

A Newsletter for the Pikes Peak Region of Alcoholics Anonymous

September, 2016

# ~THE PIKES PEAK PINT~

# Don't Miss the Miracle!

Someone in A.A. once told me that the promises listed on the bottom of page 83 and the top of page 84 are not optional for alcoholics who intend to live sober lives. Our alternatives are to either drink for oblivion or live lives of serenity, purpose and happiness. Recovery dictates that I take actions that I would not take otherwise. In return, I receive blessings that I would not have received otherwise. I believe that this is the "blessing" that comes with being an alcoholic.

The moment we begin taking the steps, we begin making amends. The first step is amending the way we view our illness and our definition of a successful life. The second and third steps are amends to the way we view God and our approach to a relationship with Him. In steps four and five, we make our first attempt to amend our views regarding the past and the future. Steps six and seven require an amend to the way we rely on God for the power to solve our problems. Step eight and nine demand a willful effort from us to amend our past behavior to the best of our ability. Steps ten and eleven are "living" amends to ourselves, God and the people around us. We get to share our new way of living with others in step twelve.

My experience has been that it is easy to get overwhelmed and put off making amends. I would like to wait for the resources to become available before I set out to make an amend. However, it doesn't usually work that way. More often, I must take a leap of faith and begin making amends without knowing where the resources will come from. If I'm willing and I take the action, the resources seem to precipitate out of thin air. The result is that I experience the power of God's hand in my life. The miracles that I have experienced through this process have allowed me to truly rely on God and experience His promises.



# Leigh T. 11 Years

**NEW WOMAN:** 

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Cathy B.	5 Years		
Cindy S.	5 Years		
Laurel B.	26 Years		
Jeri R.	4 Years		
Linda Marie C.	26 Years		
Melissa S.	2 Years		
Sanay	2 Years		
Ellen S.	1 Year		
Bethlehem	1 Year		

# **STEEL MAGNOLIAS:**

Jane B.	38 Years
Kelly C.	23 Years
Linda C.	31 Years
Susan H.	31 Years

# **WE ARE NOT SAINTS:**

Linda-Marie C.	26 Years
Greg C.	12 Years
Jeff S.	8 Years
Joe S.	23 Years
Larry Y.	18 Years

# FRIDAY WOMEN'S:

Eileen S.	9/8/84
Ruth H.	9/1/85
Bev C.	9/23/07
Amy L.	9/2/08
Mary O.	9/2/08
Theresa	9/13/08
Caleen	9/29/08
Rhonda	9/17/09
Cathy B.	9/27/14
Sanay M.	9/7/14
Jan	9/30/14
Ellen S.	9/18/15

# **EASY DOES IT:**

Bev C. 9/23/2007

# **CONCEPT 9:**

Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous.



# **STEP 9:**

Made direct amends to such people wherever possible, except when to do so would injure them or others.

# **TRADITION 9 CHECKLIST:**

A.A., as such, ought never be organized but we may create service boards or committees directly responsible to those they serve.

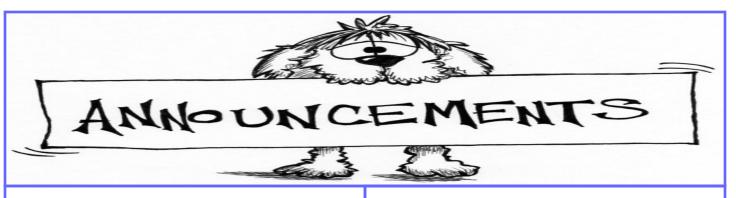
- 1. Do I still try to boss things in AA?
- 2. Do I resist formal aspects of AA because I fear them as authoritative?
- 3. Am I mature enough to understand and use all elements of the AA program—even if no one makes me do so—with a sense of personal responsibility?
- 4. Do I exercise patience and humility in any AA job I take?
- 5. Am I aware of all those to whom I am responsible in any AA job?
- 6. Why doesn't every AA group need a constitution and bylaws?
- 7. Have I learned to step out of an AA job gracefully—and profit thereby—when the time comes?
- 8. What has rotation to do with anonymity? With humility?

# Some One-Liners...

- My Mind is like a bad neighborhood—you don't want to go there alone.
- I was violating my moral code faster than I could revise it.
- Accept people from the top of their head to the bottom of their feet.
- You don't have to like people's behavior, you just need to love them.
- Just do the next right thing.
- We are spiritual beings having a human experience—not human beings having a spiritual experience.
- There is nothing so bad that a drink couldn't make worse.
- When the only tool in your toolbox is a hammer, all of your problems look like nails.
- I would take one step forward and two steps back but I got to where I was going because I was pointed in the wrong direction to begin with.
- The only thing you need to change is everything.
- If you feel guilty, it's because you are.
- First I came, then I came to, then I came to believe.
- I was comparing my insides to other people's outsides.
- When I came in, I couldn't hear the words but I could hear the music.
- Poor me...Poor me...Pour me a drink.
- All you need to start a new meeting is a resentment and a coffee pot.
- I may not be much but I'm all I think about.
- We are so good at fooling ourselves, we could make a living at it.
- One foot in the past, one foot in the future...and pissing all over today.
- Take the cotton out of your ears and put it in your mouth.
- (An old one)...The message is under the ashtray.
- What you came here looking for, you came here looking with.
- I wanted to serve God—just as His adviser.
- Serenity is not the absence of conflict, just the ability to cope with it.
- When a co-dependent is drowning, someone else's life flashes before their eyes.
- Action alleviates anxiety.
- No great thing is created suddenly.
- You can wake up and say, "Good God, it's morning" or, "Good morning God!"
- Remember: When you ask a gorilla to dance, he's the one who decides when you stop.
- Denial isn't just a river in Egypt.
- Expectation is a premeditated resentment.
- A grateful alcoholic is a sober alcoholic.
- Stay long enough and you will get the chance to clean up the wreckage of your present.
- Worry is an ironic form of hope.
- Today is a gift—that's why it's called the present.
- If you have to control your drinking, your drinking must be out of control.
- Put down the weapons and pick up the tools.
- If you want what you've never had, you must do what you've never done
- If God brings you to it, He will bring you through it.

# **GROUP CONTRIBUTIONS**

GROUP NAME (2016-2017)	YTD	JULY	GROUP NAME (2016-2017)	YTD	JULY
A Common Solution	\$62.73	\$0.00	Northwesters	\$231.49	\$0.00
Above the Bar Group	\$0.00	\$0.00	Off The Wall	\$63.43	\$0.00
Apex	\$131.65	\$0.00	Old North End Study Group	\$95.68	\$95.68
Back to Basics	\$358.40	\$97.53	One Six Four	\$30.00	\$30.00
Beacon Light Group	\$100.00	\$0.00	Pre-Dawn Meeting	\$0.00	\$0.00
Big Book Action	\$300.00	\$0.00	Primary Purpose	\$0.00	\$0.00
Big Book Study UPH	\$0.00	\$0.00	Progress Not Perfection	\$80.25	\$32.50
Black Forest	\$341.42	\$188.00	Recovery in Action	\$293.50	\$213.15
Broadmoor	\$0.00	\$0.00	Recovery, Unity, Service Group	\$0.00	\$0.00
Brown Baggers	\$0.00	\$0.00	Saturday Early Morning Mtg.	\$304.40	\$69.60
Central	\$0.00	\$0.00	Security Eye Opener	\$125.00	\$125.00
Clean Air Group	\$80.00	\$0.00	Serenity Hour	\$275.00	\$75.00
Don't Worry Be Happy	\$17.12	\$17.12	Serenity Riders	\$0.00	\$0.00
Down By The Creek	\$0.00	\$0.00	Serenity Sisters	\$0.00	\$0.00
Downtown Group	\$1,001.52	\$0.00	Solutions at Noon	\$0.00	\$0.00
Drylander's Group	\$0.00	\$0.00	Sought Through Prayer & Meditation	\$128.40	\$57.00
Easy Does It	\$0.00	\$0.00	Steel Magnolias	\$131.76	\$72.13
Ellicott Group	\$0.00	\$0.00	Stepping Stones	\$0.00	\$0.00
4th Dimension Rocketeers	\$50.00	\$50.00	Sunday Morning Speaker	\$420.00	\$0.00
Foxhall Group	\$250.00	\$0.00	Sunlight of the Spirit - Women's 12x12	\$300.00	\$300.00
Freedom From Bondage	\$0.00	\$0.00	Taking Steps	\$231.00	\$0.00
Friday Night Live	\$0.00	\$0.00	The Doctor's Opinion	\$100.00	\$0.00
Friday Women's Group	\$0.00	\$0.00	The Garage Meeting	\$97.20	\$0.00
Good Ole Boys	\$100.00	\$0.00	Then and Now	\$60.00	\$60.00
Happy Destiny	\$87.76	\$0.00	Thursday Men's Group	\$340.00	\$0.00
Happy Heathens	\$0.00	\$0.00	Thursday NoonWoodland Park	\$72.00	\$0.00
Happy Hour	\$0.00	\$0.00	Traditions Only	\$92.00	\$92.00
Happy, Joyous & Free	\$0.00	\$0.00	Treating The Illness	\$0.00	\$0.00
High Noon	\$80.00	\$60.00	Turning Point	\$0.00	\$0.00
H.O.W.	\$300.00	\$300.00	Ute Pass Breakfast Group	\$0.00	\$0.00
Into Action	\$240.00	\$240.00	Veterans for AA	\$0.00	\$0.00
Keystone to Recovery	\$0.00	\$0.00	Walk the Talk	\$275.00	\$200.00
Lake George Group	\$0.00	\$0.00	Walking on Water	\$0.00	\$0.00
Little Log Church Group	\$125.00	\$44.00	We Are Not Saints	\$1,352.45	\$0.00
Living Free	\$57.00	\$0.00	Westside Eye Opener	\$0.00	\$0.00
Living Sober South	\$169.70	\$75.30	Women of Grace	\$95.00	\$95.00
M.A.G.	\$367.97	\$0.00	Woodland Park Beginners	\$0.00	\$0.00
Meditation Group	\$234.00	\$0.00	Woodland Park Book Study	\$157.33	\$0.00
Natural High	\$0.00	\$0.00	Woodland Park Women's Step Study	\$84.00	\$84.00
New Beginners	\$205.39	\$0.00	Young People	\$0.00	\$0.00
New Woman	\$318.84	\$151.50	Totals:	\$10,413.39	\$2,824.51



# **MEETING CANCELLATION:**

# Easy Does It Group (EDIG)

2:00 Sunday, Open Discussion 3760 Astrozon Blvd, 80910 (West Of Academy at Vickers and Tuckerman Lane) After September 25th, Only the 2:00 Sunday meeting will be cancelled.

# **MEETING CHANGE:**

# **District 7 Meeting**

7:00pm, 3<sup>rd</sup> Tuesday of the month First United Methodist Church 420 N. Nevada, Room 135 (Boulder St. Access)

Time has changed from 7:30pm to 7:00pm

# **CPC Committee Meeting**

(Cooperation with the Professional Community)
4:30pm, Second Sunday of the month
Conference Call:
Dial 641-715-0700 Access Code 740427
This meeting no longer meets at Vertec on the second Wednesday of the month.

# We Are Not Saints—Beginners

(Closed) 10:30am on Mondays Front Range Alliance Church 5210 Centennial Blvd., 80919

Formerly called "Babies and Boozers," it is no longer an open meeting.

# **MEETING ANNOUNCEMENTS:**

### WALK THE TALK HAS MOVED!

Now located at: 2334 Vickers Drive (West Of Academy at Vickers and Tuckerman Lane) In the month of **JULY**the Service Office received

3 Grateful Giver contributions.

2 Personal contributions,

and

2 Birthday contributions!



# DO YOU HAVE A SUBMISSION FOR THE PINT?

Articles
Cartoons
Event Fliers
Jokes
Poems
Birthdays
Even feedback

Articles should be either 300-400 or 600-800 words long.

(.pdf , .doc or .docx format is preferred.)

PLEASE SEND SUBMISSIONS TO:

pint@coloradospringsaa.org

# 2016 UNITY DAY – DISTRICT 8 – PUEBLO COLORADO SEPTEMBER 17, 2016

District 8 hereby invites everyone to its 2016 Unity Day to be again held at the Wesley United Methodist Church, 85 Stanford Ave., Pueblo, CO. The theme this year is "UNITY" to remind us of why and how we should trudge the road of happy destiny. There are no dues or fees but we will accept contributions. Please encourage everyone to come and experience our wonderful fellowship here in Southeast Colorado.

FOR MORE INFORMATION OR TO VOLUNTEER PLEASE SEE THE FLIER ON THE EVENT PAGE AT COLORADOSPRINGSAA.ORG

# Area 10 Public Information Workshop What we do and how we do it!

Hosted by District 8 Unity Day Event

Date: September 17th, 2016

Time: 12:30 pm to 2:30 pm

Location: Wesley United Methodist Church, 85 Stanford Ave., Pueblo, CO.

We will show examples of the kind of activities we as a committee do and how we practice the traditions in the process of doing PI work.

WHAT UTH 8TH STR AT THE Saturday, September 24, 2016

From 10:00am to 4:00pm

~ 50 ~

Save the date and plan to come to your Service Office to enjoy one day only savings on literature and coins n'stuff. Grilled burgers from 12:00 to 2:00pm with all the trimmin's and meet the Intergroup Board, DCMs & Office Staff.

Tired of riding *on* the fellowship and want to get inside?

Sponsor pestering you to do some service work?

Want to get involved but just don't know what to do?

Then jump right in and start answering the phone!

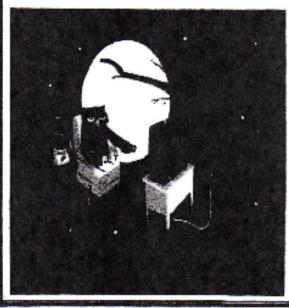
# That's right ladies and gentlemen, NIGHTWATCH needs YOU!



Nightwatch is one of the most rewarding service positions available.

Thanks to the spirit of rotation we all get a chance to do a little service that has a HUGE impact.

You might make a new friend or run into an old one. You could even save a life simply by answering the phone!



For more information please contact the Nightwatch Chair at 719-538-6017

OR E-Mail
nightwatch@coloradospringsaa.org
Or contact the
Area Service Office
at 719-573-5020

# **HEY.!?!**

# **ALL YOU'Z DRUNKS OUT THERE.!**

I just wanted to remind you that **YOUR** Area Service Office sells books! **THAT'S RIGHT FOLKS. BOOKS!!** 

Imagine that.!! ...and, that's not all...

For **YOUR** convenience they also stock medallions, stickers, pamphlets and (...wait for it...) BOOKMARKS! **WOW!!** 

Did you know that if you buy five or more Big Books you'd get a discount.? Yup, it's true...

Not only that, if you buy five or more select books, you'll get the same break. (call or come by for details)

So, why support the big corporate machine? You can keep your money working for <u>YOU</u> right here in <u>YOUR</u> backyard. By purchasing your books 'n stuff locally you help keep Nightwatch answering phones, you help Programs organize events and most importantly, you help keep the Service Office doors open to help the alcoholic that still suffers. Now, isn't that what we're all about?

# Colorado Springs Area <u>Service</u> Office

1353 South 8th Street, Suite 209, Colorado Springs, CO 80905 ~ (719) 573-5020 ~

Monday-Friday 9 a.m. to 5 p.m. Closed: Saturday and Sunday



# SAVE THE DATE 2016 OCSoberfest

Oct. 7-9, 2016
Pueblo Convention Center - Pueblo, CO



# \* Speakers

Friday night - Kathy H., Taos, NM
Saturday morning - Longtimers trio of speakers
Saturday lunch - Laurel L., Wichita (AlAnon)
Saturday night - John K., Dallas, TX
Sunday morning - Ericka M., Cedar Rapids, IA

Workshops & Continuous Meetings Saturday Lunch, Dinner & Dance Hospitality Room & Ticketed Drawings

If you attended last year's OcSoberfest, you will receive a registration form by mail or email. To request a registration form, email your name and address to boos\_964@yahoo.com
Online registration at www.ocsoberfest.org after Aug. 1, 2016

## LOCAL SERVICE OFFICE

Hours: Monday-Friday 9 a.m. to 5 p.m.

SAT.-SUN.: CLOSED

Location: 1353 South 8th Street, Suite 209

Colorado Springs, CO 80905 Contact the Service Office 719-573-5020

E-mail: serviceoffice@coloradospringsaa.org

# **COMMITTEE MEETINGS**

### **ARCHIVES:**

NO MEETINGS SCHEDULED VOLUNTEERS NEEDED

### **PUBLIC INFORMATION:**

2:00pm, 1<sup>st</sup> Saturday of the month 1<sup>st</sup> floor Penrose Main Hospital 2222 N. Nevada in Volunteer Coordinator Conference Room

### C.P.C.:

(Cooperation with the Professional Community)
Second Sunday of the month
Conference Call:
Dial 641-715-0700 Access Code 740427

### **District 7:**

7:00pm, 3<sup>rd</sup> Tuesday of the month First United Methodist Church 420 N. Nevada, Room 135 (Boulder St. Access)

# **TREATMENT:**

12pm, 2<sup>nd</sup> Saturday of the month Penrose Hospital Volunteer Conference Room 2222 N. Nevada.

### **SPECIAL NEEDS:**

NO MEETINGS SCHEDULED VOLUNTEERS NEEDED

### **NIGHTWATCH:**

7:00pm, 1<sup>st</sup> Tuesday of the month Sacred Heart Parish 21<sup>st</sup> and Pikes Peak

Room 10 - Following the New Beginners meeting

For more committee information, please go to coloradospringsaa.org

# CONTRIBUTION ADDRESSES

### ~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs Area Service Office 1353 South 8<sup>th</sup> St., Suite 209 Colorado Springs, CO 80905 (Include group name and number on check)

### ~ GENERAL SERVICE OFFICE ~

Payable to: GSO
P.O. Box 459 - Grand Central Station
New York, NY 10163
(Include group name and number on check)

### $^{\sim}$ AREA 10 $^{\sim}$

Payable to: Area 10 Treasurer 12081 West Alameda Parkway #418 Lakewood, CO 80228 (Include group name, number and District 7 on check)

### ~ DISTRICT 7 ~

Payable to: District 7
P.O. Box 26252
Colorado Springs, CO 80936
(Include group name, number and district 7 on check)

### ~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee P.O. Box 40368 Denver, CO 80204 (Include group name and number on check)

CASH ACCEPTED IN PERSON ONLY

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or you can get a copy for only \$1.00 at the Area Service Office