

A Newsletter for the Pikes Peak Region of Alcoholics Anonymous

December, 2016

~THE PIKES PEAK PINT~

Growth Through Service

Volunteering at the service office weekly is great for feeling a sense of purpose in my life and understanding the inner workings of Alcoholics Anonymous, and Intergroup in Colorado Springs. I am happy to be a part of what's going on. I owe my life to this program.

I could not stay sober before I got involved in AA. I bounced in and out of the program for 6 years—mostly out. I tried just going to meetings, that didn't keep me sober for more than a few months at a time.

I tried working the first few steps with several sponsors, always finding a reason to stop calling them. I couldn't stay sober more than a few months at a time, even though I wanted it and thought I had made up my mind to stay sober each time.

It was not until I surrendered to working all 12-steps with a sponsor and jumped feet first into participating in service that I found lasting sobriety. Today, I have a little over a year sober and I deeply appreciate feeling useful. I was utterly useless and even harmful to be around before becoming an active member of AA.

The feeling is bordering on indescribable to be trusted, valued, and to participate in the sobriety of others. Sobriety is the focal point of my life; yet I do so much outside of AA, as well. Not only staying sober but growing in sobriety has allowed me to attend and succeed in college, which was far outside my reach when I began my journey. I was unreliable and unemployable. I'm in school full time now and I have a job that pays my bills. Showing up for service has allowed me to practice being reliable.

Today when life happens, I have a support system in AA. I've been going through some rougher things recently. Through my service position and AA meetings, I have experienced how much my peers are willing to step up, talk to me, and help me. They have taught me not to dwell on negative things but to ask what I can do now to move forward towards better things and closer to my Higher Power.

APRIL



STEEL MAGNOLIAS:

Cora J.	14 Years
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WE ARE NOT SAINTS:			
Bruce A.	32 Years		
Daniel G.	2 Years		
James K.	2 Years		

Mary R.

8 Years

NEW WOMAN:			
Ashley C.	23 Years		
Ginny M-R	22 Years		
Joan B.	21 Years		
Beth P.	4 Years		

FRIDAY WOMEN'S:			
Jeri H.	12/12/1991		
Mi Lou	12/26/1990		
Nan P.	12/27/1983		
Joan L.	1/05/2013		

EASY DOES IT:			
Robert S.	12/02/2012		
Mark K.	12/05/1999		
Wandaleen T.	12/08/1992		
Carol B.	12/10/1980		
Brandon B.	12/12/2012		
James S.	12/15/2012		
Michelle S.	12/22/2012		
Rexalyn S.	12/22/2012		
Jerry R.	12/28/2013		

FOXHALL:			
Eric R.		12/04/2014	

DOWNTOWN	GROUP:
Nick W.	12/01/2011
Randy H.	12/02/2011
Michael R.	12/02/2014
Terri L.B.	12/04/2015
Lauren M.	12/06/2013
Quest T.	12/07/2014
Kolsie C.	12/10/2011
Marie R.	12/10/2005
Christopher L.	12/11/2013
Ron G.	12/12/2012
Jim	12/12/2013
Jesse R.	12/12/2014
Jessica K.	12/13/2014
Liz H.	12/16/2012
Kelly B.	12/16/2013
Rob A.	12/17/2012
Kevin R.	12/17/2000
Steve G.	12/22/2012
Tiffany M.	12/26/2013
Michelle O.	12/27/1995
Chris F.	12/29/2012
Jean M.	12/30/2013
Steve V.	12/31/2014

CONCEPT 12:

General Warranties of the Conference: in all its proceedings, the General Service Conference shall observe the spirit of the A.A. Tradition, taking great care that the conference never becomes the seat of perilous wealth or power; that sufficient operating funds, plus an ample reserve, be its prudent financial principle; that none of the Conference Members shall ever be placed in a position of unqualified authority over any of the others; that all important decisions be reached by discussion vote and whenever possible, by substantial unanimity; that no Conference action ever be personally punitive or an incitement to public controversy; that though the Conference may act for the service of Alcoholics Anonymous, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous which it serves, the Conference itself will always remain democratic in thought and action.

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STEP 12:

Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

TRADITION 12 CHECKLIST:

Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

- 1. Why is it a good idea for me to place the common welfare of all AA members before individual welfare? What would happen to me if AA as a whole disappeared?
- 2. When I do not trust AA's current servants, who do I wish had the authority to straighten them out?
- 3. In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober?
- 4. Do I ever try to get a certain AA group to conform to my standards, not its own?
- 5. Have I a personal responsibility in helping an AA group fulfill its primary purpose?
- 6. Do I do all I can do to support AA financially?
- 7. Do I complain about certain AAs' behavior—especially if they are paid to work for AA?
- 8. Do my words always reflect the Tenth Tradition?
- 9. Is my sobriety a type that others would want it?
- 10. What is the real importance of me among more than a million AAs?

Blessed

I do not raise my children. This is a fact of my life. Different views perceive this many ways. Not all of which are good. It has taken me a very long time to look at the situation with peace the way I do. Many years were spent believing I was morally wrong. The words, behaviors, and interactions with most people left me with a feeling of shame. Should I have my children with me at all times? That is the question that wreaked havoc throughout my mind. One day on a set of steps it was made glaringly clear: a question asked by my sponsor: Did I do and/or am I currently doing my job? Are my children all right? Are they taken care of? Well, "yes" has always been the answer. More often than not, they have been better cared for than I could have done. I write this to share that the hardest thing I have ever done is the same thing I continue to do on a daily basis; I love my children enough to be apart from them. One day it may be different. Whether it be in my life, or in the view of someone else.

As for me,

My program,

My life...

Every day is a new pair of glasses.

Some days the lenses are a little smudged. Some days the lenses get cracked.

But each day is a new pair. How blessed is that????????

VANESSA R.

Helping Others

I have heard it said that members who hold service positions are more likely to stay sober. I have taken this advice and make it a point to always hold some sort of service position.

I started off making coffee for the Big Book Action group back in 1992. Since then, I have been Intergroup rep., GSR, treasurer, reader, chairperson, speaker, Intergroup events planner, greeter, room setup, more coffee, sponsor, sponsee.

No matter what service I am doing, I have found that, while I am doing it, I get relief from my own self; I get out of my own head for a minute. And it's amazing what God can do during the short time I'm away from my own thoughts!

One day, I realized that my sponsor always thanks me for calling him or meeting with him...like I'm the one who is doing him the favor. Maybe I am doing him a favor. Maybe that's why they say you should call your sponsor if you're thinking about drinking—not because they can remove your obsession—because you are helping another alcoholic stay sober when you call them.

Today, I make sure that I thank anyone who calls on me. Even if they think I'm doing them a favor, I know the truth: They are helping me stay out of God's way while he works wonders in my life.

ANONYMOUS

GROUP CONTRIBUTIONS

GROUP NAME (2016-2017)	YTD	OCTOBER	GROUP NAME (2016-2017)	YTD	OCTOBER
A Common Solution	\$62.73		Northwesters	\$231.49	
Above the Bar Group	\$0.00		Off The Wall	\$102.67	\$39.24
Apex	\$340.04	\$208.39	Old North End Study	\$95.68	
Back to Basics	\$606.08	\$97.07	One Six Four	\$85.00	
Beacon Light Group	\$100.00		Pre-Dawn Meeting	\$33.00	\$33.00
Big Book Action	\$776.77	\$476.77	Primary Purpose	\$0.00	
Big Book Study UPH	\$250.00		Progress Not Perfection	\$102.38	
Black Forest	\$570.99	\$229.57	Recovery in Action	\$430.00	\$136.50
Broadmoor	\$0.00		Recovery, Unity, Service	\$0.00	
Brown Baggers	\$0.00		Saturday Early Morning	\$424.40	\$120.00
Central	\$10.00		Security Eye Opener	\$125.00	
Clean Air Group	\$80.00		Serenity Hour	\$425.00	\$50.00
Don't Worry Be Happy	\$90.99		Serenity Riders	\$188.80	
Down By The Creek	\$0.00		Serenity Sisters	\$126.46	
Downtown Group	\$2,121.53		Sober Sisters	\$102.13	\$43.68
Drylander's Group	\$23.25		Solutions at Noon	\$0.00	
Easy Does It	\$0.00		Sought Through Prayer & Meditation	\$188.15	
Ellicott Group	\$0.00		Steel Magnolias	\$131.76	
4th Dimension Rocketeers	\$50.00		Stepping Stones	\$0.00	
Foxhall Group	\$499.87		Sunday Morning Speaker	\$745.00	
Freedom From Bondage	\$0.00		Sunlight of the Spirit	\$300.00	
Friday Night Live	\$107.50		Taking Steps	\$376.62	
Friday Women's Group	\$225.00	\$225.00	The Doctor's Opinion	\$100.00	
Good Ole Boys	\$200.00	\$100.00	The Garage Meeting	\$173.80	\$24.60
Happy Destiny	\$87.76		Then and Now	\$60.00	
Happy Heathens	\$0.00		Thursday Men's Group	\$340.00	
Happy Hour	\$0.00		Thursday NoonWoodland Park	\$72.00	
Happy, Joyous & Free	\$0.00		Traditions Only	\$92.00	
High Noon	\$140.00	\$60.00	Treating The Illness	\$175.45	\$175.45
H.O.W.	\$300.00		Turning Point	\$0.00	
Into Action	\$420.00		Ute Pass Breakfast Group	\$0.00	
Keystone to Recovery	\$100.00		Veterans for AA	\$0.00	
Lake George Group	\$0.00		Walk the Talk	\$1,750.00	\$850.00
Little Log Church Group	\$237.00		Walking on Water	\$60.00	
Living Free	\$57.00		We Are Not Saints	\$2,214.17	
Living Sober South	\$241.70		Westside Eye Opener	\$0.00	
M.A.G.	\$367.97		Women of Grace	\$95.00	
Meditation Group	\$234.00		Woodland Park Beginners	\$0.00	
Natural High	\$0.00		Woodland Park Book Study	\$157.33	
New Beginners	\$351.24		Woodland Park Women's Step Study	\$84.00	
New Woman	\$474.37	\$155.53	Young People	\$667.98	\$667.98
			Totals:	\$19,381.06	\$3,692.78

10th Step INVENTORY

Complete this inventory at the end of any day, especially if you don't feel right. If you run out of space in any box, continue on other side.

Was I				
RESENTFUL?	Of who?	SELFISH?	How?	
DISHONEST?	How?	FEARFUL?	Of what?	
DISHOREST	now:	I EARI OE:	Of Wildt:	
Am I obsessing about any	thing?	Am I keeping any secre	ets?	
Am I obsessing about any	umg.	Am I keeping any secre	ecs:	
Did I cause any harm? Do	I owe any	Was I kind and loving toward all?		
apologies?		What could I have don	e better?	
SOBER ACTIONS CHECKLI	ST	TO-DO LIST		
☐ Did I go to a meeting?		I will discuss my	secrets with:	
□ Did I pray?		,,,,		
☐ Did I call my sponsor?				
☐ Did I call another alcoholi	c?	I will apole	ogize to:	
☐ Did I help anyone?				
☐ Did I do service?				
☐ Did I meditate?				
☐ Did I fellowship?		I will pray for relief f		
□ Did I read any literature?		and for guidance in	my future actions.	



An Afternoon of AA Speakers

from the Greater Colorado Springs Region

Please join us Sunday, January 29, 2017 from 1:00 - 5:00 PM at the Clarion Hotel and Conference Center, 2nd Floor, 314 W. Bijou St., for 3 local AA speakers from the Colorado Springs area sharing experience, strength, and hope with one another.

This is an AA event. Any profits will be given to ASO, District 7 or GSO.

The Speakers will be drawn from a pool after the start of the year and will speak at 1:15, 2:30, and 3:45.

The event is Free,

unlimited coffee will be available for \$2

and there will be a potluck,

so those who are so led are encouraged to share some love.

If there are questions or nominations for speakers to be added into the pool,

please call Dan at 719.244.6847

In the month of OCTOBER
the Service Office received
3 Grateful Giver contributions,
1 Personal contributions,
and
3 Birthday contributions!



DO YOU HAVE A SUBMISSION FOR THE PINT?

Articles
Cartoons
Event Fliers
Jokes
Poems
Birthdays
Even feedback

PLEASE SEND SUBMISSIONS TO:

pint@coloradospringsaa.org

.pdf or .doc formats preferred

It is our understanding that The Rocky Mountain Recovery Club no longer exists. All the meetings that were held there are now at the new address for Primary Purpose. Fellowship Hall still exists but it is now a meeting space only (they hold CA, NA, etc. meetings also, similar to Clean Slate).

These meetings have moved from 3425 Van Teylingen Drive to 3450 W. Carefree Circle:

Primary Purpose Noon Meeting

(Open, handicap access)
12:00pm Monday-Saturday

Primary Purpose Big Book Study

(Open, handicap access) 6:00pm Monday

Primary Purpose Newcomer Meeting

(Open, handicap access) 6:00pm Tuesday

The Fourth Dimension Rocketeers

(Open discussion, handicap access) 7:30pm Tuesday

Primary Purpose, Men's Stag Meeting

(Closed, handicap access) 6:00pm Wednesday

Primary Purpose Women's

(Closed, handicap access) 4:30pm Thursday

Primary Purpose Beginners' Discussion

(Open, handicap access) 12x12 Study 6:30pm Thursday Time also Changed from 6pm-6:30pm

Primary Purpose Speaker Meeting

(Open, handicap access) 6:00pm Friday

Primary Purpose Big Book Study

(Open, handicap access) 8:00pm Friday

Primary Purpose Came to Believe

(Open, handicap access)
9:00am Saturday
New Meeting

Primary Purpose Grapevine

(Open, handicap access)
4:00pm Saturday
Time also Changed from 4pm-4:30pm

Spiritual Meeting @ Fellowship Hall

(Open, handicap access) 11:00am Sunday New Meeting

Primary Purpose

(Open, handicap access) 12:30pm Sunday

Primary Purpose Noon Meeting

(Open, handicap access) 6:00pm Sunday

HEY.!?!

ALL YOU'Z DRUNKS OUT THERE.!

I just wanted to remind you that **YOUR** Area Service Office sells books! **THAT'S RIGHT FOLKS, BOOKS!!**

Imagine that.!! ...and, that's not all...

For **YOUR** convenience they also stock medallions, stickers, pamphlets and (...wait for it...) BOOKMARKS! **WOW!!**

Did you know that if you buy five or more Big Books you'd get a discount.? Yup, it's true...

Not only that, if you buy five or more select books, you'll get the same break. (call or come by for details)

So, why support the big corporate machine? You can keep your money working for <u>YOU</u> right here in <u>YOUR</u> backyard. By purchasing your books 'n stuff locally you help keep Nightwatch answering phones, you help Programs organize events and most importantly, you help keep the Service Office doors open to help the alcoholic that still suffers. Now, isn't that what we're all about?

Colorado Springs Area <u>Service</u> Office

1353 South 8th Street, Suite 209, Colorado Springs, CO 80905 ~ (719) 573-5020 ~

Monday-Friday 9 a.m. to 5 p.m. Closed: Saturday and Sunday



LOCAL SERVICE OFFICE

Hours: Monday-Friday 9 a.m. to 5 p.m.

SAT.-SUN.: CLOSED

Location: 1353 South 8th Street, Suite 209

Colorado Springs, CO 80905 Contact the Service Office 719-573-5020

E-mail: serviceoffice@coloradospringsaa.org

COMMITTEE MEETINGS

ARCHIVES:

NO MEETINGS SCHEDULED VOLUNTEERS NEEDED

PUBLIC INFORMATION:

2:00pm, 1st Saturday of the month 1st floor Penrose Main Hospital 2222 N. Nevada in Volunteer Coordinator Conference Room

C.P.C.:

(Cooperation with the Professional Community)
Second Sunday of the month
Conference Call:
Dial 641-715-0700 Access Code 740427

District 7:

7:00pm, 3rd Tuesday of the month First United Methodist Church 420 N. Nevada, Room 135 (Boulder St. Access)

TREATMENT:

12pm, 2nd Saturday of the month Penrose Hospital Volunteer Conference Room 2222 N. Nevada.

SPECIAL NEEDS:

NO MEETINGS SCHEDULED VOLUNTEERS NEEDED

NIGHTWATCH:

7:00pm, 1st Tuesday of the month Sacred Heart Parish 21st and Pikes Peak

Room 10 - Following the New Beginners meeting

For more committee information, please go to coloradospringsaa.org

CONTRIBUTION ADDRESSES

~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs Area Service Office 1353 South 8th St., Suite 209 Colorado Springs, CO 80905 (Include group name and number on check)

~ GENERAL SERVICE OFFICE ~

Payable to: GSO
P.O. Box 459 - Grand Central Station
New York, NY 10163
(Include group name and number on check)

$^{\sim}$ AREA 10 $^{\sim}$

Payable to: Area 10 Treasurer 12081 West Alameda Parkway #418 Lakewood, CO 80228 (Include group name, number and District 7 on check)

~ DISTRICT 7 ~

Payable to: District 7 P.O. Box 26252 Colorado Springs, CO 80936 (Include group name, number and district 7 on check)

~ PINK CAN CONTRIBUTIONS ~

Payable to: Area 10 Corrections Committee P.O. Box 40368 Denver, CO 80204 (Include group name and number on check)

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