

THE PIKES PEAK PINT

A NEWSLETTER FOR THE PIKES PEAK REGION OF ALCOHOLICS ANONYMOUS

February 2025

AREA SERVICE OFFICE

1353 S. 8th Street, Suite 209

Hours:

Tuesday–Saturday 10am-2pm

ASO Manager: Jeanette

(719) 573-5020

serviceoffice@coloradospringsaa
.org



STEP TWO

*“Came to believe that a Power greater than ourselves could
restore us to sanity.”*

Belief in a higher power is a fundamental aspect of the AA program, offering a cornerstone for sobriety and personal growth. This concept doesn't prescribe a specific understanding or deity, instead allowing individuals to define their own interpretation of what constitutes a *Higher Power*.

Embracing a Power greater than ourselves helps break the cycle of self-reliance that failed us in our attempts. By acknowledging something beyond personal control, individuals can foster humility and openness, key components in overcoming our drinking.

This belief offers hope and a sense of purpose, encouraging us to let go of controlling every aspect of our lives. It fosters an environment where we can trust that a greater force can guide us toward sobriety.

The restoration to sanity involves embracing this sense of surrender and allowing for personal transformation through faith and trust in something beyond oneself.

The Pint is published monthly, with release dates approximately the first of each month. Send your information within four days of the end of each month, to ensure inclusion in the following Pint edition. To subscribe, visit <https://www.coloradospringsaa.org/news-event-s/news/>

Contents	Page
Stories	2
Tradition of the Month	5
AA Birthdays	6
Upcoming Events	7
Group Announcements	10
ASO, Committees & Reports	12
District Announcements	13
Contributions & Budget	15

One man's spiritual awakening in the AA rooms

It was a warm August night in 1987 and I had been coming to AA for about two weeks. Seated in a 10pm meeting at a local club, I had an experience I will never forget. During the meeting I suddenly felt warm and peaceful. The warmth literally melted me inside. The peace was beyond description.

I had been full of fear, worry, anger, and depression in the later years of my drinking career and feeling this comfortable in my own skin was new to me. The next day I went to the noon meeting at one of the local 12 Step Houses, where I brought it up as a topic. I had had a few years of psychiatric care and I wondered if these were psychiatric symptoms. The people in the meeting said it sounded spiritual to them. From that point, on I believed there was a

Higher Power in the rooms of AA. A couple of weeks later the same thing happened in that 12 Step House that had happened at the club. I have since learned that spiritual experiences such as I had are not uncommon and I came to call that Power God.

Shortly after my spiritual experience, I got a sponsor and we began working on the Steps, arriving at Step Two. I had heard numerous people crediting a Higher Power or God with keeping them sober. Between hearing their testimony and my spiritual experience I came to believe that the God I had found in AA could keep me sober.

The next thing I had to look at was insanity. There certainly had been plenty of that in my life. Before coming to AA, I'd had problems with family, friends, bosses, holding jobs, women, landlords, bill collectors, the law, a couple of DWI's, and serious psychiatric issues. Although insane, these problems did not constitute the insanity I needed to look at. I needed to look at the insanity of the first drink. The mental obsession I learned about in Step One always led me back to the first drink. Once I picked up that drink the physical allergy made it impossible for me to stop. I thought about alcohol constantly. I don't know how many times I woke up and told myself I wasn't going to drink that day, but before that day was over I would walk into a bar and order a drink. With that drink I was off and running. In some fashion the drink was always on my mind.

The Big Book talks about "strange mental blank spots." One beautiful, sunny afternoon shortly before I got sober, I was on my way to the bar. I was new in town and I knew hardly anyone. On the way there, I felt much better than I usually did. I remember thinking: "I don't feel like drinking today." Before I could act on that thought, another thought crowded it out. I recall thinking: "If I don't go to the bar I won't know what everybody is doing." First of all, there was usually hardly anyone at the bar that time of day. And secondly, I hardly knew anyone, even if there had been. This is what I call insanity. I went to the bar that day and got good and drunk, anyway. I was powerless over that thinking, I had to drink that day.

Today, the insanity has been removed. I don't remember exactly when it was taken away, but I know it is gone. I have been restored to sanity. I know that the Step Two prepared me for the Step Three. After that, I eventually completed all 12 Steps and continue to work them today as a way of life. I have also learned that I have to remain vigilant in taking care of myself. When I was about 10 years sober, the obsession returned. I had gone to another state to purchase a car from my brother. It was about a 1000 mile trip. As I drove home, the car broke down, still 500 miles away from home. A towing service took the car to a garage in a nearby town. The repair shop told me the car would be ready in the morning. I booked a room in a nearby hotel. After having dinner in the hotel restaurant, I walked by the hotel bar. As I went by the bar, I saw a frosted mug of beer sitting on the bar. That beer looked awfully good. As I went to my room, the thought of that beer went around and around in my head. I just could not let go of it.

The thought became very powerful and I became frightened as I realized the obsession had returned. Unable to reach people back home by phone, I called the local AA office. For some reason, I could not reach anyone. Finally, I got down on my knees and prayed for help. The obsession lightened and I was able to sleep. The next day all of those thoughts were gone. I called home and reached a close friend and he reminded me of HALT—I had been angry about my newly purchased car breaking down and tired from driving. I came home and that was the last time I obsessed about alcohol. This was a valuable lesson in taking care of myself. It reminded me not to get too hungry, angry, lonely or tired.

These days I put my faith into action in working the 12 Steps as a way of life. Happy, joyous, and free is an apt description of my life. My sobriety is a gift from God and the Second Step is an important part of that spiritual journey.

Paul W. | Rochester, N.Y.



The Pint is always excited to share local stories of Experience Strength and Hope. Please submit your stories, musings, poems, art etc. to pint@coloradospringsaa.org

I had the opportunity to stand on the stage at the 2025 International Convention and gain a real-time perspective on the line in Tradition One where it says that “each of us is a small part of a great whole.” While we may each be a small part, each one of us is a vital part.

The future of Alcoholics Anonymous is up to each one of us. Whether A.A. is here in the future for the still-suffering alcoholic will depend upon the efforts of us all.

In the book *Alcoholics Anonymous Comes of Age*, Bill speaks of what is required of us as A.A. members — a sacrifice of much time and little money. When I look up the word “sacrifice” in the dictionary, it says “giving up something of value for something with a higher calling.” So, a sacrifice of time is not my spare time, because spare time, like spare change, has little value. A sacrifice of time is the time where I might prefer to be doing something else.

Every minute I have had for the past 27 years has been given to me by Alcoholics Anonymous. But for Alcoholics Anonymous, I would not have seen my children finish elementary school, graduate from high school, graduate from university or get married. I would not have seen my grandchildren born. I would not have had the opportunity to laugh and cry with my family and friends. I would not have had the best friend that I do.

When I think of the time I give to Alcoholics Anonymous, I must ask myself, as you may ask yourself, am I really making a sacrifice for Alcoholics Anonymous? For me, that one hour where I go to my home group is not a sacrifice. Nor are the two or three or four hours I spend attending other meetings. If I am involved in service outside of my home group, whether that is acting as a General Service Representative, taking a meeting into a hospital or prison, volunteering with a central office or intergroup, or meeting with sponsees, this may be the beginning of a sacrifice. But even if I do that for 10 hours a week, that is less than 6% of my time in a week.

Would I gladly give up 6% of my time to spend the other 94% with my family? Would my family happily give up 6% of my time for another 27 years with me? Would I gladly give up 6% of my time to have this life? Would I happily give up twice that? For me, I would gladly give up much more than that. This life is worth far more than that.

All of the money in my pocket today was earned by me in the last 27 years. A dead man would have no money in his pockets. Everything I have, I owe to Alcoholics Anonymous. When I put money in the basket, I am simply giving back to Alcoholics Anonymous a very small fraction of what Alcoholics Anonymous has given to me. When the basket comes by, or when there is an opportunity to be of service, I ask myself, what am I willing to sacrifice to help save that still suffering alcoholic from dying an alcoholic death? I find I am often not satisfied with my own answer.

What I know is that there are tens of millions of alcoholics who need our help. Am I willing to sacrifice a few things: time, money, my opinions, my need to be right? I ask myself, am I really a different person than I was when I got to Alcoholics Anonymous, or am I still concerned with my own comfort, my own wants and needs or my own decisions about what I must have in order to have a good life? Have I actually achieved any degree of humility? For me, sacrifice has a good deal to do with humility. Again, sometimes I am not happy with my own answer.

If asked, what would I report about the sacrifices that I have been willing to make to help some alcoholic I will never meet avoid being doomed as we once were? What would I report that I have done to help that person be given the opportunity for a new life the way we have been given that opportunity.

Scott H.

Chair of the General Service Board

Tradition Two

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.

Tradition Two: For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants: they do not govern.

1. Do I criticize or do I trust and support my group officers, AA committees, and office workers? Newcomers? Old-timers?
2. Am I absolutely trustworthy, even in secret, with AA Twelfth Step jobs or other AA responsibility?
3. Do I look for credit in my AA jobs? Praise for my AA ideas?
4. Do I have to save face in group discussion, or can I yield in good spirit to the group conscience and work cheerfully along with it?
5. Although I have been sober a few years, am I still willing to serve my turn at AA chores?
6. In group discussions, do I sound off about matters on which I have no experience and little knowledge?



AA Birthdays



January

New Woman Group

Shilone M.	1 Year
Cindy P.	1 Year
Tara V.	4 Years
Heather	5 Years
Caren L.	20 Years
Claudia	23 Years

Friday Women's

Rachel W.	1 Years
Laura G.	2 Years
Kelly O.	2 Years
Sam A.	4 Years
Dana R.	29 Years
Shawne G.	43 Years
Jodie S.	45 Years

Big Book Action/Taking Steps

Neal G.	2/24/2019
Kristy H.	2/10/2025

W.A.N.S.

Rachel	2/1/2005
Elizabeth	2/1/2025
John E.	2/9/1992
Patrick	2/24/2009
Dol	2/2009

Upcoming Events

Alcoholics Anonymous®
www.aa.org

General Service Office of Alcoholics Anonymous

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Please direct all communications to:
P.O. Box 453
Grand Central Station
New York, NY 10013
Fax: (212) 870-3003

Writing Workshops for A.A.'s New Pamphlets

Following two Advisory Actions of the 74th General Service Conference (2024), the trustees' Literature Committee of Alcoholics Anonymous has opened calls for stories for two pamphlets: "A pamphlet on the Asian and Asian American alcoholic" and "A pamphlet on the transgender alcoholic".

To support A.A. members in the U.S. and Canada who identify as transgender, gender-diverse, or Two-Spirit, and those with ethnic or cultural ties to Asia, working groups of the trustees' Literature Committee - composed of members from these respective communities - are hosting virtual writing workshops (see schedule below and attached flyers). These sessions offer ideas, practical help, and Q&A on writing and submitting stories for the pamphlets, and are open to anyone who wishes to write their own story, help others in the community to write, or help carry the message about the call for stories.

Area Delegates are invited to share this information widely within their Areas and with local service entities (Intergroups/Central Offices, Literature/Accessibilities/Remote Communities committees, YPAA committees, etc.). Service entities interested in hosting their own workshop with support from working group members may contact literature@aa.org.

Schedule of Virtual Workshops is as follows (all workshops will be identical):

- Sunday, January 25th, 3 PM PST/6 PM EST
- Monday, February 16th (President's Day) 4 PM PST/7 PM EST
- Saturday, March 7th, 11 AM PST/2 PM EST

Zoom ID: 842 434 92371, Password: 705297 (same Zoom ID for all workshops)
Zoom Link:
<https://us02web.zoom.us/j/84243492371?pwd=AV8g6TSAm3teBedR1q9MNwtI230yRk.1>

Note: While the events are in English, computer-generated captions will be available for other languages, including Spanish and French.

In person workshops will also be offered at local and regional events (e.g., PRAASA, NERAASA, WACYPAA).

For more information/questions please reach out to literature@aa.org

Alcoholics Anonymous® www.aa.org

Service Workshop

RECOVERY
UNITY
SERVICE

Learn About the Structures of Alcoholics Anonymous Service

At The Red Cloud
10400 Ute Pass Ave,
Green Mountain Falls, CO 80919

February 15 • 2 PM - 4 PM

Food Provided.
I Hope Everyone Can Join Us

Area 10 2026 State Convention

AREA 10'S GOT TALENT

FREEDOM CARE
BOREDOM WORRY

📍 2026 State Convention Pre-Registration
1311 York St

🕒 7:00 PM SPEAKER: AVERY P
8:00 PM TALENT SHOW

📅 Friday
20 February 2026

Speaker first. Open mic after. Talent optional. Sufficient substitute guaranteed.

\$5 OFF REGISTRATION

🌐 Email conventioneven@coloradoaa.org for questions.
www.convention.coloradoaa.org

Machine Translated by Google

Área 10 2026 Estado Convención

ÁREA 10 Tiene Talento

LIBERTAD CUIDADO
ABURRIMIENTO PREOCUPARSE

📍 Preinscripción para la Convención Estatal de 2026
1311 York St

🕒 19:00 ORADOR: AVERY P
8:00 PM CONCURSO DE TALENTOS

📅 Viernes
20 de febrero de 2026.

Primer orador. Micrófono abierto después. El talento es opcional. Se garantiza un sustituto suficiente.

\$5 DE DESCUENTO EN LA INSCRIPCIÓN

🌐 Para preguntas, envíe un correo electrónico a conventioneven@coloradoaa.org.
www.convention.coloradoaa.org

Area 10 Spring Assembly

March 20-22, 2026

Hosted by District 21

Fellowship in the heart of Northern Colorado



Open Meetings: Friday 9pm • Saturday 7am • Sunday 7am

Saturday Speakers: Al-Anon 7pm • AA 8pm

Taco Bar \$27 • Ice Cream Social \$17 • Coffee tickets
CASH ONLY

Hotel Room Block \$129/night

Hilton Fort Collins 425 W. Prospect Road, Fort Collins, CO 80526



Questions? Contact gina_meyer@comcast.net

Area 10 Corrections Conference



Breaking The Chains Of Perception

- Corrections Training
- Fellowship
- Panel Discussions
- Speakers
- Service Opportunities
- Pot Luck

Registration Info Coming Soon!

10-11 April, 2026

Denver United Church

660 S Broadway, Denver, CO 80209

Hosted by District 11

Contact: DLcorrectionsconference2026@gmail.com

COLORADO PRESENTS

SWACYCAA XII

SOUTHWESTERN AREA CONFERENCE OF YOUNG PEOPLE IN ALCOHOLICS ANONYMOUS

PRE REGISTRATION \$25

HOTEL BOOKING

COLORADO SPRINGS MARRIOTT
5580 TECH CENTER DR.
COLORADO SPRINGS, CO 80919

JULY 2ND - 5TH 2026

AREA 10 COLORADO 2026 STATE CONVENTION

SUFFICIENT SUBSTITUTE

2026 STATE CONVENTION

AREA 10 COLORADO SPRINGS

AUG 21-23 2026

- meetings
- workshops
- speakers
- fellowship
- food
- dancing

AT THE ANTLERS, COLORADO SPRINGS

Scan to register today!

2026 Colorado State Convention

Presented by Area 10 Alcoholics Anonymous in Cooperation with
Area 5 Al-Anon Family Groups
The Antlers Hotel, Colorado Springs, CO
August 21st to 23rd, 2026

Speakers & Events:
Friday Night AA Speaker: Dave P., Woodland Park, CO
Friday Night Ice Cream Social
Saturday Al-Anon Luncheon Speaker:
To Be Determined
Saturday Evening Banquet Dinner
Saturday Night Al-Anon Speaker: To Be Determined
Saturday Night AA Speaker: Erika C.,
Past Area 10 Delegate, Panel 67, Cambridge, MA
Saturday Evening Dance and Entertainment
Sunday Morning AA Speaker: Diane D.,
Past Area 10 Delegate, Panel 63, Steamboat Springs, CO
Workshops, Continuous Meetings & Fellowship!

Colorado Springs

SUFFICIENT SUBSTITUTE

AREA 10
2026 STATE CONVENTION

RELEASE FROM CARE, BOREDOM, AND WORRY

For Updated Information, Lodging and Preliminary Program Go
Online: <https://convention.coloradoaa.org/> or Email Registration
Chair at averyanagel@gmail.com

The Antlers Hotel
4 S. Cascade Ave.
Colorado Springs, Colorado 80903
(719) 955-5600

Scan Me To Register

Use code A10 to book lodging
in the hotel room block
Questions: Avery P. (720) 324-3747
averyanagel2@gmail.com

Register online at <https://www.convention.coloradoaa.org/> or send completed form with payment and
MAKE CHECKS PAYABLE TO: Area 10 Convention
Mail To: Area 10 Convention | 40 W. Littleton Blvd., Ste 210-320 | Littleton, CO 80120

<p><input type="checkbox"/> AA <input type="checkbox"/> Al-Anon <input type="checkbox"/> Alateen <input type="checkbox"/> Other</p> <p><i>One person per form, please.</i></p> <p><input type="checkbox"/> Registration \$35.00</p> <p><input type="checkbox"/> Friday Night Ice Cream Social \$20.00</p> <p><input type="checkbox"/> Saturday Al-Anon Luncheon \$40.00</p> <p><input type="checkbox"/> Saturday Evening Banquet Dinner \$65.00</p> <p><input type="checkbox"/> Saturday Night Dance/Entertainment \$5.00</p> <p><input type="checkbox"/> Bottomless Coffee Mug \$30.00</p> <p><input type="checkbox"/> Discounted Full Package Price \$175.00 (\$20 Savings Limited Quantity Available)</p> <p><input type="checkbox"/> Scholarship Contribution \$ _____</p> <p><input type="checkbox"/> I Need A Scholarship</p> <p>Total Enclosed \$ _____</p>	<p>Member Registration Information:</p> <p>Name on Badge _____</p> <p>Home Group _____</p> <p>Name _____</p> <p>Phone () _____</p> <p>Email _____</p> <p>Note: Any overage of scholarship funds will be put towards 2026 State Convention operating expenses and/or sent as a contribution to GSO</p> <p><input type="checkbox"/> I'd like to volunteer!</p> <p>For accessibility needs, please email Avery P: averyanagel@gmail.com Every effort will be made to accommodate requests.</p>
--	--

On-site registration will be open from 3pm to 9pm on Friday, August 21st and from 8am to 8pm on Saturday, August 22nd, 2026



Long timers
Interviews -
 Share your Colorado AA story
 for
 Colorado Springs Archives!
 call or text
 April 719-440-9811



**Monthly Colorado Springs
 District 7
 Public Information Committee
 Meeting**
1st Tuesday of each month
7 pm

Meeting ID 995 5370 5502
 Passcode 287852

10/7/25	2/3/26	6/2/26
11/4/25	3/3/26	7/7/26
12/9/25	4/7/26	8/4/26
1/6/26	5/5/26	9/1/26

Deaf Alcoholics Anonymous deafaa.org

Find an accessible Deaf Alcoholics Anonymous (A.A.) or
 ASL Interpreted Meeting **"TODAY"**



Find tools for recovery from alcoholism

- Accessible [Deaf A.A. & ASL](#) interpreted meetings **everyday** of the week. Find fellowship, a sponsor and service opportunities.
- [Grapevine stories by Deaf alcoholics in ASL](#)
- A.A. literature in [American Sign Language](#)
 - [Plain language Big Book TOOL](#) (English)
- [LSQ](#) Langue des signes du Québec / Quebec Sign Language interpreted meetings.
- A.A. literature available in [LSQ](#)
 - A.A. literature in [French](#)
- [LSM Resources](#) Lengua de Señas Mexicana / Mexican Sign Language.
- Grapevine stories in Spanish [La Vina Magazine](#) & [YouTube](#)
- A.A. literature in [Spanish](#)

[Save the Date January 17, 2026](#)
Special Forum for Deaf A.A. Members
Digital Flyer QR Code



Group Announcements

~NEW MEETING TIME~

Men's Advancement Meeting
(MAG)

Beth-El Mennonite Church
4625 Ranch Dr. Colorado Springs, CO 80918

Thursday Evenings

7:00PM – 8:15PM
Open Men's Meeting

CENTRAL GROUP'S

**KEEP IT
SIMPLE**

**NEW TIME
NEW LOCATION**

NOW MEETS

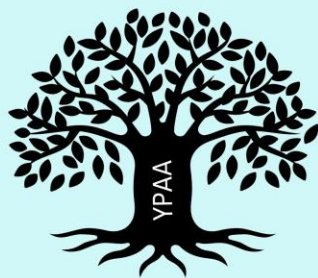
FRIDAYS AT 7:30 PM

AT CLEAN SLATE MEETING PLACE

1769 S. 8TH STREET, BUILDING P

CASTLE ROCK CLUBHOUSE

Young People of AA



Young and struggling with alcohol or drugs?
We are here to help!

404 Jerry Street
Castle Rock, CO. 80104
Eagle Room
Sunday nights 5:30pm



JOIN US TO SUPPORT OUR NEW

GARDNER AA EVERY SUNDAY
MEETING START AT
5:00 PM - 6:00 PM

TOPIC OF DISCUSSION

LA CLINICA- GARDNER
24850 HWY 69, GARDNER CO

Building the New Gardner AA
Group and Various Topics
Weekly. 1st Sunday is Potluck
Following Meeting. 1st Meeting
Will Be Held Sunday, AUGUST
3rd, 2025

NEW MEETING

Contact Us
719-890-4424

AA Group Announcements!

The H.O.W. AA open meeting is now located at the Manitou Art Center (MAC) in the second-floor Community Room, 515 Manitou Ave, Manitou Springs, CO 80829. Parking is available on the east side of the building; please use the outside east stairs. The upper entrance door opens at 6:30 p.m., with the meeting room just inside. For accessible/handicap access, please use the front north entrance and call or text the number posted on the door; a member will assist you with the elevator.

LOST WALLET!! If you lost your wallet at the Founder's Day Picnic at Bear Creek Park last month, please contact the Area Service Office for more information.

The Downtown Group @ 210 North Corona Street has space if a meeting or a group is looking to gather somewhere. Contact John O. 719-291-3240 for further information.

Apex Group @ 2021 W. Pikes Peak Avenue needs support! Apex Group meets Fridays at 6pm, at the Sacred Heart Church in room 10.

Does your group have important announcements?

Send announcements, flyers, and information to: pint@coloradospringsaa.org

AREA SERVICE OFFICE

What is the Area Service Office (ASO)? There are approximately 300 individual AA meeting groups in the El Paso County and Teller County area, also known as District 7.

The ASO strives to make AA books, literature, medallions, and other materials available for purchase by local groups. The ASO also operates *Night Watch*, which fields phone calls around the clock during non ASO operating hours. The ASO maintains the online website, meeting schedule, as well as facilitating Zoom meetings.

The “Programs” subcommittee of ASO puts on several area events each year, including the Long-timers Luncheon, Founders’ Day picnic, the annual Gratitude Dinner, and every New Year’s Eve the “Alcathon,” to provide an alcohol-free New Year’s Eve and New Year’s Day celebration involving meetings each hour of the event, as well as food and speaker sessions.

**Intergroup & District 7
Service Committee and
General Representative
Meetings**

Treatment Committee

2nd Wednesday Monthly at 6:00 p.m.
ONLINE via Zoom; email for details.
treatment@coloradospringsaa.org

PI (Public Information)

1st Wednesday Monthly at 8:00 p.m.
ONLINE via Zoom; email for details.
pi@coloradospringsaa.org

Intergroup Members Meetings

2nd Tuesday Monthly at 7:00 p.m.
Downtown Meeting Place,
210 N. Corona St
serviceoffice@coloradospringsaa.org

CPC Committee (Cooperation with the Professional community)

1st Monday Monthly at 6:30 p.m.
Zoom ID: 858 8466 2842 Passcode: 082904
CPC@coloradospringsaa.org

District 7 Meetings

3rd Tuesday Monthly at 7:00 p.m.
Freedom Hall, 3026 N. El Paso St.
Zoom ID: 872 4839 8362 Passcode: 15QrFL
d7secretary@coloradospringsaa.org

Area 10 Corrections Committee

Email for information
corrections@coloradosaa.org

District Announcements:

District 7 is currently in need of a Corrections Chair. This vital position allows us to continue to share the A.A. message of hope to jails and prisons in our community.

For information please reach out to dcmaliciar@coloradospringsaa.org

Treatment Committee needs groups to volunteer & take meetings into various local facilities. Please contact via email for more information treatment@coloradospringsaa.org

Corrections Committee in need of volunteers to sign up; please see local website for details on how to apply and bring the A.A. message of hope to jails & prisons.

- **Pot Luck EVERY District meeting 3rd Tuesday of the month. Please bring food/drinks.**
Next District 7 meeting will be held Tuesday, June 17th, 2025, 7:00pm at Freedom Hall.
3026 N. El Paso St. Colorado Springs, CO 80907

- Group Contributions: Please include full group name & group #.

- **Vacant District 7 Positions:** PI Chair, Archives Chair, Corrections Chair. Please reach out to D7 Co-DCMs if interested.

- Survey Monkey survey - Convention/survey. Please email dcmjordan@coloradospringsaa.org if you would like to be sent the survey. Unknown when the survey closes.

Reminder!! D7 CPC Meets First Monday of each month, 6:30-7 pm. The meeting link is on the website: coloradospringsaa.org. Click the link CPC@coloradospringsaa.org.

1. We will be discussing the CPC/Corrections table (Booth) at the health and wellness expo on August 23 from 10 AM to 2 PM. We need VOLUNTEERS!

2. We will also collaborate and brainstorm ideas for cooperation with healthcare professionals for a EAT and GREET (How AA Members Show Up to Help) the end of June from 11-1 pm.

Thank you!

Sandy, D7 CPC Chair

Email: sbdavis@uwf.edu

DISTRICT REPORT –

- **Group Inventories** are underway — vital for growth and reflection
- **Corrections Committee** chair needed
- Zoom committees are going strong:
 - Treatment: 2nd Wed, 6:30 PM
 - CPC: 1st Mon, 6:30 PM
 - PI: 1st Tues, 7:00 PM

Let's show up and support these vital branches of service!

To all who serve — whether in big roles or quiet corners — your dedication keeps the heart of our fellowship beating strong.

As we head into fall and the busy holiday season, let's keep showing up for each other and for the still-suffering alcoholic who hasn't yet found their seat.

Together, we are stronger. Together, we carry the message. Together, we serve. 🧡

Stories Needed!!

We are looking for stories from people who have been helped by Professionals in their AA journey as well as stories from those who have done CPC work!

Want to share?

How to share with us

- email your story to cpc@coloradoaa.org
- fill out the form at <https://tinyurl.com/talesofcpc> or scan the QR code
- Write your story and give it to us at the CPC table at any Area Assembly



DISTRICT 7

Treatment Meeting



Second Wednesday of the Month

Via Zoom

6pm

Meeting ID: 819 9947 2068

Passcode: 040589

Have a Smartphone?

Download the free Meeting Guide!

Google Play or Apple App Store Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.



<https://www.aa.org/meeting-guide-app>

Nightwatch Needs Volunteers!

I am responsible, when anyone, anywhere, reaches out for help. I want the hand of AA always to be there, and for that I am responsible.

All time slots are filled but you can get on the waitlist for when a spot opens up! Text Sarah if you would like to get on the waitlist!!!



Text Sarah @ 971-377-4991 if interested in time slot or to get on the waiting list

Contributions & Budget

Alcoholics Anonymous®
www.aa.org

General Service Office of Alcoholics Anonymous
475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Please direct all communications to:
P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

'We are all going to foot the bill'

I got sober a few days before Christmas in 1986, so I feel especially grateful and reflective this time of year. I am still awed at how miraculously A.A. has worked in my life, even before I walked into my first meeting.

I was desperate, but a bit clueless. I saw a classified ad (and I am showing my age!) in the back of the local paper that said: "Drinking problem? Maybe we can help." That was followed by a listing of meeting times and places in my neighborhood. It would take me a few weeks of white-knuckling it before I went to my first meeting. I was welcomed into a warm room and offered refreshments. And while someone told me I would never have to hurt like this from alcohol again, I couldn't get out of there fast enough.

But my getaway was slowed by a gauntlet of members who handed me A.A. pamphlets and meeting books and encouraged me to stay for the second meeting. It took me a few days to return, but I didn't drink.

As an alcoholic, self-centered in the extreme, I just came to expect that all this help would be there for me. It wasn't until my first business meeting that I realized it was made possible by the money members were putting in the basket. This was my first of many lessons over the years in the power and [impact of self-support](#).

Bill W. wrote of the critical importance of self-support to the Fellowship and the special obligation this tradition asks of members in his October 1967 article "A.A.'s Tradition of Self-Support," which is included in the 2025 International Convention commemorative edition of [Language of the Heart](#).

Every single A.A. service is designed to make more and better Twelfth Step work possible, whether it be a group meeting place, a central or intergroup office to arrange hospitalization and sponsorship, or the world service Headquarters to maintain unity and effectiveness worldwide.

These service agencies are absolutely essential to our continued expansion — to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that A.A. must everywhere function in full strength — and that, under our Tradition of self-support, we are all going to foot the bill.

Alcoholics Anonymous® | www.aa.org

We all share this responsibility to ensure that A.A. is there for the next person who stumbles into our rooms, as it was for us when we needed the gift of recovery. Bill's recognition that "we are all going to foot the bill" is both our spiritual responsibility and our spiritual heritage.

John W.
Class B General Service Trustee and AAWS treasurer

Learn more about group and individual contributions and their impact at aa.org.

Alcoholics Anonymous®
www.aa.org

Alcoholics Anonymous World Services, Inc.

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Please direct all communications to:
P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

To: GSRs, DCMs, Trustees, Non-trustee Directors, Area Officers & Committee Chairs, Delegates, Appointed Committee Members, Intergroups and Central Offices, Group Contacts, GSO and Grapevine Employees

December 22, 2025

Dear A.A. Friends:

Warm greetings – we hope this letter finds you well.

We are writing to inform you of an upcoming literature price increase affecting our English, Spanish, and French books, booklets, pamphlets, and other literature items. At the December meeting of the A.A. World Services Board, the board approved a price increase of \$3 per item for books and a 15 percent increase for all other literature items, with standard rounding applied.

The new prices will go into effect on February 1, 2026.

For historical perspective, the last price increase occurred in April 2023, and the previous increase was in 2014. As with the 2023 increase, this decision is the result of prudent fiscal planning and the goal of long-range stability. Like organizations everywhere, Alcoholics Anonymous is impacted by current economic changes and challenges. One of the most significant challenges we continue to face, as we did in 2023, is the increasing costs associated with the sale of literature.

It is important to note that before the COVID-19 pandemic, the combined costs of production, materials, warehousing, and shipping—collectively referred to as the cost of goods sold—generally ranged between 31% and 34% of sales. Over the past several years, those costs have fluctuated between 42% and 56% of sales, resulting in an annual revenue loss exceeding \$1.8 million. We do not expect these costs to return to pre-pandemic levels. This impact is especially significant given that the General Service Office is supported through both voluntary contributions and revenue generated from literature sales.

We continue to diligently and carefully monitor and reduce expenses where possible, always mindful of the profound significance of each "nickel in the basket" sent to the General Service Board.

Updated pricing will be reflected in the online store when the increase goes into effect.

For this increase, the following guidelines will apply:

- **Books** are defined as any item whose item number begins with **B, SB, or FB**.
 - These items will receive a **\$3 per-item increase**, excluding B-0 (*Alcoholics Anonymous* Facsimile First Printing of the First Edition—recently reduced to a discounted \$2 USD List Price) and B-28 (*A.A. for the Older Alcoholic*).
- **B-0** will remain unchanged and is the only exception to the book price increase.
- **B-28** will receive a **15% price increase**.
- **All other literature items** will receive a **15% price increase**.
- **Literature sets** will reflect a **\$3 increase per book**.

We appreciate your understanding and continued support.

With gratitude for your service,

Ken T.
Chair, AAWS Board

Bob W.
General Manager, G.S.O.

Alcoholics Anonymous® | www.aa.org

2025-2026 Groups

2025-26 Groups	FYE	April	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar
164 Group	\$200				\$200								
A Common Solution	\$280				\$280								
Men's Anonymous Gro	\$759			\$315						\$364	\$80		
APEX	\$469		\$214				\$175			\$80			
Back to Basics	\$1,526	\$157	\$295	\$178	\$258	\$204	\$250	\$184					
Big Book Action	\$81									\$81			
Black Forest Group	\$1,055	\$249			\$207			\$306			\$293		
Broadmoor StepStudy	\$185					\$80	\$105						
Don't Worry Be Happy	\$1,603		\$831						\$158	\$214	\$400		
Downtown	\$0												
Easy Does It	\$0												
Ellicot Group	\$132									\$132			
Florissant Book Study	\$200	\$200											
Fountain 2.0	\$0												
Foxhall	\$208				\$208								
Friday Night Live	\$50									\$50			
Friday Women's	\$1,580		\$331			\$281			\$632	\$336			
Golden Slippers	\$0												
Good Ole Boys	\$200	\$100				\$100							
Grace PPG	\$7									\$7			
Grass Roots	\$0												
Happy Destiny	\$208	\$134			\$74								
Happy Heathens	\$0												
High Noon	\$502	\$309				\$100			\$93				
H.O.W.	\$145									\$145			
Into Action	\$556								\$556				
Little Log Cabin Group	\$1,175	\$408				\$708				\$59			
Living Sober South	\$0												
MAG	\$534					\$170				\$364			
Monument Friday SS	\$96			\$96									
Natural High	\$0												
New Beginners	\$919	\$218			\$178			\$241			\$282		
New Woman	\$1,274	\$161			\$225			\$326		\$204	\$358		
North 40	\$506						\$506						
Northwester's	\$297		\$198	\$99									
Old North End	\$478				\$163					\$315			
Palmer Lake Group	\$0												
Primary Purose Alano	\$0												
PreDawn Group	\$322								\$322				
Recovery in Action	\$609	\$225				\$104			\$103		\$177		
Red Cloud Meeting	\$521			\$400							\$121		
Saturday Early Mornin	\$0												
Sat Morn Anonymous	\$622				\$333			\$289					
Saturday Morning WP	\$0												
Security Eye Opener	\$300								\$300				
Serenity Hour	\$0												
Serenity Riders	\$600							\$300		\$300			
Serenity Sisters	\$265							\$265					
Sought Thru Prayer	\$93						\$93						
Steel Magnolias	\$483	\$117			\$138			\$78			\$150		
Sunday Morning Speak	\$0												
Sunlight of the Spirit	\$210						\$210						
Sunset Sobriety	\$400					\$400							
Taking Steps	\$640						\$240			\$400			
Thursday Recovery in Ac	\$0												
Tues 5:30 Meditation	\$369				\$159					\$210			
Turning Point Group	\$0												
Twelve Steps from the Morgue	\$653	\$471						\$182					
Walk the Talk/n. co spg	\$880	\$88	\$88	\$88	\$88	\$88	\$88	\$88	\$88	\$88	\$88		
We are Here	\$0												
We are not Saints	\$924					\$284		\$193			\$447		
Women of Grace	\$200							\$200					
Woodland Park Study	\$0				\$0								
Woodland Park Tues	\$0												
WP Women's Step Study	\$150				\$150								
W.O.W.	\$649	\$232		\$154					\$216	\$47			
Young People's	\$540		\$300			\$117				\$123			
Monthly Group Totals	\$24,655	\$3,069	\$2,257	\$1,330	\$2,661	\$2,636	\$1,667	\$2,652	\$2,468	\$3,519	\$2,396	\$0	\$0
FTD Totals		\$3,069	\$5,326	\$6,656	\$9,317	\$11,953	\$13,620	\$16,272	\$18,740	\$22,259	\$24,655	\$24,655	\$24,655

CONTRIBUTIONS

While contributions cover each group's rent and other expenses, the Seventh Tradition is essential to all areas of A.A. service. It is both a privilege and a responsibility for groups and members to ensure that not only their group, but also their intergroup/central office, local services, district, area, and the General Service Office remain self-supporting. The General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the group's expenses have been taken care of the group may decide to further carry the message by sending money to the following A.A. service entities:

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies, and serving as a link between the area delegates and the G.S.R.s.
- The area committee, which coordinates vital A.A. activities over a broad geographic area; sends a delegate to the annual General Service Conference; holds area assemblies to determine the needs of the Fellowship; and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries; coordinates group activities; and facilitates A.A. literature sales, institutions work, public information, and cooperation with the professional community activities.
- A.A.'s General Service Office, which functions as a storehouse of A.A. information, communicating with members and groups around the world; publishes A.A.'s literature; and supplies information and experience to professionals and others interested.

Where to Send Contributions:

** Please include Group Name and Group Number on check, money order, or app transaction**

Area Service Office

Payable to: Colorado Springs Area Service Office
1353 S. 8th Street, STE 209
Colorado Springs, CO 80905

Area 10

Payable to: Area 10 Treasurer
12081 W. Alameda Parkway, #418
Lakewood, CO 80228

District 7

Payable to: District 7
PO Box 26252
Colorado Springs, CO 80936

General Service Office (UPDATE)

Payable to: General Service Board
PO Box 2407
James A. Farley Station
New York, NY 10116-2407

@coloradospringsASO



venmo



News and Notes from the General Service Office of A.A.®

www.aa.org

Your New Box 4-5-9 is Now Available!

Dear Reader,

The e-mail subscription that you registered for ensures that you will receive each new issue of **Box 4-5-9**, published four times a year with news from GSO New York.

Thank you for subscribing to GSO's Digital Delivery Service!

Click here for your current issue of [Box 4-5-9](#).