/12			
Robin M.	4/21/86			
Rachael N.	4/28/04			
Dana	5/1/08			
Valerie B.	5/12/94			
Nadine C.	5/25/10			

DOWNTOWN:				
John O	5-25-89			
Tully D	5-26-05			
Dan C	5-29-12			
Tom D	5-29-12			
Jeremy H	5-31-11			
Missy	5-20-14			
Benjamen	5-4-14			
Brandi S	5-15-15			
Dave R	5-1-12			
Kenneth A	5-3-13			
Harney Y	5-5-12			
Christina R	5-5-13			
Jessy R	5-6-13			
Monique G	5-9-13			
Donald S	5-9-12			
Dale C	5-16-12			
Marty K	5-3-93			
Brian I	5-10-10			

NEW WOMAN:				
Marykatherine M.	34 Years			
Kathy B.	9 Years			
Michelle G.	3 Years			
Peggy C.	2 Years			
Laurie G.	2 Years			
Mary D.	22 Years			
Teddi B.	1 Year			

EASY DOES IT:				
Trisha D.	05/01/2009			
Lisa C.	05/04/2009			
John W.	05/09/2009			
Diane A	05/14/2015			
Chad V.	05/22/2003			
Elizabeth S.	05/25/2010			
Chris S.	05/25/1979			
Matt D.	05/28/2014			
Michael B.	05/29/2013			

# AA Programs Committee Report

First off, on behalf of the programs committee, we would like to thank everyone who helped out with the Long Timers Dinner. We could not have had such a successful event without the help from the I.S.R. group for access and help with the venue, the Colo-

rado Springs Inter Group Representatives for spreading the message and collecting contributions, the Colorado Springs Inter Group Board for all of their support, every single individual that volunteered, everyone who donated all of the delicious food, and so many countless others. Thank you for a very successful Long Timers Dinner! It was successful because of you.

"In my experience, the thrill of having an A.A. event you work on turn out to be a success is more intoxicating than any drink or drug ever was."

Being part of the Colorado Springs A.A. programs committee is such an honor and is beyond any description of a rewarding experience. And yes, it is an experience! In my experience, the thrill of having an A.A. event you work on turn out to be a success is more intoxicating than any drink or drug ever was.

The concept, planning, and set up can be very stressful. Sometimes the committee meetings leading up to the event can frustrate you the point of wondering why the hell you even volunteered in the first place. You worry about having enough volunteers for the event and if they will cancel at the last second or not show up at all (many will). Maybe you start to bump heads with another committee member over details or something you feel like is a huge part of the event. There are times when you don't get your way. Sometimes your personal life gets to be distracting from your commitment. Many other random things for the event concern you like: will there be enough food, will we spend more money than we make, and are we forgetting something, did we bite off more than we can chew, will everyone enjoy it, and the list goes on. You feel that you cannot be able to control things that you want to control or feel like you should. Then the big day comes and set up begins. You then remember that control was never yours in the first place.

In my experience, once the set up begins, the phrases that sometimes annoy me like, "it is what it is," "it works if you work it," and "live and let God," start to pop in my head. Andy once again, they are right. Things happen that you did not plan but many of your plans go without a hitch and, in the end, everything has a way of working out. People you planed on volunteering don't show up; however, more volun-

teers show up than the ones that canceled. The food always comes and sometimes you get leftovers. Things that you got so frustrated with because you felt that they were extremely important end up being irrelevant.

After the event ends, just like the survivors of the sinking ship analogy in the big book, you look at your fellow commit-

tee members (including the ones you may have bumped heads with) and there is a sense of joy and morale. We did it. To describe the unique feeling of being a part of something in a greater whole in your A.A. community is simply impossible. However, to fully understand the feeling is simple:

#### You "work it" because that is how "it works."

The next Inter Group event scheduled in Colorado Springs will be the Founder's Day Picnic on Saturday, June 11th. It will be held on the West side of Bear Creek Park (next to the Bear Creek Dog Park). If you are interested in being a part of the next event be sure and contact Kevin M. (Programs Chair) for more information at programs@coloradospringsaa.org or talk to your Inter Group Representative. I hope to see you there!

Molly

**CONCEPT 5:** Throughout our world services structure, a traditional "Right of Appeal" ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.



#### **STEP 5:**

Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

#### **TRADITION 5:**

Each group has but one primary purpose – to carry its message to the alcoholic who still suffers.

#### **TRADITION 5 CHECKLIST:**

- 1. Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?
- 2. Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?
- 3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
- 4. Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?
- 5. Do I help my group in every way I can to fulfill our primary purpose?
- 6. Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?

## **Tradition Five**

Tradition Five has two different messages. First is the main message: that lessly, or by preaching down - this can every AA group has a primary purpose, and that primary purpose is to carry its message to the alcoholic who still suffers.

The second message, which is implied by the first, is that groups can have purposes beyond just carrying the message. For example, every group has its own meeting format (or lack of one), and many groups focus their efforts on bringing people of similar life experiences together. There are men's meetings, women's meetings, meetings for LGBT people, meetings for people in certain professions (such as medicine or law), and meetings that follow a conception of a Higher Power embraced by many Native American spiritual traditions. Some groups run meetings by the clock; others are more organic, and the meeting is over only when all who care to have had a chance to share.

While these different focuses are both acknowledged (and, in Tradition Four, encouraged), Tradition Five reminds us all that what we do in our groups must have at its first focus carrying the group's message to the stillsuffering alcoholic.

One way in which groups sometimes fall short of this tradition is to spend inordinate amounts of time dealing with distractions, such as matters of

money and prestige. When large groups become continually dominated by one or two people – either in going on endinterfere with the primary purpose.

Perhaps a more prevalent problem is cliquishness. When cliquishness makes new people feel unwelcome, this also interferes with the primary purpose. We alcoholics are intensely lonely people, and we sometimes forget how hard it was for most of to get to the awful place that forces us to walk through the doors of AA. A healthy AA group finds ways to make the newcomer not just feel "welcome to AA," but "welcome home." Many of us find true connection with others for the first time in our lives inside AA. Because feeling accepted and welcomed helps the newcomer to hear our group's message, helping him or her to feel welcomed is a first way to carry out tradition five.

**Anonymous** 

# From the Grapevine...

"So long as there is the slightest interest in sobriety, the most unmoral, the most antisocial, the most critical alcoholic may gather about him a few kindred spirits and announce to us that a new Alcoholics Anonymous group has been formed. Anti-God, anti-medicine, antiour recovery program, even anti-each other – these rampant individuals are still an AA group if they think so!"

AA Co-Founder, Bill W., July 1946 "The Individual in Relation to AA as a Group" The Language of the Heart

#### **GROUP CONTRIBUTIONS**

GROUP NAME (2015-2016)	Fiscal Yr. to date	March	GROUP NAME (2015-2016)	Fiscal Yr. to date	March
A Common Solution	\$82.36	\$0.00	Off The Wall	\$234.92	\$0.00
Above the Bar Group	\$0.00	\$0.00	Old North End Study Group	\$323.31	\$0.00
Apex	\$177.88	\$0.00	Pre-Dawn Meeting	\$0.00	\$0.00
Back to Basics	\$867.37	\$69.28	Primary Purpose	\$200.00	\$200.00
Beacon Light Group	\$0.00	\$0.00	Progress Not Perfection	\$270.76	\$22.50
Big Book Action	\$826.69	\$0.00		· ·	·
Big Book Study UPH	\$292.38	\$0.00	Recovery in Action	\$677.59	\$0.00
Black Forest	\$679.13	\$0.00	Recovery, Unity, Service Group	\$156.00	\$0.00
Broadmoor	\$0.00	\$0.00	Saturday Early Morning Mtg.	\$472.25	\$0.00
Brown Baggers	\$300.00	\$0.00	Security Eye Opener	\$226.48	\$0.00
Central	\$20.00	\$0.00	Serenity Hour	\$775.00	\$75.00
Clean Air Group	\$82.00	\$0.00	Serenity Riders	\$560.00	\$0.00
Don't Worry Be Happy	\$1,113.19	\$0.00	Serenity Sisters	\$955.23	\$300.00
Down By The Creek	\$71.20	\$71.20	Solutions at Noon	\$455.64	\$0.00
Downtown Group	\$4,069.14	\$1,008.91	Sought Through Prayer & Meditation	\$254.07	\$23.50
Drylander's Group	\$40.46	\$0.00	Steel Magnolias	\$233.72	\$0.00
Easy Does It	\$120.00	\$0.00	Stepping Stones	\$0.00	\$0.00
Ellicott Group	\$592.11	\$111.11	Sunday Morning Speaker	\$1,525.00	\$416.00
Foxhall Group	\$249.87	\$0.00	Sunlight of the Spirit	\$280.00	\$0.00
Freedom From Bondage	\$100.00	\$0.00	Taking Steps	\$100.00	\$0.00
Friday Night Live	\$339.50	\$0.00	The Doctor's Opinion	\$202.25	\$0.00
Friday Women's Group	\$469.00	\$125.00	The Garage Meeting	\$38.00	\$0.00
Good Ole Boys	\$0.00	\$0.00	Then and Now	\$147.00	\$0.00
Happy Destiny	\$152.00	\$0.00	Thursday Men's Group	\$1,600.00	\$0.00
Happy Heathens	\$200.00	\$0.00	Thursday NoonWoodland Park	\$112.50	\$0.00
Happy Hour	\$214.27	\$0.00	Traditions Only	\$29.00	\$29.00
Happy, Joyous & Free	\$19.00	\$0.00	Treating The Illness	\$196.75	\$0.00
High Noon	\$264.00	\$25.00	Turning Point	\$147.44	\$147.44
H.O.W.	\$100.00	\$0.00	Ute Pass Breakfast Group	\$50.00	\$0.00
Into Action	\$717.78	\$267.78	Veterans for AA	\$0.00	\$0.00
Keystone to Recovery	\$100.00	\$0.00	Walk the Talk	\$2,600.00	\$0.00
Lake George Group	\$144.50	\$59.50	Walking on Water	\$36.00	\$0.00
Little Log Church Group	\$454.00	\$0.00	We Are Not Saints	\$1,578.55	\$162.63
Living Free	\$217.50	\$0.00	Westside Eye Opener	\$0.00	\$0.00
Living Sober South	\$338.68	\$30.00	Women of Grace	\$215.50	\$0.00
M.A.G.	\$446.50	\$0.00	Woodland Park Beginners	\$0.00	\$0.00
Natural High	\$27.00	\$0.00	Woodland Park Book Study	\$310.00	\$0.00
New Beginners	\$867.45	\$0.00	Woodland Park Women's Step Study	\$156.35	\$34.00
New Woman	· ·		Young People	\$624.57	\$0.00
	\$821.68	\$0.00			·
Northwesters	\$950.13	\$0.00	Totals:	\$32,270.65	\$3,177.85



### Want to be part of the Colorado State Convention? Host one of the Meetings!

If you or members of your Home Group are planning on attending this year's State Convention, September 2-4, 2016, at the Westin Hotel in Westminster, CO; please consider bringing your group's meeting format with you and Host/Chair one of the continuous meetings.

These meetings will be held throughout the weekend beginning at 5:00PM on Friday through 11:00AM on Sunday. The meetings end at Midnight on Friday and Saturday and begin at 6:00AM on Saturday and Sunday. There will be no meetings held during the Speaker Meetings so no one will have to miss those events. These will all be open meetings allowing everyone to attend.

Additionally, for scheduling purposes, it would be great if groups would sign-up generally for this opportunity, however, if your group needs a specific date or time, I will try to accommodate everyone on a first come, first served basis.

It would be wonderful to have Home Groups represented from all over the State to share their style of meeting with everyone at the convention. Please consider this important service opportunity.

Thank you for your attention to this matter and I'll see you all at the State Convention.

In order to sign your group up or get more information please CONTACT:

David G. at (720) 550-7384 Home or (503) 913-0343 Cell E-Mail: DLOgee630@gmail.com

If you're directed to voicemail please leave your name and a contact phone number and I will get back to you as soon as possible.

Additional information about the convention can be obtained by going to:
<a href="mailto:convention.coloradoaa.org">convention.coloradoaa.org</a>



In the month of MARCH,
the Service Office received
3 Grateful Giver contributions,
1 Personal contributions,
and
2 Birthday contributions!

Thank You!

#### **NEW MEETINGS:**

**Corona House Meeting (open)** 

Tuesday at 7:30 p.m. 1509 S Corona Avenue, 80905

Oasis Group @ Noon (open)

Using "As Bill Sees It:" on: Monday, Tuesday & Wednesday. Speaker meeting on Friday. First Lutheran Church N Cascade and E Caramillo (in the church house). 1515 N Cascade, 80907

# **HEY.!?!**

# **ALL YOU'Z DRUNKS OUT THERE.!**

I just wanted to remind you that **YOUR** Area Service Office sells books! **THAT'S RIGHT FOLKS, BOOKS!!** 

Imagine that.!! ...and, that's not all...

For **YOUR** convenience they also stock medallions, stickers, pamphlets and (...wait for it...) BOOKMARKS! **WOW!!** 

Did you know that if you buy five or more Big Books you'd get a discount.? Yup, it's true...

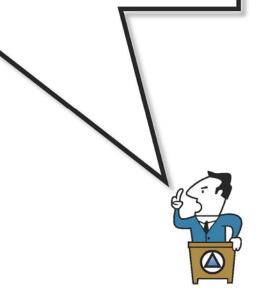
Not only that, if you buy five or more select books, you'll get the same break. (call or come by for details)

So, why support the big corporate machine? You can keep your money working for <u>YOU</u> right here in <u>YOUR</u> backyard. By purchasing your books 'n stuff locally you help keep Nightwatch answering phones, you help Programs organize events and most importantly, you help keep the Service Office doors open to help the alcoholic that still suffers. Now, isn't that what we're all about?

# Colorado Springs Area <u>Service</u> Office

1353 South 8th Street, Suite 209, Colorado Springs, CO 80905 ~ (719) 573-5020 ~

Monday-Friday 9 a.m. to 5 p.m. Closed: Saturday and Sunday





# TRADITIONS BREAKFAST MEETING

# Tradition Eleven

A. A. Traditions Discussion Meeting Sunday May 15, 2016 @ 10:00am / 12:00pm

At Village Inn on Circle and I-25

Subsequent meetings on the 3<sup>rd</sup> Sunday of each month!

Arrive at 9:00am to enjoy some breakfast and fellowship before the meeting begins!

When arriving at Village Inn simply tell the Hostess you are here for TRADITIONS. She will politely direct you to the "BUBBLE".