

THE PIKES PEAK PINT

A NEWSLETTER FOR THE PIKES PEAK REGION OF ALCOHOLICS
ANONYMOUS

AREA SERVICE OFFICE

1353 S. 8th Street, Suite 209

Hours:

Tuesday–Saturday 10am–2pm

ASO Manager: Jeanette

(719) 573-5020

serviceoffice@coloradospringsaa
.org

April 2026

STEP FOUR

“Made a searching and fearless moral inventory of ourselves.”

Step Four is infamously the “scary” one, probably because it’s a crucial step towards effective and lasting recovery. Since drinking is just a symptom of a spiritual disease, the real problem is in character flaws that need to be faced and when possible, overcome. This requires a searching, bare it all revelation-inducing inventory that will become the blueprint for your success.

What’s the biggest requirement for this action step? Be honest! You and the people around you will benefit from this crucial step. In case you didn’t know, keeping secrets is threatening to our sobriety, and we have all had secrets that nearly killed us. Our secrets, in and out of sobriety, keep us sick.

If the thought of making that searching and fearless inventory of yourself feels overwhelming, know you are not alone. My heart goes out to you as I remember my struggles to find the willingness to complete this step. The key is to put pen to paper and just start.

Even though remembering the past may be painful, it can propel you into a new life of peace, as you learn how to look back without staring. Ask someone who has completed this step how it helped him or her, and how the hope of recovery can help you through the pain of remorse to the joy of forgiveness.

The Big Book indicates that Step 3 can have little permanent effect unless a person can face things that block them (as occurs during Step 4), and similarly, it’s important to understand your wrongdoings before you can admit them to yourself, God, or another person (as takes place in Step 5).

The Pint is published monthly, with release dates approximately the first of each month. Send your information within four days of the end of each month, to ensure inclusion in the following Pint edition. To subscribe, visit <https://www.coloradospringsaa.org/news-event/s/news/>



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How Step Four Came To Me

"When thus out of joint, man's natural desires cause him great trouble, practically all the trouble there is. . . . We want to find exactly how, when, and where our natural desires have warped us." Twelve Steps and Twelve Traditions

DURING ELEVEN years in AA, I have become more and more aware of the difficulty that so many of us have in the successful completion--or perhaps I should say the successful beginning--of Step Four.

There is much good material to guide us through this important Step, chiefly in the Big Book and *Twelve Steps and Twelve Traditions*. Perhaps because of so much written material, plus so many different personal approaches that I heard, it was for a long time very difficult, if not impossible,

for me to "keep it simple" and thus approach the Step in anything but a mechanical manner. This I did twice in treatment centers, because I was told to do it, "and the result was nil" for me.

In retrospect, I see I had not accepted the three preceding Steps fully and honestly. My experience is only my own. I have known many who have apparently completed the Fourth Step successfully in treatment on a "forced feeding" basis.

Between these two attempts in treatment, I tried the Step alone on the "outside," and it very nearly led me back to a drink. Again, I either was not ready for it or misunderstood it, and therefore was confused and did not possess the honesty, willingness, or ability to be "searching and fearless."

Contrary as it may seem, it is now my firm personal opinion that Step Four is strictly a *present* inventory or accounting of myself, and not a history of misdeeds committed during a long career as a practicing alcoholic. It strikes me that what needs my attention today is my present attitude toward these many destructive incidents from the past, along with other character defects that could lead me back to drinking or, at best, to an unhappy "sobriety." I can see no profit in creating or increasing a burden of guilt and remorse regarding the past by digging up those painful incidents with which I am already too familiar. Guilt and remorse are themselves among the very things that need looking at today in Step Four, so that they may be honestly admitted to in Step Five and removed in Steps Six and Seven.

As an aside, regarding the past, I have found comfort in two ideas. The first is this: Being a practicing alcoholic (a thing I did not choose or set out to be), I quite naturally did to myself and others many of the terrible things that are typical manifestations of the disease of active alcoholism. I am hardly alone in having demonstrated these outward manifestations. The second idea is this: Being a practicing alcoholic, I probably did about as well as I could under the circumstances at any given time. It usually wasn't very good, but it was still my best under the circumstances, and I must remember that, for many years, I did discharge a lot of daily obligations pretty well--until I began approaching the end, the bottom of the chart, the hopeless,

helpless, full-blown stage of chronic alcoholism. I sincerely hope I am not using this rationale as an easy way out.

Now let me tell you how Step Four finally came to me. And that's exactly what it did. It came to me; I didn't come to it. I had come to Step One, then to Step Two, and then to Step Three over a period of time with all the honesty, open-mindedness, and willingness I could muster. Then, one early morning, Step Four came to me quite unexpectedly. I found myself reaching for note pad and pen and began writing, very rapidly at first and then more deliberately as approximately one and a half hours slipped by. Somewhere along the line, I believe, two convictions had finally gotten a foothold somewhere in my mind. The first was that I would go to any length to avoid another long and totally debilitating and terrifying period of dry depression; the other, that if God was going to restore me to sanity, I would have to do my full part in the process, unreservedly.

I did not concern myself with any pluses. I was already too aware of what I fancied to be my few remaining virtues. Nor did I concern myself with details from the past. I zeroed in strictly on what was wrong with me. Of course, what was wrong with me was my thinking, those somewhat diminished but still very present and destructive remnants of the alcoholic mind. This defective thinking had kept me in bondage to alcohol. Later, it had condemned me to dry periods, more drinking, dry periods, more drinking, ad nauseam, and this thinking and the resultant feelings had made any true sobriety quite impossible. It was these old defects (the list was long) that had to be gotten out of me and onto paper so that I could look at them squarely and thus prepare myself for their removal in the next three Steps.

All that sounds rather simple, doesn't it? The only hooker is that it isn't. Among other things, I have had to violate one of my cardinal rules and jump out of order to Step Ten each day of my life since then. But then, why not *continue* to take inventory? The alternative is not at all an attractive choice.

My sincere hope--and my only reason for writing this--is that it may somehow reach and help somebody still lost in that awful wasteland from which I am just emerging and back into which I could so easily and quickly fall. My experience has been that Step Four was the beginning of the way out.

C.W.B. | Tryon, NC.

Grapevine 1977

The Pint is always excited to share local stories of Experience Strength and Hope. Please submit your stories, musings, poems, art etc. to pint@coloradospringsaa.org

Tradition Four-Bill W. 1948 Grapevine

Tradition Four is a specific application of general principles already outlined in Traditions One and Two. Tradition One states: "Each member of Alcoholics Anonymous is but a small part of a great whole. AA must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward." Tradition Two states: "For our group purpose there is but one ultimate authority--a loving God as he may express himself in our group conscience."

With these concepts in mind, let us look more closely at Tradition Four. The first sentence guarantees each AA group local autonomy. With respect to its own affairs, the group may make any decisions, adopt any attitudes that it likes. No overall or intergroup authority should challenge this primary privilege. We feel this ought to be so, even though the group might sometimes act with complete indifference to our Tradition. For example, an AA group could, if it wished, hire a paid preacher and support him out of the proceeds of a group nightclub. Though such an absurd procedure would be miles outside our Tradition, the group's "right to be wrong" would be held inviolate. We are sure that each group can be granted, and safely granted, these most extreme privileges. We know that our familiar process of trial and error would summarily eliminate both the preacher and the nightclub. Those severe growing pains which invariably follow any radical departure from AA Tradition can be absolutely relied upon to bring an erring group back into line. An AA group need not be coerced by any human government over and above its own members. Their own experience, plus AA opinion in surrounding groups, plus God's prompting in their group conscience would be sufficient. Much travail has already taught us this. Hence we may confidently say to each group, "You should be responsible to no other authority than your own conscience."

Yet please note one important qualification. It will be seen that such extreme liberty of thought and action applies only to the group's own affairs. Rightly enough, [the long form of] this Tradition goes on to say, "But when its plans concern the welfare of neighboring groups also, these groups ought to be consulted." Obviously, if any individual, group, or regional committee could take an action that might seriously affect the welfare of Alcoholics Anonymous as a whole or seriously disturb surrounding groups, that would not be liberty at all. It would be sheer license; it would be anarchy, not democracy.

Therefore, we AAs have universally adopted the principle of consultation. This means that if a single AA group wishes to take any action that might affect surrounding groups, it consults them. Or, it confers with the intergroup committee for the area, if there be one. Likewise, if a group or regional committee wishes to take any action that might affect AA as a whole, it consults the trustees of the Alcoholic Foundation, who are, in effect, our overall general service committee. For instance, no group or intergroup could feel free to initiate, without consultation, any publicity that might affect AA as a whole. Nor could it assume to represent the whole of Alcoholics Anonymous by printing and distributing anything purporting to be standard AA literature. The same principle would naturally apply to all similar situations. Though there is no formal compulsion to do so, all undertakings of this general character are customarily checked with our AA general headquarters.

The idea is clearly summarized in the last sentence of Tradition Four, which observes, "On such issues our common welfare is paramount."

Kevin S. | Hingham, Massachusetts

Tradition Four

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.

Tradition Four: Each group should be autonomous except in matters affecting other groups or AA as a whole.

1. Do I insist that there are only a few *right* ways of doing things in AA?
2. Does my group always consider the welfare of the rest of AA? Of nearby groups? Of Loners in Alaska? Of Internationalists miles from port? Of a group in Rome or El Salvador?
3. Do I put down other members' behavior when it is different from mine, or do I learn from it?
4. Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship?
5. Am I willing to help a newcomer go to any lengths-his lengths, not mine-to stay sober?
6. Do I share my knowledge of AA tools with other members who may not have heard of them?



AA Birthdays



April

Friday Women's

Kyna V.	2 Years
Erica W.	4 Years
Jenn	19 Years
Susan T.	40 Years
June W.	44 Years

New Woman Group

El Reynoso	3 Years
Karen	3 Years
Morgan H.	20 Years
Sharon AH	21 Years

Big Book Action/Taking Steps

Shannon W.	4/2/2009
Rachael W.	4/16/2024
Carrie P.	4/30/1996

W.A.N.S.

Women:

Jan Z.	4/10/2000
Jenn S.	4/26/2010
Liz	4/3/2023
Peg R.	4/15/2025

Men:

Frank	4/04/2005
Jason V.	4/01/2019
Joe N.	4/01/2019
Rob S.	4/15/2003
Sean M.	4/07/2017
Shannon	4/02/2009

MARCH

Easy Does It

Johnny Wis	3/25/2025
Red	3/26/2024
Amanda S.	3/10/2023
Chris T.	3/20/2011
Kevin Mc.	3/3/2008

Upcoming Events

Area 10 Corrections Conference



Breaking The Chains Of Perception

- Corrections Training
- Fellowship
- Panel Discussions
- Speakers
- Service Opportunities
- Pot Luck

Registration Info Coming Soon!

10-11 April, 2026

Denver United Church

660 S Broadway, Denver, CO 80209

Hosted by District 11

Contact: D11correctionsconference2026@gmail.com

2026 INTERGROUP PROGRAMS COMMITTEE PRESENTS



12:00PM - 2:00PM

SATURDAY - 4/18/26

12:00 PM - DOORS OPEN & LUNCH BEGINS!

LONGTIMERS EAT FREE!!!
(20+ YEARS)

1:00PM - **SPEAKER - KIMO H.**

PLEASE BRING A DESSERT OR A SIDE TO SHARE!



VOLUNTEERS NEEDED!

PLEASE CONTACT NATE @ (719)-424-8826 TO VOLUNTEER

**\$15 CONTRIBUTION
RECOMMENDED**



SACRED HEART GYMNASIUM
2021 W. PIKES PEAK AVE
COLORADO SPRINGS, CO. 80904

COLORADO
PRESENTS

SWACYPAA XII

SOUTHWESTERN AREA CONFERENCE OF YOUNG
PEOPLE IN ALCOHOLICS ANONYMOUS

PRE REGISTRATION \$25



HOTEL BOOKING

COLORADO SPRINGS MARRIOTT
5580 TECH CENTER DR,
COLORADO SPRINGS, CO 80919

JULY 2ND - 5TH 2026

SINGLENES OF PURPOSE

Our Responsibility is Clear

WORKSHOP



PRESENTED BY:
THE AREA 10 SERVICE COMMITTEES

FEATURING:

CLASS A TRUSTEE - VERONICA RAMIREZ
PAST AREA 10 DELEGATE - SARAH M.

DENVER UNITED CHURCH
660 S. BROADWAY
DENVER, CO 80209

JULY 11TH

2026

1:00-4:30PM

AREA 10 COLORADO 2026 STATE CONVENTION

SUFFICIENT SUBSTITUTE
2026

AREA 10 STATE CONVENTION
COLORADO SPRINGS

- meetings
- workshops
- speakers
- fellowship
- food
- dancing

AUG 21-23 2026

AT THE ANTLERS, COLORADO SPRINGS

Scan to register today!




2026 Colorado State Convention

Presented by Area 10 Alcoholics Anonymous in Cooperation with
Area 5 Al-Anon Family Groups
The Antlers Hotel, Colorado Springs, CO
August 21st to 23rd, 2026

Speakers & Events:
 Friday Night AA Speaker: Dave P., Woodland Park, CO
 Friday Night Ice Cream Social
 Saturday Al-Anon Luncheon Speaker: To Be Determined
 Saturday Evening Banquet Dinner
 Saturday Night Al-Anon Speaker: To Be Determined
 Saturday Night AA Speaker: Erika C., Past Area 10 Delegate, Panel 67, Cambridge, MA
 Saturday Evening Dance and Entertainment
 Sunday Morning AA Speaker: Diane D., Past Area 10 Delegate, Panel 63, Steamboat Springs, CO
 Workshops, Continuous Meetings & Fellowship!

For Updated Information, Lodging and Preliminary Program Go
 Online: <https://convention.coloradoaa.org/> or Email Registration
 Chair at averyanagel@gmail.com

The Antlers Hotel
 4 S. Cascade Ave.
 Colorado Springs, Colorado 80903
 (719) 955-5500

Use code A10 to book lodging in the hotel room block
 Questions: Avery P. (720) 324-3747
averyanagel@gmail.com

Register online at <https://www.convention.coloradoaa.org> or send completed form with payment and
MAKE CHECKS PAYABLE TO: Area 10 Convention
 Mail To: Area 10 Convention | 40 W. Littleton Blvd., Ste 210-320 | Littleton, CO 80120

<input type="checkbox"/> AA <input type="checkbox"/> Al-Anon <input type="checkbox"/> Alateen <input type="checkbox"/> Other <i>One person per form, please.</i> <input type="checkbox"/> Registration \$35.00 <input type="checkbox"/> Friday Night Ice Cream Social \$20.00 <input type="checkbox"/> Saturday Al-Anon Luncheon \$40.00 <input type="checkbox"/> Saturday Evening Banquet Dinner \$65.00 <input type="checkbox"/> Saturday Night Dance/Entertainment \$5.00 <input type="checkbox"/> Bottomless Coffee Mug \$30.00 <input type="checkbox"/> Discounted Full Package Price \$175.00 (\$20 Savings Limited Quantity Available) <input type="checkbox"/> Scholarship Contribution \$ _____ <input type="checkbox"/> I Need A Scholarship Total Enclosed \$ _____	Member Registration Information: Name on Badge _____ Home Group _____ Name _____ Phone () _____ Email _____ Note: Any overage of scholarship funds will be put towards 2026 State Convention operating expenses and/or sent as a contribution to GSO <input type="checkbox"/> I'd like to volunteer! For accessibility needs, please email Avery P: averyanagel@gmail.com Every effort will be made to accommodate requests.
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On-site registration will be open from 3pm to 9pm on Friday, August 21st and from 8am to 8pm on Saturday, August 22nd, 2026

Long timers Interviews -
 Share your Colorado AA story for Colorado Springs Archives!
 call or text
 April 719-440-9811




Colorado Springs District 7
 Public Information Committee




Opportunity for anyone!

Help make sure literature is available where needed

Meets 1st Tue of each month 7 pm

Meeting ID 995 5370 5502
 Passcode 287852

- | | | |
|--------|---------|---|
| 2/3/26 | 7/7/26 | 12/1/26 |
| 3/3/26 | 8/4/26 |  |
| 4/7/26 | 9/1/26 | |
| 5/5/26 | 10/6/26 | |
| 6/2/26 | 11/3/26 | |

Group Announcements

H.O.W.

Honesty Open-mindedness Willingness

Has Moved!

The H.O.W. meeting of AA has moved to a new location:

MAC Community Rm. (2nd floor)

515 Manitou Ave., Manitou Springs

Park and enter on the EAST SIDE of the building. Use external stairs, or front door elevator if needed.

7:00 p.m. Mondays

~NEW MEETING TIME~

**Men's Advancement Meeting
(MAG)**

Beth-El Mennonite Church
4625 Ranch Dr. Colorado Springs, CO 80918

Thursday Evenings

7:00PM – 8:15PM
Open Men's Meeting

**Grass Roots Of
Manitou Springs Group**

Wednesdays @ 7pm.
All are welcome
Open Meeting

Community Congregational Church
103 Pawnee Ave, Manitou Springs, CO 80829



Grass Roots is located at the lower Northwest entrance off High Street. A Handicap entrance is located at the East Kitchen door. Please park in the lot behind church off High Street. If the door is locked, call the phone numbers on the kitchen door. An AA member will guide you to the elevator. Please call Malcolm at 314-570-5307 or Marc at 719-685-3707.



Beacon Light Group

Thursday 6:30pm

Little Log Cabin Church

133 High Street

Palmer Lake, CO 80133



CASTLE ROCK CLUBHOUSE

Young People of AA



Young and struggling with alcohol or drugs?
We are here to help!

404 Jerry Street
Castle Rock, CO. 80104
Eagle Room
Sunday nights 5:30pm

JOIN US TO SUPPORT OUR NEW

GARDNER AA MEETING EVERY SUNDAY

START AT 5:00 PM - 6:00 PM

TOPIC OF DISCUSSION LA CLINICA- GARDNER
24850 HWY 69, GARDNER CO

Building the New Gardner AA Group and Various Topics Weekly. 1st Sunday is Potluck Following Meeting. 1st Meeting Will Be Held Sunday, AUGUST 3rd, 2025

NEW MEETING

Contact Us
719-890-4424

Falcon Meets

is now meeting 2x / week!

Big Book Study
Mondays @ 7pm

&

Open Discussion
Fridays @ 7pm

WOODMEN HILLS
COMMUNITY CENTER
WEST

11720 Woodmen Hills Dr
Peyton, CO 80831



AA Group Announcements!

The Clean Slate meeting space on 1769 South 8th street has started doing a new meeting every Monday-Friday at 9:30pm called Night Owls!

The Beacon Light group is no longer meeting Monday evening. fortunately. the Thursday 6:30 p.m. Beacon Group meeting is still active Little Log Church, 133 High Street, Palmer Lake, CO 80133.

The H.O.W. AA open meeting is now located at the Manitou Art Center (MAC) in the second-floor Community Room, 515 Manitou Ave, Manitou Springs, CO 80829. Parking is available on the east side of the building; please use the outside east stairs. The upper entrance door opens at 6:30 p.m., with the meeting room just inside. For accessible/handicap access, please use the front north entrance and call or text the number posted on the door; a member will assist you with the elevator.

LOST WALLET!! If you lost your wallet at the Founder's Day Picnic at Bear Creek Park last month, please contact the Area Service Office for more information.

The Downtown Group @ 210 North Corona Street has space if a meeting or a group is looking to gather somewhere. Contact John O. 719-291-3240 for further information.

Apex Group @ 2021 W. Pikes Peak Avenue needs support! Apex Group meets Fridays at 6pm, at the Sacred Heart Church in room 10.

Does your group have important announcements?

Send announcements, flyers, and information to: pint@coloradospringsaa.org

AREA SERVICE OFFICE

What is the Area Service Office (ASO)? There are approximately 300 individual AA meeting groups in the El Paso County and Teller County area, also known as District 7.

The ASO strives to make AA books, literature, medallions, and other materials available for purchase by local groups. The ASO also operates *Night Watch*, which fields phone calls around the clock during non ASO operating hours. The ASO maintains the online website, meeting schedule, as well as facilitating Zoom meetings.

The “Programs” subcommittee of ASO puts on several area events each year, including the Long-timers Luncheon, Founders’ Day picnic, the annual Gratitude Dinner, and every New Year’s Eve the “Alcathon,” to provide an alcohol-free New Year’s Eve and New Year’s Day celebration involving meetings each hour of the event, as well as food and speaker sessions.

**Intergroup & District 7
Service Committee and
General Representative
Meetings**

Treatment Committee

2nd Wednesday Monthly at 6:00 p.m.
ONLINE via Zoom; email for details.
treatment@coloradospringsaa.org

PI (Public Information)

1st Wednesday Monthly at 8:00 p.m.
ONLINE via Zoom; email for details.
pi@coloradospringsaa.org

Intergroup Members Meetings

2nd Tuesday Monthly at 7:00 p.m.
Downtown Meeting Place,
210 N. Corona St
serviceoffice@coloradospringsaa.org

CPC Committee (Cooperation with the Professional community)

1st Monday Monthly at 6:30 p.m.
Zoom ID: 858 8466 2842 Passcode: 082904
CPC@coloradospringsaa.org

District 7 Meetings

3rd Tuesday Monthly at 7:00 p.m.
Freedom Hall, 3026 N. El Paso St.
Zoom ID: 872 4839 8362 Passcode: 15QrFL
d7secretary@coloradospringsaa.org

Area 10 Corrections Committee

Email for information
corrections@coloradosaa.org

District Announcements:

District 7 is currently in need of a Corrections Chair. This vital position allows us to continue to share the A.A. message of hope to jails and prisons in our community.

For information please reach out to dcmaliciar@coloradospringsaa.org

Treatment Committee needs groups to volunteer & take meetings into various local facilities. Please contact via email for more information treatment@coloradospringsaa.org

Corrections Committee in need of volunteers to sign up; please see local website for details on how to apply and bring the A.A. message of hope to jails & prisons.

- **Pot Luck EVERY District meeting 3rd Tuesday of the month. Please bring food/drinks.**
Next District 7 meeting will be held Tuesday, March 17th, 2026, 7:00pm at Freedom Hall.
3026 N. El Paso St. Colorado Springs, CO 80907

- Group Contributions: Please include full group name & group #.

- **Vacant District 7 Positions:** PI Chair, Archives Chair, Corrections Chair. Please reach out to D7 Co-DCMs if interested.

- Survey Monkey survey - Convention/survey. Please email dcmjordan@coloradospringsaa.org if you would like to be sent the survey. Unknown when the survey closes.

Reminder!! D7 CPC Meets First Monday of each month, 6:30-7 pm. The meeting link is on the website: coloradospringsaa.org. Click the link CPC@coloradospringsaa.org.

1. We will be discussing the CPC/Corrections table (Booth) at the health and wellness expo on August 23 from 10 AM to 2 PM. We need VOLUNTEERS!

2. We will also collaborate and brainstorm ideas for cooperation with healthcare professionals for a EAT and GREET (How AA Members Show Up to Help) the end of June from 11-1 pm.

Thank you!

Sandy, D7 CPC Chair

Email: sbdavis@uwf.edu

DISTRICT REPORT –

- **Group Inventories** are underway — vital for growth and reflection
- **Corrections Committee** chair needed
- Zoom committees are going strong:
 - Treatment: 2nd Wed, 6:30 PM
 - CPC: 1st Mon, 6:30 PM
 - PI: 1st Tues, 7:00 PM

Let's show up and support these vital branches of service!

To all who serve — whether in big roles or quiet corners — your dedication keeps the heart of our fellowship beating strong.

Together, we are stronger. Together, we carry the message. Together, we serve. ♥

Stories Needed!!

We are looking for stories from people who have been helped by Professionals in their AA journey as well as stories from those who have done CPC work!

Want to share?

How to share with us

- email your story to cpc@coloradoaa.org
- fill out the form at <https://tinyurl.com/talesofcpc> or scan the QR code
- Write your story and give it to us at the CPC table at any Area Assembly



DISTRICT 7

Treatment Meeting



Second Wednesday of the Month

Via Zoom

6pm

Meeting ID: 819 9947 2068

Passcode: 040589

Have a Smartphone?

Download the free Meeting Guide!

Google Play or Apple App Store Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.



<https://www.aa.org/meeting-guide-app>

Nightwatch Needs Volunteers!

I am responsible, when anyone, anywhere, reaches out for help. I want the hand of AA always to be there, and for that I am responsible.

All time slots are filled but you can get on the waitlist for when a spot opens up! Text Sarah if you would like to get on the waitlist!!!



Text Sarah @ 971-377-4991 if interested in time slot or to get on the waiting list

Contributions & Budget

Alcoholics Anonymous®
www.aa.org

General Service Office of Alcoholics Anonymous
475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Please direct all communications to:
P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

'We are all going to foot the bill'

I got sober a few days before Christmas in 1986, so I feel especially grateful and reflective this time of year. I am still awed at how miraculously A.A. has worked in my life, even before I walked into my first meeting.

I was desperate, but a bit clueless. I saw a classified ad (and I am showing my age!) in the back of the local paper that said: "Drinking problem? Maybe we can help." That was followed by a listing of meeting times and places in my neighborhood. It would take me a few weeks of white-knuckling it before I went to my first meeting. I was welcomed into a warm room and offered refreshments. And while someone told me I would never have to hurt like this from alcohol again, I couldn't get out of there fast enough.

But my getaway was slowed by a gauntlet of members who handed me A.A. pamphlets and meeting books and encouraged me to stay for the second meeting. It took me a few days to return, but I didn't drink.

As an alcoholic, self-centered in the extreme, I just came to expect that all this help would be there for me. It wasn't until my first business meeting that I realized it was made possible by the money members were putting in the basket. This was my first of many lessons over the years in the power and [impact of self-support](#).

Bill W. wrote of the critical importance of self-support to the Fellowship and the special obligation this tradition asks of members in his October 1967 article "A.A.'s Tradition of Self-Support," which is included in the 2025 International Convention commemorative edition of [Language of the Heart](#).

Every single A.A. service is designed to make more and better Twelfth Step work possible, whether it be a group meeting place, a central or intergroup office to arrange hospitalization and sponsorship, or the world service Headquarters to maintain unity and effectiveness worldwide.

These service agencies are absolutely essential to our continued expansion — to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that A.A. must everywhere function in full strength — and that, under our Tradition of self-support, we are all going to foot the bill.

Alcoholics Anonymous® | www.aa.org

We all share this responsibility to ensure that A.A. is there for the next person who stumbles into our rooms, as it was for us when we needed the gift of recovery. Bill's recognition that "we are all going to foot the bill" is both our spiritual responsibility and our spiritual heritage.

John W.
Class B General Service Trustee and AAWS treasurer

Learn more about group and individual contributions and their impact at aa.org.

Alcoholics Anonymous®
www.aa.org

Alcoholics Anonymous World Services, Inc.

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Please direct all communications to:
P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

To: GSRs, DCMs, Trustees, Non-trustee Directors, Area Officers & Committee Chairs, Delegates, Appointed Committee Members, Intergroups and Central Offices, Group Contacts, GSO and Grapevine Employees

December 22, 2025

Dear A.A. Friends:

Warm greetings – we hope this letter finds you well.

We are writing to inform you of an upcoming literature price increase affecting our English, Spanish, and French books, booklets, pamphlets, and other literature items. At the December meeting of the A.A. World Services Board, the board approved a price increase of \$3 per item for books and a 15 percent increase for all other literature items, with standard rounding applied.

The new prices will go into effect on February 1, 2026.

For historical perspective, the last price increase occurred in April 2023, and the previous increase was in 2014. As with the 2023 increase, this decision is the result of prudent fiscal planning and the goal of long-range stability. Like organizations everywhere, Alcoholics Anonymous is impacted by current economic changes and challenges. One of the most significant challenges we continue to face, as we did in 2023, is the increasing costs associated with the sale of literature.

It is important to note that before the COVID-19 pandemic, the combined costs of production, materials, warehousing, and shipping—collectively referred to as the cost of goods sold—generally ranged between 31% and 34% of sales. Over the past several years, those costs have fluctuated between 42% and 56% of sales, resulting in an annual revenue loss exceeding \$1.8 million. We do not expect these costs to return to pre-pandemic levels. This impact is especially significant given that the General Service Office is supported through both voluntary contributions and revenue generated from literature sales.

We continue to diligently and carefully monitor and reduce expenses where possible, always mindful of the profound significance of each "nickel in the basket" sent to the General Service Board.

Updated pricing will be reflected in the online store when the increase goes into effect.

For this increase, the following guidelines will apply:

- **Books** are defined as any item whose item number begins with **B, SB, or FB**.
 - These items will receive a **\$3 per-item increase**, excluding B-0 (*Alcoholics Anonymous* Facsimile First Printing of the First Edition—recently reduced to a discounted \$2 USD List Price) and B-28 (*A.A. for the Older Alcoholic*).
- **B-0** will remain unchanged and is the only exception to the book price increase.
- **B-28** will receive a **15% price increase**.
- **All other literature items** will receive a **15% price increase**.
- **Literature sets** will reflect a **\$3 increase per book**.

We appreciate your understanding and continued support.

With gratitude for your service,

Ken T.
Chair, AAWS Board

Bob W.
General Manager, G.S.O.

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2025-2026 Groups

2025-26 Groups	FYE	April	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar
164 Group	\$200				\$200								
A Common Solution	\$280				\$280								
Men's Anonymous Gro	\$759			\$315						\$364	\$80		
APEX	\$536		\$214				\$175			\$80		\$67	
Back to Basics	\$1,849	\$157	\$295	\$178	\$258	\$204	\$250	\$184				\$323	
Big Book Action	\$81									\$81			
Black Forest Group	\$1,055	\$249			\$207			\$306			\$293		
Broadmoor StepStudy	\$185					\$80	\$105						
Don't Worry Be Happy	\$1,603		\$831						\$158	\$214	\$400		
Downtown	\$0												
Easy Does It	\$400										\$400		
Ellicot Group	\$132									\$132			
Florissant Book Study	\$200	\$200											
Fountain 2.0	\$0												
Foxhall	\$208				\$208								
Friday Night Live	\$50									\$50			
Friday Women's	\$1,962		\$331			\$281			\$632	\$336	\$382		
Good Ole Boys	\$200	\$100				\$100							
Grace PPG	\$7									\$7			
Grass Roots	\$0												
Happy Destiny	\$208	\$134			\$74								
Happy Heathens	\$0												
High Noon	\$502	\$309				\$100			\$93				
H.O.W.	\$145									\$145			
Into Action	\$556								\$556				
Little Log Church Group	\$2,045	\$408				\$708				\$59		\$870	
Living Sober South	\$0												
MAG	\$534					\$170				\$364			
Monument Friday SS	\$96			\$96									
Natural High	\$0												
New Beginners	\$919	\$218			\$178			\$241			\$282		
New Woman	\$1,274	\$161			\$225			\$326		\$204	\$358		
North 40	\$506						\$506						
Northwester's	\$297		\$198	\$99									
Old North End	\$478				\$163					\$315			
Primary Purose Alano	\$0												
PreDawn Group	\$322								\$322				
Recovery in Action	\$609	\$225				\$104			\$103		\$177		
Red Cloud Meeting	\$521			\$400							\$121		
Saturday Early Morning	\$0												
Sat Morn Anonymous	\$622				\$333			\$289					
Saturday Morning WP	\$0												
Security Eye Opener	\$300								\$300				
Serenity Riders	\$600							\$300		\$300			
Serenity Sisters	\$528							\$265				\$263	
Sought Thru Prayer	\$93						\$93						
Steel Magnolias	\$483	\$117			\$138			\$78			\$150		
Sunday Morning Speak	\$0												
Sunlight of the Spirit	\$417						\$210					\$207	
Sunset Sobriety	\$400					\$400							
Taking Steps	\$691						\$240			\$400		\$51	
Tues 5:30 Meditation	\$369				\$159					\$210			
Turning Point Group	\$0												
Twelve Steps from the Morgue	\$777	\$471						\$182				\$124	
Walk the Talk/n. co spg	\$1,924	\$88	\$88	\$88	\$88	\$88	\$88	\$88	\$88	\$88	\$88	\$1,044	
We are not Saints	\$924					\$284		\$193			\$447		
Women of Grace	\$200							\$200					
Woodland Park Tues W	\$0												
WP Women's Step Study	\$271				\$150						\$121		
W.O.W.	\$649	\$232		\$154					\$216	\$47			
Young People's	\$540		\$300			\$117				\$123			
Monthly Group Totals													
FTD Totals	\$28,507	\$3,069	\$2,257	\$1,330	\$2,661	\$2,636	\$1,667	\$2,652	\$2,468	\$3,519	\$3,299	\$2,949	\$0
		\$3,069	\$5,326	\$6,656	\$9,317	\$11,953	\$13,620	\$16,272	\$18,740	\$22,259	\$25,558	\$28,507	\$28,507

CONTRIBUTIONS

While contributions cover each group's rent and other expenses, the Seventh Tradition is essential to all areas of A.A. service. It is both a privilege and a responsibility for groups and members to ensure that not only their group, but also their intergroup/central office, local services, district, area, and the General Service Office remain self-supporting. The General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the group's expenses have been taken care of the group may decide to further carry the message by sending money to the following A.A. service entities:

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies, and serving as a link between the area delegates and the G.S.R.s.
- The area committee, which coordinates vital A.A. activities over a broad geographic area; sends a delegate to the annual General Service Conference; holds area assemblies to determine the needs of the Fellowship; and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries; coordinates group activities; and facilitates A.A. literature sales, institutions work, public information, and cooperation with the professional community activities.
- A.A.'s General Service Office, which functions as a storehouse of A.A. information, communicating with members and groups around the world; publishes A.A.'s literature; and supplies information and experience to professionals and others interested.

Where to Send Contributions:

** Please include Group Name and Group Number on check, money order, or app transaction**

Area Service Office

Payable to: Colorado Springs Area Service Office
1353 S. 8th Street, STE 209
Colorado Springs, CO 80905

Area 10

Payable to: Area 10 Treasurer
12081 W. Alameda Parkway, #418
Lakewood, CO 80228

District 7

Payable to: District 7
PO Box 26252
Colorado Springs, CO 80936

General Service Office (UPDATE)

Payable to: General Service Board
PO Box 2407
James A. Farley Station
New York, NY 10116-2407

@coloradospringsASO



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