

THE PIKES PEAK PINT

SEPTEMBER 2022

A newsletter for the Pikes Peak Region A.A. Members

WE HAVE NEW SERVICE OFFICE HOURS:

Sun, Mon, Sat Closed

Tuesday 10:00 AM to 2:00 PM Wednesday 10:00 AM to 2:00 PM Friday 10:00 AM to 2:00 PM

OPEN POSITION! Vice-Treasurer for Intergroup Contact Area Service Office

serviceoffice@coloradospringsaa.org

Cultivation

"Cultivate an attitude of gratitude."

I first read this statement on a little card that was on the literature table at the back of my first meetings. I liked the sentiment then and, although I have not seen the cards for a long time, I like the sentiment now.

When I came into the rooms, I had an "old idea" that people either had gratitude or they didn't. They either had faith or they didn't. They had a relationship with a Power greater than themselves or they didn't. Those old idea availed me nothing. The short statement on a folded little card about the size of an ace of spades changed my thinking.

It comes down to the word "cultivate." As I was nearing the end of my drinking and drugging days, I was also completing my degree as an English major. I have a fascination with words. I think it's important to study their precise meanings.

"Cultivate" comes from the Latin word cultivat, which

means, basically, "prepare for crops." It's a farming term. The original meaning broadened and now includes to "try to acquire a skill, quality, or sentiment."

So "to cultivate" is an action to be taken. My sponsor has suggested that I write a gratitude list when my perception is off in the weeds, telling me that things are so great. Developing the skill of being thankful for my life, of appreciating the things in my current situation, has had to become a conscious action. I don't go to the place of gratitude naturally on my own. I need to work at it.

A few years into my sobriety, I got depressed a short time after some very beautiful things happened in my life. I shared how I was feeling at a meeting. After the Lord's Prayer, a man came up to me and handed me a piece of paper. He had written down: "EGO – Edging God Out." He suggested that I write a gratitude list when things are going well, too, in my sober life.

Continued on Page 2

Cultivation

Continued from Page 1

Writing a gratitude list when things are going well moves me out of the center and reminds me that the blessings of a rich and full sober life are the results of working the Steps, of having a Spiritual Awakening, and of having a relationship with God, as I understand God. It shines a light on the promises of the Program.

Making a gratitude list is like taking a shovel or hoe to a garden. Not only am I cultivating a sentiment – my attitude of gratitude – I am also developing my skill of making the gratitude list. It takes deliberate and repeated practice.

Maybe it is like "preparing for crops" after all. When we cultivate gratitude we are preparing to plant the seeds of sobriety with each list and in each day.

-Vince P.



SERVICE OPPORTUNITIES

DAY WATCH: Volunteer phone coverage needed for Tuesdays 2pm to 5pm

Contact the Service Office for details and questions 719-570-5020

YOUR INPUT IS NEEDED!

Please take survey to assist AAWS to plan the 2025 International Convention https://survey.zohopublic.com/zs/UhCs6p
Visit aa.org (click) for the the latest information regarding the 2022 International Convention





THANK YOU CONNIE L.!!

The current Office Manager, Connie L., is retiring and moving to Indiana.

WELCOME STEVE!!

Please welcome our new Office Administrator "Steve". Feel free to stop by the office to meet him or attend the next Intergroup Meeting scheduled for Tuesday, October 11, 2022 at 7pm at the Downtown Meeting location: 210 N. Corona Street.

ICOAA SEMINAR UPDATE:

During the annual ICOAA Seminar held in Denver, it was announced that a new hardcover edition of the Big Book will be available for purchase toward the end of this year. Due to supply chain issues, getting paper to make the jacket of the Big Book was becoming problematic. Therefore, a run of Big Books without jackets was ordered and will be available soon for purchase.

ICOAA = Intergroup, Central Office, A.A. World Service and

General Manager Bob W., of the General Service Offices in New York announced they have plans on re-opening GSO (General Service Office) to visitors on or before October 5, 2022. It is highly recommended, though, to call ahead to get visitation schedules and to determine mask mandates and/or policies.

SEPTEMBER Celebrations

New Beginners Group

Apex Group

We Are Not Saints

Mireille D. 39 years Bill B. 1 year Tom H. 19 years Scott A. 2 years Jeff S. 11 years

Friday Womens

Sanay M. 8 years Elizabeth W. 1 year

Serenity Riders Group

Dan M. 35 years Aaron D. 15 years Greg S. 34 years Amy M. 17 years Katie S. 13 years

News For You

District 7 reports an Area 10
Service Workshop to be held in
Colorado Springs! Saturday,
October 1 @ First United
Methodist Church (420 N. Nevada
Ave.) 10am-1pm. Come learn
about committee service: CPC, PI,
Corrections, Treatment/
Accessibilities. Lunch to be
provided!

Bridging the Gap Zoom Conference. October 22 10am to Noon.

2022 Winter Assembly Greenwood Village, CO November 4-6 Election assembly!

Meeting Updates New Meetings!

Rush, CO Fridays 7PM Rush Christian Church

Deaf & Hard of Hearing Clean Slate 7PM

The Pint

Publishes current news, articles and information about Alcoholics Anonymous.

Send us your articles and letters sharing your experience, strength and hope to:

The Pint Editor
c/o ASO
1353 S. 8th Streeet
#209
Colo Spgs, CO 80905
Or by email:
www.pint@coloradosprings
aa.org



you have a Smart Phone?

Do

Download the <u>free_Meeting Guide</u>
to locate A.A. meetings and
resources that are synced with
area, district, intergroup/central
offices and international GSO
websites.





This month's "Pint Piece for your personal reflection...

"Do we lay the matter before our sponsor or spiritual adviser, earnestly asking God's help and guidance—meanwhile resolving to do the right thing when it becomes clear, cost what it may?"

Twelve Steps and Twelve Traditions, pp. 86-87

Support the Area Service Office (ASO) - How?

- Distribute a portion of your group's 7th Tradition
- Individual contributions welcome
- Anniversary / Birthday contributions
- · Buy all pamphlets, books, and literature at the office
- Gifts, swag, merchandise available for purchase!
- Volunteer with the Area Service Office

STEP 9

"Made direct amends to such people wherever possible, except when to do so would injure them or others".

TRADITION 9

"A.A. as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve".



"Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership, once exercised by the founders of A.A., must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous.



TRADITION 9 CHECKLIST

- Do I still try to boss things in AA?
- Do I resist formal aspects of AA because I fear them as authoritative?
- Am I mature enough to understand and use all elements of the AA program

 – even if no one makes me do so

 – with a sense of personal responsibility?
- Do I exercise patience and humility in any AA job I take?
- Am I aware of all those to whom I am responsible in any AA job?
- Why doesn't every AA group need a constitution and bylaws?
- Have I learned to step out of an AA job gracefully– and profit thereby– when time comes?
- What has rotation to do with anonymity? With humility?



Reprinted with permission of A.A. World Services, Inc.

LOCAL SERVICE OFFICE

Open: Tuesday - Friday 10 a.m. - 2 p.m.
Closed: Saturday - Monday
1353 South 8th Street, Suite 209
Colorado Springs, CO 80905
719.573.5020

Email: serviceoffice@coloradospringsaa.org
Web: www.coloradospringsaa.org

JOIN A COMMITTEE MEETING!

PIKES PEAK PINT

Chair: Amy M.

Please send your and/or your group's sobriety birthdays and any other news to pint@coloradospringsaa.org

CORRECTIONS

Chair: Nik W.

Meets monthly on the 4th Saturday, 10am

Area Service Office

PI (PUBLIC INFORMATION)

Chair: Nate G.

Meets monthly on the 2nd Saturday, 2:30pm Pikes Peak Library 21C, 1175 Chapel Hills Dr.

CPC (Cooperation with the Professional Community)

Chair: Krista Meets monthly on the 3rd Sunday, 3:30pm Area Service Office

TREATMENT & BRIDGING THE GAP

Chair: Julie L.

Meets monthly on the 2nd Saturday, 9am Pikes Perk, 5965 N. Academy Blvd.

PROGRAMS

Chair: Christy W. Watch for more information and needs

NIGHTWATCH

Chair: Christy W.

Contact the Area Service Office for more information serviceoffice@coloradospringsaa.org or 719-573-5020

WHERE TO SEND CONTRIBUTIONS

Please include your group name and group number on the check

~ AREA SERVICE OFFICE ~

Payable to: Colorado Springs Area Service Office 1353 South 8th St., Suite 209 Colorado Springs, CO 80905

GENERAL SERVICE OFFICE ~

Payable to: GSO P.O. Box 459/Grand Central Station New York, NY 10163

~ AREA 10 ~

Payable to: Area 10 Treasurer 12081 W. Alameda Parkway, #418 Lakewood, CO 80228

~ DISTRICT 7 ~

Payable to: District 7, P.O. Box 26252, Colorado Springs, CO 80936

~ PINK CAN CONTRIBUTIONS ^

Payable to: Area 10 Corrections Committee P.O. Box 40368, Denver, CO 80204

"We support our central office, our area committee, and our General Service Office.

If it were not for those entities, many new people would never discover the miracles of A.A."

Reprinted from *Self-Support: Where Money and Spirituality Mix,* p.5, with permission of A.A. World Services, Inc.

Contribute at coloradospringsaa.org

WANTED

YOUR BEST CHILI

Wear Your Best Boots and Bling

ALCOTHON 2022

CHILI COOK-OFF AND TASTING

Bring your best pot of chili.
Prizes awarded!

Also bring your favorite cornbread, cold side dish or dessert to share with all!

December 31, 2022

Noon - Midnight - Meetings
Noon - 7:00 pm Silent Auction
5 - 6:30 pm Chili Tasting
6:40 pm Chili Contest
Winners Announced and
Awarded
7:15 pm Auction Winners
8:15 pm A.A. Speaker
9:30 pm NEW YEAR'S EVE
DANCE PARTY - Line, Contra,
Circle and square dancing with an
authentic Caller

January 1, 2023

12:01 a.m. - noon - Meetings 9:00 a.m. - Continental Breakfast 10:00 a.m. A.A.Speaker 11:30 a.m. Close and Clean Up

Suggested registration contribution of \$12

for 24 hours of fellowship, food and dancing! No one will be turned away.

Questions? Call the Service Office at 719-573-5020 or email: serviceoffice@coloradospringsaa.org
NO Childcare provided.

December 31, 2022 to January 1, 2023.

Noon to Noon

Sacred Heart Church Gym

2021 W. Pikes Peak , Colorado Springs

2022-2023 Group Contributions

	2022-2023 Group Contributions													
-	Α	В	С	D	E	F	G	Н	1	_ 	К	L	М	N
1	2022-23 Groups	FYE	April	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar
2	A Common Solution	\$295		\$133			\$162							
3	APEX	\$278			\$278									
4	Back to Basics	\$969	\$563	\$231	1	\$175	 	+		 				
5	Beacon Light	\$200	<u> </u>	† 	\$200	14275	-	-	+	-				
6	Big Book Action	\$698	\$250	1	\$198	-	\$250		<u> </u>					
7	Black Forest Group	\$222	10230	 -	\$222	-	\$250	-	-					
8	Central	\$0		-	3222	-	-							
9	Clean Air	\$0	-		-	+		-						
-				-	 									
10	Clean Slate Noon	\$200			\$200									
	Don't Worry Be Happy	\$647	\$213	\$216		\$79	\$139							
12	Downtown	\$0												
_	Easy Does It	\$480		\$480										
14	Ellicot Group	\$0												
	Florissant Brown Bagge													
	Florissant Step Study	\$100		-			\$100							
	Fountain 2.0 Foxhall	\$0 \$200	-	-	-	¢200	-	_						
	Friday Night Live	\$100		<u> </u>		\$200 \$100	-	-				-		
20	Friday Night Living Free					2100	1	-						
	Friday Women's	\$886	\$395				\$491							
	Girl's Night Out Good Ole Bovs	\$0	-	4										
$\overline{}$	Grace PPG	\$150 \$449	\$449	\$150		-	-	-						
	Happy Destiny	\$192	13443			\$112	\$80							
26	Happy Heathens	\$300				\$300	1	1					(ク -
$\overline{}$	High Noon	\$450	\$300				\$150							> -
-	H.O.W. Keystone to Recovery	\$0	¢400										一つ	
	Into Action	\$100 \$492	\$100 \$211		\$281	-	-	-					7/0//	
-	Little Log Cabin	\$700	\$266	\$46	\$176	\$212							K	
32	Living Sober South	\$56			1	17-22	\$56	 					1	
	One Six Four	\$275		\$275									\gtrsim	
_	MAG Men's Anonymous	\$414	\$250		4075		\$164						$Q \perp$	
	Morning Trudge	\$1,262 \$0	\$270		\$375	-	\$617					VZZ	` _	
	Natural High	\$0				-	-					- 14		
	New Beginners	\$414	\$216			\$198	1	1				~		
	New Woman	\$377	\$156			\$221						2		
_	Northwester's Old North End	\$0										7		
	Palmer Lake Group	\$93 \$0	-		\$93	-	-	-			^	$\mathcal{Q} \ \Box$		
	Pathfinders	\$25				\$25	-	-			一 し	ノ		
44	Pinnacle	\$0				V 23					_ ^	-		
	Pre-Dawn	\$0									- 4			-
	Primary Purose Alano	\$100		\$100							2500			
	Recovery in Action Red Cloud Meeting	\$0 \$150		\$150			-	-			$\bigcap \downarrow$			
	Saturday Early Morning	\$370		\$240	\$130						pprox +			
50	Saturday Morning WP	\$10	\$10	74.10	7250	<u> </u>		-		一 メ				
	Security Eye Opener	\$200	\$200							- (7)		-		
	Serenity Hour	\$75	Ć450	\$25	\$25		\$25							
_	Serenity Riders Sober Sisters	\$450 \$50	\$450 \$29				624			2V				
	Sought Thru Prayer	\$217	\$217				\$21	-		XV +				
	Steel Magnolias	\$361	\$72			-	\$289			$oldsymbol{>}$				
	Sunday Morning Speake	\$100			\$100					V				
	Sunlight of the Spirit Sunset Sobriety	\$767 \$0	\$250				\$517		. ~					
	Taking Steps	\$0 \$0					-	<u> </u>	CO					
	Thursday Recovery in Action	\$344		\$134		\$210	ļ	 	2					
62	Thursday Mens Group	\$155					\$155	= :	り †					
	Tues 5:30 Meditation	\$0							ケー					
-	Twelve Steps from the Morgue	\$155	\$155	4455	4495			'						
-	Walk the Talk We are Here	\$689 \$151	\$137 \$57	\$138	\$138	\$138	\$138							
-	We are not Saints	\$1,240	\$762				\$94	V						
68	Women of Grace	\$0				 	7.70	T 1						
	Woodland Park Study	\$125		\$125										
-	Woodland Park Tues	\$0 ¢100												
-	WP Women's Step Study W.O.W.	\$100 \$220			¢120	\$100								
_	Young People's	\$335		\$335	\$120	\$100								
	Monthly Totals	,,,,,,	\$5,978	\$2,778	\$2,536	\$2,170	\$3,926	\$0	\$0	\$0	\$0	\$0	¢0	
	FYTD Total	\$17,388			- · · · ·	, ,=. 0	, - , - , -	7-		90	UÇ	ŞU	\$0	\$0